

# 15th Janual Mid-Winter Singing &

#### A FRIDAY COMMUNITY SING

WHERE GREAT SONGS ARE SUNG BY THE SONG LEADER ON STAGE AND THE PEOPLE IN THE AUDIENCE.

### SATURDAY NIGHT CONCERT

NEW THIS YEAR! THREE ACTS - ONE EVENING

10 SATURDAY WORKSHOPS

"PETE SEEGER: THE POWER OF SONG" FILM

> FREE CHILDREN'S CONCERT

HANNAH COMMUNITY CENTER, 819 ABBOT Rd. EAST LANSING

## -ri-Sat, January 13-14

FRIDAY COMMUNITY SING

JANUARY 13, 7:30pm



Dan Chouinard COMMUNITY SING SONG LEADER Lyric sheets provided

CHILDREN'S CONCERT BY Mark Dvorak SATURDAY, 11 AM, FREE!

TEN SATURDAY AFTERNOON Workshops Pete Seeger Film - all For \$20 STUDENTS FREE!

SATURDAY NIGHT CONCERT **JANUARY 14, 7:30 PM** 

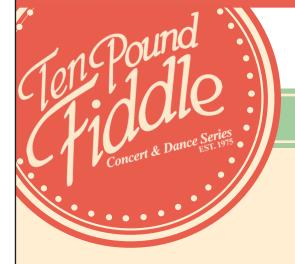


JAY UNGAR & MOLLY MASON (9:30 PM)

THE SWEET WATER WARBLERS (8:30 PM) (RACHAEL DAVIS, MAY ERLEWINE, LINDSAY LOU)

JAMES KEELAGHAN (7:30 PM)

For complete schedule and tickets, visit SINGINGFESTIVAL.COM



#### The 15th Annual Mid-Winter Singing and Folk Festival

Dan Chouinard - Community 1/13/17 Sing Song Leader 1/14/17 Mark Dvorak's FREE 11am Children's Concert 1/14/17 Ten Saturday Afternoon Workshops & Film

1/14/17 Jay Ungar & Molly Mason; The Sweet Water Warblers; James Keelaghan - Concert

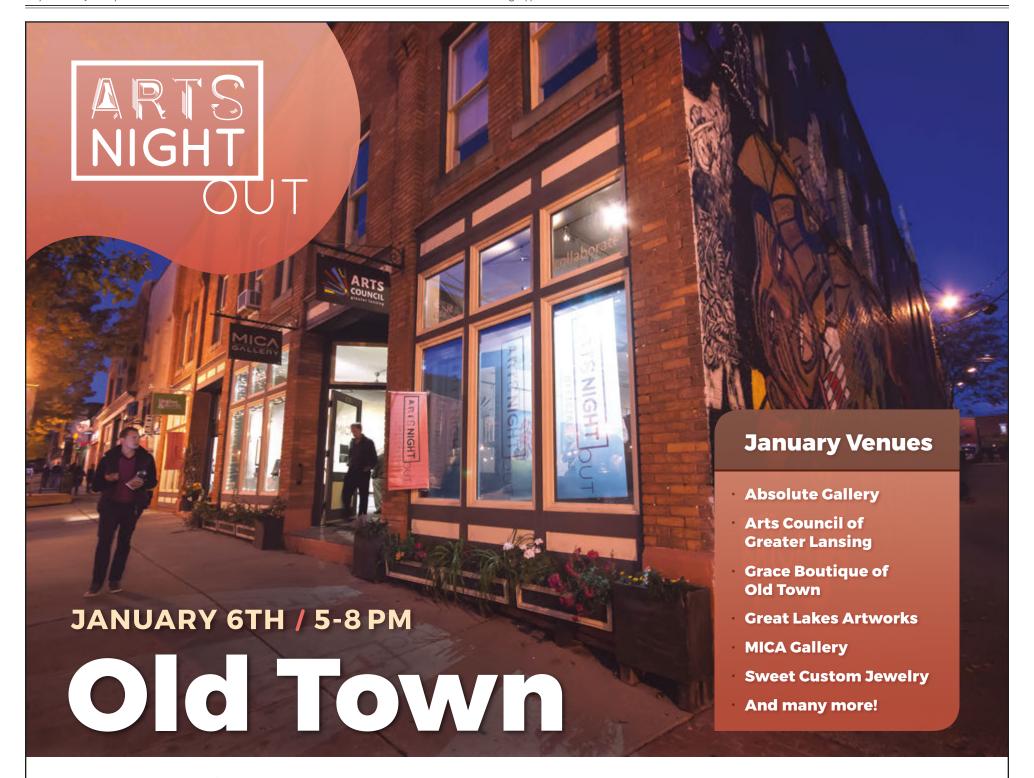
Bringing the best of Folk, Roots & Dance to the Greater Lansing Area since 1975.

## **2017 CONCERT SEASON**

1/20/17	Sally Rogers & Claudia Schmidt - CD Release	3/22/17	Jayme Stone's
1/27/17	John McCutcheon		Lomax Project
2/3/17	James Hill and Anne Janelle		(Wednesday)
2/10/17	Ten Strings and a Goat Skin	3/31/17	The Ragbirds
2/17/17	May Erlewine	4/7/17	Melissa Ferrick
2/24/17	Run Boy Run	4/21/17	The Chenille Sisters
3/3/17	The Times They Are a Changin'		
	Celebrating the Songs of Bob Dylan	Concert	s begin at 7:30pm.
3/10/17	Ireland's Finest Singer, Karen Casey		s for all concerts
3/17/17	St. Pat's Day party at The Allen Market Place	availab	le - NOW - online,
	With Monday's Supper and a Pub Sing	or at th	e door at 6:30pm.

For tickets, maps to venues, performer bios, monthly contra dance info, Fiddle Scouts info and more, call 517-337-7744 or visit:

tenpoundfiddle.org



## **Arts Night Out**

Arts Night Out returns to Old Town Lansing on January 6, 2017! Experience a variety of unique venues — from the urban core to the outskirts — alive with music, art, demonstrations and a whole lot more! Come explore, meet the artists, wine and dine! Arts Night Out has something for everyone!

#MyArtsNightOut



For more information, visit www.myartsnightout.com

**CityPULSE** 

**Lansing State Journal** 













## The people, yes the people

Welcome to the second annual People Issue, which starts on the next page. "Eyesore of the Week" will return next week, as will the Pulse news section, but starting on this page and continuing inside are two stories and a letter to the editor.

Happy New Year!

## **'Homeless Hotel'**

#### Singapore businessman's LLC owes \$162,000 in taxes, records show

A limited liability company operated by a Singapore businessman is responsible for \$162,258 in delinquent property taxes for the "Homeless Hotel," court records show.

USA Resorts and Hotels Group B LLC, whose sole member is Alvin Peh, purchased the Magnuson Hotel, 6501 S. Pennsylvania Ave., in September 2012 on a land contract. The hotel has been in the news because 91 residents were threatened with eviction so renovations could be done.

Ingham County Treasurer Eric Schertzing had listed UN Michigan LLC as being solely responsible for the taxes in his annual report on the 10 biggest delinquents.

The contract requires Peh's LLC to pay "all property taxes and special assessments assessed on the Premises and the Personal Property," as soon as it became due and "before they become subject to penalties."

Schertzing said it was "not unusual" to

find out about a land contract after publishing a foreclosure notice. That's because Michigan law does not require land contracts to be filed with the register of deeds.

That won't prevent Peh from potentially being named in future tax foreclosure proceedings on the property, said Schertzing.

"We can add some one anywhere in the process," he said. "We will add anyone we think has an interest in the property."

In a Dec. 21 story on Schertzing's annual list, City Pulse reported that the attorney for UN Michigan LLC, Joseph Poprawa, had said in an interview that the taxes were owed by Homeless Angels, a private non-profit organization. Poprawa, a member of the law firm Grewal and Associates, is the agent for UN Michigan.

In a letter dated Dec. 22, Poprawa disputed City Pulse's report. As a result of his complaint, City Pulse discovered the land contract obligating Peh's LLC for the property taxes. There is no indication that Homeless Angels is responsible for the taxes.

Todd Heywood



## **ELFCO's future**

## East Lansing Food Co-op to close by Feb. 4

The East Lansing Food Co-op will close its retail store by early next month, its board of directors decided Tuesday.

"The ELFCO Board decided last night that the store in that location will close on or before February 4," board leader Anne Woiwode said in an email statement, "but we are still in business and we urge owners and non-owners to come shop with us and support the food co-op."

She said members will meet at 2 p.m. Sunday at the Allen Neighborhood Center "to discuss and then vote on whether to sell the building we own and occupy. We will begin discussions on what the next phase of ELFCO will be, and several ideas are already being pursued."

The store, at 4960 Northwind Drive in East Lansing, has been listed for sale with Realtor James Vlahakis since last month. The price for the 8,000-plus-square-foot building is \$675,000.

The store's long struggle with competition in the ever-broadening healthy food segment came to a head in the last year, when Whole Foods opened its first Lansing-area location just a few blocks from ELFCO's store. It also competes with nearby Foods for Living.

- Staff



## **Feedback**

#### Dems need to look inward

Since the election the Democratic party has been blaming everything and everyone, except themselves, for the outcome. Excuses aside, think about it, any party that can't beat Donald Trump no matter what the Russians or FBI has done needs to engage in some self reflection.

One excuse that is particularly galling is the idea that we who criticism the Democratic party are ourselves "victim blaming." Apparently the poor Democrats have functionally been out of power for years. They've tried. Oh yes, they've tried. Damn they've tried. But what can we expect them to do when ... well, when they face political opposition I guess? So we who question them are just blaming the victim. Poor Democratic party, sitting in the corner and crying, already feeling bad enough about itself, thank you, without us coming along and making it worse.

See Feedback, Page 19

# **CityPULSE**

**VOL. 16 ISSUE 21** 

(517) 371-5600 • Fax: (517) 999-6061 • 1905 E. Michigan Ave. • Lansing, MI 48912 • www.lansingcitypulse.com



Tanya Ell makes solo debut with Lansing Symphony





WKAR radio's 'Current State' moves to weekend



Colonial Bar & Grille closes after 51 years



design by Allison Hammerly

## ADVERTISING INQUIRIES: (517) 999-6704 or email citypulse@lansingcitypulse.com

EDITOR AND PUBLISHER • Berl Schwartz publisher@lansingcitypulse.com • (517) 999-5061

**ASSOCIATE PUBLISHER** • Mickey Hirten mickey@lansingcitypulse.com

ARTS & CULTURE EDITOR • Ty Forquer ty@lansingcitypulse.com • (517) 999-5068

PRODUCTION MANAGER • Allison Hammerly adcopy@lansingcitypulse.com • (517) 999-5066

STAFF WRITERS • Lawrence Cosentino lawrence@lansingcitypulse.com

Todd Heywood

todd@lansingcitypulse.com

#### **ADVERTISING**

**SALES & MARKETING DIRECTOR** • Rich Tupica sales@lansingcitypulse.com

SALES EXECUTIVES • Mandy Jackson, Liza Sayre,

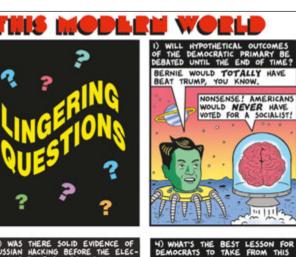
Suzi Smith
mandy@lansingcitypulse.com

mandy@lansingcitypulse.com liza@lansingcitypulse.com suzi@lansingcitypulse.com

Contributors: Andy Balaskovitz, Justin Bilicki, Daniel E. Bollman, Capital News Service, Bill Castanier, Mary C. Cusack, Tom Helma, Gabrielle Lawrence Johnson, Eve Kucharski, Terry Link, Andy McGlashen, Kyle Melinn, Mark Nixon, Shawn Parker, Stefanie Pohl, Dennis Preston, Allan I. Ross, Rich Tupica, Ute Von Der Heyden, Paul Wozniak

**Delivery drivers:** Frank Estrada, Dave Fisher, Paul Shore, Richard Simpson, Thomas Scott Jr.













# THE PEOPLE ISSUE











Flowers are pretty scarce around New Year's Day, so we decided to celebrate another spin around the sun by picking a bouquet of 10 interesting people who reflect the variety and vitality of life in Greater Lansing. They're not necessarily the 10 best or the most famous, but they certainly caught our attention. We hope

you enjoy sharing their diverse experiences and looking at their fascinating faces, captured in all their variety by photographer Khalid Ibrahim in his Lansing studio, EatPomegranate Photography. All interviews were edited for length and clarity.

- Lawrence Cosentino











6 www.lansingcitypulse.com City Pulse • January 4, 2017

## **SUBAN NUR COOLEY**

### WRITER AND EDITOR

Suban Nur Cooley has been a world traveler since birth. Born in Switzerland to Somali parents, Nur Cooley, 36, lived in Kenya and Somalia before her parents fled to Australia in 1988 to escape the impending Somali Civil War. She moved to Lansing in 2006 to marry her husband, Caleb Cooley, whom she had met online. A writer and editor, Nur Cooley recently started doctoral work in MSU's Writing, Rhetoric and American Cultures Department.

#### - Ty Forquer

## You grew up in Australia and you love traveling, so what keeps you in Lansing?

When Caleb and I decided where we were going to start together, we had the option of him moving to Australia or me moving to Lansing. I like adventure, and the thought of living in America for a while seemed enticing. But the thought of not going back to Australia was not an option. Still, in the back of my mind, I'm always going back, even though I've been here 10 years. We bought a house, then we had a child and I got hyperinvolved in the community.

I love the community here. I've met some of my greatest friends here. I love the capacity to have an impact, because of the size of the community. I have grown to love Lansing, as much as I didn't want to.

#### Tell me about your research at MSU.

My research is looking at the Somali diaspora and the ways they are connecting online, specifically women, to create what's called a "transnational imagined community." The diaspora is spread across the globe; they engage a lot online. What the women are doing that is interesting is that they're bucking against the norms of Somali culture, which is Islamic and patriarchal. So they're challenging some of the patrilineal elements of our society. My research looks specifically at the narratives of women who are engaged in that practice and how they're building a voice and an identity for themselves as members of the diaspora.

## How do you feel about the political climate in the U.S.?

When you live such an intersectional life — being a woman, being black, being from Somalia, from a Muslim community — it's very hard to navigate current news and media without feeling weary and concerned for the global landscape. It's a hopeless feeling.

That's why I went back to school, feeling that hopelessness and thinking that if I could educate a few people to understand the ways that refugees aren't that different, that would be monumental. I think that's the problem with our world today, that we're so siloed. People from different cultural backgrounds and orientations and life experiences are not connecting as much as they should. That,



alongside what's happening in the media, generates a fear that shouldn't be there.

## What do you think Americans, especially the media and politicians, fail to understand about refugees?

They're more concerned with the impact of the influx of these populations without considering why they would choose to leave. What people aren't seeing is that they're not leaving because they want to leave. Most of the time, they're seeking asylum, because they are in places that are not safe. For people in the Western world, it's very hard to comprehend what that uncertainty and unsafety feels like. So they're more inclined to be afraid of the people coming in without considering what refugees had to go through to even be in our communities in the first place.

## What is the best way to help local refugees?

The best thing to do is, at the very beginning, educate yourself with what has caused the conflict in their home country. Look into it, read about it, ask some people who might know about it.

I ask people to imagine if things got really bad here, and you had to move to Japan. And you have three months to learn the language and get a job. And maybe you're a scientist, but nobody cares. You have to go back to school. Think about what it would be like to restart your life somewhere where you don't know any of the cultural customs.

There are lots of organizations in Lansing; the Refugee Development Center and St. Vincent Catholic Charities do a lot of great work. It's a great way to get to know some of these people from different populations.

Now it's more important than ever to reach out to communities of color, people of color, migrants, refugees who are in your communities. Because they may have felt vulnerable before, but they definitely feel more vulnerable now. Even for those like myself, who grew up in the West, it's a very isolating feeling to think that someone would distrust you because of what they have heard about your population, without knowing anything about your population or the people in it.

# ROBIN SCHNEIDER MEDICAL MARIJUANA ADVOCATE

Robin Schneider, 38, of Lansing, is the executive director for the National Patients Rights Association, an advocacy group for medical marijuana users based in Lansing that has done work in seven states.

#### - Berl Schwartz

## How did you become involved with medical marijuana advocacy?

It really bothered me that we were mass incarcerating people for using marijuana. I'd known so many people who had their lives absolutely ruined, so my involvement had to do initially with social justice. But also someone close to me had cancer, and I saw the medicinal value in his treatment. I watched him struggle to obtain it and became an advocate for that person and began my journey as a medical marijuana advocate.

#### You worked for years on new state regulations for medical marijuana, which were passed last year and will take effect this year. What are their pros and cons?

The benefits are that we clearly have a framework for safe access through licensed retail facilities, regulated growing, medicine that is safe for human consumption and a reduction in police raids against manufacturers

The negative side is the bills overregulated the industry, which will cause an increase in the cost of the product.

#### Did big business get too much?

There certainly were corporate interests behind the scenes attempting to manipulate the legislation. Corporate interests came out of every industry imaginable, from transporting to testing to tracking. They certainly gave input into some of the harsher regulations that I'm not so fond of. But when you look at other medical marijuana licensing across the country, I would say ours is pretty free market.

#### How is the city of Lansing faring on trying to create an ordinance to regulate dispensaries?

The issue has been drastically overcomplicated. It's very plain and simple. You can

#### from page 6

zone and allow licenses and vet your applicants. What you can't do is write regulations that conflict with the new state law. The ordinance should be short and simple. What I've seen is certain Council members very blatantly attempting to use exclusionary zoning practices to disallow the businesses.

#### How many dispensaries do we need?

I don't know that the city needs 70, but I've seen zoning proposals that would take it down to five, which is not enough. If we decrease the number too drastically, we are going to have other public nuisance problems, such as overcrowded parking lots and lines out the door. A reasonable number is somewhere between 25 and 30.

## Do you favor legalizing recreational use of marijuana?

I believe it's going to happen in 2018. We have to stop mass incarcerating family members for using marijuana. It should be regulated similarly to alcohol, although not with three-tier system (growers, wholesalers and retailers) like alcohol has. I don't have a problem with responsible adult use.

Our resources need to go to educating our youth on keeping them drug free. As a mother, I know firsthand I've succeeded at that. I've done extremely well at keeping my children drug free. Our policies of prohibition have created more potent drugs and made them more available to our children. Between my husband and me, we have six, ages 8, 9, 11, 13 — twins — and 16. I keep my children drug free by knowing where they are and whom they're with at all times. I do not ever leave them unsupervised, and we talk about drugs a lot, very openly, very freely. There are no questions that I am not prepared to answer with scientific explanations. I use health policy as a way to guide my parenting on drug education. Especially in the teenage years where the brain is forming, it's extremely important to monitor your children to make sure they're not experimenting with any drugs. I would say the age of 21 would probably be the age where children are ready to make decisions for themselves. I would encourage my children to go beyond the age of 21, and I'll assist my children with remaining drug free beyond the age of 21.

#### Do you use medical marijuana?

I first used it to wean myself off pain medications I was prescribed for a back injury. Then I had a pretty serious stroke that left me with physical and cognitive damage. The cognitive damage especially was pretty extensive. I had to learn how to type again, work on my speech, learn to drive again. Entire words were forgotten. I've made almost a complete recovery. I'm convinced that being treated with CBD (cannabidiol, one of the active ingredients in marijuana) within 24 hours made all the difference in my recovery. I continued to use it during my re-



covery. Once I made my recovery, I stopped. I'm a mother and I work full time, so I really don't have time. But if I needed it again, I wouldn't hesitate.

# NIC GAREISS DANCER AND MUSICIAN

Nic Gareiss spent 36 weeks on the road last year, dancing and playing music throughout the U.S. and Europe. But when he's not on the road, he calls Lansing's East-side Neighborhood home. Gareiss, 30, holds a bachelor's degree in anthropology from Central Michigan University and a master's degree in ethnochoreology from the Univer-

sity of Limerick in Ireland. His musical collaborations include groups like This Is How We Fly, an international quartet that blends folk traditions and contemporary influences.

#### - Ty Forquer

## When did you decide to pursue a career in dance?

I have been dancing since I was 8, but I didn't intend to do it as my profession or as something to sustain me economically. I went to school for music; I studied anthropology. Then in grad school, I continued to study dance and anthropology, mostly with the goal of getting a university position in an anthropology program.

But when I was in grad school, I had a couple of conversations with some musi-

cians and dancers that I really respect, and I had been performing all along, so I decided that I was going to take one year and see if I could do it full time for a year. That was 2012. I booked an entire year of work. I made a spreadsheet and figured out how much I needed to make every month, and I realized it was possible. And I kept doing that every year since.

## How do you describe your sexual orientation?

I'm pretty attached to my gender — I use pronouns he, him and his — but I would probably call myself queer, in the sense that I have magnetism towards bodies that are similar to mine — but not only those similar to mine, many different kinds of bodies.

## You grew up in a conservative community. How were you able to come to terms with that part of your life?

I was 16, and I was deeply involved in a church at the time, and I came out on a microphone in front of the church. They were actually really welcoming, and I continued to be active in that church for many years, but later my path veered in a different direction.

I was probably 21 before I stopped thinking about it as something I wanted to fix or wanted to change. The prevailing attitude in my community at the time was that it's OK to be gay, as long as you're trying to deny your impulses. I was reading a lot of (Émile) Durkheim, and I was imagining what life could be like outside of the community I was involved with, and I think I realized, I resolved that I didn't want to change that part of me. That was a part of me that I not only wanted to accept but that I wanted to celebrate, to make it part of my political identity, my artistic identity and my daily life.

## How does that part of your identity show up in your art?

It's taken me a while to figure out a way to integrate these parts of my identity. But I do recall the first time I ever wanted to be a professional dancer was when I saw a man dance on stage at the Wheatland Music Festival. There was an Irish dancer named Liam Harney performing, and I remember thinking two things. The first was, "Wow, I want to do that." And the second was "Oh my lord, that man is beautiful." So in a way, I'm realizing that those things were maybe always connected.

But I'm starting to figure out ways to integrate my own queerness into the work that I create. I'm making a one-hour-long dance show set in houses, and it commemorates the 80th anniversary of a law that was passed in Ireland. The clergy put pressure on the young Irish government to ban people from dancing in their homes, and they required the citizens to rent a parish hall that would be well-lit and supervised and maybe help bypass the trouble that comes with people being in dimly lit places, holding onto each other, their bodies in motion. You

8 www.lansingcitypulse.com City Pulse • January 4, 2017



## **PEOPLE**

#### from page 7

can imagine that kind of sensuality would be alarming to a Catholic government. And as a kind of retroactive justice, I'm creating this piece that will be explicitly for houses. And in that piece, there's a solo square dance that has a nod to queerness and what it would be like if you grew up in Appalachia and you felt a disconnected perspective from the people around you.

# ROBERT SONG PRESIDENT AND CEO OF MARU HOSPITALITY GROUP

Robert Song opened his first Maru sushi restaurant in Okemos in 2009. In November, he opened his fifth Maru location in Detroit, and he plans to open a sixth in Kalamazoo this spring. Also slated to open this spring is Ando, Song's new Asian comfort food restaurant, on Grand Rapids' west side. A native of South Korea, Song came to Chicago with his family when he was 15. He moved to East Lansing in 1994 to attend Michigan State University and graduated in 2000

with a degree in dietetics.

#### - Ty Forquer

## Was it always your plan to go into the restaurant business?

I thought I'd have to get a 9-to-5 job with a suit and tie and a briefcase, as many of my friends did. Engineer, lawyer, doctor — one of those kind of jobs. So I was pre-med, studying physiology. But taking all of those science classes wasn't something I saw myself doing for the rest of my life. I didn't do well, initially, in science classes. I decided to study dietetics instead.

I got a job at Ukai, where I worked for two and a half years. I didn't want to do that for the rest of my life, so I thought I had better study. So I studied for the GMAT and LSAT, still thinking I would need to get a "real job." I thank God every day that I didn't go to law school, because I would have been a horrible lawyer.

As I was really thinking about going, I was approached by my best friend, who had a friend starting a restaurant in Midland. I went through the construction process. I was involved in every facet of the restaurant, from hiring and training to promotion, ordering, you name it. I worked there for about eight years. During that time I proposed to my wife and started traveling, thinking that at some point we would open our own restaurant. And I kept studying. I studied companies like P.F. Chang's, because in the mid-90s they had just a handful of restaurants.



#### from page 8

About 10 years ago I got serious about starting something. And that's when Maru Okemos was born.

## You mentioned P.F. Chang's as a model. How big would you like Maru to get?

People ask me that, and I don't say like, "At some point I'll go public, and I'll raise money, and I'll sweep the Midwest and then the country." Yes, I studied that; I know that option. But from nothing to where I am — the challenge is the size. I can't maintain my competitive edge, because it involves painstaking time and training to understand the idiosyncrasies and little details, not only in the food, but in the operation. Otherwise, you lose good people and you start accepting mediocrity.

How big would I become? If I figure out the way to maintain what got us here, I don't think there's a limit. Over the years, I mopped the floors, cleared the tables, cooked the rice, made sure the plating is right, everything. We were able to grow because my people do things so much better than I would have. So if we continue to build that team, we'll see what opportunities lie ahead.

## What are you looking for in the people you hire?

When I hire chefs, I want people who are dexterous. If you're all thumbs, you'll be too slow. I want people who are dedicated. Without commitment, it's too tough, too difficult, too painstaking to become a master. And you have to be desperate. I was desperate to succeed. There was no other option. I'm not looking for the most talented people. I'm looking for people who are committed. I can buy talent with money, but I can't buy commitment. You may not be the best, but if you're committed to learning and to the team, that will make the difference.

## JEFF SHOUP

## MUSICIAN

Drummer Jeff Shoup, 43, has succeeded where many others have failed, booking and performing at a regular jazz night in Lansing for over two years. Jazz Tuesdays at Moriarty's Pub showcases a wide variety of local and national artists in a congenial (and usually packed) room of devoted fans, with Shoup himself behind the drum kit most nights. When we talked in mid-December, Shoup had just snagged a gig as jazz instructor at Hope College.

#### Lawrence Cosentino

## What do drummers know that other musicians don't know?

We know what everybody's butt looks like.

Is there an artist who knocked you out



#### that we wouldn't necessarily expect?

There was this one band, the Aquarium Rescue Unit with Col. Bruce Hampton. He's like this cult figure, like Frank Zappa or Stravinsky. I was driving one snowy morning to a 6:45 a.m. to a band practice at St. John's High School, and WDBM played this track. I'd never heard anything like it. It seemed like they were right at the intersection of jazz and rock.

Skip to a couple years later, Oct. 8, 1993. Aquarium Rescue Unit played the Blind Pig in Ann Arbor. I still have my ticket stub. I couldn't legally drink, so I just wormed my way to the front of the stage and stood there all night, basking.

How did you end up studying jazz at MSU?

I very naively walked into the music building in August 2000, a week before classes started, with my cymbal bag over my shoulder. I had no idea you're supposed to audition a year ahead of time. I'm standing in the lobby, not quite sure of what to do. It so happened this was Rodney (Whitaker's) first year as (jazz studies) director. He pulled me into a room where there was a drum set. I put my cymbal up on the stand. I hadn't been in the building five minutes and I was playing with Rodney Whitaker!

## You dropped out in 2003 and didn't finish your master's degree until 2014. What happened?

I got sucked back into the mortgage industry. I started looking at the people I was working with, the kinds of things we were doing — do I really want to do this the rest of my life? Or even for a year? I went back to MSU and got a digital media degree, went out and got a job (at an internet consulting company) and I hated it. Every morning the elevator opened on the eighth floor, I could feel a piece of my soul being chipped away.

Meanwhile, MSU's jazz studies had gone from five kids who were into jazz to this huge thing with a master's degree. They needed somebody to play in Octet V, and they called me. I dragged my drums in for the first rehearsal, heard these kids and I was like, "What the fuck happened here?" In the four or five years I was gone, the level of talent went through the roof. I remember washing dishes with my wife and telling her I wanted to go back to school, even though I was the breadwinner at the time. She was like, "Go for it."

## How long has Jazz Tuesday's at Moriarty's been running?

We're coming up on two and a half years. It was an almost instant success. Within six months' time, instead of me calling people to get them to come in on Tuesdays, people were calling me, trying to book a gig there. Two and a half years later, we have nationals — Brian Charette, an organist and pianist out of New York and a columnist for Downbeat Magazine. Dmitri Matheny, a trumpeter from Seattle, is coming next month. The way it took off, I can book different stuff in there all the time. That's what keeps people coming back.

#### How long do you expect it to last?

I don't see an end to it at this point. Moriarty's is making money, I'm making money. I get to play with all these bad cats.

It even had an effect on me getting the gig at Hope. The director of the program mentioned that he looked up my videos online. I have a YouTube channel for (Jazz Tuesdays) and I have almost 11,000 views. My name is plastered all over the internet with guys like Rodney Whitaker.

I see no reason for it to end. I'm enjoying every minute of it.

## JEANA-DEE ALLEN AND DYLAN ROGERS

OWNERS
OF THE ROBIN THEATRE

Jeana-Dee Allen, 33, and Dylan Rogers, 29, are the married couple behind REO Town's Robin Theatre, a 1917 building they laboriously rehabbed and transformed into a cultural hub of the resurgent REO Town district south of Lansing's downtown. Since the theater opened in 2015, it has almost instantly turned into a busy and eclectic venue for local and touring performing arts of all

See People, Page 10

10 www.lansingcitypulse.com City Pulse • January 4, 2017

## PEOPLE

#### from page 9

kinds, from poetry to folk music and jazz to puppet shows and comedy.

#### - Lawrence Cosentino

## Where are you now in your overall plan for the Robin Theatre?

**Jeana-Dee:** We're already at our fiveplus-year plan. We've recruited national artists to come and perform. A music superhero of my life, Don Flemons of the Carolina Chocolate Drops, came here a couple months ago. It was wonderful. It feels very unreal to be where we're at right now.

**Dylan:** We have a unique situation. We own the building, we fixed it up ourselves and we live in it.

#### How far ahead are you booked?

**Dylan:** Into June. I can squeeze someone in on a Thursday, but we don't have a weekend until then.

## Have any acts worked out better than you expected?

**Dylan:** Comedy Coven has done a monthly standup comedy showcase since the beginning. The core group is three 20-something women who live in Lansing. They are kind of like millennial —

#### Jeana-Dee: Grandmas.

**Dylan:** — Internet savvy, New Age wisdom-spouting witches. It's fun and unique, not only in Lansing, but to the world. We're proud to have it. Their shows here have gone from just getting on their feet to selling out the theater, for comedy, on a Tuesday night.

## Dylan, you almost moved to the Pacific Northwest like many young, creative people who grew up in Lansing. Why didn't you?

Dylan: I feel like Lansing has great momentum. That momentum, especially in the arts, is going to lead more creative people to be here. We want to provide a space for anybody who has an off-the-wall idea, maybe something that isn't happening yet in Lansing, they didn't feel like they had to move to Detroit.

**Jeana-Dee:** I saw this space as a much larger and extended version of our front porch. This is our home. You can't ignore it when something is going on downstairs. You hear every shake, people dancing. Everyone's welcome on the porch.

**Dylan:** People give a damn. That's what made us want to stay in Lansing. The Comedy Coven — they had that experience too. They're young, hip women who are staying in Lansing because they feel it, too, and there's just going to be more. A lot of folk musicians love performing here, because there isn't a noisy bar 50 feet away. You can get up and perform your song you poured your heart into where people can listen. At this point, we're flooded with talented people and it's only going to get crazier.



## How are the two of you different from each other?

**Dylan:** I learned my work ethic from Jeana-Dee and her family. How deep do we want to go here? I come from a huggy, feely family. Talk about our feelings, hug it out.

**Jeana-Dee:** Saying goodbye in the Rogers family takes about 10 hours, because we all have to hug each other about three times. I'm from Flint. If you don't have something, you make it. If you're feeling sad, too bad, because we're going to go to work.

**Dylan:** High-functioning anxiety (points to himself) and calm, strong, skilled (points to Jeana-Dee).

## What's the next phase of your vision for the Robin Theatre?

**Jeana-Dee:** To have a more curated series. So Dylan could say, "I want four puppet acts, three folk performances," almost

similar to the Ten Pound Fiddle, maybe pick up an odd event here and there, but have a whole series you can publish.

**Dylan:** I get contacted dozens of times a week. I want to do all of it, but we have to keep it balanced. We're at three to four events a week on average. Any more than that would be kind of nuts.

**Jeana-Dee**: I feel like we are almost unlimited because the neighborhood has been really supportive. We never would have been able to finish the upstairs if we hadn't had a crew of friends helping out. I feel like anything's possible because we are so fortunate to be in Lansing, where people are willing to work for something and support each other.

**Dylan:** We're kind of putting the plane together as we fly.

## **ABOLARIN AGNONA**

## VETERINARIAN

Dr. Abolarin Agnona — known as Dr. Bola to the folks who bring their pets to his Comprehensive Animal Hospital on Martin Luther King, Jr. Boulevard on Lansing's south side — arrived in the U.S. on Thanksgiving Day 1992. From there, the Nigerian veterinarian and his then-wife traveled to Michigan.

#### - Todd Heywood

## How come your clients don't call you Dr. Agnora?

They call me Dr. Bola, because my name is too long, and they can't pronounce it.

#### What's your background?

I'm from Nigeria. From a small village actually in the central part of Nigeria. I came from a polygamous family. My father had six wives. I'm about the 20th of 21 children.

## Why did you enter veterinary medicine?

To be honest, I really don't know. It could be something that is in the subconscious, because my father had a ranch. My father had a cattle ranch. My mom raised goats and chickens.

#### What brought you to the U.S.?

Well, my ex-wife was born here actually but she had Nigerian parents. Her parents were here when she was born but she grew up in Nigeria and we met and said, "Oh, let's just go to America."

## Did you have a plan or was it just, "Let's go to America; let's go have a grand adventure"?

That is one of those things that when you are in Nigeria you just wanted to come to America. If it is, possible every person in Nigeria would want to be in America.

That is the vision. It's almost like the ultimate for them because of movies, what they hear and stuff like that. Life is groovy in America. That is the perception. We were part of that too. We thought we can fulfill the American dream.

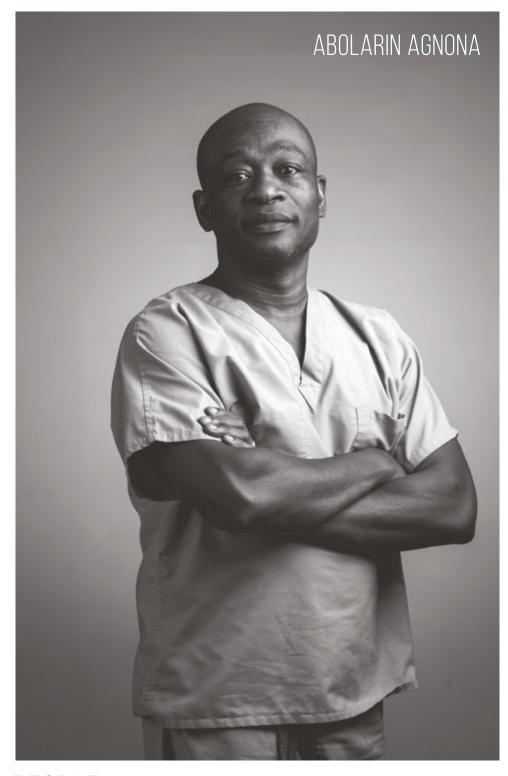
## Did you originally come to Lansing then when you came here?

We stayed in Cass City with a family of friends of my ex-in-laws.

## You do a lot of work with one of the cat

It's part of giving back, part of just making a little contribution that we can make to society really. If those cats can find homes, loving homes and stuff like that, that's great. I love animals.

What's the one story you would point to to say, "This is why I keep doing what I





from page 10

#### keep doing as an emergency vet"?

There's this lady that brought a female cat that got hit by a car. It was breathing really funny. They brought the cat in to be put down. When I did x-rays the cat had what you call a diaphragmatic hernia. There's a form that they sign to give me authority to put the cat down. I just said, "I'm going to give it a shot for the surgery." Luckily, I did the surgery and the surgery was successful. The cat survived. I called them and I told them the story. The lady teaches kindergarten so they wrote, the children, the kindergarten, they wrote a thank you, funny scribbles, all of them and brought it here to give to me to thank me. I said, "Look, that's my job.

I'm a veterinarian." To me, for the most part, it doesn't even look like work to me. It's just what I love to do.

## What would be your message about pets in modern America as an outsider?

Having a pet is a responsibility. It's something that you have to really think about because when it goes beyond the euphoria, then the work just started. Unfortunately, accidents do happen. You have a sick or injured animal, and you don't have the money to take care of it. That is when people start to do desperate things sometimes, put them down. Is it disposable? You just put him down. People really have to think twice about that. It's a lot of responsibility.

To balance out that responsibility as a pet owner, you're also getting a lot back from it. It's just like if you want to give back if you love animals so much but you can't afford it, go to the shelter and volunteer once in a while. Wait for that time in which you probably will be in a better position in terms of resources to take care of it.

## **DEBBIE CARLOS**

**ARTIST** 

Debbie Carlos, 37, is a Lansing-based photographer who dabbles in ceramics and jewelry design. She is also, along with local artist Amalia Boukos, cofounder of the pop-up creator's market River City MRKT.

Allison Hammerly

## How would you describe your own work?

I always find that question to be so hard. It just comes natural. I'm not really trying to make anything that adheres to a certain idea or theme. I just do it because it's instinctual, in a way. I guess it's always a mix of instinctual and informed. To put it simply, it's a lot of nature, a lot of plants, a lot of landscapes. I've also done a lot of domestic scenes.

I guess I would call my work sort of diaristic. Nothing's really set up; nothing's studio. It's always stuff from my everyday life — disparate images that put together create a narrative. That narrative doesn't necessarily have to speak to my life, even though the images are from my life. I hope that the images, or the experience,

#### from page 11

are universal in a way.

Many aspiring artists are told there's no money in art and that they should get a "real job." How did you fight that notion?

Even though I've heard it from other people, nobody's ever said it to me. And I feel like I wanted to be an artist so much that even if somebody did say that to me, I'd be like, "But I love it. Why not?" You've just got to do what you love.

## How did the River City MRKT come to be?

Amalia and I became friends. She was familiar with my work, and she found out that I moved to Lansing, so she asked to come visit my studio. We kept in contact for about a year and talked about design and found that we had a very similar aesthetic. We lamented that there wasn't really a place for it here in Lansing quite yet, so we thought, "Why don't we just do it?" So we did.

And Lansing's great for it, because things are much more affordable here. It's an easier kind of space, and more people are willing to work with you than in New York, Chicago or L.A. People aren't as jaded.

You also curate the art shows at Strange Matter Coffee Co. in Lansing. How would you describe the art you bring in?

I try to do stuff that is interesting, but I'm also trying not to show work that's too political or too pointed. I don't want to show work that would make anybody upset. But I still want it to be interesting so that it could spark conversation.

## Are you talking about visual themes in the work? Or is it more of a conceptual thing?

I think it needs to straddle both. I

STATE OF MICHIGAN, PROBATE COURT, INGHAM COUNTY CIRCUIT COURT, FAMILY DIVISION NOTICE OF HEARING FILE NO. 16-1943-DD

In the matter of Bradley Scott Igo II

Attention: Bradley Scott Igo

TAKE NOTICE. A hearing will be held on 01/19/2017 at 2:30 PM at 313 W. Kalamazoo St., Lansing, MI 49933 before Judge Richard Garcia for the following purpose:

Hearing to appoint a guardian for a developmentally disabled individual.

If you require special accommodations to use the court because of a disability, or if you require a foreign language interpreter to help you fully participate in court proceedings, please contact the court immediately to make arrangements.

Date: 12/27/2016 Gene Mellen 5303 S. Cedar St. Lansing, MI 48911 517-887-9575

nsing, MI 48911 7-887-9575 **CP#17-003** 





you hate the work than to find it merely pretty.

## What artists are you following right now?

My favorite photographer has always been Rinko Kawauchi. She's a Japanese photographer who photographs everyday life in a really beautiful way. Her work can be really emotional for me.

I really love outsider art, or self-taught art. It's a way of working that is so different from mine. It's almost like they don't have the baggage of having art history knowledge. They're just making work because it's so innate within them, getting rid of all this energy. I love how excessive it can be, just full of lines and detail. When I make work, I feel like it's very empty. It's just the opposite of what I do and I love it so much.

## **GERI ALUMIT ZELDES**

DIRECTOR OF JOURNALISM
GRADUATE STUDIES AT
MICHIGAN STATE UNIVERSITY

Geri Alumit Zeldes, Ph.D., 45, is director of journalism graduate studies at MSU, a mother of four and a prolific filmmaker. She has created 13 documentary films, been the executive producer of two radio series and a video series and has been consulted on a comic book. She is work on her most recent film project, "Flint Med," which follows MSU medical students embedded in Flint. It is slated for release in fall 2018.

Eve Kucharski

# Your work combines journalism and documentary filmmaking. Did you grow up wanting to be a reporter or television broadcaster?

No. When I was in law school, I worked for the Michigan Daily while I was at the University of Michigan, because it was located across the street from my dorm. Reflecting on that experience, I really enjoyed reporting. I went back to Indiana University and got a master's degree in journalism.

I did feel like this was kind of prophecy for me to become a journalist. My grandmother had always been a great storyteller and I remember her telling me growing up that she really wanted to be a journalist.

## Why did you decide to pursue a doctorate degree?

I knew I wanted to do it sometime in my life, but the opportunity came a lot sooner than I thought. I was working at WLNS-TV, and I had applied for a Ph.D. program. I applied late, missed the deadlines. But for some reason Ohio State University and MSU recycled my application and said, "We'd like you to consider a Ph.D. program."

## Do you feel your different cultural background shapes your filmmaking?

Absolutely. I think I have a sense for telling different stories because I'm from a different ethnic group. Not being able to relate to a lot of the stories that I see on TV or read gave me this personal initiative to try and find stories that weren't covered by other people.

#### Do you speak Filipino?

No. I tell my mom that I really regret that they didn't speak to us. They had intentionally decided not to speak with us in the various dialects they spoke, because they wanted us to integrate into the U.S. culture immediately. My three siblings and I, we can understand it but we can't speak it.

## Is inclusivity one of your main drivers when telling a story?

Yes, because those stories are the most interesting. There is a void in the research literature on the stories that I focus on. That's why I go after them, because there is this gap in history. For example, "That Strange Summer" looked at two Filipino nurses. I was personally motivated, because I wasn't aware of how the two nurses were convicted of poisoning patients at the VA Hospital in Ann Arbor.

## Is there one creative project you're most proud of?

"The Death of an Imam" I'm really proud of and would like to revisit that story. It was my directorial debut. It was a hard story, about the death of Imam Luqman Ameen Abdullah in Detroit. I was critical of the news media; I was critical of the legal system. I was critical of journalism especially, and I had to keep telling myself, "OK, start interviewing these people, go into these envi-

See People, Page 13

#### from page 12

ronments where they're hard, where people are yelling at you, where people were sending you death threats via email."

#### How do you juggle family life between being a professor, filmmaking and your other work?

It's really hard because I experience half a dozen heartaches every single day. I'm always feeling like I'm on the loose, on the run. I feel deficits all the time from my family. The commute from West Bloomfield does help me. It gives me an hour and 17 minutes to think about how I'm going to make this day great. Then, when I'm done with the day, it gives me an hour and seventeen minutes to prepare for my kids.

#### Have you ever thought of leaving Michigan to pursue filmmaking elsewhere?

I've thought many times about going other places to cover some stories, but truly I have never run out of story ideas that are close by.

#### You've never done a story in the Philippines, but do you think you will one day?

One day for sure. I've always felt like there was a story inside of me that I want to write about. One medium that I would like to exercise, one of these days, is to write a book about spooky, crazy, mystical, mythical stories about people from and of the Philippines. That's definitely on my to-

## **FARHA ABBASI**

#### **PSYCHIATRIST**

Dr. Farha Abbasi is a psychiatrist at Michigan State University. She's working diligently to create spaces where Muslim people not only can accept, but can openly discuss mental health issues. She's a frequent guest on Michigan Public Radio's "Stateside."

#### Todd Heywood

#### You're from Pakistan. Tell us a little bit about growing up there.

I'm from Karachi, Pakistan. My father was a politician. Journalism was big in our family. He founded a regional newspaper. Pretty much I grew around two things: journalism and politics. The most interesting thing for me was how I saw my father using it more in social service.

I was in my first year of medical school when the Russian invasion in Afghanistan happened. I saw the country being transformed right in front of my eyes. I think that's where Pakistan's complete culture and lifestyle changed because the

refugees were coming in and the border is very poor.

#### You won by lottery to get your green card. How did you decide: "Well, I'm going to apply."

Actually my father-in-law applied for us. He was at some shop and saw this lottery thing. He just applied for everyone. We were like, "No way. There's no way we are going." Then things started changing in Pakistan. The Taliban were then young kids with guns. The only brand of Islam they knew was militant. That started spilling over in Pakistan.

#### When did the Pakistan you grew up in stop being that Pakistan?

When Musharraf took over. I had three girls. I didn't want them to be raised where they have to be segregated, have to cover their head, or have to have gunmen for their protection, for them to do anything.

I was raised in a family where education was very important. Never in my house was I told, "You are a girl. You cannot do it."

#### Do you regret not doing journalism?

I always regretted it until I became a psychiatrist. I am pursuing my journalistic instincts and stuff. I really found my passion.

I realized that mental health just does not mean mental illnesses. Mental health also means civic duty, social service, justice, advocacy. To me, all that is now combines as my work under psychiatry.

#### What is your key memory of 9/11?

I was sitting in front of the TV and I see the towers falling. I'm crying uncontrollably because this is exactly the thing I'm running away from. I remember going to Hiawatha School and the teacher saw me and got up and hugged me and said, "We will get through this." I think that's the moment I felt like I'm an American.

#### Do you remember the first time you voted in an American election?

I voted for Obama. I think not many Americans realize that when you vote here you are not only impacting America, you are impacting the rest of the world. That, to me, is very humbling and empowering.

#### What role does your faith play in informing that view of mental health?

I would say I always feel faith is like a knife. If in a surgeon's hand, it can be used to save lives. If in the wrong hands, it can be used to take life, right?

I believe that spirituality, religiosity, spirituality, or whatever you practice, is a very important part of your resilience. I also believe that religion should not be intolerant. Religion should not be used as a

#### See People, Page 14

#### **PUBLIC NOTICES**



#### **Board of Water and Light Board of Commissioners** 2017 REGULAR BOA RD MEETING SCHEDULE **PUBLIC NOTICE**

In accordance with the Lansing Board of Water & Light's Rules of Administrative Procedure, a schedule of dates, places, and times for each regular meeting of the Board of Commissioners for the calendar year shall be adopted in November.

RESOLVED, that regular meetings of the Lansing Board of Water & Light's Board of Commissioners are hereby set for calendar year 2017 as follows, unless otherwise notified or as a result of date conflicts with rescheduled City Council meetings:

#### 2017

## Lansing Board of Water & Light Board of Commissioners Regular Board Meeting Schedule

Tuesday January 24 March 28 Tuesday May 23 July 25 September 26 Tuesday Tuesday Tuesday November 14 Tuesday

Meetings will be held in the Lansing Board of Water & Light Headquarters, REO Town Depot Facility located at 1201 S. Washington Ave., Lansing, MI at 5:30 p.m.

In the event a special meeting or rescheduled meeting is held, a notice will be posted at the Board of Water and Light Headquarters, 1201 S. Washington Ave., Lansing, Michigan, 48910, at least 18 hours prior to the time of the meeting.

#### THIS NOTICE IS POSTED BY ORDER OF THE BOARD OF WATER AND LIGHT COMMISSIONERS IN CONFORMITY WITH ACT 267, PA 1976.

BOARD OF WATER AND LIGHT M. Denise Griffin, Corporate Secretary

CP#17-001

STATE OF MICHIGAN CIRCUIT COURT COUNTY OF INGHAM **PUBLICATION OF NOTICE OF HEARING**  FILE NO. 16-493-CZ

In the case entitled City of Lansing v Whalen re: Holdings of Lansing d/b/a Life O'Riley and Approximately 80 Mobile Home Units Located at 6726 S. Washington Ave, Lansing, MI 48911; Ingham County Circuit Court File #16-493-CZ

TO ALL INTERESTED PERSONS, including;

Any and all owners of one or more mobile home units located at 6726 S. Washington Ave, Lansing, MI 48911

Whose addresses are unknown and whose interest in the matter may be affected by the following:

#### An order of abatement or demolition:

TAKE NOTICE: A hearing will be held on <u>January 18, 2017</u> at <u>2:15 p.m.</u> at <u>Ingham County Circuit Court, 303 W. Kalamazoo St, Lansing, MI 48933</u> before <u>Judge Clinton Canady III</u> for the following

To allow any and all potential affected owners of one or more mobile home units located at 6726 S. Washington Ave, Lansing MI 48911 to show cause as to why the unit, being a dangerous and unsafe building or structure, should not be abated by demolition.

December 27, 2016 Date

City of Lansing James D. Smiertka P20608 Attorney name Bar no. Petitioner name

124 W. Michigan Ave, 5th floor 124 W. Michigan Ave, 5th floor

Lansing, MI 48933 (517)483-4200 Lansing, MI 48933 (517)483-4200 City, state, zip City, state, zip

CP#17-004

#### NOTICE OF PUBLIC HEARING

INGHAM COUNTY PARKS DEPARTMENT 121 East Maple Street - P O Box 178 Mason, MI 48854 (517) 676-2233

#### **INGHAM COUNTY PARKS MASTER PLAN**

A Public Hearing will be held January 17, 2017 at 5:30pm at the Human Services Building, 5303 S. Cedar Street, Building #3, Conference Room A, Lansing, Michigan. The purpose of this Public Hearing is to hear suggestions and comments from interested citizens who wish to have their ideas and concerns taken into account before the 2017-2021 Master Plan is finalized. The 2017-2021 "draft" Master Plan is available for public review at the Ingham County Parks Department office, 121 E. Maple Street, Mason, Michigan, on the Ingham County Parks website www.ingham.countyparks. org, or by calling 517-676-2233. Written comments may be directed to the Ingham County Parks Commission at the address listed above.

CP#17-002







Personnel World is growing!

We are looking for talented professionals to join our dynamic staffing team. As a single source employment service, we have the job that's just right for you.

Contract and full-time temporary positions are available for a variety of professions, including:

- Administrative High-tech
- · Skilled Trades

- Clerical
- Professional
- Light Industrial

#### **CALL US TODAY** AT 517.323.3500

924 Centennial Way, Suite 400, Lansing, MI 48917

### **OPENING JUNE 6**

2049 Cedar St. Holt, MI 48842

PERSONNEL WORLD 517.323.3500 | www.personnelworld.com



## **PEOPLE**

from page 13

war weapon. Religion should not be used as a political tool.

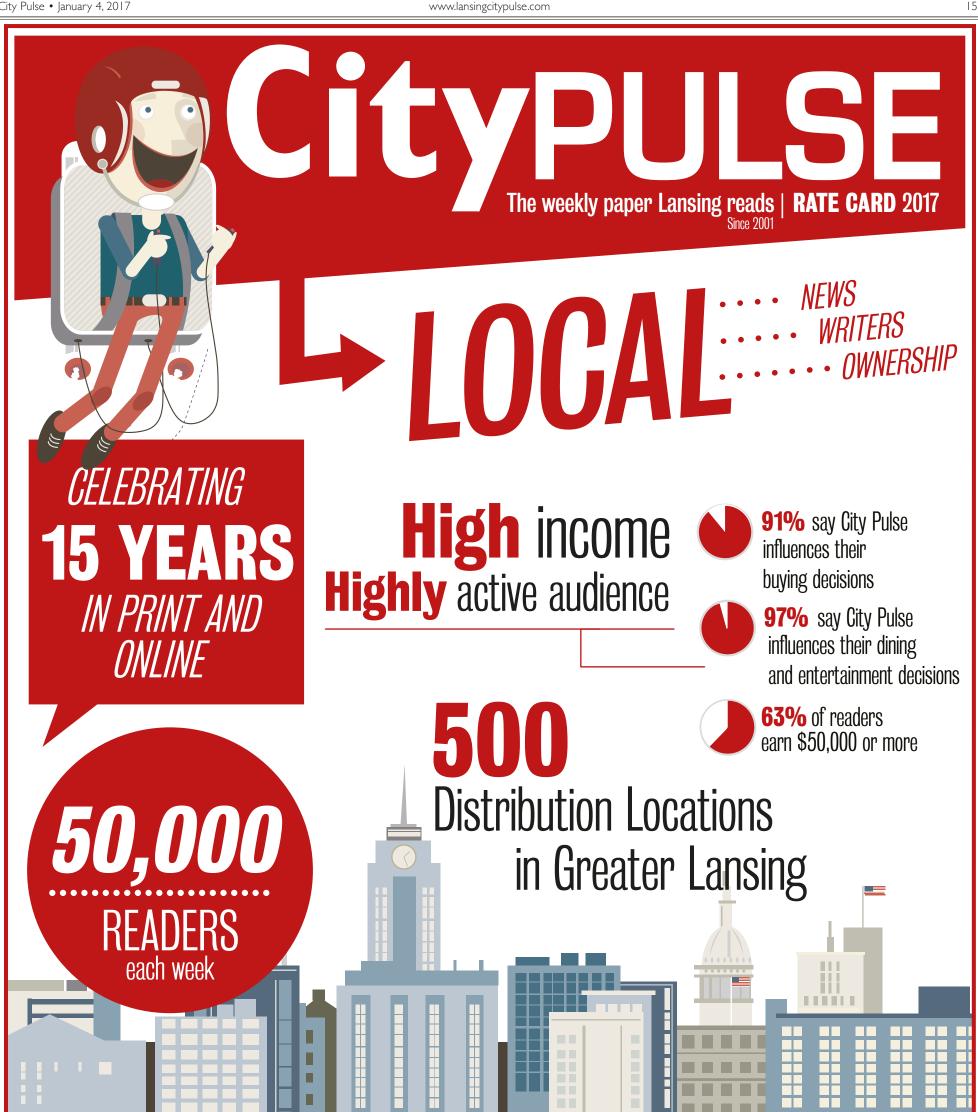
It has everything good, bad, or ugly. One thing is the belief, the faith, and one thing is the people who practice it. That impacts the religion and how we perceive the religion. That deliberately the interpretation of religion has become very patriarchal.

It was a very empowering religion. Unfortunately, most of the cultures that Islam came into was patriarchal societies. I believe if you give men a chance ....

Tell me about the broader construct of mental health and the work that you're doing there.

What is really shocking is that we are living in the 21st Century and the stigma around mental illness is as deep in America as anywhere else.

When I was seeing the profound work that we are doing, people don't reach their full potential if you are not mentally healthy. I truly believe that. That's the concept that I got from Islam. Until an individual is healthy that individual will not have healthy relationships. It's the same concepts. It's right there in front of our eyes but why aren't we adopting or creating policies to reflect that is my questions.



#### ONE COLUMN AD 1/4 Page Vertical 2.4375"W x 5.625"H

#### 2017 PUBLICATION CALENDAR

**JANUARY** 

SPECIAL SECTIONS & AD FEATURES Jan. 4

Jan. 11 Pet Adoption Page

Jan. 18 LAHR Newsletter

Jan. 25

**FEBRUARY** 

Feb. 1 Women's Health

Feb. 8 Valentine's Issue; Pet Adoption Page

Feb. 15 LAHR Newsletter

Feb. 22 Dining Issue

March 1 Home Improvement, St. Patrick's Day

March 8 St. Patrick's Day; Pet Adoption Page March 15 Top of the Town Contest Kickoff,

LAHR Newsletter

March 22 March 29

**April 5** Spring/Summer Festival Guide, Easter Services

April 12 Summer Camp Guide, Easter Services, Pet Page

April 19 Annual 420 Issue, LAHR Newsletter

April 26 Pets Issue

MAY

May 3 Top of the Town Contest Part 2 May 10 Pet Adoption Page

May 17 LAHR Newsletter

May 24 Top of the Town Winners Issue

May 31 Summer Guide

JUNF

June 7 Food Issue

June 14 Pet Adoption Page

June 21 Wine Issue, LAHR Newsletter

June 28 July 4th Issue

July 5

July 12 Pet Adoption Page

July 19 Healthy Issue, LAHR Newsletter

July 26

**AUGUST** 

Aug. 2 Back to School 1

Aug. 9 Pet Adoption Page

Aug. 16 Cheap Issue

Aug. 23 Annual Pride Issue / Inclusion Awards, LAHR Newsletter

Aug. 30 Back to School 2

**SEPTEMBER** 

Sept. 6 Arts Issue

Sept. 13 Beer Issue

Sept. 20 LAHR Newsletter

Sept. 27

OCTOBER

Oct. 4 Halloween 1

Oct. 11 Pet Adoption Page

Oct. 18 Bar Issue, LAHR Newsletter

Oct. 25 Halloween 2

NOVEMBER

Nov. 1

Nov. 8 Holiday Entertaining, Pet Adoption Page

Nov. 15 Relaxation, LAHR Newsletter

Nov. 22 Gift guide

Nov. 29

DECEMBER

Dec. 6

Dec. 13 Last-minute Gift Guide; Christmas Church Services, Pet Adoption Page

Dec. 20 Christmas Church Services, LAHR Newsletter

Dec. 27 Bridal Guide

#### FOUR COLUMN AD

1/3 Page Horizontal — 10.25" W x 3.75" H

### **RETAIL DISPLAY RATES**

Square		1X - 3X		4X - 7X		8X -	8X - 11X		- 25X	26X - 51X		52X		Dimensions	Dime
Inch		B&W	Color	B&W	Color	B&W	Color	B&W	Color	B&W	Color	B&W	Color	Vertical	Hori
45	BACK PAGE	N/A	1367	N/A	1323	N/A	1285	N/A	1230	N/A	1053	N/A	876		10.25 W
45	FULL PAGE	900	1139	872	1105	843	1067	810	1025	711	900	573	727	10.25 W x 11.25 H	
33.75	3/4 PAGE	743	941	719	911	696	882	670	848	548	730	490	622	7.625 W x 11.25 H	10.25 W
30	2/3 PAGE	705	878	680	862	660	838	623	792	605	692	463	588	10.25 W x 7.5 H	
22.5	JUNIOR PAGE	583	739	566	727	543	686	527	667	456	582	368	489	7.625 W x 7.5 H	
22.5	1/2 PAGE	572	725	554	702	531	674	515	652	443	561	377	479	5.042 W x 11.25 H	10.25 W
15	1/3 PAGE	386	489	377	479	365	464	349	441	311	396	257	327	5.042 W x 7.5 H	10.25 W
11.25	1/4 PAGE	330	398	306	387	298	376	283	360	234	311	208	264	2.4375 W x 11.25 H	10.25 W
7.5	1/6 PAGE	224	270	217	262	211	254	201	242	172	210	148	180	2.4375 W x 7.5 H	5.042 W
5.63	1/8 PAGE	170	206	166	201	161	193	153	185	134	161	113	137	2.4375 W x 5.625 H	5.042 W
3.75	1/12 PAGE	142	172	139	167	135	161	128	155	111	134	101	122	2.4375 W x 3.75 H	5.042 W
2.81	1/16 PAGE	113	137	111	134	107	130	97	125	88	107	83	101	2.4375 W x 2.8125 H	
4	COVER BANNER	N/A	599	N/A	599	N/A	599	N/A	599	N/A	599	N/A	599	10.25 W x 2 H	
4	POP UP BANNER	N/A	599	N/A	599	N/A	599	N/A	599	N/A	599	N/A	599	10.25 W x 2 H	
1	1 COLUMN INCH	43	N/A	41	N/A	30	N/A	30	N/A	30	N/A	29	N/A	N/A	2.4375 V
	AVAII ARI F IN AI	NOITION	VAI 1/2"	INCREME	NTS										

Frequency Rates: The frequency rate for retail display advertising is based on up to a one-year period with a signed contract. Ads do not need to run in consecutive iss

Classified ads also appear online at no extra charge. Deadline for classifieds is 5

p.m. Monday for the upcoming Wednesday's issue. You can also submit your classified ad to Suzi Smith at 517-999-6704 or at suzi@lansingcitypulse.com.

ONE COLUMN AD 1/6 Page Vertical 2.4375"W x 7.5"H

> ONE COLUMN AD 1/8 Page Vertical 2.4375"W x 5.625"H

> > ONE COLUMN AD 1/12 Page

2.4375"W x 3.75"H

1/16 Page

ONE COLUMN AD

2.4375"W x 2.8125"H

A column inch is not the same everywhere. City Pulse offers 67% more for your ad dollar.

FOUR COLUMN AD

1/4 Page Horizontal

10 1/4"W x 2.8125" H

Classified Rates.

HEADLINE: \$11 per line

LOGO: Space needed

Border: \$11

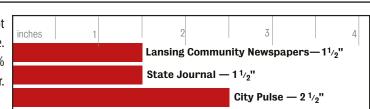
**CLASSIFIED ADVERTISING** 

Rates start at \$24 for 4 lines.

EXTRAS. Boldface Type: \$7 per line

Contract rates available, all rates net.

Each additional line is \$6.



## ARE YOU A **NONPROFIT?**

SAMPLE CLASSIF

Apar

Laundry, Central

Lansing Communit

Sparrow Hospital

No smoking and N includes utilities. (

lansingcitypuls

ONE COLUMN AD 1" Ad • 2.4375" W x 1" H\* \*available in 1/2 inch increments

YOU MAY QUALIFY FOR DISCOUNTS CALL (517) 999-5061

nsions zontal	Dimensions Cubed
x 11.25 H	
x 8.4375 H	
x 5.625 H	
x 3.75 H	
x 2.8125 H	5.042 W x 5.625 H
x 3.75 H	
x 2.8125 H	
x 1.875 H	
/ v 1 🗆	

ues but must run within the contract period.

## **City Pulse Print Distribution**By ZIP Code

Zip Code	Community	Distribution	Zip Code	Community	Distribution
48813	Charlotte	260	48895	Williamston	205
48820	DeWitt	415	48906	Lansing (N)	1,140
48821	Dimondale	145	48910	Lansing (S)	2,090
48823	East Lansing	5,194	48911	Lansing (S)	1,665
48824	East Lansing	770	48912	Lansing (E)	2,320
48825	East Lansing	15	48915	Lansing (DT)	401
48827	Eaton Rapids	45	48933	Lansing (DT)	2,560
48837	Grand Ledge	150	48917	Lansing (W)	2,005
48840	Haslett	330	48924	Lansing	125
48842	Holt	545	48892	Webberville	170
48854	Mason	320			
48864	Okemos	1,260			
48876	Potterville	30			

TOTAL 22,154

TWO COLUMN AD 1/2 Page Vertical 5.042"W x 11.25" H

## BRANDING PACKAGE

LOOKING FOR A WAY TO BRAND YOURSELF?

#### TRY OUR **Branding Package**:

- A 1/3rd-Page Ad & Full-Color Picture for \$245. (Half Price!)
- 1/8th-Page of Bigger Ad at Least 7 Weeks in a Row. Free Color on Ads. (also available, 1/6th, 1/4th, 1/3rd, and up)

CALL BERL SCHWARTZ AT (517) 999-5061 FOR DETAILS.

#### ED AD

#### tment for rent

Air, Two car garage. Central to y College, Cooley Law School, and Michigan State University. Io pets. \$600 per month which 517) 123-4567 or check www.e.com for more information.

#### PAYMENT

All ads must be prepaid unless approved credit application is on file. Credit card, money order, cash accepted.

TWO COLUMN AD 1/3 Page Vertical 5.042"W x 7.5" H

TWO COLUMN AD 1/4 Page 5.042"W x 5.625" H

#### DISPLAY AD SPECIFICATIONS

**Deadlines.** Space reservation deadline: 5 p.m. Thursday for the next issue. Copy Deadline: noon Friday for the next issue.

**Mechanical Requirements.** Printing method is offset and page size is 11 1/4" high by 10 1/4" wide. Line screen is 100 lpi.

**Color.** 4-color process are available. See rate chart for prices

**Pre-Printed Inserts.** City Pulse accepts pre-printed inserts. For most inserts, inserting is \$25 per 1,000. Special-sized inserts will be priced on a job-by-job basis.

Layout and Design (including scanning photos). City Pulse accepts designs created by our clients at no cost. City Pulse provides ad-design services for \$15-\$60, depending on the ad size. All ads are published after the advertiser approves the proof.

Nonprofit Discounts. Registered nonprofits buying directly and not through an agency will receive a 10 percent discount, which may not be combined with any other discount, provided the advertiser pays within the agreed-upon terms. For fund-raising events sponsored by registered non-profits, advertising is discounted 50%. City Pulse may include a line that says, "Space donated in part by City Pulse."

Position. Reasonable requests for position will be accommodated whenever possible. However, position cannot be guaranteed without a premium of 15 percent being added to the applicable space rate, with a minimum charge of \$50, and 25 percent, with a minimum charge of \$75, for the following pages: Centerspread (the middle two facing pages), the inside front cover, the inside back cover and the back cover. Charges for position are not subject to discounts.

Electronic Ad Specifications. Spot color and 4-color ads must be submitted in CMYK. Artwork should be at least 200 dpi. Black type 12 pt or smaller must be 100% black. EPS or PDF file formats are preferred. For EPS files, convert all fonts to outlines. Ads should be sent to adcopy@lansingcitypulse.com or provided on a disc.

**Payment Options.** We accept Visa, Mastercard, American Express, Discover, checks and, of course, cash.

TWO COLUMN AD 1/6 Page

5.042"W x 3.75" H

TWO COLUMN AD 1/8 Page 5.042″W x 2.8125″ H

TWO COLUMN AD 1/12 Page 5.042"W x 1.875" H

SPECIAL **DISCOUNTED** AD PACKAGES FOR

BARS & RESTAURANTS
AND
MEDICAL MARIJUANA DISPENSARIES









## CityPULSE READER SURVEY

City Pulse surveyed nearly 500 readers in 2016. **Among the findings:** 

#### **AVERAGE AGE RANGE OF READERS: 53.6**

#### **GENDER**

Female: 57.36% Male: 42.64%

#### **MARITAL STATUS**

Married: 54.07% Single: 36.04% Partnered: 9.89%

#### CITY PULSE INFLUENCES BUYING

 Sometimes:
 69.23%

 Often:
 21.54%

 Never:
 9.23%

#### **INFLUENCES DINING/ENTERTAINMENT**

 Sometimes:
 59.12%

 Often:
 37.58%

 Never:
 3.30%

#### **HOME OWNERSHIP**

Own: 73.19% Rent: 26.81%

#### **AGE OF READERS**

 20-29:
 10.11%

 30-39:
 12.52%

 40-49:
 12.75%

 50-59:
 21.98%

 60+:
 42.63%

#### YEARLY HOUSEHOLD INCOME

Less than \$20,000 8.57% \$20,000-\$34,999 13.63% \$35,000-\$49,999 15.16% \$50,000-\$64,999 15.16% \$65,000-\$74,999 8.57% \$75,000-\$99,000 17.36% \$100,000-\$149,999 12.97% \$150,000+ 8.57%

#### READ CITY PULSE ONLINE/DIGITAL

Weekly or more: 14.07%
Twice or more a month: 9.89%
Monthly: 7.476%
Less than monthly: 15.60%

#### **DINING OUT (NOT FAST FOOD)**

Weekly: 36.04%
Twice or more weekly: 23.08%
Less than weekly: 20.88%
Less than monthly: 18.68%

#### GOING OUT FOR LIVE ENTERTAINMENT

 Weekly or more:
 6.37%

 2-3 times a month:
 19.12%

 Monthly:
 25.27%

 Quarterly:
 22.64%

 Less than quarterly:
 26.59%

#### **BAR HOPPING**

Weekly or more: 16.05%
2-3 times a month: 20.88%
Less than monthly: 63.08%

#### BUY ORGANIC/HEALTH FOOD/ PRODUCTS

Often: 35.60% Sometimes: 48.13% Never: 16.26%

#### **READ CITY PULSE PRINT EDITION**

 Weekly:
 69.45%

 Twice or more monthly:
 16.26%

 Monthly:
 7.03%

 Less than month:
 7.25%

## WANTS TO SEE REAL ESTATE ADS IN CITY PULSE

Yes: 53.63%

## WANTS TO SEE AUTO ADS IN CITY PULSE

Yes: 49.45%

#### **READERS' POLITICS**

 Liberal:
 36.04%

 Progressive:
 14.07%

 Moderate:
 24.62%

 Conservative:
 10.55%

 Other:
 14.73%

#### **EDUCATION COMPLETED**

College: 47.47% Graduate/professional degree: 40.22% High School: 12.61%

## **DISTRIBUTION**

City Pulse is a free alternative weekly newspaper with 22,000 or more copies distributed every Wednesday to about 500 locations in Greater Lansing. City Pulse has about 50,000 readers a week. For a complete list of all distribution points, see lansingcitypulse.com. Interested in distributing City Pulse at your business at no charge? Please call (517) 999-6704 for more information.

# WEB ADVERTISING & MARKETING

LEADERBOARD (728 x 90px) Flat rate: \$600 per month

Appears at the very top of every page above header, runs width of page

MINI LEADERBOARD (300 x 90px) \$300 per month.

#### **MEDIUM RECTANGLE**

(220 x 300px) Flat rate: \$250 per month.

#### **VERTICAL RECTANGLE**

(220 x 400px)
Flat rate: \$300 per month.
Appears on every page click in left or right columns.

#### **SMALL BUTTON**

(220 x 125px)

Flat rate: \$100 per month. Appears on every page click in left or right columns.





Over 8,000 Facebook likes

Over 10,500 Twitter followers

## **OTHER SERVICES**

- Video Production
- Commercial Photography
- -Social Media Management
- Contact City Pulse for rates.

#### **DAILY E-NEWSLETTER**

Reach approximately 4,300 subscribers through a linkable ad in our e-mail newsletter, sent out Monday through Friday. This deal will include your ad in all five days of that week. \$99

## Feedback

#### from page 4

Dear Democratic party, Political parties aren't clubs you join for a social life. They aren't alumni associations you join to taste a bit of tradition and loyalty. They aren't sports teams to cheer and root for. The obvious purpose of a political party is to forward the political goals of its members and to frustrate the goals of the opposition.

The Democratic party is a tool that exists to serve us, not the other way around. If it works we use it to fix things. If it doesn't work, if it's worn out or broken, we toss it and get a new tool.

To the degree there are "victims" in the post-election ruble one might suppose they are us, the progressive voters of the U.S. We used that tool, that Democratic party. We relied upon it. We tossed money and time into it. We even did our due diligence and doubled checked: "Are you sure you can use the Clinton method to beat this maniac," we asked. "It kinda sorta looks like this other Sanders method might work better? Or maybe we could put some new batteries into the Warren or Biden or something..."

The Democratic party not only assured us that they got this, they even pulled out some of that bullying crap: "Hey! You!

Stop questioning us," they said. "We know best. And stay the hell away from the Green Party! That one is sketchy. If we catch you looking that way again we'll toss the election to the crazy guy and it will all be your fault!"

We threw our backs into the Democratic party and it broke, shattering into the kind of splinters that get into your eyes so you have to be rushed to the emergency room. This one is really gonna leave a scar.

Dear Democratic Apologists hiding

behind that Maginot line of excuses and threats: wise up. You are part of the problem. You've confused using the tool with worshiping the tool. Tools exists to serve us, not the other way around. This tool has been broken for years. It finally, inescapably, undeniably blew up in our faces. Throw the damn thing out and help us find another one.

Jesse GreenEast Lansing

Have something to say about a local issue or an item that appeared in our pages?

Now you have two ways to sound off:

- 1.) Write a letter to the editor.
- E-mail: letters@ lansingcitypulse.com
- Snail mail: City Pulse, 1905
   E. Michigan Ave., Lansing,
   MI 48912
- Fax: (517) 371-5800
- 2.) Write a guest column: Contact Berl Schwartz for more information: publisher@lansingcitypulse.com or (517) 999-5061

(Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)



# VETERINARY MEDICAL CENTER

#### **ALL ANIMALS. ALL DAY. EVERY DAY.**

- Anesthesia and Pain Management
- Behavior ServicesCamelid and Farm
- Camelia and Farm Animal Services
- Cardiology
- Dermatology
- Diagnostic Imaging/ Radiology
- Equine Services
- Internal Medicine

- Interventional Radiology
- Neurology Service
- Oncology
- Ophthalmology
- Orthopedic Surgery
- Primary Care
- Rehabilitation Service
- Soft Tissue Surgery
- Zoo and Wildlife Service

Small Animal **517-353-5420** (24/7) Large Animal **517-353-9710** (24/7)

cvm.msu.edu/hospital



# We've Moved!



Not Only Have We Expanded Our Parking and Square Footage But We've Expanded Our Services!

- Physio Therapy
   Orthopedic Rehab
- Relaxation And Therapy Room
- Ergo Wave Table Ultra Sound
- Interferential And Neuromuscular Stimulation

Plus Everything You Have Come To Rely On Us For Since 2007!



# Steven F. Manuel BS, DC

1717 E. Michigan Ave. Lansing MI 48912

517-487-2225

www.craftchiro.com craftchiro@gmail.com



# ARTS & CULTURE

## ART · BOOKS · FILM · MUSIC · THEATER

# Home for the harmony

# Cleveland Orchestra cellist Tanya Ell makes her solo debut with Lansing Symphony

#### By LAWRENCE COSENTINO

This has not been an ordinary trip home for cellist Tanya Ell, the Lansing Symphony Orchestra's guest soloist Saturday.

"This is an incredible opportunity for me, really, a dream, to get to play with the Lansing Symphony," Ell said. "It's really amazing for me to have a homecoming like this."

Born and raised in Okemos, Ell, 38, is a mainstay of the Cleveland Orchestra, often cited as one of the half-dozen greatest in the world. When she joined the orchestra in 2007, she was the youngest cellist on the roster.

#### Masterworks 3: Dvorák Cello Concerto

Lansing Symphony Orchestra with Tanya Ell, cello 8 p.m. Saturday, Jan. 7 \$20-50 Wharton Center 750 E. Shaw Lane, East Lansing (517) 487-5001, lansingsymphony.org Ell's parents, clarinetist Frank Ell and cellist Eva Ell, are longtime Lansing Symphony players, now retired.

Tanya Ell has every right to be blasé about Lansing, having played many times for Cleveland Orchestra maestro Franz Welser-Möst and illustrious guest

conductors at the revered musical Acropolis of Severance Hall.

But she's not.

Ell has been keeping an eye on Lansing Symphony maestro Timothy Muffitt for years.

In fall 2010, she played with Muffitt and the Lansing Symphony as one-third of a three-headed soloist, the Trio Terzetto, for a lively romp through Beethoven's Triple Concerto. Before that, she listened avidly to Muffitt and her home town team.

"I was really struck by the sincerity of his musicianship, even more so when I was working with him," Ell said. "That is one of the rarest things to find in the music world — conductors who really care about the music, and he does it so well."

It's depressing to hear that sincerity is rare among conductors, but Ell takes the deficiency in stride.

"People have all kinds of personality traits in this life as a musician," she explained dip-



Courtesy Photo

Okemos native Tanya Ell, cellist with the Cleveland Orchestra, joins the Lansing Symphony as featured soloist Saturday.

lomatically. "You're in the public eye, and it's a vulnerable place to be. So I really respect Timothy Muffitt's sincerity. He doesn't have to add a lot of superficial things on top of it."

On the other hand, Ell admits that playing with the Cleveland Orchestra is something special. Plenty of orchestral musicians quickly shrivel from starry-eyed rookies to jaded clock punchers, but the music making in Cleveland is intense and surprisingly intimate.

"There are so many times in that orchestra where I'm sitting there and it feels like a giant chamber music ensemble," Ell said. "It's really thrilling when everybody's awareness is completely in one place with the conductor."

Ell didn't even get the orchestral bug until she began studying for her master's degree at the Cleveland Institute of Music, just around the corner from Severance Hall.

"I don't think the power of a live orchestral performance ever quite hit me as much as when I was in that hall in my 20s," she said.

One memorable night, Welser-Möst and the orchestra played Joseph Strauss' "Death and Transfiguration" and, almost without a pause, brought Dame Felicity Lott to join the orchestra for Strauss' devastating "Four Last Songs." It was one of many nights that inspired Ell to try out. She still marvels that she is sitting in the same orchestra's cello section, playing for the same maestro that awed her when she was in school.

"I'll always be pinching myself," she said. "I never assumed I would be doing this or that you just do your best and see where it takes you."

Ell has lived with Dvorák's cello concerto, the centerpiece of Saturday's concert, since she studied it in East Lansing with the great cello teacher and au-

thor of "The Art of Cello Playing," Louis Potter, who died in 2009.

"It's interesting to have a piece accompany you through life," she said. "To me, it's just one of the most beautiful pieces of music ever written."

She first heard it played at Interlochen by Yo-Yo Ma in the early '90s.

"I was completely grabbed by the sheer emotion, the sadness of it, the grandeur," she said.

As the years pass, she finds herself hearkening more to the sadder strains in the music, particularly Dvorák's homesickness for the Czech Republic. Dvorák wrote the concerto while living in the United States.

"There's a lot of pathos to the piece and a lot of gorgeous, proud, spacious music that I really love," Ell said. "I think those things start to mean more to you as you get older."

Ell's big, warm cello sound seems to soar above mere technical challenges, but it takes hard work to achieve that kind of lift.

"Musicians are on a constant journey of not having to think too hard about the technique so that they are able to serve the music better," she said. "The more at ease you are with being able to play the notes, the more you can just think about the music and be in the moment."

The problem isn't unique to musicians. When Ell was studying at the Juilliard School, she asked a drama student who was playing Lady Macbeth how she remembered all her lines.

"She said, 'If I'm really clear about my intention, that is what makes me remember things," Ell recalled.

Having lived with the Dvorák concerto most of her life, how does she imagine she'll play it in 20 or 30 years?

"I've watched how different musicians age and play, and I'm not really sure how I'm going to be at age 60," she said. "Some people want to play their instrument until the very, very end and enjoy it, and other people become very frustrated in the 70s and 80s when their hands don't work the same way they used to."

She paused to think.

"You'll have to get back with me on that one," she said. "But I do know I'll always enjoy listening."



hoto courtesy Tanya Ell

Cellist Tanya Ell (left), at age 15, with one of her teachers, Louis Potter Jr., in the orchestra room of Kinawa Middle School in 1994.

## WKAR shakeup

'Current State' shift leaves room for more classical music and 'All Things Considered'

#### By TY FORQUER

Regular WKAR radio listeners have probably noticed that its "Current State" program has disappeared from the airwaves in recent weeks. The show has been on hiatus since Dec. 12 as it prepares to move to a weekend timeslot. Radio station manager Peter Whorf explained that the move is not a cutback but a reallocation of resources.

"We're a relatively small staff, and we want to keep doing local and regional news stories," Whorf said. "We'll have the same staff, and we'll actually be doing more local news."

"Current State," the one-hour local news and culture show, formerly aired live at 9 a.m. and was replayed at 6 p.m. weekdays on the MSU public radio station. This weekend, it will switch to a pre-recorded format that will air on Saturday at 11 a.m. and Sunday at 4 p.m. To replace the weekday "Current State" slots, WKAR (90.5 FM) is broadcasting an extra hour of classical music in the morning and another hour of "All Things Considered" in the afternoon.

The WKAR staff will also produce local news and culture segments that will be inserted into "Morning Edition," which airs from 5 to 9 a.m. weekdays, and "All Things Considered," which now airs 4 to 7 p.m.



## Independence Village Of East Lansing ...It's Home! Date: During January 2017

Time: **12:00pm – 1:00pm** 

Bring this Ad on in during the month of January, 2017 and receive a free lunch.
Bring a friend and see what our community has to offer.

To schedule your tour, call Maggie at 517-337-0066.

Call or visit us online for more information.

An Independent Living Community

INDEPENDENCE VILLAGE
OF EAST LANSING

2530 Marfitt Road East Lansing, MI 48823 tel **517-337-0066** 

eastlansingseniorliving.com







weekdays. Both nationally syndicated programs allow space for locally produced content. Mark Bashore, host of "Current State," will also serve as local host for "All Things Considered."

Whorf doesn't foresee any other significant programming changes in the near future. This shift, he explained, is to direct weekend format.

more local resources into the "drive time" hours when most listeners are traveling to and from work.

"There's always more listeners in the morning and afternoon drives," Whorf said. "If we're going to put effort into producing high quality news, we want to place it where people are listening."

Professional Writing Expert

Photo by Amanda Pinckney/WKAR

Mark Bashore

(right), host of

WKAR radio's

"Current State,"

interviews John

radio program is

transitioning from

to a pre-recorded

a daily live show

Truscott (left)

and Valerie

Marvin. The



#### **Specialized Writing Services Offered:**

- Personalized Resume, Cover Letter Writing, Interview Follow Up Letters Editing/Proofreading Documents
- Assistance With: Academic Writing Grant Proposal Writing, Answering Employment, Competency Questions, Completing Online Applications
- Miscellaneous Writing Tasks Upon Request

#### **Services Include:**

•2-3 Business Days Turnaround (Extra charge for all expedited requests) •Electronic Copies of Each Document

Yasmin Flack professionalwritingexpert@yahoo.com 517.295.3904



Professionalwritingexpert PWE2016YMF



## PHP works for you.

Everyone deserves great health coverage, and at Physicians Health Plan, we agree. Locally owned and managed for more than 35 years, PHP understands what is important to the people who live and work in our region.

And our region is growing to include more counties, making access to quality, affordable care easier for you.

Our Marketplace plans include:

- » An expanded Network that now encompasses Clinton, Eaton, Ingham, Ionia, Montcalm, and Shiawassee counties
- » Choice of doctors with no need for in-network referrals
- » Four-tier Pharmacy coverage and a partnership with Delta Dental
- » Coverage for emergencies at work, at home, and at play in every state and 196 countries around the world
- » Award-winning customer service

Open Enrollment for 2017 runs **now through Jan. 31, 2017**. You have a choice, and who you choose matters.

Learn more and enroll today

#### **ChoosePHPmi.com**

For small businesses coverage, call **517.364.8484** 



A health plan that works for you.

## **Motown revisted**

# New retrospective reveals untold stories, inspires nostalgia By BILL CASTANIER

Today's earbuds seem to be permanently attached to the ears of millions, perhaps billions, of music aficionados. But for music fans of a certain age, the transistor radio was once the cutting edge of music technology.

In the 1950s and '60s, it went everywhere with us. We held it to our ear, walked home from school with it in our pocket, listened to it at beach parties, danced with it and went to bed with it. When we weren't listening to Detroit Tigers games, it was probably tuned to one of the legendary top 40 radio stations.

We listened to the music of the Four

## Schuler Books Wusic

#### **RESCHEDULED**

Talk & Signing with Former Detroit Lion and ESPN Analyst LOMAS BROWN

Tuesday, January 10 at 7pm Eastwood Towne Center location



Save the date for this special event, when Lomas Brown, a Superbowl Champion and 7-times Pro-bowler, will visit Schuler to talk about and sign his new book, If These Walls Could

Talk: Detroit Lions: Stories From the Detroit Lions Sideline, Locker Room, and Press Box!

Lomas Brown, the former Detroit Lions offensive tackle who paved the way for Barry Sanders, and Mike Isenberg, presents an insider's account of the last 20 years of the team's history. A behind-the-scenes look at the era, Brown shares stories about coaches from Wayne Fontes to Jim Caldwell and stars including Barry Sanders, Calvin Johnson, Matthew Stafford, Ndamukong Suh, and more. This book covers all of the successes and failures, elation and embarrassment of recent Lions history, making it essential reading for any fan.

for more information visit www.SchulerBooks.com

Tops, the Velvelettes, the Supremes, Gladys Knight, the Spinners, Marvin Gaye, the Jackson Five, Stevie Wonder, the Temptations or one of the other myriad Motown groups. If you were lucky, you swayed to the music at the Motown Revue, which brought the Motown sound to both big cities and small towns across Michigan.

Why was the music of Motown so enthralling? Dick Clark's "American Bandstand" nailed it: "It has a good beat, and you can dance to it."

And boy did we dance, especially those of us who attended Michigan State University. As a freshman at MSU, I found that about 80 percent of the students I met were from Detroit high schools like Cooley, Denby and Cass Tech, and they brought the music of Motown with them to college. Every weekend, cover bands like the Sounds and Soundettes covered Motown songs at dances on campus.

If you were lucky enough to be around Lansing in the '60s, you likely heard one of the best Motown cover bands, the Sunliners, at local saloons like the Dells, nestled at the north end of Lake Lansing, or at Coral Gables. The Sunliners, who were later known as Rare Earth, could always get the audience up and dancing with their signature song, "Get Ready."

The band's sound also attracted the attention of Motown Records exec Barney Ales, who signed the group in 1969. Motown even named its new rock 'n' roll subsidiary label, Rare Earth, after the band.

How Ales and Motown were able to

IS BELIEVING"

LANSING - OFF SOUTH CEDAR AT 1-96

sign Rare Earth, an all-white band, is one of the hundreds of previously untold stories told in "Motown: The Sound of Young America," which was released in September.

Written by two record industry execs —Adam White, a former Billboard editor, and Motown general manager Barney Ales — "Motown" is truly an insider's look at the legendary record label, its founder Berry Gordy, its stable of performers and its lasting impact on society and culture. The book is the ultimate history of one of the most successful record companies of all time.

Detroiter Susan Whitall, who has written about musicians and the music industry for more than 40 years at Creem magazine and the Detroit News, said the longevity of Motown and its music "is really saying something." Even she was impressed by the book's depth.

"We thought we knew everything about Motown," she said.

One reason Whitall believes the book is a fresh perspective is that it explores Motown through the eyes of Ales, a lesser known but key cog in the Motown machine

"Barney was the backroom guy and took care of everything," she said. "Barney had a reputation that he was a connected guy because of his Sicilian roots."

That reputation, while not true, also helped in collecting overdue bills from distributors, as Ales relates in the book. The book also goes behind the scenes, looking at the musicians who helped shape the Motown sound.

US 127 & Lake Lansing Rd
www.NCGmovies.com
(517) 316-9100
Student Discount with ID
ID required for "R" rated films

thearchivesbookshop@gmail.com

"The music was so well orchestrated and played at such a high level by session groups like the Funk Brothers," Whitall said. "It was sophisticated pop music with addictive grooves. You didn't get tired of playing it over and over like most pop music."

The book looks at Motown's high points, like landing the Jackson 5 and Stevie Wonder, as well as the low points, like losing Mary Wells to a competitor. The record label's history plays out against the backdrop of the Civil Rights movement, discussing its influence on Motown and R&B music. White listeners liked Motown music, but the black performers often had a tough time finding a place to stay after the show was over, especially in the South.

Even at home, there were some places blacks — even Gordy — couldn't go. The book tells the story of Gordy and Ales taking their spouses to the London Chop House for dinner and being rebuffed until Ales pressured the owner to let them in

Smith, a lifelong fan of Motown and a close friend of Ales, brought his research chops to the project.

"He's been gathering information his whole life. He was totally immersed in this book," Whitall said. "That's where the book really succeeds."

Whitall said that many of the photos in "Motown" have never been seen before, and there are stories that have never appeared in print. In one such story, Gordy and Ales come up with the Supremes' "Buttered Popcorn" while enjoying popcorn at the theater with their spouses.

Whitall is working on a reissue of her own book, "Women of Motown: An Oral History," which will be released in late spring. Whitall is also the author of the Michigan Notable Book "Fever: Little Willie John, A Fast Life, A Mysterious Death and the Birth of Soul." Whitall, who grew up in Birmingham, still remembers buying her first record at Kresge.

"It was a 45 of Stevie Wonder's 'Fingertips," she said.

Easy Living Cleaning Service

**Commercial &** 

Residential

**Fully Insured** 

Call Joan at:



**Musical royalty** 

# OU THE TOWN

Events must be entered through the calendar at lansingcitypulse.com. Deadline is 5 p.m. Wednesdays for the following week's issue. Charges may apply for paid events to appear in print. If you need assistance, please call Allison at (517) 999-5066.

## Wednesday, January 4 CLASSES AND SEMINARS

Mindfulness. Meditation for beginners and experienced. 7-9 p.m. FREE. Donations welcome. Van Hanh Temple, 3015 S. Washington Ave., Lansing. (517) 420-5820, ow.ly/CIHU305nMqx. Free Photography Clinic. Professionals provide guidance through mini-seminars. 6-9 p.m. FREE. First Presbyterian Church (Lansing), 510 W. Ottawa St., Lansing. (517) 626-2814. Beyond Stretching Class. Beyond Stretching class. 7:30-8:30 p.m. \$10. LotusVoice Integrative Therapies, 4994 Park Lake Road, East Lansing. beyondstretching.weebly.com.

#### LITERATURE AND POETRY

Wharton Center Circle Book Club. "The Murder of Roger Ackroyd" by Agatha Christie. 3:30-5 p.m. Schuler Books & Music, 1982 Grand River Ave., Okemos. whartoncenter.com.

#### **EVENTS**

Allen Market Place — Indoor Season. Locally grown, baked and prepared foods. 3-6:30 p.m. FREE. Allen Farmers Market, 1629 E. Kalamazoo St., Lansing. (517) 999-3911, ow.ly/Bol 1303O4VF.

Alcoholics Anonymous. A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215.

ICACS Whisker Wednesday. Pet adoptions. All animals spayed/neutered, vaccinated and microchipped. Noon-6 p.m. Ingham County Animal Control, 600 Curtis St., Mason. (517) 676-8370.

ESOL Reading Group. Practice English reading and speaking skills. Noon-1:30 p.m. FREE. CADL Okemos, 4321 Okemos Road, Okemos. Wonder Wednesday: Minute to Win It. Ages 8-18 play mini-games. 4-5 p.m. FREE. CADL Leslie, 201 Pennsylvania St., Leslie. (517) 589-

Practice Your English. Practice listening to and speaking English. All levels welcome. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.

After those initial conversations, however, King did not want to be involved in the creative process.

"She couldn't have had more

Douglas McGrath first learned about Carole King thanks to a mistake. As a child, he and his sister were playing with some 45 RPM records when his sister misread the songwriting credit.

Julia Knitel plays singer/songwriter Carole

King in "Beautiful: The Carol King Musical," which opens at the Wharton Center Tuesday.

Photo by Joan Marcus

"My sister misread Goffin/King as Coffin King, which we thought was a really funny name," McGrath said. "Later I found out it was Carole King and Gerry Goffin. It was that accident that made me aware of Carole King at an age where I otherwise might not have been."

"Beautiful: The Carole King Musical" opens at the Wharton Center Tuesday. The Broadway show, which McGrath wrote the book for, is built around the music of King and Goffin, her former husband and songwriting partner.

A Hollywood screenwriter and director, McGrath's writing credits include "Infamous," a Truman Capote biopic, and "Bullets Over Broadway," which he co-wrote with Woody Allen. When he was approached about writing a musical based on the life of Carole King, McGrath didn't know much about the singer/songwriter's personal life, but he agreed to meet with her.

"We talked for hours. She didn't hold anything back," McGrath said. "I thought she must be saving some stories for her autobiography, but when I read it, there were things that she had told me that weren't in the book."

reservations," McGrath said. "Several people had tried to write a musical, but she was never happy with what they would bring her."

At King's insistence, McGrath met with Barry Mann and Cynthia Weil, another songwriting duo that worked for years in the office next to King and Goffin's at Dimension Records. McGrath also interviewed Goffin, and the musical started to take shape. McGrath decided to focus on the 12-year span between King selling her first song in 1959 to the release of her breakout album, "Tapestry," in 1971. Much of the musical is driven by the relationship between the two songwriting couples.

"Barry and Cynthia are one color, and Carole and Gerry are another color," McGrath explained. "They were devoted to each other, but intensely competitive."

During that span, Goffin and King turned out a string of hits like "Will You Love Me Tomorrow," "The Loco-Motion," "Up on the Roof," "Pleasant Valley Sunday," and "(You Make Me Feel Like) A Natural Woman)." But behind the professional success, their relationship was strained as Goffin grew restless and pursued extramarital affairs.

While the musical covers the darker side of their relationship, it doesn't wallow in it.

"When I was thinking of the story,

I knew it couldn't be a story of professional struggle," McGrath said. "It can't be 'Gypsy' or 'A Chorus Line.' She had a No. 1 hit at age 18."

King saw part of the musical in San Francisco as it prepared for a pre-Broadway run at the Curran Theatre in 2013. She gave her approval, but never attended a show in San Francisco. The musical opened on Broadway in January 2014, but even then King waited until April to see the show.

January 10-15

#### Beautiful: The Carole King Musical

7:30 p.m. Tuesday, Jan 10-Thursday, Jan. 12; 8 p.m. Friday, Jan. 13; 2 p.m. and 8 p.m. Saturday, Jan. 14; 1 p.m. and 6:30 p.m. Sunday, Jan. 15 Tickets start at \$41 Wharton Center 750 E. Shaw Lane, East Lansing (517) 432-2000, whartoncenter.com

"She thought that if she came to the show, everybody would be watching her instead of paying attention to the show," McGrath said. "She didn't want that attention."

King attended the show in disguise, wearing a black wig and a scarf, McGrath recalled. At the end of the musical, King snuck backstage, grabbed a microphone from a crew member who was in on the plan, and joined the cast on stage for an encore performance of "You've Got a Friend."

"Everyone's jaw dropped," McGrath said. "All the women in the cast were crying. It was very special."

See Out on the Town, Page 25

— TY FORQUER





#### HOT MULLIGAN EP RELEASE AT MAC'S BAR

## Saturday, Jan. 7 @ Mac's Bar, 2700 E. Michigan Ave., Lansing. All ages, \$10, 6:30 p.m.

Hot Mulligan, a Lansing-based emo/pop-punk quintet, releases its new EP, "Opportunities," Saturday at Mac's Bar. Also performing the all-ages show are Kayak Jones, Convenient Trash, Backpacks, Mover Shaker and Forest Green. Originally from the Upper Peninsula, Hot Mulligan recorded its debut, the "Fenton" digital EP, in 2014. The following year, Save Your Generation Records issued a physical edition, and soon after the band members relocated to the Lansing area for college and continued work on their band. Since then, the band dropped its second EP, "Honest and Cunning," embarked on its first tour and also released a split 7-inch single with fellow emo-punk band Everyone. "Opportunities," the band's third EP, was recorded at Oneder Studios in Saginaw. Fans of the Wonder Years, the Front Bottoms or Modern Baseball might want to check out this new disc.

#### HOMEGROWN THROWDOWN KICKS OFF WITH SIERRA DENAE AND MORE



Mid-Michigan's biggest battle-of-the-bands event, the Homegrown Throwdown, has been a fixture in the local music scene for 14 years running, offering up \$1,500 in cash and \$3,500 in prizes to area bands. Last year, Past Tense took first place, but this year's roster offers up a whole new batch of contenders. The contest's first round features 24 bands over four nights, and its first 2017 show is happening Friday. The acts include Sierra Denae, What's Not Taken, Assume Nothing, Tempest, Blazing Autumn and Strength For Battle. Alt-rock singer/songwriter Sierra Denae has one EP under her belt, "I Still Exist," and one melodic-rock single, "Beautiful Mask" — both are available on available on iTunes, Amazon and Spotify. This year, she said, she's planning to release a new record while continuing to play solo and full-band shows.



BY RICHTUPICA

#### LUKE WINSLOW-KING AT THE ROBIN THEATRE

#### Saturday, Jan. 7 @ The Robin Theatre, I 105 S. Washington Ave., Lansing. All ages, \$15, 6:30 p.m.

Bloodshot Records recording artist Luke Winslow-King performs a solo show Saturday at the Robin Theatre in REO Town. The dapper New Orleans-based singer/songwriter is best known for his smoky voice, masterful slide-guitar work and affinity for pre-war blues, traditional jazz and soulful Americana, though he also echoes old-timey gospel and ragtime music. The Brooklyn Vegan music site praised his genuineness, writing: "Luke, with a strong knack for slide guitar, sounds authentic without coming off too dated, and he does it well." American Songwriter Magazine agreed, calling him "staunchly original." Originally from Cadillac, Michigan, Winslow-King began performing at age 14 and later earned a diploma from the renowned Interlochen Arts Academy, where he majored in jazz guitar.



#### UPCOMING SHOW? CONTACT ALLISON@LANSINGCITYPULSE.COM

LIVE&LOCAL	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Avenue Café, 2021 E. Michigan Ave.	Service Industry Night, 3 p.m.	City Sun (Pop Punk), 8 p.m.	Conspicuous Bystanders, 8 p.m.	N.O.T. Heroin Fundraiser, 5 p.m.
Buddies - Holt, 2040 N Aurelius Rd			Joe Persico, 9 p.m.	
Buddies - Okemos, 1937 W Grand River Ave			Rush Clement, 9 p.m.	
Classic Bar & Grill, 16219 Old US 27			Lee Groove, 9 p.m.	
Champions, 2440 N. Cedar St.	D. I. D	Lee Groove, 7 p.m.	1/ 1 0	
Crunchy's, 254 W. Grand River Ave.	Dylan Brown, 10 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.	Karaoke, 9 p.m.
Eaton Rapids Craft Co., 204 N Main St.	1/2 1 - 21 D. L. 2 - 0	Steve Cowles, 6 p.m.	Sarah Brunner, 6 p.m.	NIVE OL D. L. O.
Esquire, 1250 Turner St.	Karaoke with DJ Jamie, 9 p.m.	NEL 01 0 5 1 1 0 70	0.70	NYE Glow Party, 9 p.m.
The Exchange, 314 E. Michigan Ave.	Live Blues w/ The Good Cookies, 8 p.m.	Mike Skory & Friends, 8:30 p.m.	Showdown, 9:30 p.m.	Showdown, 9:30 p.m.
Gallery Brewery, 142 Kent St.		Open Mic, 7 p.m.		
Grand Cafe/Sir Pizza, 201 E. Grand River Ave.	Stagetime Open Mic, 7 p.m. "Johnny D" Blues Night, 9 p.m.		Karaoke, 7:30 p.m.	
Green Door, 2005 E. Michigan Ave.	"Johnny D" Blues Night, 9 p.m.	Karaoke Kraze, 9 p.m.		
The Loft, 414 E. Michigan Ave.,			Homegrown Throwdown 1, 6:30 p.m.	Do or Die, 8 p.m.
Mac's Bar, 2700 E. Michigan Ave.			Winter Wonder LAN, 7 p.m.	Hot Mulligan, 6:30 p.m.
Moriarty's Pub, 802 E. Michigan Ave.	Open Mic w/ Jen Sygit, 9 p.m.	Lincoln County Process, 9 p.m.	Isolated Incident, 9 p.m.	Calling Dr. Howard, 9 p.m.
Reno's East, 1310 Abbot Road			Chris Laskos, 8 p.m.	Bobby Standall, 8 p.m.
Reno's North, 16460 Old US 27			Life Support, 8 p.m.	
Reno's West, 5001 W. Saginaw Hwy.			The New Rule, 8 p.m.	The New Rule, 8 p.m.
Ryan's Roadhouse, 902 E State St		Darrin Larner, 6 p.m.		
Tavern & Tap, 101 S. Washington Square	Tavern House Jazz Band, 7:30 p.m.			
Tequila Cowboy, 5660 W. Saginaw Hwy.			Brian Lorente & the Usual Suspects, 4 p.m.	Brian Lorente & the Usual Suspects, 4 p.m.
<b>Unicorn Tavern</b> , 327 E. Grand River Ave.		Frog Open Blues Jam, 8:30 p.m.	Live Music, 9 p.m.	Live Music, 9 p.m.
Watershed Tavern and Grill 5965 Marsh Rd.	Trevor Compton, 7 p.m.	Rush Clement, 8 p.m.	Capitol City DJs, 10 p.m.	Capitol City DJs, 10 p.m.
Waterfront Bar and Grill, 325 City Market Dr.		Alex Mendenall, 8 p.m.		

## Free Will Astrology By Rob Brezsny

Jan. 4-10

ARIES (March 21-April 19): Light, electricity, and magnetism are different expressions of a single phenomenon. Scottish scientist and mathematician James Clerk Maxwell (1831-1879) was the first to formulate a theory to explain that startling fact. One of the cornerstones of his work was a set of 20 equations with 20 unknowns. But a younger scientist named Oliver Heaviside decided this was much too complicated. He recast Maxwell's cumbersome theory in the form of four equations with four unknowns. That became the new standard. In 2017, I believe you Aries will have a knack akin to Heaviside's. You'll see the concise essentials obscured by needless complexity.

You'll extract the shining truths trapped inside messy confusions.

TAURUS (April 20-May 20): "The thornbush is the old obstacle in the road," wrote Franz Kafka. "It must catch fire if you want to go further." Let's analyze this thought, Taurus. If it's to be of maximum use for you in 2017, we will have to develop it further. So here are my questions. Did Kafka mean that you're supposed to wait around passively, hoping the thornbush will somehow catch fire, either through a lucky lightning strike or an act of random vandalism? Or should you, instead, take matters into your own hands — douse the thornbush with gasoline and throw a match into it? Here's another pertinent query: Is the thornbush really so broad and hardy that it blocks the whole road? If not, maybe you could just go around it.

**GEMINI** (May 21-June 20): The fictional character Scott Pilgrim is the hero of Bryan Lee O'Malley's series of graphic novels. He becomes infatuated with a "ninja delivery girl" named Ramona Flowers, but there's a complication. Before he can win her heart, he must defeat all seven of her evil ex-lovers. I'm sure your romantic history has compelled you to deal with equally challenging dilemmas, Gemini. But I suspect you'll get a reprieve from that kind of dark melodrama in 2017. The coming months should be a bright and expansive chapter in your Book of Love.

CANCER (June 21-July 22): The creature known as the short-eared elephant shrew is typically four inches long and weighs a little more than one ounce. And yet it's more genetically similar to elephants than to true shrews. In its home habitat of southern Africa, it's known as the sengi. I propose we regard it as one of your spirit animals in 2017. Its playful place in your life will symbolize the fact that you, too, will have secret connections to big, strong influences; you, too, will have natural links with powerhouses that outwardly don't resemble you.

**LEO** (July 23-Aug. 22): "When I look back, I see my former selves, numerous as the trees," writes Leo poet Chase Twichell. I'm sure that's an experience you've had yourself. Do you find it comforting? Does it feel like being surrounded by old friends who cushion you with nurturing familiarity? Or is it oppressive and claustrophobic? Does it muffle your spontaneity and keep you tethered to the past? I think these are important questions for you to meditate on in 2017. It's time to be very conscious and creative about shaping your relationships with all the people you used to be.

VIRGO (Aug. 23-Sept. 22): "Life experience' does not amount to very much and could be learned from novels alone . . . without any help from life." So said Nobel Prize-winning author Elias Canetti, who was born in Bulgaria, had British citizenship, and wrote in German. Although his idea contradicts conventional wisdom, I am presenting it for your consideration in 2017. You're ready for a massive upgrade in your understanding about the nature of reality — and firsthand "life experience" alone won't be enough to ensure that.

**LIBRA** (Sept. 23-Oct. 22): I am rooting for you to be flagrantly unique in 2017. I vehemently want you to be uninhibited about expressing your deepest, rawest, hottest inclinations. In this spirit, I offer the following four

rallying cries: 1. "Don't be addicted to looking cool, baby!" - my friend Luther. 2. Creative power arises when you conquer your tendency to stay detached. - paraphrased from poet Marianne Moore. 3. If you want to be original, have the courage to be an amateur. - paraphrased from poet Wallace Stevens. 4. "In the beginner's mind there are many possibilities, in the expert's mind there are few." - Zen teacher Shunryu Suzuki.

SCORPIO (Oct. 23-Nov. 21): "There is a desperation for unknown things," wrote poet Charles Wright, "a thirst for endlessness that snakes through our bones." Every one of us has that desperation and thirst from time to time, but no one feels the pull toward perplexing enchantments and eternal riddles more often and more intensely than you Scorpios. And according to my astrological meditations on your life in 2017, you will experience this pull even more often and with greater intensity than ever before. Is that a problem? I don't see why it should be. In fact, it could make you sexier and smarter than ever — especially if you regard it as a golden opportunity to become sexier and smarter than ever.

SAGITTARIUS (Nov. 22-Dec. 21): I hope you will seek out a wide range of intoxicating experiences in 2017. The omens predict it. Fate sanctifies it. I hope you will gracefully barrel your way through the daily whirl with a constant expectation of sly epiphanies, amusing ecstasies, and practical miracles. There has rarely been a time in your life when you've had so much potential to heal old wounds through immersions in uncanny bliss. But please note: The best of these highs will NOT be induced by drugs or alcohol, but rather by natural means like sex, art, dancing, meditation, dreamwork, singing, yoga, lucid perceptions, and vivid conversations.

CAPRICORN (Dec. 22-Jan. 19): I thought of you when I read a tweet by a person who calls himself Vexing Voidsquid. "I feel imbued with a mysterious positive energy," he wrote, "as if thousands of supplicants are worshipping golden statues of me somewhere." Given the astrological omens, I think it's quite possible you will have similar feelings on regular occasions in 2017. I'm not necessarily saying there will literally be golden statues of you in town squares and religious shrines, nor am I guaranteeing that thousands of supplicants will telepathically bathe you in adoration. But who cares how you're imbued with mysterious positive energy as long as you are?

**AQUARIUS** (Jan. 20-Feb. 18): When it's summer in the Northern Hemisphere, the birds known as arctic terns hang out in Greenland and Iceland. Before the chill sets in, they embark on an epic migration to Antarctica, arriving in time for another summer. But when the weather begins to turn too cold there, they head to the far north again. This is their yearly routine. In the course of a lifetime, a single bird may travel as far as 1.25 million miles — the equivalent of three roundtrips to the moon. I propose that you make this creature your spirit animal in 2017, Aquarius. May the arctic tern inspire you to journey as far as necessary to fulfill your personal equivalent of a quest for endless summer.

PISCES (Feb. 19-March 20): In June 1962, three prisoners sneaked out of the Alcatraz Federal Penitentiary, located on an island in San Francisco Bay. Did they succeed in escaping? Did they swim to safety through the frigid water and start new lives abroad? No one knows. Law enforcement officials never found them. Even today, though, the U.S. Marshals Service keeps the case open, and still investigates new evidence when it comes in. Are there comparable enigmas in your own life, Pisces? Events in your past that raised questions you've never been able to solve? In 2017, I bet you will finally get to the bottom of them.

Out on the town

from page 23

#### MUSIC

Stagetime Open Mic. Featured artist Cindy McElroy and Friends. 7-10 p.m. FREE. Sir Pizza Grand Cafe, 201 E. Grand River Ave., Lansing. (517) 484-4825.

## Thursday, January 5 CLASSES AND SEMINARS

(TOPS) Take Off Pounds Sensibly. Weigh-in 5:15 p.m.; meeting 6 p.m. First meeting FREE. Room 207, Haslett Middle School, 1535 Franklin St., Haslett. (517) 927-4307

A Course in Miracles. Group on peace through forgiveness. 7-9 p.m. Unity Spiritual Center of Lansing, 230 S. Holmes St., Lansing. (517) 371-3010, unitylansing.org.

**Celebrate Recovery.** For all hurts and hang-ups. 6 p.m. Donations welcome. Trinity Church (Lansing), 3355 Dunckel Road, Lansing, (517) 492-1866.

Mason Codependents Anonymous. Support group. 7-8 p.m. FREE. Mason First Church of the Nazarene, 415 E. Maple St., Mason.

Preschool Science Explorations: Discover Reptiles. Science education with nature walk and craft. 1-2:30 p.m. \$4. Harris Nature Center, 3998 Van Atta Road, Meridian Township. (517) 349-3866, bit.ly/HNCprg.

#### MUSIC

**12th Night Festival of Carols.** Evening of singing Christmas carols. Dessert reception follows. 7-9

p.m. FREE. Grace Lutheran Church, 528 N. Martin L. King Jr. Blvd., Lansing. (616) 292-1884.

**New Horizons Community Band.** Learn to play an instrument or dust off an old one. 9-11 a.m. MSU Community Music School, 4930 Hagadorn Road, East Lansing. (517) 355-7661, cms.msu.edu.

Open Mic Night on the Michigan Princess. Hosted by Fried Egg Nebula. 9 p.m.-1 a.m. FREE. Michigan Princess Riverboat, 3004 W. Main St., Lansing. (517) 885-8318.

12-Step Meeting. AA/NA/CA all welcome. In room

#### **EVENTS**

209. Noon-1 p.m. FREE. Donations welcome. Cristo Rey Community Center, 1717 N. High St., Lansing. Baby Storytime. Stories and movement. Call to register. 10:30-11:15 a.m. FREE. CADL Foster, 200 N. Foster Ave., Lansing. (517) 485-5185, cadl.org. CADL Family Storytime at Whole Foods Market. Stories, songs and activities for early literacy. 10-10:30 a.m. FREE. Whole Foods Market, 2750 E. Grand River Ave., East Lansing. Capital Area Audubon Society. Little Things I Learned While Photographing Birds by Fai Chan. 7-9 p.m. FREE. Fenner Nature Center, 2020 E. Mount Hope Ave., Lansing. capitalareaaudubon.org. Crafternoon: Paper Snowflakes. Ages 6-13 make crafts. Call to register. 4:30-5:30 p.m. FREE.

**Crafting for a Cause.** All crafters welcome to make items for food bank. 4-5:30 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. grandledge.lib.mi.us.

CADL Mason, 145 W. Ash St., Mason. (517) 676-9088,

**Drop-in LEGO Club.** Ages 4 and up enjoy imaginative play. 3:15-4:30 p.m. FREE. CADL Webberville, 115 S. Main St., Webberville. (517) 521-

See Out on the Town, Page 26

#### FRIDAY, JAN. 6 >> ARTS NIGHT OUT IN OLD TOWN

The Arts Council of Greater Lansing brings its traveling pop-up art festival back to its home base in Old Town this month. The event hops around, visiting different neighborhoods on the first Friday of each month. Local businesses turn into art galleries and performance spaces for the evening. This month's venues include Absolute Gallery, MICA Gallery, Grace Boutique and more. The Arts Council office hosts artist Jessica Kovan, whose multimedia paintings and collages spread messages through color, design and text. 5 p.m. FREE. Old Town, Lansing. Call or see web for participating locations. (517) 372-4636, myartsnightout.com.



For more information www.travel.state.gov or call the Clerk's Office at 323-8500.

Mary R. Clark, Township Clerk, Delta Charter Township

## Out on the town

from page 25

3643, cadl.org.

iPad & iPhone Basics. Learn tips for iPads and iPhones. Call to register. 5-7 p.m. FREE. CADL Holt-Delhi, 2078 Aurelius Road, Holt. (517) 694-9351, cadl. org.



Kids Reading to Dogs. Ages 6-12 practice reading to trained dog. 4-5 p.m. FREE. CADL Haslett, 1590 Franklin St., Haslett. (517) 339-2324, cadl.org. Ladies Silver Blades Figure Skating Club. All skill levels welcome. 9:30-11:20 a.m. \$5 and yearly dues fee. Suburban Ice, 2810 Hannah Blvd., East Lansing. (517) 881-2517, ladiessilverblades.com. Spanish Conversation Group. All levels welcome. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing.

## Friday, January 6 CLASSES AND SEMINARS

**Gentle Yoga.** Relaxing pace class suitable for beginners. 11 a.m.-noon. First class FREE/\$5/\$3 members. Williamston High School, 3939 Vanneter Road, Williamston.



#### **EVENTS**

**Ice Worlds.** Examination of icy ecosystems and ice on other planets. 8-9:30 p.m. \$3-4. Abrams Planetarium, 755 Science Road, East Lansing. ow.ly/S30L307wkTS.

Little Builders. Ages 5 and under play with chunky building sets. 10:30-11:15 a.m. FREE. CADL South Lansing, 3500 S. Cedar St., Lansing. (517) 272-9840. Minecraft Game Night. Ages 8-15 game together. Call to register. 6:15-7:30 p.m. FREE. CADL Mason, 145 W. Ash St., Mason. (517) 676-9088.

Video Game Night. Ages 8-18 game tournamentstyle. Call to register. 5-7 p.m. FREE. CADL Holt-Delhi, 2078 Aurelius Road, Holt. (517) 694-9351.

## Saturday, January 7 CLASSES AND SEMINARS

Reiki One Training. Learn to administer spiritual healing technique. 10 a.m.-3 p.m. \$50. Willow Stick Ceremonies, 1515 W. Mt. Hope Ave., Suite 3, Lansing. (517) 402-6727, willowstickceremonies.com.

#### MUSIC

**Dvorak Cello Concerto.** Performance of Cello Concerto. 8-10 p.m. \$20-\$50. Wharton Center for Performing Arts, 750 E. Shaw Lane, East Lansing. (517) 487-5001, lansingsymphony.org.

**Kate Kooser and Gus Moon.** American Roots music. 7 p.m. \$15 suggested donation. Pump House, 368 Orchard St., East Lansing.

#### **EVENTS**

CoderDojo. Ages 7-17 learn to code websites, apps and more. Call to register. 2-3:30 p.m. FREE. CADL Haslett, 1590 Franklin St. Haslett. (517) 339-2324. Lansing Bridal Show. Two-day show with vendors and special deals. Noon-4 p.m. \$7/\$10 VIP tickets. University Club MSU, 3435 Forest Road, Lansing. (269) 870-0934, lansingbridalshow.com.

Minecraft Game Night. Game with fellow Minecrafters. Call to register. 6-7 p.m. FREE. CADL South Lansing, 3500 S. Cedar St., Lansing. (517) 272-9840. cadl.org.

**Spartan Young Astronomers Club.** For kids ages 8-12 who love learning about astronomy. 10 a.m.-noon. \$3. Memberships available. Abrams Planetarium, 755 Science Road, East Lansing. (517) 355-4676

**Speed Friending.** Meet friends and play Cards Against Humanity. For ages 18 and up. 6-9 p.m. \$5. Lansing City Market, 325 City Market Drive, Lansing. (517) 483-7460, ow.ly/Gj8b307lpLY.

#### ARTS

Family Day: Transformation. Explore how art can transform spaces, places and people. 11 a.m.-3 p.m. FREE. Eli and Edythe Broad Art Museum,

See Out on the Town, Page 27



## Out on the town

#### from page 26

547 E. Circle Drive, East Lansing. (517) 884-4800, broadmuseum.msu.edu.

#### Sunday, January 8 **CLASSES AND SEMINARS**

Charlotte Yoga Club. Beginner to intermediate. 11 a.m.-12:15 p.m. \$5 annually. AL!VE, 800 W. Lawrence, Charlotte. (517) 285-0138, charlotteyoga.net. Juggling. Learn how to juggle. From 2 to 4 p.m.

FREE. Orchard Street Pumphouse, 368 Orchard St., East Lansing. (517) 371-5119. Kendo Martial Art Class. Martial arts practice

group. 10-11:30 a.m. \$5. Westside Community YMCA, 3700 Old Lansing Road, Lansing. (269) 425-6677, koyokai.wordpress.com/about.

#### MUSIC

Acoustic Lunch: Nathan Bell. Bring lunch to hear American roots music. 12:30-1:30 p.m. FREE. Eli and Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. (517) 884-4800, broadmuseum.msu.edu.

#### **EVENTS**

Game of Thrones Trivia Night. Live music to follow. 6-9 p.m. \$10 per team. Michigan Princess Riverboat, 3004 W. Main St., Lansing. (517) 885-8318. One World One Sky. Big Bird and Elmo take imaginary trip to the moon. 2-3:30 p.m. \$3-4. Abrams Planetarium, 755 Science Road, East Lansing. (517) 355-4676.

Lansing Bridal Show. Two-day show with vendors and special deals, Noon-4 p.m. \$7/\$10 VIP tickets. University Club MSU, 3435 Forest Road, Lansing. (269) 870-0934, lansingbridalshow.com.

Opening for Diane Harte and Virginia Artis.

#### SATURDAY, JAN. 7 >> SPEED FRIENDING AT THE LANSING CITY MARKET

Forget romance — everybody needs friends. The Lansing City Market aims to set people up platonically Saturday with its Speed Friending event. Every 10 minutes, groups of three to five people are thrown together to answer a list of questions in order to get to know each other. Following the fast friending, attendees play a game of Cards Against Humanity, the "party game for horrible people." The event is for ages 18 and above, and there is a cash bar. 6-9 p.m. \$5. Lansing City Market, 325 City Market Drive, Lansing. (517) 483-7460, lansingcitymarket.com/events.

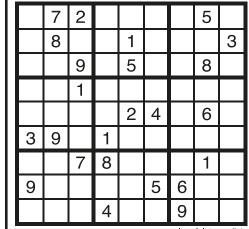
#### JAN. 7-8 >> LANSING BRIDAL SHOW

Wedding planning season is in full swing, and over 80 vendors at the winter Lansing Bridal Show are here to help brides and grooms find the perfect DJs, photographers, caterers, outfits, venues and more. Each vendor in the show is giving away door prizes, with over \$10,000 in prizes available. Noon- 4 p.m. \$7/\$10 for 11 a.m. early admission. University Club of MSU, 3435 Forest Road, Lansing. (517) 709-2026, lansingbridalshow.com.

#### SATURDAY, JAN. 7 >> GUS MOON AND KATE KOOSER AT PUMP HOUSE CONCERTS

Two Midwest-based American roots rising stars play a show at the intimate Pump House venue in East Lansing Saturday. Gus Moon, from Indiana, writes songs that draw from personal experience and straddle the line between dark and light. Cleveland-based Kate Kooser originally studied jazz and works as a voice instructor, performing at venues around Ohio and the Midwest. 7-10 p.m. \$15 suggested donation. Pump House, 368 Orchard St., East Lansing. facebook.com/pumphouseconcerts.

SUDOKU INTERMEDIATE



#### **TO PLAY**

Fill in the grid so that every row, column, and outlined 3-by-3 box contains the numbers 1 through 9 exactly once. No guessing is required. The solution is unique.

Answers on page 28

Plein Aire works shown. 3-5 p.m. FREE. EagleMonk Pub & Brewery, 4906 W. Mount Hope Highway, Lansing. (517) 708-7350, eaglemonkbrewing.com. Images of Near and Far. Artist reception for photography of Rebecca Jane Case. 2-4 p.m. FREE. Bookend Gallery in the Haslett Library, 1590 Franklin

Lezlee Worthington's Story Totems. Opening Reception and Retirement Party. 1-3 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East

Lansing. (517) 351-2420, elpl.org.

#### Monday, January 9 **CLASSES AND SEMINARS**

Gentle Yoga. Relaxing pace class suitable for beginners. 11 a.m.-noon. First class FREE/\$5/\$3 members. Williamston High School, 3939 Vanneter

See Out on the Town, Page 28

#### **Jonesin' Crossword**

By Matt Jones

"The Best of 2016" yes, there were some things. Matt Jones

#### Across

1 Hairless on top 5 Had in mind 10 Backstage access 14 Lyft competitor 15 Tree with chocolate-yielding seeds 16 "At Last" singer James

17 Red gemstone 18 Singer whose "Blonde" was Esquire's #1 album of 2016

20 Late Jeopardy! contestant Cindy with an inspiring six-day streak (despite treatment for Stage 4 cancer and running a fever during taping)

22 Cries of exasperation

23 Clubber Lang portrayer in "Rocky III" 24 Shrewd 25 2016 animated movie with a 98% freshness rating on

**Rotten Tomatoes** (Peruvian 27 EI volcano) 29 Furniture wood

30 Puts on, as clothes 31 One way to find out 32 Founder of analytical psychology

34 "Spy vs. Spy" magazine 36 With 38-Across, 2016 headline that ended a 108-year

streak 38 See 36-Across 42 LBJ's VP

43 Self-defense system with throws 44 "Westworld" airer

45 Beverage brand whose logo is two lizards

48 Dandified dude 49 Copier paper

orders

51 Newfound planet similar in mass to Down Earth (from National 1 They may get stuck Geographic's "6 Scito hikers' socks

ence Discoveries Worth Celebrating in 2016") 54 "S" on the dinner

table 55 "Inside Schumer"

56 "Blueberries for '(Robert McCloskey kids' book) 57 Donald Glover dramedy called "the best show of the year" by the New York Times 60 What Bertrand Piccard flew around the world using clean technology (one of BBC's "Four good things that happened in 2016") 63 Mascara ruiner,

maybe 64 "A horse is a horse" horse 65 "SNL" producer

Michaels 66 Former Montreal ballplayer 67 Cong. gathering

68 Key near the quote marks 69 Goulash, e.g.

2 Lie adjacent to 3 Movie millionaire sought by a samelast-named "Dude" 4 Deadpan style of humor 5 "Back to the Future" hero Marty 6 "My Name Is (Jason Lee sitcom) 7 Obamacare acronym of the North" (1922 silent documen-

tary) 9 2020 Summer Olympics city 10 Chest muscle. slangily 11 "Resume speed," to a musician

12 Be the headliner of 13 Seasonal mall figures 19 East, to Ernst 21 Actor Wood of

"Dirk Gently's Holistic Detective Agency' 25 Follow a jagged path

26 Bookie's calculations

27 Cheese's partner 28 "Kinda" suffix 29 Yoko who loved John Lennon

33 "I'm not touching that!' 34 Pretend pie ingre-

dient 35 Opposite the

mouth, in biology 37 Party mix cereal 38 Coffee holder

39 "And then ...?" 40 Watson's creator 41 Head-shaking

43 "You had one

replies

45 Hiccups, e.g. 46 At least

47 Actor Peter and singer Susan, for two 48 Jokey Jimmy

50 Cheers up 52 Jerusalem's home: abbr.

53 Syrup flavor 54 Take the wheel 57 A Brontl sister 58 Record, in a way 59 Get your ducks

61 Freemium game interrupters, perhaps 62 Curator's can-

vases

©2016 Jonesin' Crosswords ● For answers to this puzzle, call: 1-900-226-2800, 99 cents per minute. Must be 18+, Or to bill to **Answers Page 28** 

## Out on the town

from page 27

Road, Williamston.

A Course in Love. Weekly group dedicated to the study of the spiritual pyschology. 1-2 p.m. Unity Spiritual Center of Lansing, 230 S. Holmes St., Lansing. (517) 371-3010, unitylansing.org.

Marketing Mondays. Discussion on streamlining

marketing. Call to register. Noon-1 p.m. FREE. Small Business Development Center, 309 N. Washington Square, Suite 110. Lansing. (517) 483-1921, ow.ly/ wu883078vII.

#### LITERATURE AND POETRY

Graphic Novel Writing Club. Ages 12 and up bring own supplies to make a graphic novel. 4-6 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

New Horizons Community Band. Learn to play an instrument or dust off an old one. 9-11 a.m. MSU Community Music School, 4930 Hagadorn Road, East Lansing, (517) 355-7661, cms.msu.edu.

2017 Memory Jar. Ages 12 and up make craft. Materials provided. Register online. 6-7 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org/register.

**BabyTime**. Ages 0-2 and caretaker experience rhymes and finger plays. 10:30-11 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Better Living Book Club. "Dewey" by Vicki Myron. 7 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org. French Club. Practice listening to and speaking French. All skill levels welcome. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Monday Movie Matinee. Screening of "Sully." 1 p.m. FREE. East Lansing Public Library, 950 Abbot Road East, Lansing. (517) 351-2420, elpl.org. Social Bridge. Come play bridge and meet new people. No partner needed. 1-4 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road,

#### Lansing (517) 484-5600. **Tuesday, January 10 CLASSES AND SEMINARS**

AcuWellness Education & Session. Group session with education and receiving treatment. 6:30-8 p.m. Donations welcome. Willow Stick Ceremonies, 1515 W. Mt. Hope Ave., Suite 3, Lansing. (517) 402-6727 willowstickceremonies com

Capital Area Crisis Rugby Practice. All levels welcome. 7-8 p.m. \$3. Gier Community Center, 2400 Hall St., Lansing. crisisrfc.com.

Capital City Toastmasters Meeting. Public speaking and leadership. 7 p.m. FREE to visitors. CADL Downtown Lansing, 401 S. Capitol Ave., Lansing. (517) 775-2697, 639.toastmastersclubs.org. H.E.R.O Basic Drywall Framing. Hands-on class. 6-8 p.m. FREE. Greater Lansing Housing Coalition, 600 W. Maple St., Lansing. (517) 372-5980, glhc.org. Starting a Business. Workshop on costs, business planning and more. Call to register. 9-11 a.m. FREE. Small Business Development Center, 309 N. Washington Square, Suite 110, Lansing. (517) 483-1921, ow.ly/nud7306GCI5.

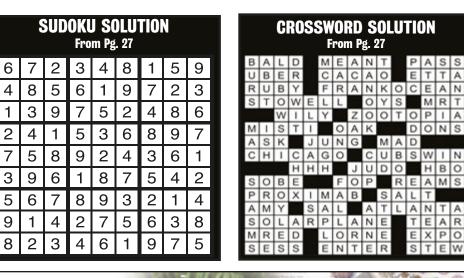
Take Off Pounds Sensibly. Have a support system, lose weight. Wheelchair accessible. 6 p.m. FREE first visit. St. Therese Church, 102 W. Randolph St., Lansing. tops.org.

Yawn Patrol Toastmasters. Hone speaking and leadership skills. Visit website for schedule. 7-8:30 a.m. FREE for visitors. MICA Gallery, 1210 N. Turner St., Lansing. yawnpatrol.com.

#### LITERATURE AND POETRY

Books on Tap Book Group. "The Visitant" by Kathleen O'Neal Gear and W. Michael Gear. 6:30 p.m. FREE. Jimmy's Pub, 16804 Chandler Road, East Lansing. (517) 351-2420, elpl.org.

See Out on the Town, Page 29



# Neck

The MSU Center for Orthopedic Research is conducting a series of research studies to understand the mechanisms of manual medicine in treating pain.

#### Who can participate?

- Those with neck pain.
- Those with low back pain.
- Those who have not had spinal surgery.
- All participants must be between the ages of 21 and 65.

Participants will be compensated and receive up to 4 treatments of manual medicine.

Interested? Call, email, or visit our website

(517) 975-3301 | msucor@msu.edu | orthopedicresearch.msu.edu







#### Locally owned independent drug stores.

- Central Pharmacy offers fast friendly service from our staff that appreciates your business.
- Central Pharmacies offer Free Home Delivery, custom packaging, a Medication Sync Program, a complete Medication Management Program as well as a complete OTC selection.
- At Central Pharmacy, we take the time to deliver a higher level of personal service where our staff works to help you and your loved ones to live better. We know you by name, not just your medication.
- Central Pharmacy, where you are our CENTRAL FOCUS.

1001 E Mt Hope Ave, Lansing (517) 316-0711 3340 E Lake Lansing Road, East Lansing (517) 580-4216 Hours: 9-6 M-F; 9-2 Sat; closed Sunday



www.ThePlantProfessionals.com 517.327.1059



- Fresh Floral
- Garden Services
- Interior Plantscaping

Design, Implementation, Service For a Beautiful New Year





Courtesy Photo

The first-floor retail section of East Town, a mixed-use development project slated to open this year, will be anchored by Strange Matter Coffee Co., which will add a scratch backery, and gastropub Rajje's Taphouse.

#### By ALLAN I. ROSS

Looking ahead at some of the new businesses coming to Lansing in 2017, we see a trend toward upscale dining, with at least three new restaurants coming that put an emphasis on chef-driven cuisine. But let's start with the way most people start their day — with coffee.

Kavana Nitro Coffee House is set to open in down-town Lansing this spring, featuring locally roasted beans from Old Town's Rust Belt Roastery. Kavana will feature five coffee taps serving nitro-infused coffee, similar in look and texture to a stout beer, like Guinness. There will also be a sixth tap for cold-brewed black tea. Owner/operator Igor Jurkovic is still finalizing the location, but it will be within walking distance of downtown Lansing.

Another downtown Lansing newcomer, **EnVie**, will have a scratch kitchen, featuring house-made sauces and hand-made pasta. It won't be a French restaurant per se, but the menu, heavily influenced by French cuisine, includes traditional dishes such as duck à l'orange and coq au vin. When it opens later this month at 210 S. Washington Square, EnVie will have a 20-item menu that will be in place from breakfast to early evening, as well as grab-and-go salads, sandwiches and soups. The beverage menu will be focused on high-end wines and craft cocktails made with handmade syrups, grenadines and mixers.

"There's a certain romance to French culture that Americans just seem to connect with," said co-owner/

operator Lance Davis. "If we can capture a little bit of that, I think we'll do alright."

The downtown Lansing version of a popular West Michigan hotspot, Kalamazoo Beer Exchange, will move into the second floor of the Hurd Building, 234 S. Washington Square. The **Lansing Beer Exchange** will keep the original location's signature concept: fluctuating beer prices on a giant stock market board that will have nightly "crashes." When the \$1.5 million renovation is completed sometime this spring, the space will feature a 150-seat, 6,500-square-foot dining room, a 3,500-square-foot rooftop patio, two fireplaces, a bocce ball court made with real grass and an open kitchen.

"Lansing is going to blow up soon, I can feel it in my bones," said owner/operator Jim Flora. "I really think (this concept) is going to fit in perfectly with what's there now, and bring lots more people back downtown."

Ruckus Ramen, which got its start as a pop-up restaurant experiment last year, will become the full-time kitchen at the Avenue Café, 2021 E. Michigan Ave. in Lansing's Eastside Neighborhood. The Tuesday-through-Saturday dinner menu will offer traditional Japanese soup dishes, salads and dumplings, all sourced with local ingredients and tweaked to appeal to American palates. The same neighborhood will also get in on the barbecue trend this spring with the projected opening of Red's Smokehouse Burgers & BBQ, 1619 E. Kalamazoo St. The new

1,200-square-foot restaurant will have a state-of-the-art kitchen, a small dining area, a deli and a takeout counter.

But the big news in Lansing's Eastside Neighborhood this year will be the construction of **East Town**, a \$6 million mixed-use development project taking over the south 2000 block of East Michigan Avenue, including the former site of Emil's Restaurant. Two businesses have already committed to anchoring the ground floor retail space. Cara Nadar will move her café, **Strange Matter Coffee Co.**, across the street into the new construction when it opens sometime this summer. Last year, she crowdsourced over \$40,000 to launch a scratch bakery inside the new space.

And **Rajje's Taphouse**, a creative/eclectic eatery, will include a few design flourishes from Emil's, including the elephant head brass rails from the bar and some wall art. Rajje's will be a 110-seat restaurant with outdoor seating, gastropub fare and a bar with 22 taps.

REO Town will continue its growth as well, with some new drinking and dining spots on the way. **Sleepwalker Spirits & Ale**, coming this spring to 1101 S. Washington Ave., will feature the 2-year-old microbrewery's signature brews and a deli counter. The space will seat about 50 people. Down the street, restaurateur Jeff Oade will spend much of 2017 renovating 1210 S. Washington Ave. — formerly the dive bar Oade's Hidden Camel — into an upscale restaurant, the **Rusty Nail**. And a food truck court is set to open this spring in the parking lot of Riverview Church, 1115 S. Washington Ave., featuring some new additions to the mobile dining scene.

The business anchoring the city's other food court, up in Old Town, is slated to open this year. **Replay Barcade**, 526 E. Grand River Ave., will be the sixth iteration of Ted Wilson's 10-year-old used video game/ DVD/vinyl resale store. He plans to add a performance stage and "nano brewery" to the space, as well as seating space for the food truck patrons.

Closer to campus is **Green Dot Stables**, specializing in craft beer and gourmet slider burgers. It will be the second North American location for a concept that started in Detroit's historic Corktown neighborhood. It takes over the 12,000-square-foot building at 410 S. Clippert St. in Lansing Township that was formerly home to the Whiskey Barrel Saloon. In East Lansing, **Lotsa Stone Fired Pizza** will take over the former home of American Apparel early this year. The fast-casual pizza chain is an assembly-line style eatery, similar to Chipotle or Subway. And near Frandor, the Potent Potables Project restaurant group is poised to unveil **Punk Taco**, a Mexican restaurant/carry-out eatery, sometime in 2017.

(Two other projects — one in the Heights at Eastwood, and one in Old Town — are also in the proverbial hopper. I'll tell you about the Old Town one next week.)

And those are just the things we know about. If we learned anything from 2016, it's that anything can happen anytime here in the capital city. Stay tuned.

## Out on the town

#### from page 28

#### MUSIC

**Jazz Tuesdays at Moriarty's.** 7-10 p.m. FREE. Moriarty's Pub, 802 E. Michigan Ave., Lansing. (517) 485-5287.

#### **EVENTS**

12-Step Meeting. AA/NA/CA all welcome. In room 209. Noon-1 p.m. FREE. Donations welcome. Cristo Rey Community Center, 1717 N. High St., Lansing. Digital Storytime. Ages up to 6 learn early digital literacy skills. 1-2 p.m. FREE. CADL Dansville, 1379 E. Mason St., Dansville. (517) 623-6511, elpl.org. LCC West Toastmasters. Public speaking group. 5-6:30 p.m. LCC West Campus, 5708 Cornerstone Drive, Lansing. (517) 483-1314, Iccwest. toastmastersclubs.org.

Lansing Area Codependents Anonymous. 5:45

p.m. FREE. Everybody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 515-5559, coda.org. Reminisce: Author Tina Lonski. Author shares stories about growing up in Michigan. 2-3 p.m. FREE. CADL Aurelius, 1939 S. Aurelius Road, Mason. STEM Night. Ages 10-14 explore circuits and electricity. Call to register. 6-7 p.m. FREE. CADL Leslie, 201 Pennsylvania St., Leslie. (517) 589-9400. ToddlerTime. Active storytime. 10:30-11 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

#### **THEATER**

**Beautiful: The Carol King Musical.** Story of songwriting star. 7:30 p.m. Tickets from \$41. Wharton Center, 750 E. Shaw Lane, East Lansing. (517) 432-2000, whartoncenter.com.

## Wednesday, January 11 CLASSES AND SEMINARS

**Gentle Yoga.** Relaxing pace class suitable for beginners. 11 a.m.-noon. First class FREE/\$5/\$3

members. Williamston High School, 3939 Vanneter Road, Williamston.

**Mindfulness.** Meditation for beginners and experienced. 7-9 p.m. FREE. Donations welcome. Van Hanh Temple, 3015 S. Washington Ave., Lansing. (517) 420-5820, ow.ly/CIHU305nMqx.

#### LITERATURE AND POETRY

**MSU Creative Writing Center Group.** All types of creative writers encouraged to attend. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

#### **EVENTS**

#### CADL Meridian Senior Center Computer

**Group.** Computer care, internet, smartphones and digital downloads. 1-2:30 p.m. FREE. Meridian Senior Center, 4406 Okemos Road, Okemos.

**Pokemon Club.** Ages 8-15 trade or battle cards, plus movies and snack. 3:45-4:45 p.m. FREE. CADL Williamston, 201 School St., Williamston. (517) 655-1191, cadl.org.

Read to Scout. Ages 6-18 read to therapy dog. 3-4

p.m. FREE. CADL Leslie, 201 Pennsylvania St., Leslie. (517) 589-9400, cadl.org.

Allen Market Place — Indoor Season. Locally grown, baked and prepared foods. 3-6:30 p.m. FREE. Allen Farmers Market, 1629 E. Kalamazoo St., Lansing. (517) 999-3911, ow.ly/Bol1303O4VE.
Alcoholics Anonymous. A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215. ICACS Whisker Wednesday. Pet adoptions. All animals spayed/neutered, vaccinated and microchipped. Noon-6 p.m. Ingham County Animal Control, 600 Curtis St., Mason. (517) 676-8370. Practice Your English. Practice listening to and speaking English. All levels welcome. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

#### **THEATER**

**Beautiful: The Carol King Musical.** Story of songwriting star. 7:30 p.m. Tickets from \$41. Wharton Center, 750 E. Shaw Lane, East Lansing. (517) 432-2000, whartoncenter.com.

## Pop the Champagne

# Looking for wines to help you keep your new year's resolutions By JUSTIN KING

Gyms all over Greater Lansing are packed right now.

If you're the new year's resolution type, do your best to assimilate to gym protocol, and be aware that your presence is throwing off the habits of others who are very important in keeping your gym afloat.

And if you're one of the regulars, have a little empathy. Find it in your heart to be cool with the onslaught of new gym members who strive to be like you — at least for the next month or so.

Empathy in 2017 is so hot. And while new year's resolutions aren't exactly a new trend, it helps to have focus, or defined variables that can lead you to your promised land. So let's take a look at some wines that can help you stick to your goals.

For anyone counting calories in 2017, good news: You don't need to give up on wine. But you may need to make some changes in your wine shelf. Calories in wine primarily come from alcohol and sugar, in that order.

The best wines for waist-watchers are low-alcohol wines that are not too sweet.



acebook page or keystocreativity.net

Cooler climates tend to produce lower alcohol wine, because the lower temperatures mean that the grapes don't ripen as much through the season, thus there are not as many sugars in the grapes when they are picked at harvest. This means that there are less sugars to convert to alcohol in fermentation.

German rieslings are great example of this. Contrary to popular belief, not all riesling is sweet. But if Deutschland's favorite aromatic grape isn't your thing, check out chardonnay from Chablis.

Chablis is a small region in France, about a two-hour drive southeast of Paris. Almost every important wine made there is made from chardonnay grapes.

Chablis is totally different from the butter bombs of California (unless you're drinking Grand Cru Chablis, the top-level stuff that has insane elegance stuffed into a higher alcohol and more heavily oaked style). Stick with the everyday value Chablis, like William Fèvre's 2014 Chablis for about \$16. It's a wine defined by graceful, tart apricot and green apple flavors against some lip-smacking minerality. It's a tried-and-true wine pairing for any shellfish lover.

For those who made the new year's resolution to spend less but don't want to lose access to killer wines packed with flavor, there are myriad options for you. There are oceans of inexpensive Spanish wine on the market right now, driven by the workhorse garnacha tinta grape, aka grenache in France.

The average \$15 garnacha is not a graceful wine, but it's not meant to be. Most Spanish garnacha comes from the northern part of the country, and it exudes pepper and licorice spice notes, herbal tobacco-like flavors and ripe cherries, strawberries, and raspberries.

Bodegas Borsao's 2013 Tres Picos garnacha is probably the most widely available garnacha in the Michigan marketplace that provides full-flavored wine for a low price. It's a failsafe crowdpleasing bottle for sloppy nights of pizza and burgers. And it shouldn't cost more than \$17

Another popular new year's resolution





Justin King/City Pulse

Celebrate the new year with a bottle of A. Margaine's Premier Cru Le Brut, one of Justin King's favorite Champagnes from 2016.

is to stop smoking. Wait — what does this have to do with wine?

It's undeniable how directly responsible Big Tobacco has been in the declining health of millions of Americans, and Philip Morris played a big part in this global ruse. When you're in the news because your products kill people, you diversify and change your name.

Philip Morris USA was renamed Altria in 2003, and Altria sells wine. A lot of it. Altria's wine holdings are all under the umbrella of Chateau Ste. Michelle Wine Estates.

If you're not keen on supporting Big Tobacco shareholders and executives, don't buy these brands: Chateau Ste. Michelle, 14 Hands, Erath, Columbia Crest, Villa Maria and oh, about 30 others.

I understand the dilemma. Many Altria-owned estates make delicious wines are on the forefront of modernizations and efficiencies that benefit the wine industry. Columbia Crest has long been a dependable winery, making stellar product at a great price. But if you have a bone to pick with the tobacco industry, this is what not to drink.

Personally, I have two big resolutions for 2017: Hit the gym and pop more Champagne bottles.

A. Margaine's Premier Cru Le Brut is delicious and worth the extra cash. Mostly chardonnay with a sliver of pinot noir, this is pure Champagne elegance. Le Brut is layered in expressive nectarine, pear, honey and a hint-of-saline minerality. For about \$55, it's an item for a special night, perhaps. But out of more than 60 sparkling wines I tried in 2016, this was my favorite for the money.

Justin King is a certified sommelier and owner of Bridge Street Social, a wine and cocktails-focused restaurant in De-Witt, where Champagne is poured every day the doors are open.

## **End of the Colonial era**

## South Lansing bar closes unexpectedly after 51 years

By ALLAN I. ROSS

The new year started bitterly for patrons of South Lansing's Colonial Bar & Grille. The 51-year-old restaurant abruptly closed for good Sunday, announced by a sign posted in the front window of the bar at 3425 S. Martin Luther King Jr. Blvd. The message was also posted on the bar's Facebook page, but the page has since been removed from the site.

"After 51 years of business we are closing our doors," the announcement read. "We have enjoyed being part of your lives. Thank you for your patronage and friendship. With gratitude, John & family."

Owner/operator John Kobus was there for the bar's final night, New Years Eve, which he called "bittersweet." He said his biggest regret about the decision to close is not warning employees or longtime customers beforehand.

"I've been thinking about getting out for a while, but I only made the decision last Wednesday, when the insurance was due," Kobus said. "And in this business, you really can't let anyone know. I feel terrible, because we had a lot of loyal customers who were like family. A dysfunctional family, maybe, but this really was a second home for many of them."

Kobus' father bought the business in 1965 when it was called the Cotton Club and was positioned near the corner of Martin Luther King Boulevard and Holmes Road. In 1975, that building was leveled and then rebuilt in its current location, a bit farther back on the property, away from the intersection. Kobus, 60, started working there when he was 18.

"I've been doing this for over 40 years, and I felt like I needed to do something else," Kobus said. "I've been busy helping (my wife and daughter) out with their business, which kept me away from the bar. And with a bar, you really need to be there every day."

For the last few years, Kobus has helped his wife, Wendy Kobus, and his daughter, Kelly Toland, with their East Lansing-based bakery, Le Bon Macaron, which makes authentic French pastries. It has a second location in Grand Rapids, and Kobus said they're eyeing a third location in that city, which would require a move there. For now, though, he's focused on selling the Colonial building and property to either a developer or an aspiring restaurateur who can make it their own. The 3,700-square-foot building is listed for \$849,000, which includes furniture, fixtures and equipment and a Class C liquor license.

"Ît's still a viable business, but it needs someone with passion and some good ideas," Kobus said. "One of the things we should have done is put more of an emphasis on the food. We didn't make an effort to change with the times."

# Toon for Two — Zaytoon Mediterranean

After a month of turkey, pumpkin pie,



Christmas cookies, beef tenderloin, gingerbread and my other holiday favorites, my husband and I needed something different to sink our teeth into. And we knew just what we needed — our

favorite Toon for Two from Zaytoon Mediterranean. The Toon, as we affectionately call it, offers hearty portions of many of our favorite Middle Eastern foods, and it always leaves us with enough leftovers for at least one lunch. Let me walk you

#### Zaytoon Mediterranean

11 a.m.-8 p.m. Monday-Saturday (two locations) 940 Elmwood Road, Lansing (517) 203-5728 1979 Aurelius Road, Holt (517) 906-6402 zaytoonlansing.com through our most recent platter.

The bottom of the tray is lined with rice with vermicelli noodles, a Middle Eastern standby and a perfect, slightly buttery, carby complement to every-

thing on top of it. On the top layer, chicken shawarma — spiced, chopped, ever so slightly crisped chicken — is nestled next to grilled strips of bell peppers. Then a

chicken kabob, grilled white meat chicken, competes for space with a grilled beef kabob, cooked to your preferred level of doneness. There's also shish kafta, tubeshaped rounded patties of ground beef, char-grilled to perfection. Stuffed grape leaves, falafel, and fried kibbe round out the platter (and my figure.)

My favorite thing to do is tear off a piece of pita bread, liberally smear it with the deliciously pungent and bracing garlic sauce and top it with a bit of rice and chicken shawarma. We always start our Toon for Two with the lemony and acidic



lentil soup, sopped up with the pillowy fresh bread (available when you dine in or for takeout on request.) After a season of such decadence, healthy eating is easy when it is so fantastically satisfying.

- GABRIELLE JOHNSON LAWRENCE

## What's your favorite dish/drink?

Do you have a go-to dish or drink at your favorite local restaurant? We want to know about it. Email your favorite dish/drink and a short explanation about why you love it to food@lansingcity-pulse.com, and it may be featured in a future issue. If possible, please send a photo along with your description — a nice smartphone photo is fine. Cheers!







# fast food, cooked slow.

940 Elmwood Rd, Lansing (517) 203-5728 zaytoonlansing.com Zaytoon f

1979 Aurelius Rd, Holt (517) 906-6402 zaytoonholt.com



Want your Appetizer listed? Contact Suzi Smith at (517) 999-6704

PAID ADVERTISEMENT

Zaytoon MEDITERRANEAN **Zaytoon Mediterranean** 1979 Aurelius Rd. Holt (517) 906-6402 zaytoonholt.com Zaytoon eat good, feel good, toon on! Home of Authentic Chicken Shawarma! We offer an extensive Vegan and gluten free menu as well as traditional meat favorites. Zaytoon is a fast-casual restaurant, making us the HEALTHY alternative to fast-food! Open Monday-Saturday 11am-8pm. Catering Available.

**Midtown Brewing Company** is your source for premium quality handcrafted beer. Our locally owned brewery uses neighborhood goods and food. With 45 local Michigan beers on tap, 8 of them our own brand, our beers complement all of our meals, adding that local flavor you love.



Hot Chicken Kitchen

123 S. Washington Square, Lansing (517) 203-5176 hcknashvillestyle.com Hours: 11 a.m.-7 p.m. daily Nashville's flavors are Rockin' the nation, this unique take on fried chicken has become an phenomenon. Amazing southern sides include; sweet potato casserole, mac & cheese, green beans and more. Experience what all the talk is about and get ready to eat some serious heat! Locally owned.



**Midtown Brewing Co.** 402 S. Washington Square Downtown Lansing (517) 977-1349

midtownbrewingco.com

# THE A PULSIFIEDS BACKPAGE CLASSIFIEDS

#### R. Knott Services LAWN • LANDSCAPE • SNOW

- · Residential snow removal & salting
- FREE estimates

Call (517) 993-2052 (517) 694-7502

Dependable Services Since 1986

#### **BLAINE TRASH REMOVAL**

Full Service House & Garage Cleanouts Tree & Brush Removal. Yard Cleanups. Home or Business. Insured. Call Jay 517-980-0468

#### RESIDENTIAL SNOW REMOVAL

30 years experience. Reasonable. (517) 528-7870. Ask for Dave.

#### **AD DEADLINE**

MONDAYS AT NOON PHONE 999-6704

EMAIL SUZI@LANSINGCITYPULSE.COM

#### HOME FOR RENT - EAST LANSING/MSU Available now through July 15!

338 M.A.C. Ave. Walk to downtown/MSU. Lg. 3 bdrm., hardwood floors, full bsmt., appliances, covered front porch. Lic. for 3, incl. 3 parking spots \$1200/mo + utilities except trash. Ray 517-285-0900

Education: The Michigan State University Office of Admissions seeks qualified candidates for the following full time position: International Admissions Counselor (East Lansing, MI). Interview and counsel prospective international students from China and parents to ascertain qualifications and provide academic program and admissions program information; review international applications for admissions from prospective Chinese students to determine academic eligibility for acceptance to the University; correspond with and visit secondary schools and community colleges. Qualified candidates will possess Bachelor's Degree in Management, Business, Education or related + 1 year exp as International Officer or related position counseling students or prospective students on issues related to overseas study and education. Must be fluent in Chinese. Must have exp counseling Chinese students; must have exp reviewing Chinese academic application materials including transcripts. Must be willing to travel domestically and internationally up to 15%. To apply for this posting, please go to www. jobs.msu.edu and search for posting number 4615. MSU is committed to achieving excellence through cultural diversity. The university actively encourages applications and/or nominations from women, persons of color, veterans and persons with disabilities. MSU is an affirmative action, equal opportunity employer

#### NOW HIRING MMP CAREGIVERS

Retail/healthcare experience preferred. Please drop resume at 2521 S. Cedar St., Lansing, MI 48910



Want your dispensary listed? Contact Liza at (517) 999-5064

ADVERTISEMENT **Capital Dank** 

1202 S. Washington Ave., Lansing (517) 657-7885 Hours-11 a.m.-10 p.m. daily

Lansing's #1 Premium Medical Provisioning Center, Capital Dank is a medical marijuana dispensary with an enormous selection of high quality strains, concentrates, and infused products. We offer safe, well-appointed environments in which certified patients can get quality medical marijuana.



### Hours- Noon-10 p.m. daily

(517) 618-9544

Lansing

**CBD Gardens** 

6070 Martin Luther King Blvd.

Cannaisseur 3200 N. Fast St., Lansing (517) 580-6702 Hours-

Mon-Sat: 10.am. to 9 p.m. Sun: 10am-6pm

Our mission at Cannaisseur is to provide MMMP patients with a safe, secure location to obtain high quality cannabis and cannabis products at a fair price from a compassionate, professional knowledgeable staff. We strive to make your experience great! Stop by today. All new patients receive a free strain specific preroll!

Here at Kola, we have the highest quality, lab tested

bettering the industry and community through excellent quality

control, great service and education. You can expect an open, safe

facility with professional, knowledgeable and friendly staff - stop

meds obtainable. We strive to continually raise the bar,

by and let us show you what we have to offer.

An OK place with mediocre staff! Mention this ad and

we might give you a free gram :)

Check us out on Instagram: @cbdgardens

NATURE'S

#### **Nature's Alternative**

2521 S. Cedar St., Lansing (517) 253-7290 Hours-

Mon-Sat: 11.am. to 8 p.m. Sun: Noon-5 p.m.

Our mission at Nature's Alternative is to provide access to high quality, medical marijuana in a safe and professional environment. We are committed to helping patients find the most effective relief for their qualifying ailments. A wide variety of lab tested medical marijuana flowers,



#### Kola

1106 N. Larch St., Lansing (517) 999-0994 Hours- Mon - Sat 11am-8pm, Sun 12pm-5pm.

CEDAR ST.

#### **Cedar Street MMMP**

3205 S. Cedar St., Lansing (517) 708-0577 Hours:Mon-Fri: 8 a.m.-11 p.m Sat-Sun: 10 a.m.-11 p.m.

Our mission is to ensure the highest standards of client relations, make sure each patient feels comfortable, and informed. Come meet our friendly and knowledgeable staff for recommendations on our wide variety of flower, edibles, CBD products, concentrates, and

edibles and extracts are always available.



#### **Budz R Us**

1804 W. Saginaw St., Lansing Hours-Mon-Sat 10am-10pm Sun 11am-7pm (517)580-7434

We are an alternative medicine provisioning center, specializing in pain management. We offer a vast selection of top quality, lab tested medication. Stop in and have a conversation with our friendly and knowledgeable staff today. Don't forget to redeem your coupon that's in this weeks edition of City Pulse. Find us on Weedmaps.

#### **Star Buds**

1210 N. Larch St., Lansing starbuds-mi.com Hours-Mon-Fri: 10 a.m.-7 p.m.: Sat: 10 a.m.-5 p.m. Sun: Noon- 5 p.m.

StarBuds combines years of experience serving the Lansing area with an educated staff to bring you an unparalleled selection of quality products and accurate

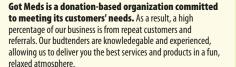
more! Still need to get certified? Stop in and we'll help!

marijuana information. Our mission is to give you high-quality tested medicine with an emphasis on patient education. StarBuds is here to help!



#### **Got Meds**

3405 S. Cedar St, Lansing (517) 253-7468 Hours- Mon-Thurs: 9 a.m.-midnight Fri-Sat: 9 a.m.-2 a.m. Sun: 9 a.m.-10 p.m.





#### **Superior Genetics**

1522 Turner St., Lansing Hours-

Mon-Sat 10am-9pm Sunday 10am-5pm

Conveniently Located in the Old Town District in North Lansing, Just minutes from 1496 and 169. We Offer ONLY Top Quality Medical Marijuana Strains, Medibles, and Alternative Medicines that are ALWAYS Lab tested. Check us out on the WEEDMAPS app, or stop in today! "Superior Genetics, A Natural Healing Collective."



#### **The Emerald City**

2200 S. Cedar St., Lansing (517) 253-0397 Hours-Mon-Sat: 10 AM-11 PM Sun: Noon-7 PM

**Emerald City is one of Lansing's oldest and fastest** growing provision centers! We Strive to provide the most comfortable, professional and cleanest atmosphere to access medical marijuana in the state of Michigan. Our meds are the highest quality at the best possible prices we can provide. "City Pulse" to (313) 349-4700.



#### **The Tree House**

1410 E. Kalamazoo, Lansing (517) 574-6913 Hours: Monday-Saturday Noon-8:00 PM

Conveniently located at 1410 E. Kalamazoo St. right off of 496 & 127. Lansing's premier top shelf flowers and concentrates. Check us out on Instagram and Facebook for our daily specials.