

PRESENTED BY THE CITY OF EAST LANSING, MSU COLLEGE OF MUSIC & WHARTON CENTER FOR PERFORMING ARTS

2015 SUMMER SOLSTICE

free THE SOUL OF JAZZ IN THE

HEART OF EAST LANSING featuring the best in local, regional and national music, an interactive children's area and a traditional New Orleans-style Second Line Parade



JUNE 19–20 www.eljazzfest.com

DOWNTOWN EAST LANSING





THE MICHIGAN INSTITUTE FOR CONTEMPORARY ART (MICA) IS A 501(C)3 NONPROFIT ORGANIZATION THAT SERVES AS A CATALYST FOR COMMUNITY DEVELOPMENT. MICA, founded in 1984 as North Lansing Art Association and later known as Old Town Business & Art Development Association, directed the original initiatives to help revitalize north Lansing into Old Town, facilitating design charrettes, research projects, PR efforts, art happenings and much more.

In June of 2015, MICA will present the second annual Grand American Fish Rodeo along Michigan's historic Grand River: a two day event centered around Michigan's rivers and lakes, featuring fishing and boating competitions, live music, ethnic performances, KidzBeat children's activities, and outdoor education programs hosted by the DNR.

This AUGUST 7-8 in Old Town, MICA will produce LANSING JAZZFEST, now in its 22nd year, the region's premier outdoor jazz festival.

Also in Old Town, SEPT 18-19, MICA will produce MICHIGAN BLUESFEST, featuring the finest blues performers.

Both JazzFest and BluesFest can be seen across the country on WKAR's BackStage Pass.

JazzFest 2015 LANSING BLUESFEST 2015 Old Town

MICA Art Gallery at 1210 Turner St. is dedicated to featuring artists whose work represents a mix of progressive styles, social commentary, experimentation, and innovation. The gallery provides exhibition opportunities for visual artists, musicians, poets, and performance artists. Want to get involved? Call 517-371-4600 for more information.

VOL. 14

ISSUE 43

Feedback

Stop-fracking petition

Anti-horizontal hydraulic fracking petitions will be out for everyone to sign and hopefully this issue will be put on a ballot for our vote. Most people are understanding how dangerous this process is and we need to get it stopped. Not only is it possible that our drinking water will be polluted but our air as well. These horizontal hydraulic fracturing wells produce methane gases and use deadly chemicals in the process. We already have enough dangerous gases polluting the air affecting our health and causing climate change which is not a laughing matter.

— Deanna Garrett Middleville, Mich.

le, Mich.

Correction

Due to an editing error, we misstated the number of wine and beer varieties available at Vine & Brew in "Spreading like vines" in last week's wine guide. The store carries over 2,000 varieties.

Have something to say about a local issue or an item that appeared in our pages? Now you have two ways to sound off:

1.) Write a letter to the editor.

E-mail: letters@lansingcitypulse.com
 Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912
 Fax: (517) 371-5800

2.) Write a guest column: Contact Berl Schwartz for more information: publisher@lansingcitypulse.com

or (517) 999-5061

(Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)



City of Lansing Notice of Public Hearing

NOTICE IS HEREBY GIVEN that the Lansing City Council will hold a public hearing be held on Monday, July 13, 2015, at 7:00 PM in the City of Lansing Council Chambers, 124 W. Michigan, in consideration of the request for issuance of a waiver of the noise ordinance from July 14, 2015, to September 30, 2015, to permit Consumers Energy Company and their contractor to work extended hours, Monday through Friday from 8:00 PM to 10:00 PM, some Saturdays from 7:00 AM to 6:00 PM, and up to three (3) Sundays from 9:00 AM to 6:00 PM, while conducting natural gas pipeline installation on Norman Street between Herbert Street and Ray Street, on Ray Street between Norman Street and on E. Mt. Hope Avenue between Ray Street and Lindbergh Dr.

For more information, please call the Lansing City Council at 517-483-4177. If you are interested in this matter, please attend the public hearing or send a representative. Written comments will be accepted between 8 a.m. and 5 p.m. on City business days if received before 5 p.m., Monday, July 13, 2015 at the City Clerk's Office, Ninth Floor, City Hall, 124 West Michigan Ave., Lansing, MI 48933 or email city.clerk@lansingmi.gov.

Chris Swope, Lansing City Clerk Lansingmi.gov/City Clerk

www.facebook.com/LansingClerkSwope

CP#15_133

ADVERTISEMENT FOR BIDS

PROJECT: HILDEBRANDT PARK GRADING AND DRAINAGE IMPROVEMENTS HUD Project No. HUD MI 058-103-G&D

OWNER: Lansing Housing Commission 419 Cherry St. Lansing, Michigan 48933 Patricia Baines-Lake, Executive Director

Your firm is invited to submit a sealed bid or proposal to the Lansing Housing Commission (LHC) to replace the Hildebrandt Gutters, Fascias, and Downspouts before **2:00 pm local time, Tuesday, the 23rd of June, 2015 at 419 Cherry St., Lansing, Michigan 48933.**

A Non-Mandatory Pre-bid Meeting will be held on the Thursday, the 11th of June, 2015 at 11:00 am at the Hildebrandt Community Center at Hildebrandt Park Community Center, 3122 N. Turner St., Lansing, Michigan 48906.

Project Description: The scope of work includes providing all labor, tools, and materials necessary to improve drainage at grade, as designated by Lansing Housing Commission, for the location specified herein, including but not limited to furnishing and installation of PVC drainage piping, connections to existing storm piping systems, provision of new drainage trenches, removal of existing concrete splash blocks and replacement with new precast splash blocks as described and shown in the Contract Documents, Drawings and Specifications herein as prepared by the Hobbs and Black Architects and Lansing Housing Commission.

Bid Documents for the Hildebrandt Apartment Renovations may be reviewed at **419 Cherry St.**, **Lansing, Michigan beginning at 2:00 p.m. on Monday, June 1, 2015.** Bid Documents will be downloadable from Hobbs+Black ftp site <u>ftp://hbftp.hobbs-black.com</u>, Username: 15303, Password: hbftp, or from Lansing Housing Commission website by going to <u>www.lanshc.org</u> and clicking on the link titled 'Hildebrandt Gutter, Fascia, and Downspout Renovations' package on the home page. Bid Documents may also be available at the Builder's Exchange of Lansing. This is a Davis-Bacon wage contract.

Bidders will be required to provide Bid Security in the form of a Bid Bond of a sum no less than 5% of the Bid Amount. A performance bond for 100% of the contract amount will also be required.

Submit your offer on the Bid Form provided in the bid documents. Bidders may supplement this form as appropriate. Your offer will be required to be submitted under the condition of irrevocability for a period of 60 days after submission.

For questions, contact Nick Scarpone, architect for Hobbs & Black Architects at 517-484-4870.

CP#15_134



(517) 371-5600 • Fax: (517) 999-6061 • 1905 E. Michigan Ave. • Lansing, MI 48912 • www.lansingcitypulse.com



East Lansing sex ed panel amiss on state law



Jason Adasiewicz brings avant-garde sound to East Lansing



Grand American Fish Rodeo returns for year two



CITY PULSE THIS WEEK

"MOLLY KOZLOWSKI AND ALEX" by LAWRENCE COSENTINO SIDE PHOTOS by LAWRENCE COSENTINO and courtesy

Developer Scott Gillespie

Wharton Center's Mike Brand

• Professor Sara Kosiba

ADVERTISING INQUIRIES: (517) 999-6705 CLASSIFIED AD INQUIRIES: (517) 999-6704 or email citypulse@lansingcitypulse.com

EDITOR AND PUBLISHER • Berl Schwartz publisher@lansingcitypulse.com • (517) 999-5061

ASSOCIATE PUBLISHER • Mickey Hirten mickey@lansingcitypulse.com • (517) 999-5064

ARTS & CULTURE EDITOR • Ty Forquer ty@lansingcitypulse.com • (517) 999-5068

PRODUCTION MANAGER • Angus McNair adcopy@lansingcitypulse.com • (517) 999-5066 CALENDAR EDITOR • Jonathan Griffith

jonathan@lansingcitypulse.com • (517) 999-5069

STAFF WRITERS • Lawrence Cosentino lawrence@lansingcitypulse.com • (517) 999-5063

Todd Heywood todd@lansingcitypulse.com • (517) 899-6182

ADVERTISING • Shelly Olson & Suzi Smith

shelly@lansingcitypulse.com • (517) 999-6705 suzi@lansingcitypulse.com • (517) 999-6704

Contributors: Andy Balaskovitz, Justin Bilicki, Daniel E. Bollman, Capital News Service, Bill Castanier, Mary C. Cusack, Michael Gerstein, Tom Helma, Gabrielle Johnson, Terry Link, Andy McGlashen, Kyle Melinn, Mark Nixon, Shawn Parker, Stefanie Pohl, Dennis Preston, Allan I. Ross, Belinda Thurston, Rich Tupica, Ute Von Der Heyden, Paul Wozniak

Delivery drivers: Elijah Burton, Dave Fisher, Tyler Ray, Thomas Scott, Robert Wiche

Interns: Michelai A. Graham, Asha Johnson, Brooke Kansier, Nikki Nicolaou







East side upswing

Two developers building on momentum of Michigan Avenue

By ALLAN I. ROSS

One of Lansing's prime commercial blocks outside of downtown and the home of Emil's, the city's oldest restaurant, has been purchased by developer Scott Gillespie. And across the street on the next block,



developer/restaurateur Kris Elliott has bought an old PNC Bank building with plans to turn it into a brewpub.

Gillespie, president of the Gillespie Co., recently completed his purchase of the entire south side of the 2000 block of Michigan Avenue from various owners for \$904,600, according to public records, and will likely incorporate mixed-use retail/apartment development with the existing businesses.

Meanwhile Elliott plans to build a neighborhood brewpub kitty-corner from Gillespie's block.

"(My company has) been paying close attention to this neighborhood for years and ... been waiting for the right property and concept," said Elliott in an email. "(We) really like the energy that this stretch of Michigan Avenue has been able to maintain and we look forward to repurposing a vacant property and being a healthy addition to the east side business community."

That vacant property is the former PNC Bank location, 2101 E. Michigan Ave., which Elliott's company, Evergreen Companies, purchased in March for \$236,000. Evergreen built East Lansing's St. Anne Luxury Lofts and downtown Lansing's Troppo building, among other projects.

Pending an Obsolete Property Rehabilitation Act — OPRA — designation, Elliott will renovate the existing bank, with the roof serving as a walkout patio for a new warehousestyle attachment he plans to build behind it. He said the brewpub — unnamed for now will have a full menu featuring smoked meats, wood-fired pizza and traditional comfort food, with a full bar specializing in Michigan wines,

spirits and craft beer brewed on-site. No start date for construction has been set.

Brewpubs are a popular concept lately; three have opened in Metro Lansing in as many years, with three more on the horizon. Elliott already has elevations drawn up for what seems like a foolproof business.

Gillespie, however, still hasn't cemented his plans, and seems to be open to suggestions.

"I'm looking at different things and talking with architects, trying to figure out my options for what I can do and what community needs," Gillespie said. "But most importantly, I'm going to be (opening a discussion) with the community to find out what their needs are."

Gillespie is the brother of Pat Gillespie, whose separate company Gillespie Group has developed such projects as the Stadium District and Market Place in downtown Lansing as well as Midtown Apartments farther east on Michigan Avenue.

Scott Gillespie developed a retail/residential complex at Michigan and Marshall Street, two blocks west of his new project.

Gillespie spent the last two years slowly accumulating his properties, from the vacant barbershop on the Clemens Avenue side to Wild Strawberry Florist on the Fair-





ABOVE: The former PNC Bank location at 2101 E. Michigan Ave. will soon become a brewpub, contributing to an uptick in interest on the east side. Courtesy Capital Area District Library LEFT: The building housing Emil's, Lansing's oldest restaurant (seen in a 1963 photo) and the entire south side of the 2000 block of East Michigan Avenue has been bought by developer Scott Gillespie. Emil's remains open on a month-to-month lease while

grant money to introduce the concept of parklets to the neighborhood, transforming two parallel parking spots along Michigan Avenue into hangout spots where folks could sit under umbrellas or bang around on a sidewalk piano.

"It proved that this area is a vibrant community, and that all it took for people to gather together was a little encouragement," White said. "The 2000 block is unique because it's the only part of Michigan Avenue that has retail on both sides. It's got everything in place to be a pedestrian-friendly social hub."

But the south side has languished — only four of the Gillespie's 10 store fronts are occupied. Next to Wild

Strawberry, there's Local Tattoo, and beside that is the Original Okinawa Karate Dojo, which celebrates its 40th anniversary this year. And two doors down from there is Emil's Italian Restaurant, which opened in 1921. Last November, owner Paul Grescowle sold the building to Gillespie; he now has a month-to-month lease. (All four tenants have signed leases with Gillespie.)

Grescowle, grandson of the original owner, has spent the last two years working on exterior upgrades. He said with his new landlord in position, he'll finally be able to finish the work, which include new awnings, a new color scheme and a new front door.

"It's time the east side got a face lift," Grescowle said. "I'm happy for REO Town and Old Town, but I've been patiently waiting for the east side to perk up, and it looks like it's finally happening. I'm ecstatic."

The Emil's building had been for sale since 2012, prompting rumors that it was closing, but Grescowle has always been adamant that Lansing's oldest continuously operating restaurant is staying put. And Grescowle had nothing but praise for Gillespie.

"Scott is one of the nicest people I've ever met," Grewscowle said. "He's not your typical developer, and I think his plans for the future are outstanding. My belief is that he's going to level some, but he's not touching Emil's. He's building around it."

Grescowle says he'd like to see some apartments go in around him ("Living quarters would help me a lot"), a senti-

ment shared by Rick Kibbey, the unofficial historian for





view Avenue end.

The last few years has seen the north side of that block finally lock all of its pieces into place, including the arrival of two Chinese restaurants, Asian Gourmet and China Flavor; a pizzeria, Toarmina's Pizza; and a gourmet café, Strange Matter Coffee Co. The Avenue Café has successfully transitioned from a coffeehouse to a bar/performance space, while the Green Door Blues Bar & Grill has continued to thrive as a live music venue. Bill Leech Repair Service, the Bead Boutique and EVERYbody Reads, Books and Stuff round out a bustling stretch of real estate.

Last summer, placemaking consultant Gil White used

East side

from page 5

the East Side Neighborhood.

"Obviously Sparrow (Hospital) and (Frandor Shopping Center) are the biggest inhabitants of Michigan Avenue by volume, but when you're looking at the everyday interaction with the community, (the 2000 block) is the most important block on the street," Kibbey said. "There used to be the Lindemann's meat market here, and Emil's had lines out the door. This block served as the community center. Over the years that sort of went away, but what we're seeing is a re-densifying."

Kibbey also praised Gillespie's eagerness to seek out public opinion, a sentiment echoed by Joan Nelson, director of the nearby Allen Neighborhood Center.

"There are pockets of strength popping up all over, and the areas that require attention are shrinking," Nelson said. "Over the next five years, I think those trends will continue, and with projects like (Elliott's brewpub) and Scott's plans, you're going to see Michigan Avenue grow even healthier. It took a while, but good things are starting to happen again."

East Lansing sex ed flap Advisory committee not meeting state requirements

The East Lansing Public Schools sex education programming —already the subject of scrutiny over its abstinence-only contract program SMART — may be in violation of Michigan's laws and district policy dictating how public schools deliver sex education.

At issue is whether the Sex Education Advisory Committee has delivered bi-annual reports which evaluate and measure the impact of the district's sex education programming on teen pregnancy rates, sexually transmitted infections and other real life sexual health issues. Those reports are required by state law. They are supposed to be readily available for parents and others as well.

By preparing such reports and providing them to the community, the district is expected to demonstrate that sex education is helping reduce teen pregnancies and other sexual health issues. It allows parents, as

PUBLIC NOTICES

NOTICE OF PUBLIC HEARINGS EAST LANSING ZONING BOARD OF APPEALS

Notice is hereby given of the following public hearings to be held by the East Lansing Zoning Board of Appeals on **Wednesday, July 1, 2015,** beginning at 7:00 p.m., in the 54 B District Court, Courtroom 1, 101 Linden Street, East Lansing:

 A public hearing will be held to consider a variance request from Eric Muska for the property at 353 Division, in the R-2, Medium Density District, from the following requirement of Chapter 50 - Zoning Code of the City of East Lansing:

Article IV. Section 50-301, to permit 59% ground coverage where 40% is allowed.

The applicant would like to replace existing sidewalks with stone pavers, install an egress window and widen an existing driveway.

2. A public hearing will be held to consider a variance request from Hagan Realty, Inc. for the property at 1140 Beech Street, in the R3, Single and Two-Family District, from the following requirement of Chapter 50 – Zoning Code of the City of East Lansing:

Article IV. Section 50-301, to permit a 3' building setback where 5' is required.

It is an existing building and the setback must receive a variance to allow the property to be licensed as a rental property.

 A public hearing will be held to consider a variance request from Benjamin Van Dyke for the property at 238 Oxford Road, in the R-2, Medium Density Single-Family Residential District, from the following requirements of Chapter 50 – Zoning Code of the City of East Lansing:

Article IV. Section 50-301, to permit an accessory structure to be 16'-8" where 15' is allowed.

The applicant is proposing to build a detached garage with an art studio above.

Call (517) 319-6930, the Department of Planning, Building and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, for additional information. All persons interested in these appeals will be given an opportunity to be heard.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services should write or call the Department of Planning, Building and Development, 410 Abbot Road, East Lansing, MI 48823. Phone: (517) 319-6930. TDD Number: 1-800-649-3777.

Marie E. Wicks City Clerk

CP#15_132

well as the district, to evaluate the efficacy of the program offerings.

Rabbi Amy Bigman and Breeann Anderson, two district sex education advisory committee members who have served for at least two years, said they have never participated in writing or approving such reports, and the district was unable to locate and provide the reports last week.

"They should be available," said Tammy Baumann, director of curriculum for the district. "But they are not as readily available as they should be." Baumann said she expects to place the reports on the district's website by the end of the day Monday, after City Pulse and district parents sought copies of the reports last week. (The reports were not readily apparent on the website on Tuesday.)

Not providing or completing the reports could result in a fine of 1 percent of the school's annual school aid allowance payment, said an official with the Michigan Department of Education. The school aid allowance is a per student payment made by the state to support public schools. This last year, East Lansing received \$8,099 per student. A 1 percent fine would be about \$89 per student registered in the district.

District officials stopped short of confirming they were in violation of state law. They said substantial change at the district has led to the school system losing track of the sex education components.

Board of Education President Nell Kuhnmuench wrote in an email:

"As you may know, East Lansing Schools has experienced a great deal of change during the past three years, including the resignation of a long-time Superintendent; the hiring of an Interim Superintendent during a year when an elementary school was closed, the middle school was reconfigured and reconstructed to achieve significant changes in size and programming; then a new Superintendent was hired and put in the role of running the district while assuring a continuing focus on our students while transitioning them to new schools in many instances and moving administrators and teachers."

Kuhnmuench said the district was reviewing sex education delivery and legal requirements.

"This process includes making every effort to determine what has been done in the past and how the district got to this position in order to move forward thoughtfully and deliberately yet with all appropriate speed," Kuhnmuench wrote. "The East Lansing Board of Education is working to assure it is in compliance with its policy, consistent with state and federal standards and requirements. This process includes making every effort to determine what has been done in the past and how the district got to this position in order to move forward thoughtfully and deliberately yet with all appropriate speed."

That chaos outlined by Kuhnmuench was on display last week when the Sex Education Advisory Committee met for the first time in a year. Michigan law requires that the school board appoint the co-chairmen of the committee, establish the size and make-up of the committee and the general processes by which the committee recruits and appoints additional members.

But Susan Wheeler, who acted as the interim chairwoman of the committee, spent over 40 minutes during the committee meeting working with committee members to address those very issues. Kuhnmuench sat in the back of the library at Pinecrest Elementary School.

Michigan Department of Education officials acknowledged that sometimes school boards will leave the decisions related to leadership and make-up of the committee to the committee itself. Such actions are usually done by resolution of the school board. East Lansing officials were unable to produce any resolution abdicating that responsibility to the committee.

Without evidence of transfer of authority by the Board of Education, the committee and school board are in violation of Michigan law and board policies. Violating this law could also result in a 1 percent fine of the district's school aid allowance.

In an email to City Pulse, Wheeler said she had been recruited to get the committee operational by Robyn Thompson, the district superintendent. Wheeler said she was hired in 2014 as a consultant for the district as director of sex education. In that role, she worked with the sex education committee to review and approve sex education programming for grades 5 and 6.

"In the fall, my services were not requested. During the first week of April I was asked to resume my role and oversee the review of the high school curriculum. I was not available at that time and declined the district's offer," Wheeler said. "Following the 'high school incident' I was again asked to help get the committee refocused and engaged with the review of curriculum and completion of the mandated tasks and responsibilities that are so important to our district and community."

The high school incident Wheeler references happened when parent, activist and author Alice Dreger live tweeted the abstinence-only lessons from her son's classroom. Those tweets garnered national and international press reporting for the district because they raised questions about the information being presented to the students. That program was offered by SMART, a program offered by Crisis Pregnancy Centers of Lansing, a religious organization that works to stop women from getting abortions.

East Lansing Public Schools has paid the agency for 21 years to offer the program. However, district officials could not identify how much was paid to the outside contractor.

- Todd Heywood

PUBLIC NOTICES

PUBLIC NOTICE FINDING OF NO SIGNIFICANT EFFECT ON THE ENVIRONMENT AND REQUEST FOR RELEASE OF FUNDS DATE: June 10, 2015 **CITY OF LANSING, MICHIGAN**

To:

All Interested Agencies, Groups, and Persons

Notice and Public Explanation of Proposed Projects Use of Funds – 41st Year FY 2015 -2016 (Community Development Block Purpose: Grant, HOME and Emergency Solutions Grant (ESG)

This statement of findings is hereby posted pursuant to regulations found at 24 CFR 50.4(b), for HUD funded activity. On or about July 1, 2015, the City of Lansing will request the U.S. Department of Housing and Urban Development to release Federal funds under Community Development Block Grant (CDBG) funds, under Title I of the Housing and Community Development Act of 1974 (Public Law 93-383) as amended, for the following projects located in the City of Lansing, County of Ingham, Michigan.

The public notice serves to promote public understanding and provide opportunities for public input of the proposed use of funds and proposal.

Please address your comments no later than June 29, 2015 to:

Doris Witherspoon, Senior Planner Department of Planning & Neighborhood Development 316 N. Capitol Avenue, Suite D-2 Lansing, MI 48933 Phone; 517-483-4063 doris.witherspoon@lansingmi.gov

NOTICE TO PUBLIC

FINDING OF NO SIGNIFICANT EFFECT ON THE ENVIRONMENT AND **REQUEST FOR RELEASE OF FUNDS** June 10, 2015 CITY OF LANSING, MICHIGAN

On or about July 1, 2015, the City of Lansing will request the U.S. Department of Housing and Urban Development to release Community Development Block Grant funds under Title I of the Housing and Community Development Act of 1974 (Public Law 93-383) as amended Emergency Shelter Grant funds under the Stewart B. McKinney Homeless Assistance Act Amendments (Public Law 100-620) of 1988, and also funds under the HOME Investment Partnership Act (HOME) of Title II of the Cranston Gonzales National Affordable Housing Act of 1990 (Public Law 101-625) for the following projects located in the City of Lansing, County of Ingham, Michigan.

NATURE AND LOCATION OF PROJECTS CATEGORICALLY EXCLUDED FROM NEPA REQUIREMENTS

PROPOSED COMMUNITY DEVELOPMENT BLOCK GRANT ACTIVITIES AND USE OF FUNDS - 41st YEAR HUD Fiscal Year 2015-2016- Categorically Excluded 58.35(a)/58.35(b)

CDBG Owner Rehab Program/Public Improvements

Includes loans and grants for rehabilitation of owner-occupied housing units through city sponsored programs, and in conjunction with affordable housing efforts sponsored by nonprofit housing corporations and other state and federal agencies. Includes funds to meet lead hazard reduction regulations in rehabilitated structures, funds to assist in emergency rehabilitation, market analysis activities and technical assistance to nonprofit housing corporations, contractors, low- and moderate-income households. Includes loans and grants for owner-occupied single-family units through city sponsored programs, loans to rehabilitate historic homes in conjunction with rehabilitation of the unit, and loans or grants for ramps, hazard remediation or weatherization. Includes staff, office space, technical assistance, training and other direct project costs associated with delivery of Community Development Block Grant, HOME, Emergency Solutions Grant and other State and Federal Programs. 18 housing units estimated. Additional units may be completed with prior year funds.

General street, sidewalk, water/sewer improvements, including assistance to income eligible owneroccupants or those in CDBG-eligible areas for special assessments related to new improvements. Includes improvements to neighborhood parks, recreational facilities; public neighborhood, medical and community facilities in CDBG priority areas. Some improvements may be made with prior years' funds

Estimated Total Expenditure:

\$ 1,251,632 (CDBG)

\$ 380,000 (CDBG)

\$ 1,000 (CDBG)

CDBG Rental Rehab Program/Weatherization

Includes for and grants for rehabilitation of rental housing units through city sponsored programs. Includes funds to meet healthy housing standards and/or lead hazard reduction regulations in rehabilitated structures. 6 units estimated. Includes financing of an Energy Fitness Program and/ or Energy Optimization Program to benefit low and moderate-income households, 54 housing units estimated with current funding. Additional units may be completed with prior year funds.

Estimated Total Expenditure:

Acquisition Includes acquisition, maintenance and security of properties acquired through programs, and activities related to acquisition, disposition, relocation and clearance of dilapidated structures. Funds may also be used to acquire properties in the flood plain. Includes staff time associated with this activity. housing unit estimated. Prior year funds may be used.

Estimated Total Expenditure:

Public Services (limited to 15% CDBG)

Includes homeownership counseling and education, neighborhood counseling, youth and senior programs, neighborhood clean-ups, community gardens, home repair classes, tool lending programs,

employment training, and community safety. Services are for low- and moderate-income individuals and/or those in CDBG-eligible areas located within the Lansing city limits.

\$269,900 (CDBG)

Economic Development

Estimated Total Expenditure:

Loans, technical assistance and training to low- and moderate-income owners of and persons developing micro-enterprises within or planning to locate within the Lansing city limits. (A micro-enterprise is a business with five or fewer employees, including the owner(s).) Estimate 8 people trained and 4 loans issued. Prior year funds may be used

Technical assistance to individuals and for-profit businesses including workshops, technology assistance, façade improvement loans/grants, market analysis, business promotion, referrals for the attraction of new business and expansion of existing business within CDBG-eligible areas of Lansing. Estimate 36 individuals and 4 businesses assisted.

Creation of jobs to benefit low and moderate-income city of Lansing residents. Estimate 3 jobs

Estimated Total Expenditure:

\$ 129,060 (CDBG)

<u>CDBG General Administration (limited to 20%)</u> Includes staff and other costs associated with preparation of required

Consolidated Planning documents, environmental clearances, fair housing activities and citizen participation activities associated with the delivery of CDBG, HOME and other state and federal programs.

ncludes planning and general administration costs associated with delivery of CDBG and other state and federal programs. Includes indirect administrative costs and building rent paid to the city.

> **Estimated Total Expenditure:** \$382,898 (CDBG)

TOTAL CDBG EXPENDITURES INCLUDING FY 2016 ALLOCATION (\$1,864,490), PROGRAM INCOME (\$50,000) AND PREVIOUS YEAR FUNDS (\$500,000)

\$2,414,490

PROPOSED HOME ACTIVITIES AND USE OF FUNDS - 41st YEAR HUD Fiscal Year 2015-2016 - Categorically Excluded 58.35(a)/58.35(b)

Down Payment Assistance Funds provided to homebuyers for down payment and closing costs for purchase of a single-family home located within the Lansing city limits. Up to \$15,000 will be available as a 0% interest second mortgage for homebuyers with income at or below 80% of median income. Assistance not limited to first-time homebuyers. May include staff time and/or homeownership counseling fees associated with this activity. Estimate 12 housing units. Prior year funds may be used.

Estimated Total Expenditure:

\$78,371 (HOME)

New Construction/HOME Rehab/Development Program ncludes funds for loans and grants for housing construction and rehabilitation.

HOME funds allocated for housing developed in partnership with the city, including Supportive Housing Program (SHP) and Acquisition, Development and Resale (ADR) activities. Projects may include new construction and rehabilitation activities with non-profit and for-profit developers, including CHDOs. Funds may be used for staff time associated with these activities. 2 housing units estimated in conjunction with partners. Additional units may be completed with prior year funds

Also includes loans and grants for rehabilitation of at least 2 owner-occupied housing units.

Estimated Total Expenditure:

Community Housing Development Organization (CHDO) Operating

Funds reserved at option of the city to provide operating funds to CHDO's utilizing HOME funds provided by the city to produce affordable housing in the community.

Estimated Total Expenditure:

CHDO Set-Aside (15%) HOME Program set-aside reserved for housing developed, sponsored or owned by CHDOs in partnership with the City. 1 unit estimated. Prior year funds may be used.

Estimated Total Expenditure: \$ 85,432 (HOME)

\$ 1,369,654 (HOME)

\$0

HOME General Administration

Includes staff and general administration costs to deliver HOME program.

Estimated Total Expenditure: \$ 54,380 (HOME) TOTAL HOME EXPENDITURES INCLUDING FY 2016 ALLOCATION (\$547,837), PROGRAM INCOME (\$20,000) AND PREVIOUS YEAR FUNDS \$1,587,837

EMERGENCYSOLUTIONS GRANT PROGRAM ACTIVITIES -USE OF FUNDS - 41st YEAR FY 2015-2016 - Categorically excluded 24 CFR 58.35(b) (HUD Review - 24 CFR Part 50, Categorically excluded 50.19(b) (12) not subject to 50.4)

CP#15_128

Flint and the faithful Diocese of Lansing asks

for help for struggling city

That many of Michigan's cities are struggling is well known. Detroit is the nation's poster child for a city in decline. On the west side of the state, Benton Harbor is near collapse. The state imposed emergency managers on Pontiac and Highland Park.

But what I didn't realize was the utter disaster that is Flint. The problems and that's too mild a description — were graphically presented this month by the Diocese of Lansing and its leader, Bishop Earl Boyea, who is asking Catholics in the 10 counties he oversees to support the parishes, ministries and schools serving the

PUBLIC NOTICES

From Page 5

•	rgency Solution Grant Activities Funds provided to address homelessness – rapid re-housing	\$10,000
•	Funds provided to prevent homelessness.	\$51,385
•	Funds provided to shelter providers to cover cost of maintenance, o utilities and furnishings in shelter facilities.	\$92,800
•	Funds provided to offset the cost of administering ESG program	\$12,501
	Estimated Total Expenditure:	\$166,686 (ESG)
—	TOTAL ESG EXPENDITURES: \$ 166	,686

It has been determined that such request for release of funds will not constitute an action significantly affecting the physical and human environment and, accordingly, the City has decided not to prepare an Environmental Impact Statement under the National Environmental Policy Act (NEPA) of 1969 (Public Law 91-190). The reasons for such decisions not to prepare such Statement are as follows:

- The will be no adverse environmental impact, man-made or natural, generated by all the projects or subsequent development or use of the sites.
- The proposed use of the sites for all projects is consistent with City policy and will meet all State and local requirements related to land use, zoning and health, safety and welfare.
- The proposed sites for all projects are situated in an urban environment and will positively influence the human environment in the City.
- The properties to be effected in New Construction have no historic significance.
- The City has complied with the Section 106 process for historic review for all projects.
 Project D includes, to a large extent, replacement of existing equipment with nominal change in character, location and extent.

An Environmental Review Record for the above projects has been made by the City of Lansing which documents the environmental review carried out. This record is on file and is available for public examination and copying upon request at the DEVELOPMENT DIVISION OFFICE, DEPARTMENT OF PLANNING AND NEIGHBORHOOD DEVELOPMENT, SUITE D-2, 316 N. CAPITOL AVENUE, LANSING, MICHIGAN 48933. All interested parties disagreeing with the designation of these projects relative to NEPA requirements are invited to submit written comments for consideration by the City on or before 5:00 p.m. on June 29, 2015 to Doris M. Witherspoon, Senior Planner, City of Lansing Department of Planning and Neighborhood Development, 316 N. Capitol, Lansing, MI 48933, <u>doris.witherspoon@lansingmi.gov</u> All comments received will be considered by the City of Lansing Department of Planning and Neighborhood Development prior to authorizing submission to HUD of a request for release of funds. Comments should specify which Notice they are addressing. All such comments will be considered and the City will not process the request for a release of federal funds or take administrative action on the written projects prior to that date.

The City is certifying to HUD that the City of Lansing, and Mayor Virg Bernero in his official capacity as Mayor, consents to accept the jurisdiction of the Federal courts if an action is brought to enforce responsibilities in relation to environmental review, decision making, and actions, that these responsibilities are being satisfied. The legal effect of the certification is that, upon its approval, the City of Lansing may use Block Grant, HOME, and ESG funds, and HUD will have satisfied its responsibilities under the National Environmental Policy Act of 1969.

OBJECTIONS TO RELEASE OF FUNDS

U.S. Department of Housing and Urban Development will accept objections to its release of funds and the City of Lansing, MI's certification for a period of fifteen days following June 29, 2015 only if they are on one of the following bases: (a) the certification was not executed by the Mayor, City of Lansing; (b) the City of Lansing, MI has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR Part 58; (c) the grant recipient has committed funds or incurred costs not authorized by 24 CFR Part 58 before approval of a release of funds by HUD; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58) and shall be addressed to: Department of Housing and Urban Development, Office of Community Planning and Development, 477 Michigan Avenue, Detroit, MI 48226. Potential objectors should contact HUD at (313) 226-7900 to verify the actual last day of the objection period.

Virg Bernero, Mayor, City of Lansing, MI

Objections must be prepared and submitted in accordance with the required procedure (24 CFR Part 58) and may be addressed to HUD at:

U.S. Department of HUD Community Planning and Development 477 Michigan Avenue Patrick V. McNamara Building Detroit, MI 48226

Objections to release of funds on bases other than those stated above will not be considered by HUD. Objections received after July 20, 2015 will not be considered by HUD.

CP#15_128

people of Flint.

It's not just another church campaign. It's a mission. As Boyea

said unveiling the program, "We don't have to look across the nation or around the world to see great need." From Lansing, we just need to look down the road.

The diocese's monthly magazine, Faith, produced a special June issue to kick off its Flint campaign. The statistics are depressing.

• Of working-age adults age 16-64, 49 percent did not work at all over the past year.

MICKEY HIRTEN

• Sixty-two percent of Flint's children live in poverty. This compares with 24 percent of children in the state, which itself is a disgraceful number. • Forty one percent of Flint residents live in poverty compared with 17 percent of Michigan residents.

• Nearly 40 percent of residential properties are abandoned.

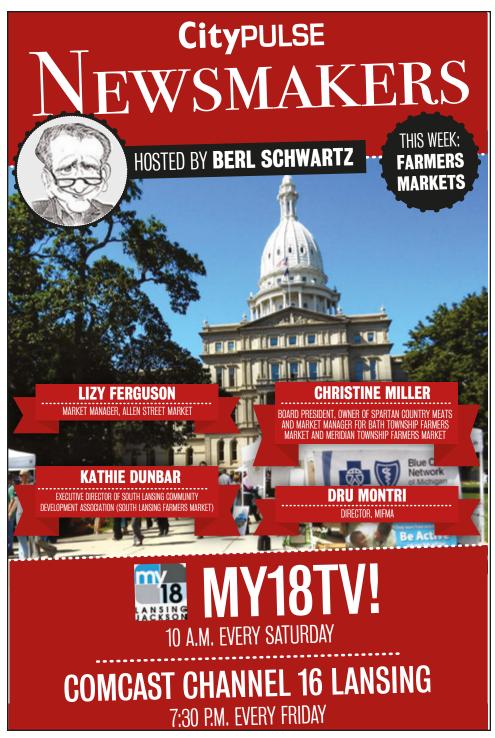
• Flint was considered the most violent city by the FBI from 2011 to 2013. It is now the second most violent., after Oakland, Calif.

And so it goes.

The magazine recounts the glory days in Flint —a bustling downtown, Sen. John F. Kennedy at Atwood Stadium during the 1960 presidential campaign, a sprawling Buick City. In 1960 it had 200,000 residents; as of 2013 there were 99,763. The decline of the auto industry in the city is jaw dropping. In the 1950s, GM employed over 80,000 people in Flint; now it's 7,500, the magazine reported.

What Boyea wants is help from his

See Hirten, Page 9



9

Hirten

parishes to support church institutions that provide basic services to the people of Flint.

"It's something that we needed to do. We can't get by on maintenance. Too many of our parishes are just holding on," he said in an interview last week. Rethinking how to deal with the city's needs after recent retirements, Boyea has assigned a team of four priests to spearhead his Flint initiative. It's an approach used by the church in Lapeer County in the 1920s — a call to action by a team of priests, he said. "This has been in my memory and mind. We are operating with that background."

The Catholic Church operates five parishes and an elementary and high school in Flint. The schools are education beacons in a community where just 42 percent of 3rdgrade students are proficient in reading and a quarter of students drop out of high school. Its Powers Catholic High School boasts that it has had more National Merit Semi-finalists in the past 30 years than any school in Genesee County. Flint needs this school.

The church's Center for Hope provides needed social services: assistance with housing, soup kitchens, clothing and household items, substance abuse counseling and more. The church also operates the St. Luke N.E.W. Life Center, which offers women job training, employment and assistance with homelessness and domestic violence.

In a city with Third World problems, the church helps hold together the very frayed safety net. Boyea hopes that the special edition of Faith, sent to 65,000 homes in his diocese, a letter to all Catholics and publicity will raise awareness about Flint's programs among Catholics and the general public, leading to financial support, volunteers and prayer.

Certainly there is opportunity. People can serve meals or sort clothing donations, mentor in employment preparation classes, tutor at the St. Luke N.E.W Life Center or adopt a student at the St. John Vianney grade school.

"Things like this take a long time. But we are shooting for the long goal. We need to improve the cooperation of people in Flint and Genesse County, and acknowledge that in the wider area we are all responsible for one another," Boyea said. The diocese has established a website for those answering its call: FAITHinFlint.com.

While the Catholic Church has always committed itself to social justice, the message been clouded by the strident pronouncements of senior leadership. Pope Francis is taking a more welcoming, more pastoral stance than his predecessors, less finger wagging about sexual issues or liberal nuns.

Boyea's outreach is grounded Pope Francis' declaration of a "Jubilee Year of Mercy," which expands on calls to deal with poverty and ensure economic justice.

	PUBLIC NOTICES	
PROJECT: OWNER:	0 ADVERTISEMENT FOR BIDS HILDEBRANDT GUTTER, FASCIA BOARD, AND DOWNSPOUTS HUD Project No. HUD MI 058-103-GFD Lansing Housing Commission 419 Cherry St. Lansing, Michigan 48933 Patricia Baines-Lake, Executive Director	001-1
replace the Hildeb	d to submit a sealed bid or proposal to the Lansing Housing Commission (LF prandt Gutters, Fascias, and Downspouts before 2:00 pm local time, Tuesda 15 at 419 Cherry St., Lansing, Michigan 48933.	
am at the Hilder	y Pre-bid Meeting will be held on the Thursday, the 11th of June, 2015 at brandt Community Center at Hildebrandt Park Community Center, 31. ing, Michigan 48906.	
to replace gutters, by Lansing Housir of gutters, fascias shown in the Cont	ion: The scope of work includes providing all labor, tools, and materials nece , fascias, and downspouts, with new and additional where indicated, as desig ng Commission, for the location specified herein, including but not limited to rei , and downspouts, repair of substrate boards and sheathing, etc. as describe tract Documents, Drawings and Specifications herein as prepared by the Hobb and Lansing Housing Commission.	nated moval d and
Lansing, Michiga downloadable fror hbftp, or from Lan link titled 'Hildebra	or the Hildebrandt Apartment Renovations may be reviewed at 419 Cherr an beginning at 2:00 p.m. on Monday, June 1, 2015. Bid Documents w m Hobbs+Black ftp site <u>ftp://hbftp.hobbs-black.com</u> , Username: 15303, Pass Ising Housing Commission website by going to <u>www.lanshc.org</u> and clicking of andt Gutter, Fascia, and Downspout Renovations' package on the home page also be available at the Builder's Exchange of Lansing. This is a Davis-Bacon	will be word: on the e. Bid
	quired to provide Bid Security in the form of a Bid Bond of a sum no less than a performance bond for 100% of the contract amount will also be required.	5% of
	on the Bid Form provided in the bid documents. Bidders may supplement this our offer will be required to be submitted under the condition of irrevocability after submission.	
For questions, cor	ntact Nick Scarpone, architect for Hobbs & Black Architects at 517-484-4870.	
	CP#15	5_127

The Lansing Diocese's mission to Flint may, in fact, be a rallying cry for Catholics who have drifted away from the church or for the young people who a recent Pew survey found are rejecting organized religion. Certainly it's an uplifting message.

"It's a sense of commitment to other people," Boyea said "You not only do something for some, but you are benefiting. We just want to get people engaged."

PUBLIC NOTICES

CHARTER TOWNSHIP OF MERIDIAN NOTICE OF POSTING OF TOWNSHIP BOARD MINUTES On June 4, 2015, the following minutes of the proceedings of the Meridian Township Board were sent for posting in the following locations:

> Meridian Township Municipal Building, 5151 Marsh Road Meridian Township Service Center, 2100 Gaylord C. Smith Court Hope Borbas Okemos Branch Library, 4321 Okemos Road Haslett Branch Library, 1590 Franklin Street Harris Nature Center, 3998 Van Atta Road Snell Towar Recreation Center, 6146 Porter Ave. and the Township Web Site www.meridian.mi.us.

May 19, 2015 Regular Meeting

ELIZABETH LEGOFF

BRETT DREYFUS, CMMC TOWNSHIP CLERK

CP#15_130

CHARTER TOWNSHIP OF MERIDIAN LEGAL NOTICE Rezoning #15010 (Ordinance No. 2015-05)

 Date passed:
 June 2, 2015

 Nature of the ordinance:
 A request to rezone approximately 33.73 acres located north of Jolly Road, west and north of Jolly Oak Road and north of Farrins Parkway from I (Industrial), PO (Professional and Office), RR (Rural Residential) and C-2 (Commercial) to C-2 (Commercial)

 Full text available at:
 Meridian Township Municipal Building, 5151 Marsh Road Meridian Township Service Center, 2100 Gaylord C. Smith Ct. Haslett Branch Library, 5670 School Street Harris Nature Center, 3998 Van Atta Road Snell Towar Recreation Center, 6146 Porter Avenue The Township Website www.meridian.mi.us

 ELIZABETH LEGOFF
 BRETT DREYFUS, CMMC

SUPERVISOR

CP#15_129

TOWNSHIP CLERK

NOTICE OF PUBLIC HEARINGS EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearings to be held by the East Lansing City Council on Tuesday, **July 7 2015** at 7:00 p.m., Council Chambers, 101 Linden Street, to consider the following:

- 1. A public hearing will be held to consider Ordinance 1346, an application from Next Generation Investment Properties, LLC to rezone the property at 116-132 Spartan Avenue from B-1, General Office Business District to B-2, Retail Sales Business District.
- 2. A public hearing will be held to consider an application from Next Generation Investment Properties, LLC for Site Plan and Special Use Permit approval for the properties at 1301 and 1307 East Grand Avenue and 116-132 Spartan Avenue to construct a 6-story mixed-use building which includes parking and commercial use on the first floor and five-floors of residential use above. The properties are located in the B-1, General Office Business District and B-2, Retail Sales Business District.
- 3. A public hearing will be held to consider an application from Lake Trust Credit Union for Site Plan and Special Use Permit approval for the property at 1350 W. Lake Lansing Road to construct a one-story credit union 2,941 square feet in size with four (4) drive-thru lanes on an existing out lot. The property is located in the B-5, Community Retail Sales Business District.
- 4. A public hearing will be held to consider an application from Stonehouse Village VI, LLC for a Site Plan and Special Use Permit approval for the property at 565 East Grand River Avenue to construct a five-story mixed-use building with 6,745 sq. ft. of commercial space on the first floor and a mix of two-, three-, and four-bedroom apartments on the upper floors. The property is located in the B-3, City Center District.

The City of East Lansing will provide reasonable accommodations, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at this meeting, upon notice to the City of East Lansing, prior to the meeting. Individuals with disabilities requiring reasonable accommodations or services should write or call the City Manager's Office, 410 Abbot Road, East Lansing, MI 48823 (517) 319-6920, TDD 1-800-649-3777.

Marie E. Wicks City Clerk

Lawrence Cosentino/City Pulse

Patricia Pope of Lansing snags a bag of herbs at the Allen Street Farmers Market.

Michigan farmers markets grow

By LAWRENCE COSENTINO

Sunshine poured onto a tight rectangle of tents at the Allen Street Farmers Market on Lansing's east side Wednesday.

Heaps of fresh greens and herbs, quickened by head starts in hoop houses and picked that morning, shared early June market space with meat, cheese, cookies and exotica like crab Rangoon, high-end coffee and homemade popsicles.

The human mix was even more diverse: recently resettled refugees, young hipsters, senior citizens, office cubicle exiles in heels and ties, academics, middle-aged hippies. Parents prowled with babies in front, babies in back, babies in wagons. Folk musician Art Cameron sang a song about worms. The hugs and greetings were relentless.

Farmers markets are a big deal in Michigan, but they're built on small transactions.

A big man in glasses, black pants and a dress shirt headed into the parking lot, carrying two bags of greens. Weird white stalks protruded from one of his bags, wobbling with each step he took. A lady stared. The man noticed and enjoyed her puzzlement.

"I have garlic and arugula and I'm going to make pesto," he turned to her and announced.

She looked ready to follow him home.

OPEN-AIR LOBBY

A bumper crop of farmers markets is spreading across Michigan, ranging in size from Detroit's bustling, 4.5-acre Eastern Market to the dozen-and-a-half booths of the tiny Bath market just north of Lansing — about 330 markets statewide in 2015, up from 150 nine years ago.

the

Farmers markets are the newest old thing. Their taproot is a longing for old-world comforts like community, fresh food and a sane, sunlit stroll that's scaled to a human size and pace.

At the other end of the stalk, many markets are re-seeding themselves with new products and ideas, from high-end food and wine to innovative programs that help people with low income get access to healthy food.

"They're strongly traditional and trendy at the same time," said Dru Montri, director of the Lansing-based Michigan Farmers Market Association.

If anyone has a handle on the diversity of Michigan's farmers markets, it's Montri, who has led MIFMA since it started in 2006. Farmers markets are impossible to pigeonhole, and she loves it that way.

"Walk into a chain grocery store, in Mississippi or Michigan, and the layout and products are basically the same," Montri said. "I've never gone into a farmers market that's the same as any other."

Montri said communities start farmers markets with different missions in mind.

"Some markets, like Saginaw's, are about providing access to healthy food," she said. "Others are meant to create a community gathering place. Other cities might want to reinvigorate downtown, preserve green space or incubate new businesses."

on new ideas and old-world dirt

Often, they end up doing more than one of the above. Montri might be the only lobbyist in Lansing whose lobby is in the front yard of the Capitol.

Three times each year, MIFMA throws a huge farmers market event on the Capitol lawn, showcasing more than 60 vendors from across the state. This year's Farmers Markets at the Capitol are set for July 30, Aug. 27 and Sept. 24, all Thursdays, from 10 a.m. to 3 p.m.

Montri works on a statewide scale, but she's rooted in small-town farm life. She and her husband, Adam, own and run Ten Hens Farm in Bath and sell at the Bath Farmers Market, a cozy huddle of 12 to 18 vendors.

"For so long, our community wanted a space to gather," Montri said. "There's a jam session where people just come and play music. We have picnic spots. It's an incredible space."

The Capitol farmers market is turned up a few notches compared to Bath's, but the core idea is the same.

"People want to know where their food came from and how it was produced," Montri said. "Where else can you can meet the person who grew or made your food?"

Capitol market goods range from eggs, fish, meat and cheese to cider, donuts, pies, chocolates, maple syrup and flowers. The markets gives Lansing area folks a chance to sample from vendors they would normally have to go far to visit, like gnocchi from Tracina's Gourmet Specialties, an Italian cookery in Novi.

Farmers market

from page 16

But the Capitol markets are more than a showcase. There's a method to the madness of parking a farmers market, with its aroma of economic development, under the noses of state decision makers. Montri believes the approach has borne fruit. To find a farmers market in

MIFMA.ORG/

MARKET

State Sen. Joe Hune worked with Montri and her your area, go to: colleagues on the "cottage food" bill that let small-scale FIND-A-FARMERSbusinesses make certain foods - like jams, jellies and baked goods - in their homes and sell them at farmers markets. The bill was signed into law by then-Gov. Jennifer Granholm at a Farmers Market at the Capitol in 2010.

More recently, Sen. Geoff Hansen introduced bills allowing small winemakers to offer wine samples and sales at farmers markets, signed into law in 2013 by Gov. Rick Snyder.

Two years ago, state Rep. Andy Schor introduced legislation allowing beer tastings and retail sale of growlers at farmers markets. Rep. Marcia Hovey-Wright has picked up that ball, and Montri expects it to pass soon.

DOUBLE UP

Getting wine, beer and high-end comes-

tibles into farmers markets isn't Montri's only priority. Many Michigan farmer's markets, like Saginaw's, are determined to bring healthy food into low-income "food deserts' where supermarkets are scarce.

"We do a lot of work related to increasing food assistance benefits at farmers markets," Montri said.

> When MIFMA started in 2006, only three markets in Michigan accepted food stamps, now known as SNAP (State Nutritional Assistance Plan) benefits, according to Amanda Shreve, manager of programs and partnerships at MIFMA.

Now about 150 participate in the program. About \$1.6 million in SNAP benefits were spent in Michigan farmers markets last year.

Since 2009, low-income shoppers have flocked to a new program: Double Up Food Bucks, run by Ann Arbor's Fair Food Network and funded by the U.S. Agriculture Department.

A shopper who goes by the name Billi I (pronounced "Billy Eye") explained the program to me at the Allen Street Farmers Market. For every \$1 of SNAP money spent in a farmers market, Double Up Food Bucks adds another \$1, for the purchase of fresh fruits and vegetables only, up to a limit of \$20.

"I put in \$20 from my food stamps and I



Courtesy photo

Farmers Market at the Capitol, Michigan's showcase farmers market, will feature over 60 vendors and several food trucks from all over the state July 30, Aug. 27 and Sept. 24, all Thursdays, from 10 a.m. to 3 p.m.

got an additional \$20 to put back into these cally get all of your produce for free," Fergulocal farmers," I said. (That's Mr. I, not me.)

The Allen Street Market is in its fifth year participating in Double Up. Market manager Lizy Ferguson said the program "gets bigger each year." Double Up will be offered at more than 142 Michigan farmers markets this year.

"It means you can spend your EBT money on meat, bread, cheese and so on, and basi-

RED A. SMITH

son said.

Farmers markets seem to do best when they straddle high-, middle- and low-income neighborhoods. The Allen Street Market is a textbook example. The market was visited Wednesday by newly resettled refugees from Somalia and a particle physics professor from MSU's multibillion-dollar Facility for

See Farmers market, Page 12



Follow us on Facebook!

Farmers market

from page 11

Rare Isotope Beams.

Despite the crepes, fancy coffee and other specialty items, Ferguson said the market will never turn into a boutique on her watch. She's not afraid of telling food vendors to cut prices or discouraging them altogether.

"This market is down to earth and I want it to stay that way," she said. "That's what people like about it."

The South Lansing Farmers Market is benefiting from a similar demographic mix. Lansing City Councilwoman Kathie Dunbar is the market's guiding spirit ("gub'mint cheese," in her words).

"I've got guys who come here from Cambridge (a nearby, high-income neighborhood) and drop \$600, cash, in organic meat in one day," Dunbar said. "And I've got people who have six bucks balance on their EBT card, and they're thrilled they can get it to 12 with Double Up."

Ferguson gives MIFMA a lot of credit for making farmers markets accessible to low-income people. Both the Allen Street and South Lansing markets are members of MIFMA, which is funded by vendor fees and sponsorships.

"They are our connection to Fair Food Network," Ferguson said. "They do a lot of the work of bridging the gap."

The world of farmers markets turns on partnerships among vendors, market managers and community leaders. MIFMA's yearly conference of market managers is a networking boon, Ferguson said.

"I came back from the last conference with two pages of dense notes," she said. "It gave me tons of ideas for vendors I would never have thought of and lots of other ideas." Year round, MIFMA holds webinars and

training sessions for managers of member



Farm Address: 3291 College Road, Holt, MI 48842

Lawrence Cosentino/City Pulse Steve Grose of Green Eagle Farms (in the tie-dyed shirt) sold piles of greens picked earlier in the morning at the Allen Street Farmers Market last Wednesday.

markets. Market managers and vendors also share their experiences on social media, using the hashtag #farmersmarketsmi.

Dunbar said all the market managers at the South Lansing market have been certified and trained by MIFMA.

Getting the right mix of vendors is a key part of MIFMA market manager training. Brenda Ginther of Wooden Shoe Farm in Mason has been an Allen Street Farmers Market vendor for three years. She also sells at markets in Eaton Rapids, East Lansing and Dimondale.

"A lot depends on the management," Ginther said. "You need all types of vendors."

She's seen managers let markets die on the vine and appreciates Ferguson's expertise and passion.

"You don't do this for your health," Ginther said. "It's hard work."

MIFMA also helps market managers cope with day-to-day glitches.

"We just got something out of (membership in MIFMA) today," Dunbar said at Thursday's market. That afternoon,

the machine that processes SNAP benefits broke down hours before the market was due to open. Amanda Shreve, MIFMA's manager of programs and partnerships, helped them fix it.

FARMERS-MARKETS MIFMA also helps mar-AT-THE-CAPITO kets navigate gray, unregulated areas such as the tricky landscape of brokered items, or items not grown by the vendor. Some farmers markets specify that everything on sale must be grown by the vendor, but that sometimes frustrates shoppers by limiting the variety of foods on sale.

"There's no set policy," Dunbar said. "Amanda (Shreve) culled the best practices for us."

With Shreve's help, the South Lansing market settled on the policy that all food sold there has to be grown in Michigan and not bought from a commercial wholesaler or retailer. Farmers can, however, purchase items from one another and put them up for sale.

"You have to identify what's grown by you, what's brokered by you and where you got it," Dunbar said. "We do farm visits to verify."

OLD WORLD ROOTS

Jim Bingen, a professor emeritus of community, food and agriculture at MSU, has been following the rise of farmers markets for decades. Bingen is a former member of the MIFMA board and has researched farmers markets around the world.

The current boom in Michigan, Bingen said, is a convergence of several trends, including the expansion and revitalization of long-standing markets such as the one in Meridian Township or Grand Rapids.

"Many small town governments and civic associations are realizing that farmers markets bring people downtown and are thus good for all businesses," Bingen said. He also sees a "growing recognition by local groups that farmers markets offer opportunities for small farmers and access to fresh, good food."

Finally, Bingen said, the spread of hoop houses and the consequent lengthening of the growing season has helped make farmers markets more viable.

ers Markets at

the Capitol, go to

MIFMA.ORG/

How big can farmers markets get? If they continue to spread and grow, can they put a serious dent in the state's, or the nation's, longdistance food distribution system?

Bingen was skeptical. For one thing, he said, local and regional farmers would have to significantly ramp up their

production "so they could (be) reliable suppliers to local food retailers." He sees other problems.

"Lower income groups still have limited transportation access to these markets," Bingen said. "The Double Up Food Bucks program is fantastic, but people have to have easy access to the markets first."

In the spirit of farmers market networking, the South Lansing market is finding new ways to get at that problem. Beginning this month, one of the market's community partners, Mt. Hope United Methodist Church, will donate a bus to make two runs a month from Summer Place - a townhome



Courtesy photo

The Capital Area Transportation Authority's Acts of Culture will bring random bursts of dance, music and other happenings to spice up this summer's Farmers Markets at the Capitol.

Farmers market

from page 12

complex at the corner of Waverly and Jolly roads where the majority of the residents are resettled refugees — to bring residents to the market. For all their new ideas, the wine, artisanal soaps and pour-over coffee, the appeal of farmers markets runs to the refugees' old world roots.

"It's like an open-air bazaar. It's like being at home," Dunbar said. "They use their Double Up tokens and they barter."



Central Park Pavillion

5151 Marsh Road Okemos, MI 48864

FC



Get it FRESH

Summer Market

Meridian Farmers'

NOW HIRING • APPLY WITHIN

NATURAL · FRESH · ORGANIC

BORN & RAISED IN EAST LANSING

2655 E Grand River Ave., East Lansing • (517) 324-9010 • foodsforliving.com

DDS FOR

WEDNESDAYS &



IVING

13



The markets will feature Michigan-grown flowers, fruit and vegetables, a wide array of products made from Michigangrown ingredients, food trucks and cooking demonstrations. The markets proudly accept SNAP Bridge Cards, Double Up Food Bucks, WIC Project FRESH and Market FRESH.



www.mifma.org

Each summer brings changes to the local

farmers markets. New vendors arrive, older vendors retire, some vendors seek greener pastures - metaphorically speaking - atdifferent markets. In addition to the annual shuffling of vendors, here are some other recent changes at area farmers markets.

CHANGE OF SCENERY

The South Lansing Farmers Market has changed locations. Formerly at Grace United Methodist Church on Mt. Hope Avenue, the market has moved into the parking lot of St. Casimir Church (800 W. Barnes Ave.) in the heart of the Moores Park Neighborhood. The South Lansing Community Development Organization, the nonprofit that organizes the market, recently moved its office into the St. Casimir building.

YEAR-ROUND MARKETS

While summer is peak farmers market season, several Greater Lansing farmers markets are operating year-round. The Holt Farmers Market and Allan Street Farmers Market operate through the winter in their indoor spaces, and their markets spill out into the parking lots during warmer months. The Bath Farmers Market and Meridian Township Farmers Market both meet in outdoor spaces through the summer – James Couzens Memorial Park and Central Park, repectively - then retreat to indoor locations for the colder months.

MORE PAYMENT **OPTIONS**

Local markets are adding more options

Bath Farmer Market 'EAH C 🗢 📶 *.*

for low income families. Dimondale Farmers is accepting Bridge Cards, and Dansville Farmers Market is participating in the Double Up Food Bucks program this year.

BOWING OUT

After nine years, the Old Town Farmers Market is calling it quits. The Old Town Commercial Association tried to change from a monthly market to a weekly market last year, but flagging interest led to a cancellation of the program. Rhea Van Atta, former market coordinator and owner of the Old Town General Store, is hoping to fill the void with summer "Local Goods Markets" hosted by her shop. Details to be announced later.

STEPPING IN

Lansing's NorthWest Initiative, a nonprofit taking a multi-pronged approach to improving life in Lansing, is getting into the farmers market game this year. The group will host monthly markets in Lansing's Ferris Park. Northwest Initiative's programs also include youth engagement, emergency food distribution, health services and educational programs.

OTHER CHANGES

Heather Surface joins the East Lansing Farmers Market as market manager this year. Surface has worked for East Lansing since 2012 as environmental stewardship coordinator.

Charlotte Farmers market has added a second day this year; the market will be open on Thursday this year as well as Saturday.





MARKET SELECTION KEY:

(P) Produce, (O) Organic, (D) Dairy, (M) Meat, (FH) Fish, (PF) Prepared Food, (C)
Crafts, (DG) Dry Goods, (BG) Baked Goods, (IG) International Goods, (F) Flowers, (LM) Live Music, (A) Alcohol

FOOD BENEFIT **PROGRAM KEY:**

(S) SNAP, (B) Bridge Card, (DU) Double Up, (WIC) WIC Project Fresh, (MF) Market Fresh

ALLEN STREET FARMERS MARKET

P, O, D, M, PF, C, DG, BG, IG, F, LM 2:30-7 p.m. Wednesday, year round (outdoor market May 20-Oct.14) Allen Market Place 1619 E. Kalamazoo St., Lansing (517) 999-3911, allenmarketplace.org/farmers-market (S, B, DU, WIC, MF)

BATH FARMERS MARKET

P, D, IG, C 3-7 p.m. Thursday, year round (summer market May-October) James Couzens Memorial Park 13751 Main St., Bath (517) 994-0236, bathtownship.us (S, B, DU, WIC, MF)

CHARLOTTE DDA FARMERS MARKET

P, BG, DG, F, C, LM 3 p.m.- 7 p.m. Thursday and 8 a.m.-noon Saturday, June-October 100 block of Harris St., Charlotte (517) 543-2681 (WIC)

DANSVILLE FARMERS MARKET

P, O, D, M, PF, C, DG, BG, F 4-7 p.m. Thursday, June 18-Sept. 24 1050 Dakin St., Dansville



(517) 676-1791, dansvillefarmersmarket.weebly.com (S, B, DU, WIC, MF) **DEWITT FARMERS MARKET** P, D, M, PF, C, DG, BG, IG, F, LM, A 4-7 p.m. Tuesday, June 2-October 13 Corner of Bridge and Main streets, DeWitt

(517) 624-0284, dewittdda.org (S, B) DIMONDALE FARMERS MARKET

P. D. M. PF, DG, BG, F, LM, 3-7 p.m. Thursday, June-September; 3-6 p.m. Thursday, October 136 N. Bridge St., Dimondale (517) 646-0230, villageofdimondale.org/ pages/farmersmarket.aspx (B, WIC, MF)

EAST LANSING FARMERS MARKET

P, O, D, M, FH, PF, DG, BG, IG, F, LM 10 a.m.-2 p.m. Sunday, June-October Valley Court Park 280 Valley Court, East Lansing (517) 319-6888, cityofeastlansing.com/farmersmarket (S, B, DU)

EATON RAPIDS COMMUNITY FARMERS MARKET

P, O, D, PF, C, BG 9 a.m.-1 p.m. Saturday and 2 p.m.- 6 p.m. Wednesdays Hamlin Court, Eaton Rapids (517) 663-0611, cityofeatonrapids.com (WIC)

EATON RAPIDS MEDICAL **CENTER FARMERS MARKET**

P, BG, F, LM 3-6:30 p.m. Friday, May-October 1500 S. Main St., Eaton Rapids (517) 663-9453, eatonrapidsmedicalcenter.

(S, B, DU, WIC, MF)

FARMERS MARKETS AT THE CAPITOL

P, O, D, M, FH, PF, C, DG, BG, IG, F, LM, A 10 a.m.-3 p.m. July 30, Aug. 27 and Sept. 24 East Lawn of the Capitol, Lansing (517) 432-3381, mifma.org/farmers-marketsat-the-capitol (S, B, DU, WIC, MF)

•

GRAND LEDGE

FARMERS MARKET

9 a.m.-1 p.m. Saturday, May-October 213 S. Bridge St., Grand Ledge (517) 643-1849, glfarm.org (WIĊ)

HARTLAND FARMERS

MARKET P, O, D, M, PF, C, DG, BG, IG, F, LM 9 a.m.-1 p.m. Saturday, May-October 9525 E. Highland Road, Howell (810) 632-1030, hartlandchamber.org/farmers-flea-market. html

HOLT FARMERS MARKET

P, M, BG, C, LM 9 a.m.-2 p.m. Saturday, year round (summer market May 2-Nov. 28) 2150 S. Cedar St., Holt (517) 268-0024, holtfarmersmarket.org (S, B, DU, WIC, MF)

HOWELL FARMERS MARKET

P, C, M, BG 9 a.m.-2 p.m. Sunday, May-October Corner of State and Clinton streets, Howell (517) 546-3920, howell.org (S, B, WIC)

MASON AREA FARMERS MARKET

P, O, D, M, FH, PF, C, DG, BG, F, LM 9 a.m.-1 p.m. Saturday, July 11-Oct. 25 100 block of East Maple Street, Mason (517) 676-1635

MERIDIAN TOWNSHIP FARMERS MARKET

P, O, D, M, FH, PF, C, DG, BG, IG, F, LM 8 a.m.-2 p.m. Saturday, May-June; 8 a.m.-2 p.m. Wednesday & Saturday, July-October Central Park 5151 Marsh Road, Okemos

(517) 712-2395, meridian.mi.us (S, B, DU, WIC, MF)

OPEN AIR MARKET OF STOCKBRIDGE

P, D, M, PF, C, DG, BG, IG, F, LM 4-7 p.m. Fridays, May-October 125 S. Clinton St., Stockbridge (517) 851-7437,

facebook.com/openairmarketofstockbridge

PECKHAM FARMS MARKET

P, D, F 10 a.m.- 6 p.m. Tuesday-Friday, May-October 5408 W. Grand River Ave., Lansing (517) 316-4102, peckhamfarms.org

(S, B)

OLD RED MILL FARMERS MARKET

P, D, BG, F

- 8 a.m.-1 p.m. Saturdays, June-October
- Old Red Mill on Water Street, Portland (517) 647- 6777,
- facebook.com/oldredmillfarmersmarket

SOUTH LANSING FARMERS MARKET

P, M, C, BG, F, 3-7 p.m. Thursdays, June-October St. Casimir Church 800 W. Barnes Ave., Lansing (517) 374-5700, southlansing.org

(S, B WIC, DU, MF)

SMITH'S HARVEST BASKET (AT SMITH FLORAL & **GREENHOUSES**)

P. PF. F 8:30 a.m.- 5:30 p.m. Mon-Fri, 9 a.m.- 3 p.m. Saturdays 1124 E. Mt. Hope Ave., Lansing (517) 484-5327, smithfloral.com

ST. JOHNS FARMERS MARKET

P, O, D, C, DG, BG, F 9 a.m.-2 p.m. Saturday, June -October Maple Street, downtown St. Johns (989) 224-7863 (WIC)

WACOUSTA COMMUNITY FARMERS MARKET

P, BG, C 4 -8 p.m. third Thursday of each month, July-September 9180 W. Herbison Road, Eagle (517) 626-2039, wacoustaumc.org/farmersmarket

WESTSIDE FARMERS MARKET

Noon-3 p.m. second Saturday of the month, June-September

Ferris Park, Lansing (517) 230-7878, nwlansing.org (B, S, WIC, DU, MF)

WILLIAMSTON FARMERS MARKET

P, O, D, M, PF, C, BG, F, LM McCormick Park, Williamston (517) 719-6193, williamston-mi.us/OurCommunity/Farmers-Market.aspx

FLORAL &

GREENHOUSES

SINCE 1903

- 10 a.m.-2 p.m. Sunday, May-October
- (S, B, DU, WIC, MF)

SA 201 only a few openings left!

sales beginning soon. Thursdays 3-6:30

1124 E Mt Hope Ave, Lansing, MI 48910



f Follow us on Facebook



Whether you're looking for craft beer, live music, classic cars or even chicken gizzards, Greater Lansing has an event for you. City Pulse has put together a list of some of the best summer activities to keep you and your family busy from now until sweater season.

June 10-Aug. 8: Summer Concerts in the Park artists. 7 p.m. FREE. Ann Street Plaza, corner of Albert and MAC avenues, East

The City of Lansing kicks of its Wednesday night concert series tonight with the Lansing Unionized Vaudeville Spectacle performing in Moores Park. The concerts are held in seven different city parks and include performances by Taylor Taylor, the Joe Wright Experience, Tejano Sound and more. The series also includes a special July 4 program featuring a patriotic program by the Lansing Concert Band. 7-9 p.m. Free. See website for complete schedule and locations. (517) 483-4277, lansingmi.gov/parks

June 11-Aug. 27: Music in the Park Concert Series

Thursday night concert series at Bridge Street Plaza in historic downtown Grand Ledge. The diverse list of performers includes Brian Lorente (June 11), Bottle Rocket Caberet (July 16), and Orquesta Ritmo (Aug. 20). See website for complete list of performing artists. 7-9 p.m. FREE. Bridge Street Plaza, downtown Grand Ledge. (517) 627-2383, grandledgechamber.com

June 12-Aug. 1: East Lansing Summer Concert Series

Outdoor concert series featuring six weekends of live music from Michigan artists. Concerts on Fridays and Saturdays (no concerts June 19-20 or July 3-4). Highlights include Root Doctor (June 27), Taylor Taylor (July 11) and May Erlewine (July 18). See website for complete list of performing artists. 7 p.m. FREE. Ann Street Plaza, corner of Albert and MAC avenues, East Lansing. (517) 319-6888, cityofeastlansing. com/455/summer-concert-series

June 12-14: Gizzard Fest

Activities include a gizzard-eating contest, 5K run/walk, classic car & truck show, parade and fireworks. Live music featuring Hangnail, Tight Fit, Elixer, Soulstice and more. Noonmidnight Friday; 7 a.m.-midnight Saturday; 9 a.m.-6 p.m. Sunday. FREE. Downtown Potterville. (517) 927-7912, gizzardfest.com.

June 12-13: Grand American Fish Rodeo

Boat parade, "chuck-a-duck" contest, canoe and kayak race, fishing tournament, Top of the Town winners party and more. Live music lineup includes Root Doctor, Mike Skory, Greg Nagy and Lisa B and the Backbeat. 10 a.m.-10:30 p.m. Friday; 8 a.m.-10:30 p.m. Saturday. FREE. Adado Riverfront Park, Lansing. grandamericanfishrodeo.com.

June 18-20: Lansing Juneteenth Celebration

Commemorating the end of slavery in the U.S., including family activities, an outdoor showing of "Selma," the African-American parade, a health fair and live music by Betty Joplin and NuEra Band. Kickoff program 5:30-7:30 p.m. Thursday at Lansing City Hall Lobby, 124 W. Michigan Ave., Lansing. Festival 3 p.m.-10 p.m. Friday; 10 a.m.-8 p.m. Saturday. FREE. St. Joseph Park, Lansing. (517) 394-6900, lansingjuneteenthcelebration.org.

June 18-21: Yankee Doodle Days

Music and activities, including night owl shopping, 5K run/walk, parade and riverboat rides. Live music by Delilah DeWylde and the Lost Boys, Bear Creek Brothers and Brian Lorente and the Usual Suspects. FREE. Downtown Grand Ledge. (517) 627-2383, grandledgechamber.com.

June 19-20: Festival of the Moon & Sun

Old Town's pair of festivals celebrating the summer solstice. Live music by the Outer Vibe, the Jonestown Crows, Damn Van Cannibals and more. Enjoy food and drink, including brews supplied by Kalamazoo's Bell's Brewery. 6-11 p.m. Friday, 2-11 p.m. Saturday. Tickets start at \$17. Cesar Chavez Plaza (corner of Turner St. and Grand River Avenue), Old Town, Lansing. (517) 485-4283, festivalofthesun.com.

June 19-20: Summer Solstice Jazz Festival

Two-day jazz festival in downtown East Lansing featuring local and international artists hand-picked by Rodney Whitaker, head of MSU's jazz program. 4:30 p.m.midnight Friday; 1 p.m.-midnight Saturday. (517) 319-6980, eljazzfest.com.

June 20: Dam Festival

Celebrating Eaton Rapids' history and culture featuring a craft show, dam tours, blacksmith demonstrations, hands-on activities for kids, concessions and an ice cream parlor. 11 a.m.- 4 p.m. FREE. 635 State St, Eaton Rapids. (517) 663-3288, damfestival.net. June 20 – Oldsmobile Homecoming World's largest all-Oldsmobile car show and swap meet hosted by the Oldsmobile Club of America R.E. Olds Chapter. 9 a.m.-3p.m. FREE. State of Michigan OPS Center parking lot, 7285 Parsons Drive, Dimondale. (517) 290-7455, reolds.org.

June 22-28: Red Cedar Jubilee

Live music, parades, craft shows, sidewalk sales, lawnmower races and a food and beverage tent. FREE. Various locations and times throughout Williamston. facebook. com/redcedarjubilee.

June 27: Lansing Beer Fest

Craft beer and live music in historic REO Town. Over 100 craft beers from 30 Michigan breweries. 1 p.m.-6 p.m. Tickets start at \$30, \$10 designated driver tickets available. South Washington Avenue, Lansing. (517) 331-0528, lansingbeerfest. com.

June 27: Delta Rocks! Family Festival

Featuring a live petting zoo, trackless train rides, arts and crafts booths and inflatable attractions. FREE. Noon-6 p.m. Sharp Park, 1401 Elmwood Road, Lansing. (517) 323-8555, deltami.gov/parks.

July 7-12: Common Ground Music Festival

Weeklong festival featuring a diverse lineup

local and international music acts. This year's performers include Meghan Trainor, Jane's Addiction, the Band Perry, Snoop Dogg, Wale and the Flaming Lips. Single day tickets begin at \$35/\$10 for children. Adado Riverfront Park, Lansing. (517) 267-1502, commongroundfest.com

July 7-28: Play in the Park Series

Tuesday evening interactive children's entertainment series in East Lansing, including creative dance, storytelling, music and superheros. See website for details. 7 p.m. FREE. Valley Court Park, 280 Valley Court, East Lansing. cityofeastlansing.com.

July 7-8: Potter Park Zoo Days

One-dollar admission to the zoo with a voucher (available at local Meijer locations) and free parking. 9 a.m.-6 p.m. Potter Park Zoo. 1301 S. Pennsylvania Ave., Lansing. (517) 483-4222, potterparkzoo.org.

July 13-18: Eaton County Fair

Includes team penning, enduro and motocross races and truck and tractor pulls. Eaton Country Fair Grounds, 1025 Cochran Ave, Charlotte. (517) 543-4510, eatoncountyfair.com.

July 17-18: Old Town Scrapfest

One-of-a-kind festival that celebrates art, creativity and resource reuse. Teams of artists will transform up to 10,000 pounds of scrap metal into sculptures that will be auctioned off during the two-day celebration. FREE. Old Town, Lansing. (517) 485-4283, oldtownscrapfest.org.

July 17-Aug. 14: Turner Street Outdoor Theater

Friday night outdoor movie series (no movie Aug. 7). Cult classic movies (rated PG) projected on an outdoor screen. Bring a lawn chair or watch from the comfort of your car. 9 p.m. live music, 10 p.m. movie. FREE. Cesar Chavez Plaza (corner of Turner St. and Grand River Avenue), Old Town, Lansing. (517) 485-4283, iloveoldtown.org.

July 25: Taste of Downtown

Explore the diverse cuisine, wine and beer offerings of downtown Lansing restaurants. \$20 adv./\$25 day of/\$5 for children/ Free for children under 2. 3-8 p.m., 100 block of S. Washington Square, Lansing. tasteofdowntown.org.

July 25: Car Capital Auto Show

Judged auto show featuring 74 vehicle classes, 16 motorcycle classes and prize giveaways. 7:30 a.m. -3:30 p.m. Registration fees apply for participants/spectators FREE. Capitol Building, downtown Lansing. reoldsmuseum.org.

Aug. 1: Island Art Fair

Over 100 artists, plus food and live music in historic downtown Grand Ledge. Juried art show, live music and riverboat rides.

FESTIVAL OF THE SUN FESTIVAL OF THE MOON

CityP

program brought to you by

ULSE Greater lansing's media partner in the arts

17

City Pulse • June 10, 2015



FESTIVAL OF THE MOUN FESTIVALOF THE MOON AND SUN. COM

June 19, 2015 6 - 11 PM

It's time to tap into a summer night of moonlit brews at the 11th annual Festival of the Moon. Enjoy craft beer from Bell's Brewery, live music, and local foods as you soak up that lunar glow.

where: Turner Street & Grand River Avenue, Lot 56 - Cesar Chavez Plaza

tickets (21 & up only):

\$17 Advance \$20 Door \$35 Door Weekend Pass Admission includes a souvenir glass with food/drink tickets. Additional food/drink tickets can be purchased for \$1 each. A broken wine or beer glass (with proof) can be replaced for \$5. No exceptions.

drinks:

All brews will be provided by Bell's Brewery. For our non-beer folks, we'll be pouring sangria and soda all night.

food:

Grand Grillin' Maria's Tacos The Michigan Donut Company

celebrity emcee:

Kathie Dunbar, Comedian

live music:

The Festival of the Moon is known for its energetic atmosphere which couldn't be possible without the best local bands. Taking over the stage this year, we have:

opening acts:

The Jonestown Crows Midwest Skies

evening acts:

The Heat Pipes The Outer Vibe

additional entertainment:

Madame Rue's Emporium - Tarot Cards

VIP PACKAGES

large VIP package:

This package includes a private table, private restroom, swag bags, entrance tickets, and souvenir glasses for 8 people along with 80 food/drink tickets and appetizers. This package is \$400 for one night and \$700 for the whole weekend.

small VIP package:

This package includes a private table, private restroom, swag bags, entrance tickets, and souvenir glasses for 4 people along with 40 food/drink tickets and appetizers. This package is \$200 for one night and \$350

VIP ticket upgrade:

Don't want to purchase an entire table? We offer \ festival. If you have already purchased your entrance ticket then it is \$30 for the VIP ticket. If you haven't purchased your entrance ticket, then the VIP ticket is \$50 for each festival day.

FESTIVAL OF THE SUN FESTIVALOF THE MOON AND SUN. COM

June 20, 2015 2 - 11 PM

Drink in sunshine while sipping from the fruit of the vine at the 16th annual Festival of the Sun. Raise a glass and toast the solar celebration of wine and beer, live music, and local cuisine.

where: Turner Street & Grand River Avenue, Lot 56 - Cesar Chavez Plaza

tickets (21 & up only):

\$17 Advance \$20 Door Admission includes a souvenir glass with food/drink tickets. Additional food/drink tickets can be purchased for \$1 each. A broken wine or beer glass (with proof) can be replaced for \$5. No exceptions.

drinks:

Wine will be provided by Great Lakes Wine & Spirits. A variety of local and craft brews will be provided by Alliance Beverage.

food:

Grand Grillin' Bauer's Scullery The Michigan Donut Company

celebrity emcee:

Mars, 92.9 WLMI

live music:

The Festival of the Sun is known for its smooth sounds which are comprised of the best local and national music. Gracing our stage this year you'll find:

opening acts:

Rachel & Alex Bad Television Damn Van Cannibals

evening acts:

Sierra Denae & Band Christy and The Professors

CityPULSE

additional entertainment:

Madame Rue's Emporium - Tarot Cards

sponsors: This event would not be possible without ecial thank you to: Bell's Brewery, J Jational Life, Friedland Industries, W Adams Outdoor Advertising, Rath Insurance, Auto-Owners Insurance, the Lansing City Pulse.









THANK YOU VOLUNTEERS!

To the numerous volunteers of the OTCA, we want to say thank you! Without your help, we would not be able to do what we do - beautify and revitalize Old Town. Our volunteers are the backbone of our association. You've helped us put on amazing fundraising events (like The Festival of the Moon & Sun), you've helped us clean up the Robert Busby Memorial Garden, and you've helped us make Old Town a wonderful community to live, work, play, and volunteer!

Not a volunteer for the Old Town Commercial Association? Join our volunteer network! We can always use more volunteers to help with projects big and small. Visit our website at <u>iloveoldtown.org/volunteer-0</u> and sign up as an OTCA volunteer on GiveGab.









10 a.m. -5p.m. FREE. 120 S. Bridge St., Grand Ledge. ledgecraftlane.com.

Aug. 3-8: Ingham County Fair

4-H horse and livestock exhibition, food contests, rides, tractor pulls and demolition derbies. \$6/\$5 children and seniors/Free for children under 3, additional charges apply for grandstand events. Ingham County Fairground, 700 E. Ash St., Mason. fb.ingham.org.

Aug.7-8: Bath Days Festival

Bath tub races, parade, car show, food, music entertainment and fireworks. FREE. bathdays.com.

Aug. 7-8: Lansing JazzFest

Old Town's celebration of jazz, featuring a wide variety of Michigan talent. This year's schedule and performers to be announced. FREE. (517) 371-4600, jazzlansing.com.

Aug. 7-9: Great Lakes Folk Festival Three-day festival featuring folk, bluegrass, klezmer, zydeco and more. Live music, folk art workshops and dancing. 6 p.m.-11 p.m. Friday; noon-

11 p.m. Saturday; noon-6 p.m. Sunday.

FREE. Downtown East Lansing. (517)

432-4533, greatlakesfolkfest.net.

Aug. 14-16: St. Johns Mint Festival

Celebrate St. Johns' mint farming heritage. Arts and crafts, flea market, sports tournaments and children's activities. FREE. Clinton County Fairgrounds, St. Johns. clintoncountychamber.org.

Aug. 15: Art Feast

Second annual festival featuring an art fair, sidewalk sales and a food truck rally in Lansing's Old Town. 10 a.m.-6 p.m. FREE. Turner Street, Old Town, Lansing. (517) 485-4283, iloveoldtown.org.

Aug. 20-21: DeWitt Ox Roast

Festivities include a parade, car show, carnival, music and fireworks. FREE. Downtown DeWitt. dewittoxroast.net.

Aug. 22: REO Town Art Attack

Celebration of local art featuring arts and crafts vendors, a beer tent and interactive art activities. Live music by Vandalay, Gifts or Creatures, Donnie Brown and more. Noon- 9 p.m. FREE. REO Town, S. Washington Ave., Lansing. reotownartattack.com.

Aug. 29: Michigan Pride March, Rally & Festival

Statewide celebration of the LGBT community. 11 a.m. parade ending with a rally at the Capitol, followed by a festival at Adado Riverfront Park featuring food and live entertainment. 11 a.m. FREE. Adado Riverfront Park. michiganpride.org.

Aug. 30: Capital City Dragon Boat Race

Dragon Boat race featuring ornate, Chinese-style boats racing down Lansing's Grand River. Registration cost for competitors is \$500-1200, depending on type of team, for teams of 20-25 paddlers. The event is free for spectators. 8:30 a.m. Adado Riverfront Park, Lansing. capitalcitydragonboat.com.





From classic children's tales to post-apocalyptic plays, Greater Lansing's theater scene has a wide variety of summer offerings.

All-of-us Express Children's Theatre will stage "The Pied Piper of Hamelin" (July 24-25, 31, Aug. 1), a classic tale about the consequences of greed. 7 p.m. Friday; 2 p.m. and 4:30 p.m. Saturday. \$7/\$5 under 17. Hannah Community Center, 819 Abbot Road, East Lansing, allofusexpress.org.

Lansing Community College Department of Theatre will hit its outdoor stage with "The Two Musketeers!" (June 17-21), a comedic twist on the classic tale, and "Story Theatre" (June 22-26), based on stories from the Grimm brothers and Aesop's Fables. 7 p.m. FREE. LCC Outdoor Amphitheatre (located in the center of LCC's downtown campus), Lansing. lcc.edu/cma/events, (517) 483-1546.

Michigan State University Department of Theatre will embark on its 55th annual Summer Circle Theatre in its new permanent home, the Summer Circle Courtyard. The schedule comprises "Mr. Burns, A Post-Electric Play" (8 p.m. June 10-13) "The Book of Liz" by David and Amy Sedaris, (8 p.m. June 17-20), "The American Plan" (8 p.m. June 24-27), "The Tale of Peter Rabbit" (6:30 p.m. June 12-13, 19-20 and 26-27) and "An Adult Evening of Shel Silverstein" (mature audiences only, 10 p.m. June 12-13, 19-20 and 26-27). FREE. Summer Circle Courtyard, between the Auditorium Building and the Kresge Art Center, MSU campus, East Lansing. theatre.msu.edu.

Mid Michigan Family Theatre offers summer drama classes for kids at the Big Red Barn from June through September. It will also stage the play "Goldilocks," a classic folk fairy tale adapted to teach young audiences the meaning of responsibility (Aug. 21-23 and 28-30). 7 p.m. Friday and Saturday, 3 p.m. Sunday. Big Red Barn, 3348 Hagadorn Road, Okemos. (517) 339-2145, freewebs.com/ midmichigantheatre.

Peppermint Creak Theatre kicks off its 2015-16 season with "Elegies," a song cycle by William Finn dedicated to departed friends that captures poignant and often funny glimpses of life and death. This production is part of the Renegade Theatre Festival.

Renegade Theatre Festival stages theater productions in unconventional locations around Lansing's Old Town district. Genres include comedy, drama, musicals, children's theater and original works by local playwrights (Aug. 13-15). Complete schedule to be announced. Old Town, Lansing. renegadetheatrefestival.org.

Riverwalk Theatre is bringing a new adaptation of a children's classic to the stage with "Alice in Wonderland." The company's Young Artisan Workshop will perform the play July 17-19 and 24-26. Riverwalk Theatre will also present "Two Naked Guys with Impeccable Taste" as part of the Renegade Theatre Festival. Times and ticket information to be announced. Riverwalk Theatre, 228 Museum Drive, Lansing. (517) 482-5700, riverwalktheatre.com,.

Williamston Theatre continues its 2014-15 season with "Outside Mullinger" (running through June 21) and will conclude the season with "The Art of Murder" (July 16-Aug. 23). See website for schedule and ticket information. Williamston Theatre, 122 S. Putnam St., Williamston. (517) 655-7469, williamstontheatre.com.

ARTS & CULTURE

ART• BOOKS•FILM•MUSIC•THEATER





Ty Forquer/City Pulse

HOP TO IT Could Kalamazoo's Art Hop work in Lansing?

By TY FORQUER

22

Members of Lansing's arts community, searching for a ways to energize the local art scene, are looking to the southwest for inspiration. Kalamazoo's popular Art Hop event is thriving, and some local artists are wondering if the idea could be transplanted to Greater Lansing.

Art Hop, organized by the Arts Council of Greater Kalamazoo, is a monthly, art-driven event on the first Friday of each month. Friday, the Arts Council of Greater Lansing took a contingent of Greater Lansing arts stakeholders — gallery managers, artists, journalists and arts supporters — on a trip to Kalamazoo to experience the event firsthand and discuss what a Lansing-based version of this event would look like.

The experience was perhaps a bit skewed, since the group experienced Art Hop at its apex. The June installment of Art Hop is one of the largest of the year, coinciding with both the beginning of summer and the Kalamazoo Institute of the Arts' annual Arts Fair. The art vendors even spilled out into the Kalamazoo mall, which was closed off for the event.

"It was a very different experience than when I went in November," said Deborah Mikula, executive director of the Arts Council of Greater Lansing. "It felt very fair-like. The stores weren't as prominent."

Part of Art Hop's continuing success is its partnership with local businesses. More than just a gallery walk, Art Hop transforms retail spaces and restaurants into temporary gallery spaces. Friday's Art Hop featured art in 55 locations around Kalamazoo, including art galleries, coffee shops, businesses, retail shops and restaurants. The event is driven by a fee-based system. Participating businesses or organizations pay \$40 each month they would like to be involved. This money goes into promotion and marketing for the event — the participants are

listed in the Art Hop brochure/map and receive a sign or banner to place outside, letting visitors know they are an official Art Hop stop. While the fees don't cover all of the costs of Art Hop, it creates a sense of collaboration between the participants.

"We do it 12 months a year," said Julie McElroy, gallery manager at Amy Zane: Store & Studio in downtown Kalamazoo. "It's one of the best nights of the month for us, I think the other businesses would

say the same." Art Hop began 20 years ago with only a

few participating locations, but it has built itself up into one of the city's premier cultural events.

"It's a fun place to see people," said Kalamazoo resident Beth Keller. "Everyone comes out. Even when it's cold, people come out."

Even with the success of Art Hop as a model, Mikula wants to tailor the event to the Greater Lansing community.

outside of a shop in downtown Kalamazoo.

"We're not going to be exactly like Kalamazoo," she said.

Next steps for a Lansing-based event are identifying a location, finding retail part-

ners, and securing funding. Mikula is content to start small and grow the event. "We're not talking

ABOVE LEFT: June's Art Hop spilled out into the Kalamazoo Mall, with 73 vendor booths lining the street. ABOVE RIGHT: The Kalamazoo Saxophone Quartet performs

about doing this overnight," she said.

The council is looking at Spring 2016 as a likely time to launch the event. This time frame gives the council and the major players plenty of time to work out logistics, marketing and funding for the event.

"Where we start is going to be critical," Mikula said. "Where can we go to have the impact we want?"

The council has tentatively identified Old Town and East Lansing as communities that would be

a good fit for an evening arts event. Both communities feature a mix of gallery spaces, retail spaces and restaurants in small areas. Communities like downtown Lansing,

however, offer a more challenging setup, with only a few galleries and retail spaces.

Barb Whitney, executive director of

downtown's Lansing Art Gallery, is concerned about geographically isolated galleries being left out.

"In many communities, the concept of an art crawl or art hop presents an opportunity for traveling on foot within walking distance," she said. "Perhaps involving a transportation authority to travel to and from participating arts venues throughout the evening, similar to Be a Tourist In Your Own Town, could offer greater accessibility for potential attendees of an arts-specific event."

Whitney is excited about the potential energy of an arts-driven event, but she wants to make sure that it is done well and that it is built in an inclusive way. One barrier to participation, she said, is cost.

For galleries, staying open for an evening event could require a reallocation of resources. In addition to the participation fee, the galleries would have to account for staffing, preparation and other costs associated with an evening event.

"I have to carefully weigh our resources," said Whitney.

Mikula believes that the event would be a fruitful collaboration, but that each gallery and business will have to decide for itself whether it will be involved.

"They have choices," Mikula said. "We can't make them participate, but we can give them some incentive."

While she is glad to have Art Hop as a model, Whitney stresses that a Lansing event should reflect the local community.

"It's important to consider all the participating groups and what makes sense for this community," said Whitney. "I believe in the importance of learning best practices but also feel very strongly that a Lansing area event should be tailored to our community's interests, needs, history and future."



Ty Forquer/City Pulse Colorful signs designate Art Hop locations.

A thing that rings

Jason Adasiewicz brings vibraphone sound to East Lansing By LAWRENCE COSENTINO

For all his twirling melodies, intricate harmonies and meditative ballads, Chicago vibraphonist Jason Adasiewicz glories in the sound of his tintinnabulating toy the way a baby rocks a rattle.

"The thing rings," Adasiewicz said. "That all it does. You can dampen it, like you can dampen a piano, but I like to embrace the fact that it likes to ring, and ring loud."

Adasiewicz (pronounced "a-da-SHEvits") brings the exploratory sound of Chicago's wide-open jazz scene to a crowded slate at East Lansing's Summer Solstice Jazz Festival, June 19-20.

The twinkling, prismatic patterns Adasiewicz weaves on vibraphone are a stark contrast to the traditional bop, Latin, big band and blues that fill the rest of the festival, centered on two tents in downtown East Lansing.

Fittingly, Adasiewicz and his quartet will play in a metallic, angular venue perfectly suited to field vibraphone vibes. The group will kick off June 20's slate with the second annual Kozmic Picnik at 1 p.m. in the Broad Art Museum Sculpture Garden.

Adasiewicz will be joined by longtime collaborators Mike Reed on drums, Josh Berman on cornet and Jason Behnke on bass.

Adasiewicz was a high school drummer, schooled in jazz tradition, when he discovered a vibraphone in his teacher's studio. (He still plays that same instrument.)

"I didn't know there was something that looked like that," he said. "Something that had aluminum bars and a dampener bar, that was incredibly loud, and rang, like a cymbal can ring, so the overtones can just get super crazy."

The sight of a vibraphone rang a new bell in his head.

Growing up in Crystal Lake, northwest of Chicago, he did a lot of time in his high school big band.

"I got into college because I could play jazz drums," he said. "I did all those district all-state bands at school."

Luckily, Rick Embach, the man who is now Crystal Lake's second most famous vibraphonist, lived across the street from Adasiewicz's high school and was willing to take on some work. Adasiewicz was his only student.

He took like mad to swinging on the vibraphone — not in the traditional sense, but an intense, Quasimodo-on-the-bell-ropes sense.

Embach is a fan of vibraphonist Gary Burton, who is known for using four mal-



Vibraphonist Jason Adasiewicz brings an avant-garde edge to this year's Summer Solstice Jazz Festival.

lets at once, and instantly had Adasiewicz mastering the "Burton grip."

"When it came to digging into the vibraphone, I had no interest in regurgitating the tradition of learning tunes, learning tunes, learning tunes," he said. "You do that when you're a kid, and you have time to do it, and don't get jaded and bitter about it."

Despite several CDs and wide critical acclaim as one of jazz's most distinctive new voices, Adasiewicz admits he still hasn't grasped the "traditional language" of the vibraphone, as he did on the drums, and he likes it that way.

"I don't know if I've created my own language, but I hear (the vibraphone) differently," he said.

The quartet Adasiewicz will bring to the Summer Solstice Jazz Festival is an extension of his most recent group, a trio dubbed Sun Rooms by drummer Mike Reed. (Both Reed and Adasiewicz are gardeners.)

As a composer, Adasiewicz is a prodigious weaver of musical fabric. His tunes range from butterfly-fast bebop blitzes to hypnotic melodies that turn slowly, like mobiles by Alexander Calder, to reveal different shapes and colors.

The Sun Rooms trio, with three CDs in the can, is the purest expression of Adasiewicz's art yet. The trio was a big leap for him after playing with a quintet, Rolldown, and another big project, Living by

Lanterns.

"I was kind of scared of the trio," he said. "The idea of being so exposed as the dominant melodic instrument — I guess I was hiding behind other people playing my music."

He won't be quite as exposed at the East Lansing Jazz Fest gig, with the addition of cornetist (and Rolldown alumnus) Josh Berman, but the music will come mostly from the Sun Rooms albums.

Adasiewicz is among the brightest of a glittering constellation of Chicago artists - from trumpeter Rob Mazurek to drummers Frank Rosaly and Reed to bass clarinetist Jason Stein – who move in and out of traditional lines with a breeziness befitting their home town. You get the feeling that unlike some avantgarde and free jazz warriors, they don't spend much time sitting around fuming about Wynton Mar-

salis. They just do their thing. "Hey, the cat can play," Adasiewicz said of Marsalis.

Adasiewicz plays frequently with another jazz legend, German free-jazz icon Peter Brötzmann. For a jazz musician, that's like painting with Jackson Pollock.

"It can be incredibly free," Adasiewicz said. "But I also love to embrace simple harmony and the beauty of a tune. I feel like I straddle that, and Chicago straddles that." Where's the meat? Tesco Vee plays hometown show at the Loft

By SARAH WINTERBOTTOM

Lansing's hardcore-punk roots can be traced back to one man: Tesco Vee. Aside from founding and fronting the Meatmen - a band known for its shocking, tongue-

The Meatmen with Murder Party, S.N.A.F.U. 7 p.m. Sunday, June 14 \$15/\$12 adv. Th e Loft 414 E. Michigan Ave., Lansing theloftlansing.com in-cheek anthems like "Tooling for Anus" and "Crippled Children Suck" —he also founded Touch & Go magazine and record label, a staple in the early punk movement, in 1979. The Meatmen

headlines Sunday at the Loft, its first Lansing show since 2011. But the band hasn't been on vacation. In support of its latest album, "Savage Sagas," the group has toured both coasts in the last 12 months, as well as Texas, New Orleans and Canada. City Pulse talked with the 59-year old front man/vocalist about growing up in the punk-rock scene and one of the Meatmen's most famous fans.

What's a typical Meatmen show look like?

I always try to put on a production. We use confetti cannons and sight gags — kind of like if Rip Taylor was a punk rocker. I guess there's some kind of a parallel there. I'm not a joke guy but I'm kind of a quip one-liner guy. It's like, how many words for penis can I come up with? How many different penis guitars can I come up with? My goal was to go out and shock and offend people, package it in a punk-rock vehicle.

At the genesis of the Meatmen, you were a school teacher. Why did you decide to gravitate toward music instead?

I remember performing on the roof of a garage in Okemos. I had my pants down and a microphone sticking out of my butt cheeks. I thought, "You know what, worlds are starting to collide here." Later thereafter I got laid off, but I don't think there was See Meatmen, Page 15



Ingham County Animal Shelter

To adopt one of these pets from the ICAS call (517) 676-8370. 600 Curtis St., Mason, MI 48854. ac.ingham.org



Slugger Slugger is a handsome boy who loves people. He loves to snuggle and just get any attention. Sponsored by: Ioana Sonea



Lima Bean Lima Bean is a sweet, but shy, little girl. Once she gets to know you, she wants lots of attention and hugs and kisses. She's very intelligent so training should be easy. Sponsored by: Dale Schrader

Squirt

Momma

people are nearby.

FOODS

Momma is a big happy gal.

She would love a home

with an active family but

she doesn't mind being a

couch potato too as long as

soldanspet.com

foodsforliving.com

Adopt a pet and

get a \$10 Foods

for Living gift

PET SUPPLIES

Squirt is a sweet girl who can sometimes

be a little shy at first. She normally warms

Sponsored by: Schuler Books

up quickly and becomes quite the love-bug!

Okemos

517.349.8435

12286 U.S. 127

517.669.8824

Lansing 5200 S. MLK

517.882.1611

517.323.6920

Charlotte

515 Lansing Road 517.541.1700

STORE HOURS

Mon 8am - 9pm

Tue 8am - 9pm

Wed 8am - 9pm

Thu 8am - 9pm

Fri 8am - 9pm

Sat 8am - 9pm

Sun 9am - 8pm

2655 East

Grand River

East Lansing, MI 48823

(517) 324-9010

6201 W. Saginaw Hwy.

Dewitt

1802 W. Grand River



Heinz is a fun loving goofball. He enjoys people and going for walks outside. He loves to lie around enjoying the sunshine and would do well in just about any home. Sponsored by: Linn & **Owen Jewlers**



Binx

Binx is a sweet boy who loves having the back of his head rubbed. Sponsored by Ms. Georgia Curry





Chai Chai is a sweet girl who came in to the shelter in rough shape. This poor sweetie went

certificate-with paperwork through a lot, but now she loves to snuggle and put her paws on your shoulder.

Sponsor a pet on the next Adoption Page for only \$35 — \$6 goes to the shelter. To sponsor, call by Nov 3: 999-5061 Now!! Adopt a pet on this page & Soldan's will thank you with a \$10 gift certificate. Contact (517) 999-5061 after you adopt.



Punk rocker Tesco Vee and his band, the Meatmen, headline Sunday at the Loft.

Meatmen

from page 23

any correlation.

Why did you release records under the Touch and GO imprint?

It was just filling a need. My friends the Necros and the Fix had no one to put their records out, and I said "I'll do it." Now both the Necros' and the Fix's 7-inches are worth a lot of money — it's because of their limited quantities. Punk as an outsider movement just continues to get new fans. I picked a genre that has legs, not like hair metal or something. Someone sold a Fix single on eBay for \$4,200 one time.

What was the late '70s early '80s punk scene like in Lansing?

There wasn't a whole lot of it in Lansing. We kind of had to pull our resources from all over the state to get a scene together. I mean we had the Fix, the Meatmen, we had the Crucifucks. I think the most famous alumni is drummer Steve Shelley from Sonic Youth, he started out in the Crucifucks.

In your early Meatmen days you crossed paths with Henry Rollins, then in Black Flag, and Jello Biafra of the Dead Kennedys - what do you recall about those guys?

I hung out with Jello not too long ago for the first time in over 30 years. It was really fun. He and I are kind of kindred spirits and kind of have the same political views, although I'm not quite as proselytizing on stage as he is. We both hate Ann Coulter, which is like the universal language. Rollins and I haven't really hung out with each other in a long time. Back in the day it was fun to hang out with him. He was a very intense dude. When we first went to D.C. we stayed at his apartment and talked to him all night, then crashed on his floor.

Why did you move your family to Washington, D.C., in 1982, and why did you eventually move back to Lansing?

It was partially because of the D.C. music scene. I went out there and I saw Circle Jerks, Minor Threat and Youth Breed at the old 9:30 Club and I had always worshiped their scene. I started doing the band again and kept doing Touch and Go magazine for a couple more years. We were there from '82 to '99. Then we were like "screw this." It's a really gross place to live. The traffic is heinous, there are so many people crammed in there and I just knew George Bush was going to be elected, so I left.

What inspired the songs on the latest Meatmen LP, "Savage Sagas"?

"I'm Gonna Fuck You Up" is just a song about day-to-day life — being behind a car going too slow or people in Walmart pissing you off. We refuse to adopt a cookiecutter sound and that's what I love about us. We're not pigeonholed into one style. There's everything from early punk to Judas Priest-style anthems.

I heard Stephen King is a Meatmen fan. Is that true?

So our bassist Danny Dirtbag is at a gas station in Vermont, and he's toppin' off the van while on tour with a different band, and he's wearing a Meatmen hoodie. Suddenly he hears, "Meatmen! I got all your albums." And he looks over and it's Stephen King at the next pump. He was like, "No shit man!" and Stephen was like, "Yeah,, I've been listening to you guys for years. Are you an original member?" And he goes, "No, I'm only 30." So he got a picture of him and Stephen King both flippin' the bird. Who knew? It was pretty cool.

Is there an end in sight for the Meatmen?

I'm not fading away into the sunset anytime soon. I'm not done yet. I see people a lot older than me still rocking.

Not their first rodeo **Grand American Fish Rodeo** builds on last year

By TY FORQUER

The Grand American Fish Rodeo, Lansing's fledgling festival dedicated to high-

Grand American Fish Rodeo

10 a.m.-10:30 p.m. Friday, June 12; 8 a.m.-10:30 p.m. Saturday, June 13 FREE Adado Riverfront Park. Lansing grandamericanfishrodeo. com

lighting the city's waterways, kicks off its second year this weekend. The festival was founded, at least in part, to put the spotlight on one of the city's great resources: the Grand

"We have an awesome river," said Terry Terry, founder and president of MessageMakers and organizer of the festival. "People need to see the river, to see what a treasure we have."

River.

Entering its second year, the festival is trying to build on last year. A young festival fighting for its place in a crowded slate of regional festivals, the Fish Rodeo is hoping that its mix of water-themed activities and festival fare will catch on with Lansing residents.

While attendance wasn't particularly strong last year, the festival's layout didn't help the matter. With events scattered throughout the sprawling Adado Riverfront Park, the festival lacked the sense of energy that the crowded festivals of Old Town and East Lansing have.

"We were pretty spread out last year," Terry said, noting that this year's layout will be more condensed.

The biggest change to this year's festival, however, is the evening slate of music. Last year's festival featured two evenings of country music. This year leans heavily on local artists, featuring regional favorites like Root Doctor, Greg Nagy and Kevin Nichols & Blue Tuesday.

'The bands we selected will draw people in," Terry said.

While the evening's music slate has changed focus, the Saturday afternoon entertainment lineup will still feature multi-cultural performances - a holdover from the festival's past life as the diversity-driven Michigan Mosaic Music Festival.

Saturday afternoon's performances will highlight the region's diversity, comprising Irish, Native American, Hispanic and Middle Eastern music and dancing performed by Mid-Michigan-based groups.

Other popular activities from last year's festival will return for the second year.

"The fishing tournament was great last year," said Terry. "We're bringing that back.'

Other returning events include riverboat rides on the Grand River and an educational tent for kids.

While attendance was low at last year's festival, Terry is not discouraged.

"We're used to the huge numbers of JazzFest and Blues-Fest," Terry said. "We're trying to build this slowly, we know it takes time to build."

While the JazzFest and BluesFest websites estimates that each festival draws some 7,000 people to Lansing's Old Town, Terry said he would be thrilled with a fraction of that at this year's Fish Rodeo. "If we had a few

thousand people, that would be awesome," he said.

While attendance numbers are important in terms of festival sustainability, Terry views these first few years as a chance to establish an identity to build on.

"We achieved all of our pilot year objectives," said Terry, noting that branding, marketing strategy and logistics are all major hurdles for a new festival.

Whether the Fish Rodeo will ever enjoy the popularity of JazzFest and Bluesfest remains to be seen, but Terry is confident in the concept.

"We've got a great outdoor party right on the river," Terry said. "Right in downtown Lansing."

Top of the Town Party

Winners of the City Pulse/WLNS Top of the Town contest will be feted at the Grand American Fish Rodeo on Friday at River-

and

Top of the front Park. **Town Party**

\$10

Park

Winners Hosted by City Pulse and WLNS the general public Friday, June 12 Doors at 5 p.m., may attend a special party in the winner recognition 6:30-7:30 p.m. VIP tent starting at 5 p.m. Winners Includes tasting tables from 13 area restaurants will be recognized on stage between Fish Rodeo VIP 6:30 and 7:30 p.m. Adado Riverfront by City Pulse editor and publisher Berl

Schwartz and by Channel 6 morning and noon anchorwoman Chivon Kloepfer.

Tickets for the special party are \$10 each and include trips to tasting tables set up by 13 area restaurants that were TOTT winners: Capital Prime, Dusty's Cellar, Cugino's, De Luca's, Eastside Fish Fry, Jersey Giant, Lou and Harry's, Meat, Red Lobster, Sansu, Soup Spoon Café, Zaytoon and Zoobie's/Cosmos.

Guests may stay as long as they wish to enjoy the music.



fed Cedar spirits™

Cocktail Bar & Distillery

Enjoy Red Cedar Spirits high quality spirits--all made here at our distillery. We make our cocktails using fresh squeezed fruit juice, fresh herbs and other unique ingredients.



Book our Events Room

- Receptions, showers
- Birthday parties
- Meetings, retreats
- Graduation parties
- Reunions
- Fundraisers

Ample parking, adjacent to main bar with great cocktails. Bring in your own food, order snack trays from bar, or we can arrange catering for you.

Call for details.

2000 Merritt Road, East Lansing 4 - 10 p.m.; closed Mondays; 517-908-9950

Recent visitors to Golden Harvest may have noticed that the exterior seems a little more ... cluttered. A silver crescent moon sits above the doorway, and a mannequin on a bike is suspended mid-jump off of the corner of the roof. Road signs, 45 RPM records, fake trees and plastic creatures jut out in all directions. It's all part of the punk-rock breakfast mecca's ongoing quest to be Lansing's quirkiest eatery.

"It's something we've talked about doing for a while," said Vanessa Vicknair. "Making the outside match the inside, the chaos of it."

Vicknair, who co-owns and operates the diner with her husband, Zane, and her mother, Marie Vicknair, said that some visitors have compared it to Detroit's Heidelberg Project, the collection of eclectically decorated houses in the city's east side.

RESTAURA

As the collection has grown, diner patrons have brought items to add to the décor. A large sign donated by one patron warns of the dangers of picking up hitchhikers. Vicknair said a pair of MSU music students brought in their starter musical instruments to hang up. (The instruments haven't made it onto the walls yet.)

"They thought it would be cool to come back years from now to see if they are still there," Vicknair said.

Photos by TY FORQUER

A huge crescent moon greets patrons at the front door of the diner.

> Road signs, fake trees and plastic animals adorn the walls of North Lansing's Golden Harvest.

A headless mannequin pilots its bike off of the diner's rooftop



1625 TURNER ST.

road sign warns of the dangers of picking up hitchhikers.

A donated vintage



Golden Harvest's signature flag flies over its eastern wall.

Censorship happens Re-release shines light on forgotten Lansing author **By BILL CASTANIER**

Almost 90 years after it was banned in the U.S. for obscenity, "What Happens," a 1926 book by Lansing author John Her-

rmann, has been re-released.

"What Happens" Book release and talk 6 p.m. Thursday, June 11 FREE Library of Michigan Forum Room 702 W. Kalamazoo St., Lansing lansinghistory.org

Valerie Marvin, president of the Historical Society of Greater Lansing, said that Herrmann was a member of the

"lost generation," the post World War I generation that included such authors as T.S. Eliot, F. Scott Fitzgerald and Ernest Hemingway. Herrmann was friends with Hemingway and a noted radical writer of the 1930s. He was the scion of a successful Lansing family that owned John Herrmann's Sons, the largest bespoke tailor in the state, which at one time employed 35 tailors in downtown Lansing.

"Herrmann went on to write two other novels and numerous short stories drawing liberally from his experiences growing up in Lansing and using his friends and acquaintances as characters in his writing," Marvin said.

Hastings College Press of Nebraska has put "What Happens" into print for the first time in 89 years, and the Historical Society of Greater Lansing and the Library of Michigan will honor Herrmann Thursday with an event celebrating the re-release.

Randy Riley, state librarian, said that the confiscation of "What Happens" and the resulting obscenity trial is an important part of Michigan literary history.

"The obscenity trial was one of the first major tests of community standards



and what's obscene," Riley said. "What Happens' was defended by Morris Ernst, who would become a noted free speech expert and one of the founders of ACLU."

"What Happens," a coming-of-age story set in a fictional version of Lansing, was first published in Paris in 1926 by an avant-garde publisher, but it was deemed obscene and confiscated when a shipment of books arrived in the U.S. The books were destroyed following the con-



"Consider how polite is a book:

It speaks to you only as rapidly as you wish to be spoken to; it will repeat anything, just for the re-reading; with perfect patience it awaits your convenience; from worldly distractions it will conduct you on a tour of thought, romance, love, vital information. Well made, it fairly caresses the hand and the eye imparting charm, culture and deep satisfaction."

--The Marchbank Press

Come in for a well made book.

Curious Book Shop 307 E. Grand River * E. Lansing 332-0112 * We validate parking Mon - Sat 10 - 8*, Sun 12 - 5 * January thru May 'til 7 www.curiousbooks.com

Archives Book Shop 519 W. Grand River * E. Lansing

332-8444 * Free parking Mon - Fri 10 - 7, Sat 11 - 6, Sun 12 - 5 archivbk@concentric.net

troversial trial. "What Happens" tells the story of Winfield Payne, a young man from a by Lansing wealthy Michigan family who struggles with his awakening sexuality Herrmann and fickle affections.

Herrmann is noted for his radical writing and his close association with U.S. Communist Party figures, including Harold "Hal" Ware, Alger Hiss and Whittaker Chambers. He served in the U.S. Coast Guard during World War II and later moved to Mexico where he connected with beat writers, including William Burroughs. He died in 1959. Sara Kosiba, Herrman biographer and English professor at Troy University in Montgomery, Ala., has written a

new introduction for "What Happens." She will present a lecture on Herrman at Thursday's event, discussing his close association with Ernest Hemingway and other prominent 20th century





writers and his tumultuous marriage to novelist Josephine Herbst, whose novel "Rope of Gold" is semi-autobiographical and partially set in Lansing.

John Herrmann's work is important, according to Kosiba, for "the way it adds to our understanding of American literature and history.

"John Herrmann was a participant in several significant movements in the 20th century, from the famed expatriate literary circle in Paris in the 1920s to the social and political efforts of the 1930s to the Communist hysteria of the late 1940s and 1950s," Kosiba said. "Herrmann's life and career provide additional understanding and nuance to these moments and show how a boy from Lansing eventually ended up involved in some of the most interesting and continually debated moments in American history."

Schuler Books

Girls' Night Out presents Humorist & Body Image Advocate BRITTANY GIBBONS

Thursday, June 11 @ 7 pm Eastwood Towne Center location

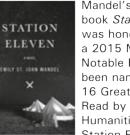


Meet a woman who has been an outspoken advocate of positive body image nationwide, as she tours to promote her debut book Fat Girl Walking. Brittany has been focusing on humor, body image advocacy and fashion

through her popular blog BrittanyHerself. com since 2007. She has also appeared as an expert on body image issues on the Today Show.

Talk: Great Mich. Read Author EMILY ST. JOHN MANDEL

Tuesday, June 16 @ 7 pm Eastwood Towne Center location



Mandel's bestselling book Station Eleven was honored as a 2015 Michigan Notable Book, and has been named the 2015-16 Great Michigan Read by the Michigan Humanities council! Station Eleven was

was named one of the top 10 books of the year by numerous publications!

for more information visit www.SchulerBooks.com

"What

author

has been

published

nearly

after

it was

for

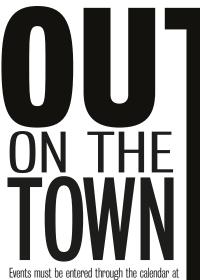
banned

obscenity.

90 years

John

Happens"



Events must be entered through the calendar at lansingcitypulse.com. Deadline is 5 p.m. Thursdays for the following week's issue. Charges may apply for paid events to appear in print. If you need assistance, please call Jonathan at (517) 999-5069.

Wednesday, June 10 CLASSES AND SEMINARS

Family Storytime. Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 367-6363.

Meditation. For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866. Alcoholics Anonymous. A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215.

Walk-In Wednesdays. Drop-In Art Class. All ages. 4-5:30 p.m. FREE (\$5 suggested donation).
Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, reachstudioart.org.
Mendeley. A comprehensive introduction to Mendeley. 10 a.m. FREE. MSU Library, MSU Campus, 366 W. Circle Drive, East Lansing. (517) 353-8700. libguides.lib.msu.edu/mendeley.
Communications 2: Assertive. Workshop: Assertive, not passive or aggressive. 6-7 p.m.
FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave. Lansing. (517) 484-7434, pilgrimucc.com.

EVENTS

Strategy Game Night. 18 and over. Learn and share favorite games. 5-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtdl.org. Allen Market Street Farmers Market. Locally grown, baked and prepared foods. 2:30-7 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911. Open Workshop. Bike repair, bike safety and biking as healthy exercise. 6-8 p.m. FREE. Kids Repair Program, 5815 Wise Road, Lansing. (517) 755-4174.

Summer Reading Kick-off Event. Visit from Eric Litwin, Iron Man, and Batman. 11 a.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Practice Your English. Practice listening to and speaking English. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Senior Discovery @ ANC. Coffee and presentation with guest speaker. 10 a.m.-noon,

See Out on the Town, Page 30





Every good meal deserves an appetizer, and East Lansing's Summer Solstice Jazz Festival is offering a musical appetizer June 18 before serving a full plate of jazz June 19 and 20. The festival is hosting its first ever kick-off fundraising event, featuring performances by "Boogie" Bob Baldori and Arthur Migliazza. The duo's traveling stage show, "Boogie Stomp," has performed in venues from Moscow to New York.

Benjamin Hall, Summer Solstice Jazz Festival coordinator, was a key player in bringing this evening to life. Baldori initially reached out to the Michigan State University College of Music, and Hall helped coordinate the kick-off event.

"It had mostly to do with interest from Boogie Bob," said Hall. "He approached our artistic director about the idea and we made it happen."

Baldori has been a blues, boogiewoogie and rock 'n' roll advocate in the Midwest for over 40 years. His career took off in the late '60s with East Lansing-based band the Woolies. The group scored a national hit with its cover of Bo Diddley's "Who Do You Love?" He has since toured and performed with such American music icons as Chuck Berry, Muddy Waters, John Lee Hooker, Del Shannon, John Hammond and Bo Diddley, and he has helped produce and engineer over 200 albums. Baldori is also an entertainment law attorney, and his practice includes musical clients such as Chuck Berry and Hubert Sumlin.

"Boogie Bob, if people have not heard of him before, he's definitely an area legend," Hall said. "If you haven't heard him, you should get out there and hear him since he's a person to be appreciated in the area."

Migliazza is an award-winning blues and boogie-woogie pianist who began play professionally at the age of 13. He has been inducted into the Arizona Blues Hall of Fame, was a finalist at the 2010 and 2014 International Blues Challenge in Memphis and also received the 2014 Best of Blues Award for Best Keyboardist in Washington state. His album, "Laying It Down," reached the number one spot on the Roots Music Report charts for Washington state for the summer of 2014 and claimed no. 20 on its national chart.

Baldori and Migliazza share an interest in boogie-woogie and American roots piano music. Their fundraiser performance will highlight 100 years of American piano music, including blues,

American Piano Music tival kick-off fundraising

Festival kick-off fundraising event with "Boogie" Bob Baldori and Arthur Migliazza 7- 9 p.m., Thursday, June 18 \$30/\$50 preferred seating/\$100 VIP Cook Recital Hall, Music Building 333 West Circle Drive, East Lansing music.msu.edu/eventlisting/season (517) 353-5340

jazz, boogie-woogie, swing, stride, ragtime, R&B and rock 'n' roll.

There is limited seating in the Cook Recital Hall — only about 130 spaces available — so those planning to attend may want to buy tickets early. Remaining tickets will be sold at the door.

Check eljazzfest.com for the complete Summer Solstice Jazz Festival schedule and updates.

JAMES GARDIN & THE FULL RESPECT AT MAC'S BAR

Mac's Bar, 2700 E. Michigan Ave., Lansing. All ages, \$8, 7 p.m., Thursday, June 18

Formerly known as P.H.I.L.T.H.Y., Lansing-based hip-hop artist James Gardin headlines June 18 at Mac's Bar along with Jabee, Rafa'el and Miles Young. "My current sound is a mix of funk, rap and gospel," Gardin said. "My music sound is like Drake, Mos Def, and Kirk Franklin had a love child." While he started out as a stripped-down act, he's now joined by a full backing band: the Full Respect. Gardin, whose diverse influences range from Outkast to the Smiths, found his sound after hearing the 2004 Kanye West LP,"The College Dropout." That's when he decided to be himself, pull profanity from his rhymes and begin speaking about Christianity. These days he's promoting his new album, "Living Daylights," and is preparing to move to Pennsylvania for a job teaching songwriting and recording.

KNOWLEDGE DA MC RELEASES ALBUM AT TWIZTID SHOW

The Loft, 414 E. Michigan Ave., Lansing. All ages, \$30, \$25 adv., 6 p.m., Saturday, Jun 13

Horror-core rap duo Twiztid headlines Saturday at the Loft, openers are Smokehouse Junkiez, Death 2 Reggies, Davey Suicide, Bake Lo and Knowledge Da MC. Twiztid was signed to Psychopathic Records from 1997 until 2012. Last year the pair formed its own label, Majik Ninja Entertainment. At the Loft show, Destin Leatherwood, aka Knowledge Da MC, releases his new 16-track mixtape, "Roach Reppin' Smoke Sessions: Hydroponically Speaking." The Lansing-based rapper will be joined on stage by his Roach Records label mate, Jimi Kanklez. "I'm originally from Atlanta, so I wanted to do something that not a lot of people do around here," Leatherwood said about the new disc. "It's basically a lot of stoner music on this album, but I'm not one dimensional when it comes to writing." A follow-up Knowledge Da MC release is already in the works, the "First They See You" EP is due out later this year.

WHITNEY PEYTON AT MAC'S BAR



-

Mac's Bar, 2700 E. Michigan Ave., Lansing. All ages, \$15, \$10 adv., 7 p.m., Wednesday, June 17 Pennsylvania-based rapper Whitney Peyton brings her pop-flavored hip-hop to Mac's Bar on June 17. Peyton is headlining a tour supporting her "Fear of Falling" EP. The disc, "an appetizer" for her upcoming full-length, was released in March and is a free download on her website. The EP is a follow-up to 2014's "On the Brink." Her bio cites Machine Gun Kelly, Eminem and Missy Elliott as influences and credits her accomplishments to her "catchy hooks and relatable rap verses." Over the years she's shared stages with Tech N9ne, Paul Wall, Jadakiss, DMX and more. Last year Peyton landed a 60-date national tour with Oscar-Winning rap group Three 6 Mafia. Opening the all-ages Mac's Bar show are Eyrn Woods, S.O.P, VALO, A.I., Fatman the Glutton, DeRaNgEd, Trouble Da Tease, R.C. and Traviz-T.

UPCOMING SHOW? contact rich tupica at rich@lansingcitypulse.com >>> to be listed in live & local e-mail liveandlocal@lansingcitypulse.com

LIVE&LOCAL	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ne Avenue Café, 2021 E. Michigan Ave.	Service Industry Night, 3 p.m.	Jam for Nepal, 8 p.m.	Genghis Keeon & Friends, 8 p.m.	Red Teeth, 9 p.m.
lack Cat Bistro, 115 Albert Ave.	* * * *		Taylor Taylor, 9 p.m.	
1e Black Rose, 206 S. Washington Sq.			Scott Seth, 9 p.m.	
apital Prime, 2324 Showtime Dr.			Bob Schultz, 6 p.m.	Kevin Krieger, 8 p.m.
oach's Pub & Grill, 6201 Bishop Rd.	DJ Trivia, 9 p.m.		Last Call, 6 p.m.	DJ, 9 p.m.
olonial Bar, 3425 S. MLK Blvd.		Open Mic w/Pat Zelenka, 9 p.m.		
opper, 2874 E. Lake Lansing Rd.		Darin Larner Sr., 6 p.m.		
ublin Square, 327 Abbot Rd.			Mark Warner, 5. p.m.	Mark Warner, 5 p.m.
1e Exchange, 314 E. Michigan Ave.	Good Cookies, 9:30 p.m.	Skoryoke live band karaoke, 9:30 p.m.	The blue Haired Bettys, 9:30 p.m.	Summer of Sol, 9:30 p.m.
rand Café/Sir Pizza, 201 E. Grand River Ave.			Karaoke w/Joanie Daniels, 7 p.m.	
reen Door, 2005 E. Michigan Ave.	Johhny D Jam, 9 p.m.	Karaoke Kraze, 9 p.m.	Glamhammer, 9 p.m.	Mix Pack, 9 p.m.
us's Bar, 2321 W. Michigan Ave.			Karaoke, 9 p.m.	
arper's, 131 Albert Ave.		Steve Cowles, 6 p.m.	Kevin Browne, 6 p.m.	Rob Kladja, 6 p.m.
enry's on the Square, 229 S. Washington Sq.			Rob Kladja, 9 p.m.	
1e Loft, 414 E. Michigan Ave.				Twiztid, 6 p.m.
og Jam, 110 W. Jefferson St.				Kevin Schäffer, 9 p.m.
ac's Bar, 2700 E. Michigan Ave.		Mr. Denton on Doomsday, 8 p.m.	Betray the Prophet, 8 p.m.	Citty Gee, 8 p.m.
eppino's, 213 Ann St.	Reggae Lou, 5 p.m.		Reggae Lou, 5 p.m.	
eno's North, 16460 Old US 27	Kathy Ford Band Karaoke, 7:30 p.m.	Kevin Schaffer, 6 p.m.	The New Rule, 6 p.m.	Bobby Standall, 6 p.m.
eno's East, 1310 Abbot Rd.	Don Middlebrook & Rush Clement, 6:30 p.m.	Reggae Lou, 6:30 p.m.	Dan MacLachlan, 6:30 p.m.	Rush Clement, 6:30 p.m.
eno's West, 501 W. Saginaw Hwy. n Can West, 644 Migaldi Ln.	Darin Larner, 6 p.m.	Chris Lasko, 6 p.m.	The Dirty Helens, 6 p.m.	Chris Slaght, 6 p.m.
n Can West, 644 Migaldi Ln.	Waterpong, 11 p.m.			DJ Chalky, 9 p.m.
nicorn Tavern, 327 E. Grand River Ave.		Frog's Open Blues Jam, 8:30 p.m.	Acme Jam, 8:30 p.m.	Acme Jam, 8:30 p.m.
aterfront Bar & Grill, 325 City Market Dr.			Joe Wright, 7 p.m.	
atershed, 5965 Marsh Rd.	Trevor Compton, 7 p.m.	Dan MacLachlan, 8 p.m.	Capital City DJs, 10 p.m.	Capital City DJs, 10 p.m.
hiskey Barrel Saloon, 410 S. Clippert St.			DJ, 9 p.m.	DJ, 9 p.m.

LIVE & LOCAL LISTS UPCOMING GIGS! To get listed just email us at liveandlocal@lansingcitypulse.com or call (517) 999-5069. Only submit information for the following week's paper.



Jurn ú

SURVEY OF LANSING'S

MUSICAL LANDSCAPE

BY RICH TUPICA



2015 SUMMER CONCERTS IN THE PARK SCHEDULE

30

JGH, ENJOY, TAYLOR, TAYLOR, OUT	DOORS, FRESH AIR, JOE WRIGHT EXPERIENCE, V
ANCE, FREE, PARK, TEJAND	SDUND, LOVE LANSING, BANI
HE LUVS, EXPERIENCE,	REDISCOVER, CONCERT
HODOS. COMMU-	NITY, SUPPORT,
CONNECT. EN-	TERTAINMENT.
JEH, LANSING	CONCERT BAI
IROS, SEA	CRUISERS. PI
ugh, enjoy,	TAYLOR
RESH	L SA
ice, music,	LIVE, REL
URK, TEJANO 🔪 🖉 🖉	Sound.
IO, NATURE , FAMI-	LY, THE LU
EDISCOVER, CONCERT,	BIG WILLY,
COMMUNITY, SUPPORT,	ANSING REDIS STRAIGHT AHEAD
IMENT, INTERACTION, LAUGH, I	ANSING CONCERT BAND, HAPPY, 1
SERS, PLAYEROUND, , PLAY, LAU	GH, ENJOY, TAYLOR, TAYLOR, OUTDOORS, FRES

The Free Concert in the Parks Series is held throughout the summer at selected Lansing parks on Wednesday evenings from 7:00 p.m. to 9:00 p.m.

Date	Band	Park
6/10	The Lansing Unionized Vaudeville Spectacle	Moores Park
6/17	The Joe Wright Experience (Country)	Quentin Park
6/24	Straight Ahead (Jazz)	Durant Park
7/4**	Lansing Concert Band	Riverfront Park
7/15	Taylor Taylor (Pop)	Ferris Park
7/22	Tejano Sound	Schmidt Center
7/29	Big Willy (Blues)	St Joe Park
8/5	Sea Cruisers (Oldies)	Turner Dodge House

** The July 4th concert is Saturday evening at 8:00 p.m. and will be directly followed by fireworks (weather permitting).



Billy Strings &

Don Julin

Donna Ulisse

Out on the town

from page 28

FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing. (517) 367-2468.

Rummage Sale Donations. Rummage Sale Donations needed. 9 a.m.-4:30 p.m. Meridian Senior Center, 4000 N. Okemos Road, Okemos. (517) 706-5045.

Wildlife Safari. All ages. See and touch amazing animals from around the world. 10-11 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 272-9840.

MUSIC

Fusion Shows presents. Live music. 21-up. 10 p.m. FREE. Crunchy's, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com.

LITERATURE AND POETRY

"Equal Means Equal" Lecture. Special lecture on the Equal Rights Amendment. 5:15 p.m. \$40/\$25 Members. Michigan Library and Historical Center, 702 W. Kalamazoo St., Lansing. (517) 484-1880, michiganwomenshalloffame.org. Wednesday Morning Storytime. Three stories

and a craft for young children. 11 a.m. FREE. Barnes and Noble (Lansing), 5132 W. Saginaw Highway, Lansing. (517) 327-0437, bn.com. Thursday, June 11 CLASSES AND SEMINARS Take Off Pounds Sensible

Take Off Pounds Sensibly. 5:15 p.m. \$5. New Hope Church, 1340 Haslett Road, Haslett. (517) 349-9183, newhopehaslett.com.

Take Off Pounds Sensibly. Weigh-in 6 p.m., meeting 6:30 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 882-9080, stdavidslansing.org.

Lansing Area Codependents Anonymous. 7-8 p.m. FREE. Community Mental Health Building, room 214G, 812 E. Jolly Road, Lansing. (517) 515-5559, coda.org.

Tarot Study Group. With Dawne Botke. 7 p.m. FREE. Triple Goddess New Age Bookstore, 2019 E. Michigan Ave., Lansing. (517) 883-3619, triplegoddessbookstore.net.

Family Storytime. Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6363, cadl.org.

Meditation. For beginners and experienced. 7-8:30 p.m. FREE. Quan Am Temple, 1840 N. College Ave., Mason. (517) 853-1675, quanamtemple.org.

Beal Garden Tours: Weeds. Tour discussing weeds in the Beal Gardens at MSU. 12:10-12:50 p.m. FREE. Beal Botanical Gardens, 412 Olds Hall, East Lansing. (517) 353-8700, lib.msu.edu.

Celebrate Recovery. For all types of habits, hurts and hang-ups. 6:30 p.m. FREE. Trinity Church (Lansing), 3355 Dunckel Road, Lansing. (517) 492-1866.

H.E.R.O.: Tiling a Backsplash. Please Call 372-5980 to register. 6-8 p.m. FREE. Neighborhood Empowerment Center, 600 W. Maple St. Lansing. (517) 372-5980, glhc.org.

EVENTS

Joe Mullins &

The Radio Ramblers

Euchre. No partner needed. 6-9 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

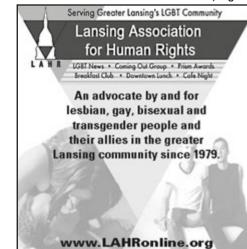
Spanish Conversation. Practice listening to and speaking Spanish. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Karaoke. With Atomic D. 9 p.m. LeRoy's Classic Bar & Grill, 1526 S. Cedar St., Lansing. (517) 482-0184.

Summer Cinema. Family films will be shown on the big screen (PG). All ages 2-3:45 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

8-Ball Tournament. Bring your pool game to the Avenue. Call to confirm because it is cancelled occasionally. 7 p.m. \$10. The Avenue Cafe, 2021 Michigan Ave., Lansing. (517) 492-7403.

See Out on the Town, Page 31





Larry Cordle

ADKINS & LOUDERMILK & AUDIE BLAYLOCK & REDLINE & and more!!!

Join us for our 43rd year of family entertainment!

Out on the town

from page 30

Capital Area Crisis Men's Rugby Practice. Weather permitting. All experience levels welcome. 6-8 p.m. FREE. St. Joseph Park, 2151 W. Hillsdale, Lansing.

Science of Flight. Learn about the science of flight. Ages 5-9. 3-4 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Hero Thursdays: Superhero Ring. Make your own superhero ring. 1-2 p.m. FREE. ELPL 2.0 Maker Studio, 300 MAC Ave., East Lansing. (517) 351-2420, elpl.org.

Artist Reception. Acrylic based abstract art by James McFarland. 5-7 p.m. FREE. Prima Civitas, 325 E. Grand River, Ste. 275, East Lansing. (517) 708-4245, miartshare.com.

MUSIC

Marshall Music Open Mic Night. Join us for open mic. All ages and levels welcome. 6 p.m. FREE. Marshall Music, 3240 E. Saginaw St., Lansing. (517) 337-9700, marshallmusic.com.

Music at the Mansion. With Nexus. Features piano, viola and windwoods. 7 p.m. \$10. Turner-Dodge House & Heritage Center, 100 E. North Street, Lansing. (517) 483-4220, lansingmi.gov.

LITERATURE AND POETRY

Chipmunk Story Time. Preschoolers enjoy nature stories, games and crafts. 10-11 a.m. \$3/child. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

What Happens: banned book. John Herrman's banned book is printed in the US, 6 p.m. FREE. Michigan Library and Historical Center, 702 W. Kalamazoo St., Lansing. (517) 373-1300, michigan.gov.

Friday, June 12 CLASSES AND SEMINARS

Aux Petits Soins. French immersion class for babies. 9:30 a.m. & 10:30 a.m. \$12/\$15 drop-in. Willow Tree Family Center, 3333 S. Pennsylvania Ave., Lansing. (517) 643-8059, facebook.com/auxpetitssoinsllc. Palette to Palate. Learn to paint with a local artists. B.Y.O.B. 7-9 p.m. \$28/\$50 for 2. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 999-3643, reachstudioart.org. Shamanic Healing Clinic. Healing techniques demo. 6:30-8:30 p.m. FREE, donations accepted. Willow Stick Ceremonies, 1515 W. Mt. Hope Ave., Suite 3,



THURSDAY, JUNE 11 >> CONCERTS IN THE COURTYARD

Sit back and listen to acoustic music in the beautiful, flower-lined courtyard of the Old Town General Store as it kicks off its summer music series this week. The first installment features Hiroya Tsukamoto, a composer, guitarist and singer/ songwriter from Kyoto, Japan. A portion of the evening's proceeds go to benefit music programs in local schools and communities administered by Music is the Foundation. Snacks and non-alcoholic drinks will be available to purchase. 7:30 p.m. \$15. Old Town General Store, 408 E. Grand River, Old Town, Lansing. (517) 896-4025, oldtown-generalstore.com/concerts-in-the-courtyard.

FRIDAY, JUNE 12-13 >> ADOPT-A-FEST

If you're looking for a four-legged housemate, Ingham County Animal Control is hosting a 30-hour marathon pet adoption for homeless cats and dogs. All animals are spayed, neutered, vaccinated and microchipped. Adoption fees start at \$30 for dogs and \$10 for cats. The event also features a bounce house for kids on Saturday from 11 a.m.-1 p.m. and a low-cost vaccination clinic on Friday from noon-4 p.m. with free rabies shots, \$5 distemper shots and \$10 microchips for all Ingham County animals. 1 p.m. Friday-7 p.m. Saturday. Potter Park, 1301 S. Pennsylvania Ave., Lansing. (517) 242-7440, ac.ingham.org.

Lansing. (517) 402-6727, willowstickceremonies.com. Salsa Capital. Salsa Dancing and Lessons. Beginner, intermediate and open dancing. 8 p.m.midnight, \$5. 1133 S. Washington Ave., Reo Town, Lansing, (517) 230-9018.

EVENTS

Pottery Open House & Show. pieces ranginf from functional to decorative. Noon-7 p.m. FREE. 4086 Dobie Road. Okemos.

One-on-One Business Counseling. Free Business counseling. 10 a.m.-4:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtdl.org. **Minecraft Game Night.** Get your game on with

fellow Minecrafters. 6:30- 8 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org. **Pet Vaccination Clinic.** Discounted pet

vaccination event. Noon-4 p.m. FREE rabies vaccine, \$5 distemper. Potter Park Zoo, 1301 S. Pennsylvania Ave., Lansing. (517) 242-7440, ac.ingham.org.

Yes, we sell Macs

 YES, we sell Macs and all other Apple products.

 Professional service (not nerds, geeks or geniuses) in-house or on-site.

Recognized by Apple for our award winning service.

 Authorized Apple Service, in or out of warranty.

> Authorized Apple Sales.

CAPITOLMacintosh

1915 E. Michigan Ave. • Lansing, MI 48912 (517) 351-9339 CapMac.net **Grand American Fish Rodeo.** Festival with fishing, music, food and more. 10 a.m.-11:30 p.m. FREE. Adado Riverfront Park, 531 N. Grand Ave. Lansing. (517) 371-4600, grandamericanfishrodeo. com.

Adopt-A-Fest. Meet some amazing animals and take one home. 1 p.m. Adoption fees \$40 or less. Potter Park Zoo, 1301 S. Pennsylvania Ave., Lansing. (517) 242-7440, ac.ingham.org .

Delicious Michigan Memoirs at the Library of Michigan Saturday June 13, 2015 Kathleen Flinn 12:00 - 1:00 Mena Castriciano 11 - 12 Lake Michigan Room



Refreshments Free Parking & Admission Books available for purchase Bring your own family recipes!

517 373 1300 **201** Education 702 W. Kalamazoo

MUSIC

Summer Concert Series. Featuring Gifts or Creatures with Sam Corbin. 7 p.m. FREE. Ann Street Plaza, Albert Avenue at M.A.C. Avenue, East Lansing. (517) 319-6888, cityofeastlansing.com. TGIF Patio Party & Dance. Weekly dance party for singles and couples!, 8 p.m.-midnight, \$13. Hawk Hollow Banquet Center, 15101 S. Chandler Rd. Bath. (517) 281-6272. www.TGIF.party. Sounds of Summer: Avon Bomb. Retro style live performance. 7 p.m. FREE, Lake Lansing Park South.

performance. 7 p.m. FREE. Lake Lansing Park South, 1621 Pike St., Haslett. (517) 676-2233, pk.ingham.org/ LakeLansingBandShell/ConcertSchedule.aspx.

Saturday, June 13 CLASSES AND SEMINARS

Tai Chi in the Park. For beginning and experienced tai chi players. Instruction in Qigong, meditation and Yang style tai chi forms. 9-10 a.m. FREE. Hunter Park, 1400 E. Kalamazoo St., Lansing. (517) 272-9379. Domestic Violence Support Group. Noon-1:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163, womenscenterofgreaterlansing.org.

EVENTS

Karaoke. With Atomic D. 9 p.m. LeRoy's Classic Bar & Grill, 1526 S. Cedar St., Lansing. (517) 482-0184. Mason Optimist Event. 8th Annual Free Youth Sports Event. 8 a.m. FREE. Burchard Park, Old Town, Lansing. (517) 377-0828. Grand American Fish Rodeo. Festival with fishing, music, food and more. 8 a.m.-midnight.

See Out on the Town, Page 32



Celebrating our Grandparents Date: June 26, 2015 • Time: 2:30pm RSVP by June 23rd seating limited

Grandparents are a wonderful part of family at Independence Village of East Lansing. Come enjoy the music, entertainment and have lots of fun! Bring in this ad and receive a special gift!

Discover personal freedom and spacious apartments at Independence Village of East Lansing, offering exceptional Independent Living Services.

Call or visit us online today for more information or to schedule a complimentary lunch and tour!

INDEPENDENCE VILLAGE OF EAST LANSING

2530 Marfitt Road East Lansing, MI 48823 *tel* **517-337-0066**



Out on the town

from page 31

FREE. Adado Riverfront Park, 531 N. Grand Ave. Lansing. (517) 371-4600, grandamericanfishrodeo. com.

MUSIC

Summer Concert Series. Featuring Taylor Taylor, 7 p.m. FREE. Ann Street Plaza, Albert Avenue at M.A.C. Avenue, East Lansing. (517) 319-6888, cityofeastlansing.com.

Deacon Earl. Live blues, reggae, Americana and more. 11 a.m.-2 p.m. FREE. Lansing City Market, 325 City Market Drive, Lansing. (517) 483-7460 ,lansingcitymarket.com.

Paint Rave/Pizza Party. Miami and Chicago EDM House Music DJs live. 6 p.m.-midnight. \$25/\$20 Students. DeWitt Shopping Center, 13177 Shavey Road, DeWitt. (517) 668-6181, ow.ly/NVjfR.

LITERATURE AND POETRY

Writing Marathon. Collaborate with local writers and share your work. 11 a.m.-6 p.m. FREE. Everybody Reads Books and Stuff, 2019 E. Michigan Ave. Lansing. (517) 346-9900, ow.ly/NVlym. Touch the Brightest Star. Three stories and a craft for young children. 11 a.m. FREE. Barnes and Noble (Lansing), 5132 W. Saginaw Highway, Lansing. (517) 327-0437, bn.com.

Author Signing: Charles Graham. Three stories and a craft for young children. 1 p.m. FREE. Auggie's Pub & Grill, 820 W. Miller Road, Lansing. (517) 327-0437, bn.com.

Delicious Michigan Memoirs. With author Kat Flinn. 11 a.m.-1 p.m. FREE. Michigan Library and Historical Center, 702 W. Kalamazoo St., Lansing. (517) 373-1300, michigan.gov.

Sunday, June 14 classes and seminars

Lansing Area Codependents Anonymous. Third floor meeting room. 2-3 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 515-5559, coda.org.

Juggling. Learn how to juggle. 2-4 p.m. FREE. Orchard Street Pumphouse, 368 Orchard St., East Lansing. (517) 371-5119, ruetenik@gmail.com. Pokemon/Magic the Gathering Card Games. Tutorials for kids. Starter decks provided. 12:30 p.m. FREE. Everybody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 346-9900, becauseeverybodyreads.com.

Spiritual Talk, Pure Meditation and Silent Prayer. 7 p.m. FREE. Self Realization Meditation Healing Centre, 7187 Drumheller Road, Bath. (517) 641-6201, selfrealizationcentremichigan.org. Parents of LGBTQ kids. Weekly support group. All faiths are welcome. 3-4:30 p.m. FREE. Diversity Psychological Services, 1310 Turner St., Lansing. (720) 401-4214.

EVENTS

Lansing Area Sunday Swing Dance. Lessons 6-6:30 p.m., dance 7-10 p.m. \$8 dance/\$10 dance & lesson/FREE for students. The Lansing Eagles, 4700 N. Grand River Ave., Lansing. (517) 490-7838. Greater Lansing Kidney Walk. Walk through park, free food, live DJ and more. Noon-3 p.m. \$20 ages 12 and above. Hawk Island County Park, E. Cavanaugh Road, Lansing. (734) 222-9800, nkfm.org. East Lansing Farmers Market. Essential food items and much more!, 10 a.m.-2 p.m. FREE. Valley Court Park, 400 Hillside Ct., East Lansing. (517) 319-6888, cityofeastlansing.com/FarmersMarket.

MUSIC

All Get Out & Mike Mains. With special guest Good Day Good Sir. 7 p.m. Tickets start at \$10. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795, fusionshows.com. The Meatmen. With guests Murder Party. 7 p.m. Monday, June 15 classes and seminars

Adult Rape Survivor Support Group. Registration preferred. 6-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163. Job Seekers Support Group. Finding the right

career. 10 a.m.-noon. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517)

FRIDAY, JUNE 12–13 >> EAST LANSING SUMMER CONCERT SERIES

Bring a lawn chair or blanket and grab a bite to eat in downtown East Lansing during the popular Summer Concert Series, featuring six weekends of live music. The series kicks off this weekend with folk artists Gifts or Creatures and Sam Corbin Friday and oldies cover band the Sea Cruisers Saturday. 7 p.m. FREE. Ann Street Plaza, corner of Albert and M.A.C. Avenues, Lansing. (517) 319-6888, bit.ly/1KdchsL.

SATURDAY, JUNE 13 >> KATHLEEN FLINN BOOK SIGNING

The Library of Michigan hosts a talk and book signing with 2015 Michigan Notable Book author Kathleen Flinn. An award-winning author and journalist, Flinn is best known for her The New York Times best-selling memoir, "The Sharper Your Knife, The Less You Cry." Flinn will be joined by Lansing's very own Filomena (Mena) Castriciano, owner and operator of the long established Roma Bakery and Deli. Light refreshments will be served. 11 a.m.-1 p.m. FREE. The Library of Michigan, 702 W. Kalamazoo St. Lansing. (517) 373-1300, 1.usa.gov/1Qaiyu2.

SATURDAY, JUNE 13 >> EVERYBODY WRITES WRITING MARATHON

Authors of all experience levels are invited to the inaugural Everybody Writes writing marathon Saturday at Everybody Reads. Activities include a meet and greet, a writing session and an open mic to share your literary creation. Local authors will be available to share their tips and sign books. 11 a.m.-6 p.m. FREE. Everybody Reads Books and Stuff, 2019 E. Michigan Ave. (517) 346-9900, on.fb.me/1Qamv1T.

SATURDAY JUNE 13 >> PAINT RAVE PIZZA PARTY

Celebrate the end of the school year with a half pizza party, half paint rave celebration. Hosted by Peppino's Pizza in Dewitt, the festivities include free pizza and soft drinks, as well as performances by EDM artists Landis, Dani Deahl and Jason Klees. Those adventurous enough to revel near the front of the stage will be intermittently sprayed with washable, fluorescent, glow-in-the-dark paint. 6 p.m.-midnight. \$25/\$20 students. Peppino's Pizza, 13177 Schavey Road. (517) 668-6181, facebook.com/dewittpeppinos

MONDAY, JUNE 15-16 >> 'SESAME STREET' COMES TO CADL

Roscoe Orman, better known as Gordon to "Sesame Street" fans, will appear at several Lansing-area CADL and MSUFCU locations next week as part of the libraries' summer reading program. The actor, along with a troupe of storytellers, musicians and puppeteers, will teach children about responsibility and the value of money through music, stories and fun activities. The tour will make stops at downtown Lansing, Holt-Delhi and Aurelius CADL branches Monday and Williamston and Okemos branches Tuesday, with a final stop planned at MSUFCU's Mason branch. See website for event times. FREE. (517) 367-6355, cadl.org.

Tickets start at \$12. The Loft, 414 E. Michigan Ave., Lansing. fusionshows.com/tickets/06-14-15/themeatmen-loft-lansing-mi.

372-9163, womenscenterofgreaterlansing.org. Support Group. For the divorced, separated and widowed. Room 9. 7:30 p.m. FREE. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 323-2272, stdavidslansing.org. Story Art Time. Preschoolers make art inspired by storybooks. 10-11 a.m. \$5/adults FREE. Reach Studio Art Center, 1804 S. Washington Ave. Lansing. (517) 999-3643, reachstudioart.org. **Keyboard Lab.** Learn basic music theory, beginning note-reading. 6-7 p.m. \$15. Grace Lutheran Church, 528 N. Martin L. King Jr. Blvd., Lansing. (517) 372-5830.

French Club. Practice listening to and speaking French. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420. elpl.

org. NAMI Basics. For parents of children with emotional disturbance. 6:30 p.m. FREE. McLaren-Greater Lansing Education Building, 401 W. Greenlawn Ave., Lansing. (517) 484-3404, namilansing.org.

EVENTS

Ancestry Club. Learn and share genealogy tips. Call to register. 10 a.m.-noon, FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4., dtdl.org.

Mac's Monday Comedy Night. Hosted by Mark Roebuck and Dan Currie. 9:30 p.m. FREE. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795, macsbar.com.

Social Bridge. No partner needed. 1-4 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Sesame Street's Gordon. Event that teaches kids about the value of money. 11 a.m.-noon, FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

Monday Movie Matinee. Movies intended for an adult audience. 1 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

THEATER

Auditions: "Glengarry Glen Ross." Production opens late September. 6:30 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 775-4246, ixiontheatre.com.

Tuesday, June 16 CLASSES AND SEMINARS

Lansing Area Codependents Anonymous. 5:45-6:45 p.m. FREE. EVERYbody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 515-5559, coda. org.

My Cub & I: Nature Camp. Toddlers experience nature&outdoor fun at camp. 11 a.m.-noon, \$30. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866. meridian.mi.us.

Feathery Friends Nature Camp. Kids discover birds and nature at this outdoor camp. 9 a.m.-3 p.m. \$65. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

Timber Tots Nature Camp. Ages 3 and 4 participate in nature activities. 9-10 a.m. \$30. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

Cool Critters Nature Camp. Preschoolers meet critters and have fun in nature. 9 a.m.-noon , \$32. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

Grossology Nature Camp. Kids discover cool things in nature at this camp. 9 a.m.-3 p.m. \$65. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

Earth Friends Nature Camp. Kids have fun in nature with archery, games, hikes. 9 a.m.-3 p.m. \$65. Harris Nature Center, 3998 Van Atta Road, Okemos. (517) 349-3866, meridian.mi.us.

485-5185, cadl.org.

Out on the town

from page 32

Speakeasies Toastmasters. Improve listening, analysis, leadership and presentation skills. 12:05-1 p.m. FREE. Ingham County Human Services Building, 5303 S. Cedar St., Lansing. (616) 841-5176. Take Off Pounds Sensibly. Have a support system, lose weight. 7 p.m. FREE to visit. Eaton Rapids Medical Center, 1500 S. Main St., Eaton Rapids. (517) 543-0786.

Not So Happy Endings Support Group. For women ending relationships. 5:30-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 896-3311. Hopeful Hearts Grief Group. Learn, grow and heal together. 10-11 a.m. FREE. The Marquette Activity Room, 5968 Park Lake Road, East Lansing. (517) 381-4866.

Capital City Toastmasters Meeting. Learn public speaking and leadership skills. 7 p.m. FREE. CADL Downtown Lansing, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org.

Aux Petits Soins. French immersion class for babies. 4:15 p.m. & 5:15 p.m. \$12/\$15 drop-in. Willow Tree Family Center, 3333 S. Pennsylvania Ave., Lansing. (517) 643-8059, facebook.com/auxpetitssoinsllc. Overeaters Anonymous. To support you in

your weight loss efforts. 7 p.m. FREE. Okemos Presbyterian Church, 2258 Bennett Road, Okemos. (517) 290-5163.

Midday Matinee. Bring your lunch and enjoy foreign films. 12:30-3:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtdl.org.

Criminal Law Presentation. Criminal Law information Seminar with Greg Crockett. 10:30 a.m. Meridian Senior Center, 4000 N. Okemos Road, Okemos. (517) 706-5045.

H.E.R.O.: Bug Control 101. Home improvement class. Call to register. 6-8 p.m. FREE. Neighborhood Empowerment Center, 600 W. Maple St., Lansing. (517) 372-5980, glhc.org.

EVENTS

DTDL Crafters. Work on your handcraft project. 2:30-4 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. dtdl.org.

Jug & Mug Ski Club Meeting. Singles activity club. 6:30 p.m. FREE. Tripper's Sports Bar, 350 Frandor Ave., Lansing. (517) 342-9955, jugandmug. org

Reflections on a Journey. Unveiling of a mural by refugee youth in Lansing. 6-8 p.m. FREE. Reach Studio Art Center, 1804 S. Washington Ave., Lansing. (517) 321-7663, reachstudioart.org.

SUDOKU

5					1	7		2
		4			8			9
3					7		4	5
			3		9			
					4		5	
1			6	7			2	
		6						
	9							7
		7	8	4				

SATURDAY, JUNE 13 >> DIERKS BENTLEY AT COOLEY LAW SCHOOL STADIUM

Are you hungry for some country tunes? Lansing country music station WITL 100.7 presents the inaugural Taste of Country Music Festival Saturday featuring Dierks Bentley and Joe Nichols. You can enjoy the show from either the field, the stands or even a special semi-private dining area, the Pepsi Porch, complete with a BBQ dinner and a cash bar. Fellow country artists Craig Campbell, Canaan Smith and A Thousand Horses round out this country party line up. 5 p.m. Tickets starting at \$59 (VIP tickets sold out). Cooley Law School Stadium, 505 E. Michigan Ave., Lansing. (517) 485-4500, witl.com/toc-lansing.

Bible and Beer. Discussion of scripture in everyday settings, 6 p.m. FREE, Midtown Brewing Co., 402 S. Washington Square, Lansing. (517) 482-0600, bibleandbeer@ccclansing.org. Wildlife Safari. For all ages See and touch amazing animals from around the world. 2-3 p.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300, cadl.org. Sporcle Live! Trivia. Win Crunchy's gift certificates. 7 p.m. FREE. Crunchy's Pizza & Burgers, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com. Capital Area Crisis Men's Rugby Practice. Weather permitting. All experience levels welcome. 6-8 p.m. FREE. St. Joseph Park, 2151 W. Hillsdale, Lansing.

Superhero Comic Collage Art. Upcycle superhero comics into collages. Ages 5 plus. 4-6



row, column, and outlined 3-by-3 box contains the numbers 1 through 9 exactly once. No guessing is required. The solution is unique.

Answers on page 34

p.m. FREE. ELPL 2.0 Maker Studio, 300 MAC Ave., East Lansing. (517) 351-2420, elpl.org. Super Crafts. Turn ordinary supplies into super projects. Ages 3 plus. 10-10:30 a.m. FREE. CADL Foster Library, 200 N. Foster Ave., Lansing. (517) 485-5185, cadl.org.

Digitizing Family Photos. Digitally preserving and organizing family photos. 6-7 p.m. FREE. CADL Foster Library, 200 N. Foster Ave., Lansing. (517)

CLASSES AND SEMINARS Family Storytime. Ages up to 6. Stories, rhymes

Wednesday, June 17

and activities. 10:30 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing, (517) 367-6363. Meditation. For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Square, Lansing. (517) 351-5866. Alcoholics Anonymous. A closed step meeting. 6 p.m. Donations. Pennsylvania Ave. Church of God, 3500 S. Pennsylvania Ave., Lansing. (517) 899-3215. Communications 3: Nonverbal. Communication levels: content and relationship. 6-7 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave., Lansing. (517) 484-7434, pilgrimucc.com.

Floral Arrangements: Corsage. Floral Arrangement Class. 11:30 a.m.-12:30 p.m. \$5 plus

See Out on the Town, Page 34

Answers Page 34

Jonesin' Crossv	vord												Ву	Mat	t Joi	nes
"Sweet Freedom"-		1	2	3	4	5	6	7	8	9	10	ř.	11	12	13	
-freestylin' it.		14										1	15			16
Matt Jones		17											18			
		19				<u>0</u>				20		21				
Across		22					23	24	ř.		25					
1 Nullifies 11 Basketball hoop part			26	-		81 - 12				27	_					-
14 Savory bakery ap-					28		-	-	29	-				30		_
petizers			31	32	_	-	_	_	_	_	33	34	35			_
15 Hungarian wine city		36		~				37								
17 "Tommy" star 18 The heart's loca-		1						31								
tion?		38			39	40	41			42				43	44	a Lanna
19 Hard rain		45								46						47
20 Straddled		48				11		49				50				
22 Service pieces 25 Prefix before pod		51					52		53	54	55					
or pub		56					57									
26 Drake's genre,			58				59									
derisively 27 Target for some vacuum attachments 28 Henner of "Taxi" 30 Figure out 31 "Deliverance" piece	57 NPR show covering journalism 58 "Solaris" author Stanislaw						10 Booster phase on some rockets 11 Unoriginal idea 12 "Whoa, look at the time"					and 12 35 Onetime R.J. Reyn- olds mascot 36 Bottom of the				
 36 "Save us!" 37 Words before well or often 38 Lifelong 42 Head-of-the-line boast 45 Subway in a Duke Ellington tune 46 They chase in chase scenes 48 Tony with a Lifetime Achievement Grammy 50 Attacked on foot 51 Times long gone? 52 Upgrade from black-and-white 56 Submission tape 	59 "Here goes nothing" Down 1 Get down without much energy? 2 Founder of the American Shakers 3 Workday start, for some 4 Phrase of reassur- ance, to a Brit 5 F flat, enharmonically 6 Copier option smaller than 29-Down 7 Go limp					12 "Whoa, look at the time" 13 Photo album con- tents? 16 Do the news 21 Arm art, for short 23mutuel (type of betting) 24 Relating to a certain column 27 Out in the open 29 Copier option larger than 6-Down 31 Eurasian cousin of the plover 32 Password accompa- niment 33 Airy beginning? 34 Like 4, 6, 8, 9, 10,					1 1 2 2 2 1 2 2 2 2 1 2 2 2 2 2 2 2 2 2	43 Olivia Newton-John film of 1980 44 Lamentable 47 Slab of meat 49 "Beloved" writer Morrison 53 Capt. juniors 54 "Now I understand!"				

©201 Jonesin' Crosswords • For answers to this puzzle, call: 1-900-226-2800, 99 cents per minute. Must be 18+. Or to bill to our credit card, call: 1-800-655-6548

Free Will Astrology By Rob Brezsny

June 10-16

ARIES (March 21-April 19): "To look at a thing hard and straight and seriously -- to fix it." Aries author Henry James said he wanted to do that on a regular basis. He didn't want to be "arbitrary" or "mechanical" in his efforts. I invite you to make this perspective one of your specialties in the coming weeks, Aries. Pick out a tweaked situation you'd like to mend or a half-spoiled arrangement you want to heal. Then pour your pure intelligence into it. Investigate it with a luminous focus. Use all your tough and tender insight to determine what needs to be transformed, and transform it.

TAURUS (April 20-May 20): Drug expert Jonathan P. Caulkins estimates that Americans are stoned on marijuana for more than 288 million hours every week. A U.N. report on global drug use concluded that Canadians consume weed at a similar rate. Among Europeans, Italians are number one and the French are fourth. But Lencourage you to avoid contributing to these figures for the next twelve to fourteen days. In my astrological opinion, it's time to be as sober and sensible and serious as you ever get. You have the chance to make unprecedented progress on practical matters through the power of your pure reasoning and critical thinking.

GEMINI (May 21-June 20): I think it'll be better if you don't engage in much sacrifice, compromise, or surrender in the next two weeks. Normally they are valuable tools to have at your disposal, but for now they may tend to be counterproductive. Judging from the current astrological omens, I suspect you need to be more commanding than usual, more confident in your vision of how to take action with maximum integrity. It's time for you to draw deeper from the source of your own power, and express it with extra grace and imagination.

CANCER (June 21-July 22): You will soon be escaping - or maybe "graduating" is the right word -- from your interesting trials and tribulations. In honor of this cathartic transition, I suggest you consider doing a ritual. It can be a full-fledged ceremony you conduct with somber elegance, or a five-minute psychodrama you carry out with boisterous nonchalance. It will be a celebration of your ability to outlast the forces of chaos and absurdity, and an expression of gratitude for the resources you've managed to call on in the course of your struggle. To add an extra twist, you could improvise a rowdy victory prayer that includes this quote adapted from Nietzsche: "I throw roses into the abyss and say: 'Here is my thanks to the monster who did not devour me."

LEO (July 23-Aug. 22): I propose a Friends Cleanse. It would be a three-week-long process of reviewing your support team and web of connections. If you feel up for the challenge, start this way: Take inventory of your friendships and alliances. If there are any that have faded or deteriorated, make a commitment to either fix them or else phase them out. Here's the second stage of the Friends Cleanse: Give dynamic boosts to those relationships that are already working well. Take them to the next level of candor and synergy.

VIRGO (Aug. 23-Sept. 22): After Walt Whitman published Leaves of Grass in 1855, he made sure it would get the publicity he wanted. He wrote anonymous reviews of his own book and submitted them to several publications, all of which printed them. "An American bard at last!" began the glowing review that appeared in one newspaper. According to my reading of the astrological omens, Virgo, you now have license to engage in similar behavior. You will incur no karma, nor will you tempt fate, if you tout your own assets in the coming weeks. Try to make your bragging and self-promotion as charming as possible, of course. But don't be timid about it.

LIBRA (Sept. 23-Oct. 22): If you carry out the assignments I recommend, you will boost your charisma, your chutzpah, and your creativity. Here's the first one: Try something impossible every day. Whether or not you actually accomplish it isn't important. To merely make the effort will shatter illusions that are holding

you back. Here's your second assignment: Break every meaningless rule that tempts you to take yourself too seriously. Explore the art of benevolent mischief. Here's the third: Clear out space in your fine mind by shedding one dogmatic belief, two unprovable theories, and three judgmental opinions. Give yourself the gift of fertile emptiness.

SCORPIO (Oct. 23-Nov. 21): In the 16th century, roguish French author Francois Rabelais published a comic novel entitled The Life of Gargantua and of Pantagruel. In the course of his satirical story, a learned teacher named Epistemon takes a visit to the afterlife and back. While on the other side, he finds famous dead heroes employed in humble tasks. Alexander the Great is making a meager living from mending old socks. Cleopatra is hawking onions in the streets. King Arthur cleans hats and Helen of Troy supervises chambermaids. In accordance with the Rabelaisian quality of your current astrological aspects, Scorpio, I invite you to meditate on the reversals you would like to see in your own life. What is first that maybe should be last? And vice versa? What's enormous that should be small? And vice versa? What's proud that should be humble? And vice versa?

SAGITTARIUS (Nov. 22-Dec. 21): There's no better time than now to ask the big question or seek the big opening or explore the big feeling. People are not only as receptive as they will ever be, they are also more likely to understand what you really mean and what you are trying to accomplish. Which door has been forever locked? Which poker face hasn't blinked or flinched in many moons? Which heart of darkness hasn't shown a crack of light for as long as you can remember? These are frontiers worth revisiting now, when your ability to penetrate the seemingly impenetrable is at a peak.

CAPRICORN (Dec. 22-Jan. 19): The writer Donald Barthelme once came to see the artist Elaine de Kooning in her New York studio. Midway through the visit, loud crashes and bangs disturbed the ceiling above them. De Kooning wasn't alarmed. "Oh, that's Herbert thinking," she said, referring to the metal sculptor Herbert Ferber, who worked in a studio directly above hers. This is the kind of thinking I'd love to see you unleash in the coming days, Capricorn. Now is not a time for mild, cautious, delicate turns of thought, but rather for vigorous meditations, rambunctious speculations, and carefree musings. In your quest for practical insight, be willing to make some noise. (The story comes from Barthelme's essay "Not-Knowing.")

AQUARIUS (Jan. 20-Feb. 18): Sidney Lumet was an American director who worked on 50 films, including 14 that were nominated for Academy Awards, like Network and Dog Day Afternoon. Actors loved to work with him, even though he was a stickler for thorough rehearsals. Intense preparation, he felt, was the key to finding the "magical accidents" that allow an actor's highest artistry to emerge. I advocate a similar strategy for you, Aquarius. Make yourself ready, through practice and discipline, to capitalize fully on serendipitous opportunities and unexpected breakthroughs when they arrive.

PISCES (Feb. 19-March 20): "It is not only the most difficult thing to know oneself, but the most inconvenient one, too," said American writer Josh Billings, I agree with him. It's not impossible to solve the mystery of who you are, but it can be hard work that requires playful honesty, cagey tenacity, and an excellent sense of humor. The good news is that these days it's far less difficult and inconvenient than usual for you to deepen your selfunderstanding. So take advantage! To get started, why don't you interview yourself? Go here to see some questions you could ask: http://bit.ly/interviewyourself.

Go to RealAstrology.com to check out Rob Brezsny's EXPANDED WEEKLY AUDIO HOROSCOPES and DAILY TEXT MESSAGE HOROSCOPES. The audio horoscopes are also available by phone at 1-877-873-4888 or 1-900-950-7700.

Out on the town from page 33

cost of supplies. Meridian Senior Center, 4000 N. Okemos Road, Okemos, (517) 706-5045,

EVENTS

DTDL Book Club. Discuss "Unbroken" by Laura Hillenbrand. 6-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4, dtdl.org.

Allen Market Street Farmers Market.

Locally grown, baked and prepared foods. 2:30-7 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911. Open Workshop. Bike repair, bike safety and biking as healthy exercise. 6-8 p.m. FREE. Kids Repair Program, 5815 Wise Road, Lansing. (517) 755-4174. Practice Your English. Practice listening to and speaking English. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Senior Discovery @ ANC. Coffee and presentation with guest speaker. 10 a.m.-noon, FREE. Allen Neighborhood Center, 1619 E Kalamazoo St., Lansing, (517) 367-2468.

Practice Your English. Practice listening to and speaking English. 7-8:30 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org.

Create a Skyscraper. Make your own upcycled

skyscraper. Ages 4 and up. 3-5 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420, elpl.org. 3rd Wednesday Open Mic. SIgn up and play. 7 p.m. FREE. Ann Street Plaza, Albert Avenue at M.A.C. Avenue, East Lansing. (517) 319-6888, cityofeastlansing.com/460/3rd-Wednesday-Open-Mic.

Drop-in LEGO Club. Kids getting creative with our LEGO collection. Ages 4 plus. 4 p.m.-5:30 p.m. FREE. CADL Foster Library, 200 N. Foster Ave., Lansing. (517) 485-5185, cadl.org.

MUSIC

Fusion Shows presents. Live music. 21-up. 10 p.m. FREE. Crunchy's, 254 W. Grand River Ave., East Lansing. (517) 351-2506, crunchyseastlansing.com. Music in the Village. Gracewood Singers and Heartland Klezmorim perform. 7-8:30 p.m. FREE, donations accepted. Meridian Historical Village, 5113 Marsh Road, Okemos. (517) 347-7300, meridianhistoricalvillage.org.

LITERATURE AND POETRY

Wednesday Morning Storytime. Three stories and a craft for young children. 11 a.m. FREE. Barnes and Noble (Lansing), 5132 W. Saginaw Highway, Lansing. (517) 327-0437, bn.com.



"Director John Seibert finds the heart of this story, giving it a very Irish flavor while

still making it something that Midwestern audiences can relate to." EncoreMichigan.com

Directed by John Seibert Featuring: Arthur J. Beer, John Lepard, Dominique Lowell and Suzi Regan





beautifully acted."

Lansing State Journal

		ß	RI	9	91	Μ	2D	S	N		TI	DN		
	CROSSWORD SOLUTION From Pg. 33													
С	A	Ν	С	Е	L	S	0	U	Т		R	1	М	
0	Ν	1	0	Ν	Т	Α	R	Т	s		Е	G	Е	R
Α	Ν	Ν	М	A	R	G	R	Е	Т		н	0	Μ	E
S	L	Е	E	Т				S	A	Т	Α	Т	0	Ρ
Т	Е	A	С	U	Ρ	S			G	Α	S	Т	R	0
	E	М	0	R	A	Ρ		Ρ	Е	т	н	A	1	R
			М	A	R	Т	L	U				G	Е	Т
	D	U	E	L	1	Ν	G	в	A	Ν	J	0	S	
S	0	S				A	L	L	Т	0	0			
Е	Т	E	R	Ν	Α	L		1	М	Ν	E	х	Т	
Α	Т	R	A	1	Ν			С	0	Ρ	С	A	R	S
В	E	Ν	N	E	Т	Т				R	A	Ν	A	Т
Е	R	A	S		С	0	L	0	R	1	М	A	G	Е
D	Е	М	0		0	Ν	Т	н	E	М	Е	D	1	A
	L	Е	М		W	Ι	S	н	М	Е	L	U	С	к

Williamston Theatre
22 S Putnam St.,Williamston
517-655-7469
www.williamstontheatre.org

SUDOKU SOLUTION From Pg. 33											
5	8	9	4	3	1	7	6	2			
7	6	4	2	5	8	3	1	9			
3	2	1	9	6	7	8	4	5			
6	4	5	3	2	9	1	7	8			
9	7	2	1	8	4	6	5	3			
1	3	8	6	7	5	9	2	4			
8	5	6	7	9	2	4	3	1			
4	9	3	5	1	6	2	8	7			
2	1	7	8	4	3	5	9	6			

Consumption junction

A look at the variety of marijuana ingestion methods

By STEVE GREEN

Should I smoke, eat or vape my marijuana?

Now, more than ever, we see headlines and hear more talk about marijuana, both for medical and recreational uses. It seems everywhere I go, I get a question or two about marijuana products or the laws regarding them.

One of the questions I hear often is, "What is the difference between

smoking and other ingestion methods?' Well, let's hash it out.

Smoking marijuana, which is the first way I tried it, is by far the most common way of using cannabis. Toking up provides effects that are felt almost immediately as the cannabinoids, like THC, rush through the bloodstream to the brain. The benefit of this quick reaction time means that a person can quit smoking when they feel the desired effect. The effect will not continue to intensify, but it will only last one to three hours.

A unique perk of smoking cannabis is the body's ability to use natural terpenes produced from the plant for greater relief. Terpenes are oils that are found in a variety of plants. They are often strong smelling and are a primary ingredient in most essential oils, which are often used for aromatherapy and alternative medicine. Many of a marijuana plant's defining qualities, such as taste, smell and indica/ sativa, are actually determined by the terpenes of the strain. Sativa strains contain stimulant terpenes that can make the user

THE GREEN REPORT

STEVE GREEN

Infused products are those that use

ally a food or lotion. Cannabinoids are extracted through a variety of methods, and the majority of infused products have a high oil content — anything from ice cream to topical massage oils to suppositories. In Michigan, infused products are available, but their legality has been debated. There are two bills under consideration — one in the House (HB 4210), sponsored by Lisa Lyons, and one in the Senate (SB 140), sponsored by Mike Shirkey - that would allow and regulate in-

349-5150

www.dustyscellar.com

1839 Grand River Avenue

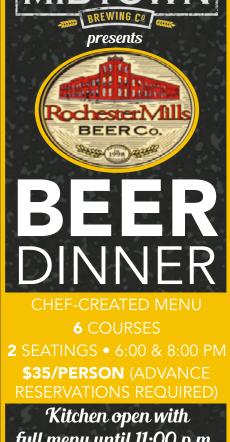
Okemos

When starting out with edibles, following one simple rule can ensure a pleasant first experience: Start low and go slow. Eating marijuana forces the cannabinoids to process through the liver before they becomes available to the body. This means the effects will not set in until about two hours later. After that, one can always take more to find the sweet spot, but it's impossible to undo the effects if they become too uncomfortable. Eating too much can result in a person feeling unpleasant or intensely terrified, but an "overdose" like this leading to death is virtually impossible. Edibles are often reported as being more potent and longer-lasting than the same amount of smoked marijuana.

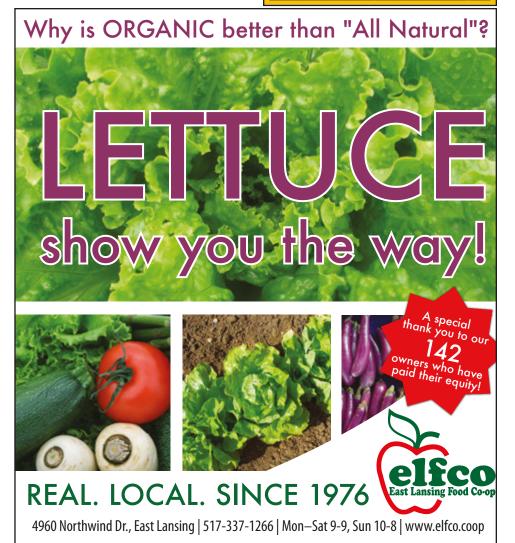
Topical infused products, such as lotions, muscle rubs and creams, are applied to the skin. There is no high or psychoactive effect associated with it, but many patients report relief from muscle and joint pain. It works by providing an anti-inflammatory action to the site of the pain.

The vast array of cannabis ingestion methods is as varied as the patients who use it. Each method has its benefits and drawbacks, and many patients employ more than one depending on their individual needs.

Steve Green, who writes this column every two weeks, uses marijuana to prevent seizures. He has no business ties to any dispensaries or products.



full menu until 11:00 p.m. 102 S. Washington Ave. (517) 977-1349 Sun-Wed 11 a.m.-11 p.m. Thurs-Sat 11 a.m.-midnight



feel motivated or creative. Indica strains are generally sedative in nature. In slang terms, indica strains make the user want to relax "in-da-couch."

An ingestion method that is growing in popularity is vaporizing. Like smoking, vaporizing ground up marijuana herb allows the effects to set in almost immediately because it is processed through the lungs – but without any of the smoke byproducts. It can be much more discreet than lighting up a joint because the smell is less distinguishable. One major advantage of vaporizing with a high quality vaporizer is the ability to dial in a precise temperature and to inhale only certain cannabinoids.

Vaporizing can also refer to inhaling cannabis oil with an e-cigarette-type pen or "vape pen." These have recently become very popular because they are portable and provide an intensified effect.

some type of solvent process to get the cannabinoids into a different item, usufused products in Michigan.

Edibles are a popular method for users to manage their cannabis intake and benefit from the medicinal effects without any smoke in their lungs. Some states have established a 10-milligram dose as the standard for edibles. This is a good starting point for many people but, in my experience, leaves others short of reaching therapeutic levels. Because everybody is different in how they metabolize plant medicines, some people require a much higher dose. For instance, in order to control my seizures, I need to take about 700 mg of CBD per day. Many cancer patients take over 700 mg of THC daily.

Enjoy all red, all white or half and half

New selections every month

No cost to join, no commitments

10 to 15 percent

off all wine and

beer purchases





"DR. BOB" TOWNSEND

CALL FOR AN APPOINTMENT • 989-339-4464 WWW.DENALIHEALTHCAREMI.COM WWW.MICHIGANMARIJUANAFORMS.COM

D&D Maintenance Supply Hiring full time and part time custodians in the Lansing, Mason, and Leslie areas. Please call (517) 629-2173 and ask for Donna.

POTTERY ARTIST Relocating **OPEN HOUSE & UNIQUE SHOW Sale ETC** Beautiful pieces, functional to decorative Refreshments! Red Cedar river view! Harold Schmidt's 4086 Dobie Rd, Okemos Friday June 12/Saturday June 13 Noon-7pm

Donate Plasma Earn over \$220 monthly! Talecris Plasma Resources (517)272-9044

Lawn Mowing Service 30 years experience. Reasonable.

(517) 528-7870. Ask for Dave.

TRASH REMOVAL Business & Commercial Buildings. Brush removal, mowing, yard clean-up, garage & house clean-outs. Call Jay 517-980-0468

ROUTE DRIVER

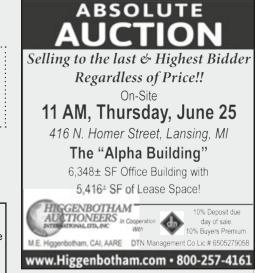
City Pulse has a route that will be available late June. Deliveries Wednesday 9am until done. Must have small truck/van/SUV, a valid drivers license & proof of insurance. Please send resume to suzi@lansingcitypulse.com

Yard Sale Sat. 6/13 9am - 2pm 1238 Cleveland St. Junior & airls clothes New monster high items Portable stripper pole & DVDs

Advertising Sales Representative

BACKPAGE CLASSIFIEDS

City Pulse is looking for energetic and experienced sales reps. Full or part time, excellent compensation plan and friendly work environment. EOE. Please send resume to suzi@lansingcitypulse. com. No phone calls please.



AD DEADLINE MONDAYS AT NOON **PHONE** 999-6704

EMAIL SUZI@LANSINGCITYPULSE.COM

