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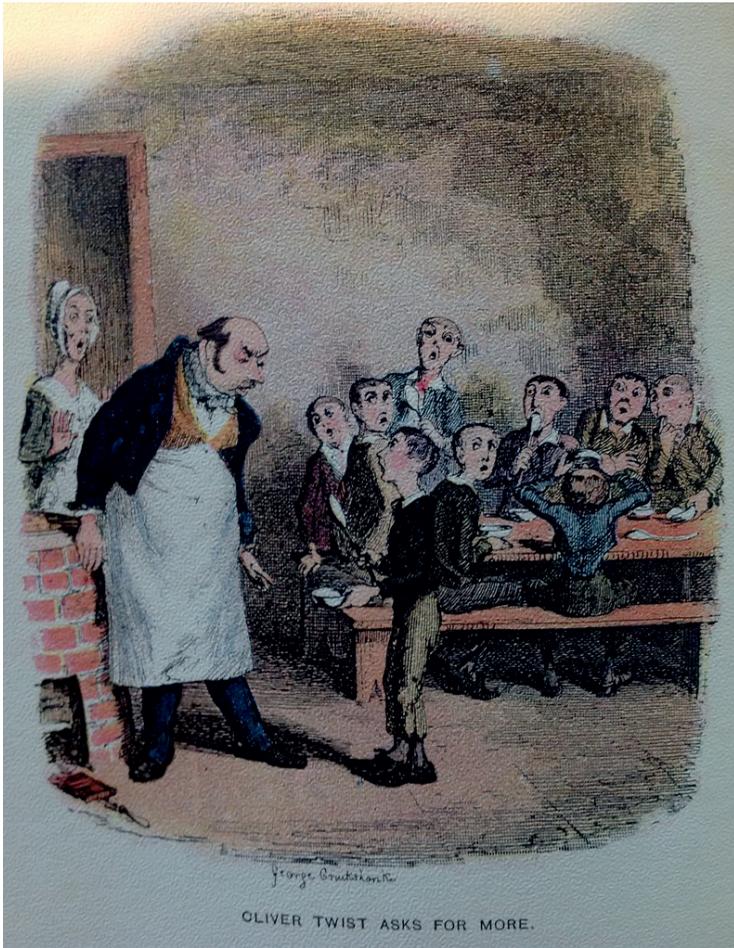
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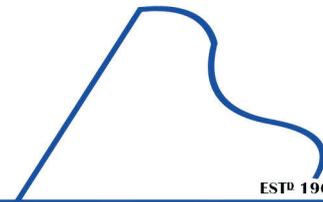
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PULSE

NEWS & OPINION

'Sweetheart deal'

Judge Aquilina criticizes Siemon over handling of Chapman prosecution

In every step of Shiawassee County Sheriff Douglas Chapman's drunk driving case, he got break after break, resulting in what one judge called a "sweetheart" deal.

The deal was criticized by Ingham County Circuit Judge Rosemarie Aquilina in a phone interview. She laid the blame for the deal at the feet of retired Ingham County Prosecutor Carol Siemon.

"Without seeing all the evidence, and going on what has been reported, if this had been in front of me when I was a district court judge, this deal would only have happened if he went through sobriety court," Aquilina said. "That's two years of hard work. But super drunk, and with the guns, is serious and you have to get to the root of the problem. This was a sweetheart deal by Prosecutor Siemon."

Chapman's deal did not include a requirement he participates in a sobriety court. The deal was reached in the prosecutor's office with Chapman's attorney, Matt McKone, who also serves as the city attorney for the city of Owosso, in Shiawassee County. Chapman provided a letter of reference from McKone as part of his application to be appointed sheriff, which he was on Dec. 13. The drunk-driving defense was not mentioned in the letter.

Siemon, who retired last month, told City Pulse that she did not recall the 2018 case, in which the Michigan State Police arrested Chapman — then a Shiawassee County sheriff's road patrol sergeant — after finding him passed out at the wheel of his car at the entrance to Interstate 69 in Shiawassee County.

Asked about Aquilina's comment, Siemon texted, "I had no specific drunk driving policies, except that I took bad driving seriously (since it's inherently dangerous)." She said she expected "the appropriate circumstances existed for any plea offer."

Siemon, said her replacement as pros-

ecutor, John Dewane, "typically reviewed those requests for a special prosecutor."

In an email, Dewane said, "The plea and sentence were consistent with charging and sentencing policies under Prosecutor Carol Siemon." Dewane was deputy chief assistant prosecuting attorney at the time.

A number of details have emerged since City Pulse first reported the story last week that raise questions about whether Chapman received special treatment.

Troopers arrested Chapman 1 a.m. Oct. 9, 2018. The vehicle was in the middle of the entrance ramp to I-69 at M71, which is the Durand Corunna exit, and was still in gear. Two loaded handguns were in a luggage container on the front seat beside him.

He refused roadside sobriety tests at the scene, so he was arrested and taken to the Flint post, where he received his first break: He was not tested until two hours after troopers found him. Even so, he had a blood alcohol level of .19 and then .17 when it was measured within minutes of each other at the post shortly after 3 a.m. The legal limit is .08.

Bowling Green State University Department of Recreation and Wellness reports that, on average, a person will lose .015 in blood alcohol content each hour. This means that at the time troopers found him passed out at the wheel, his level could have been as high as .20, over three times the legal limit and well into the "super drunk" category adopted by the state Legislature in 2010.

Yet MSP troopers only sought a charge for operating while intoxicated — a charge below the state's super drunk law, his second break.



Courtesy of the Owosso Argus-Press

How big a break did the new sheriff of Shiawassee County, Douglas Chapman (left) receive in his drunk-driving arrest and conviction five years ago? 30th Circuit Judge Rosemarie Aquilina called it a 'sweetheart deal.'

A spokeswoman for MSP did not immediately respond to an inquiry about this break.

His next break was the plea deal reached with the Ingham County Prosecutor's Office.

After Shiawassee County officials recused themselves from the case, his prosecution was handled by the Ingham County Prosecutor's Office. 54-A District Judge Louise Alderson, who has since retired, presided. The case was wrapped up when Chapman entered a guilty plea to operating impaired first offense. The prosecution dropped the drunk driving charge down another step — so, two steps below a possible "super drunk" charge — and dismissed the gun charge altogether. He paid a \$150 fine, even though he could have been fined up to \$700 — another break — plus \$535

in fees and court costs.

He was also ordered to pay \$30 a month for probation supervision, which was done by Ingham County. That may have helped him avoid notoriety back home.

Indeed, last week, Shiawassee County Clerk Carolyn Wilson said she was unaware of Chapman's conviction when as part of an appointment committee she voted for him for sheriff in December to replace Brian BeGole, who was elected state representative in November.

Wilson told City Pulse she did not run criminal background checks on the three candidates for interim sheriff. Wilson has also said that Probate Judge Thomas Dignan, another appointment committee member, attempted to re-

cuse himself from the committee, but the chairman, county Prosecutor Doug Koerner, overruled him. She said she did not know why Dignan sought to recuse himself, and Dignan has declined to talk to City Pulse.

Wilson, Dignan and Koerner were mandated to constitute the appointment committee by virtue of their positions. Koerner has not returned calls. Koerner was an assistant prosecutor at the time of Chapman's arrest. His boss, Deanna Finnegan, recused herself from the case. Dignan is the cousin of Terrance Dignan, one of the two district judges who recused themselves in the drunk-driving case.

Chapman's driving record from the Michigan Secretary of State's Office reveals Chapman's driver's license was

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CityPULSE

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Renowned cellist to perform three Bach Suites at Wharton Center

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MSU Law event seeks to help people clear criminal records



PAGE 30

Cabbage two ways

Cover photo illustration by Nevin Speerbrecker

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THIS MODERN WORLD

by TOM TOMORROW



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THIS WEEK: OUR RECURRENT RAINY DAY* FUN GAME

SPOT THE MISTAKES

As always, we've inserted several deliberate errors throughout the following panels. Can you find them all? Answers at the end--but *no peeking!*

*Also provides literal minutes of amusement during bomb cyclones, firenados, or whatever other climate catastrophe you happen to be experiencing!

1. Kevin McCarthy finally becomes Speaker of the House.

I JUST HAD TO MAKE A FEW **SMALL CONCESSIONS!**

MCCARTHY! WHY AREN'T YOU WEARING YOUR **GIMP MASK?**

I'M SORRY, MR. GAETZ, SIR! I'LL PUT IT ON **IMMEDIATELY!**

2. George Santos shows up for his new job.

I HAVEN'T BEEN THIS PROUD SINCE I BECAME THE FIRST OPENLY GAY ASTRONAUT TO PERFORM OPEN HEART SURGERY IN **SPACE!**

DON'T WORRY! WE'LL GIVE HIM A **STERN TALKING-TO!**

3. Marjorie Taylor Greene tries to rehabilitate her image.

I MIGHT HAVE **BRIEFLY** DABBLED IN Q ANON, BUT THAT WAS AGES AGO--LIKE, **LAST WEEK!**

I'VE GROWN A LOT SINCE THEN!

4. The 118th Congress prepares to do the important work of the American people.

THEY WANT US TO PROTECT THE RICH FROM I.R.S. AUDITS!

AND TO LAUNCH ENDLESS INVESTIGATIONS INTO WHAT-EVER TUCKER TELLS US TO!

DID YOU SPOT THE MISTAKES?

Panel 1: The mistake is that any of these people were ever allowed anywhere near the levers of power.

Panel 2: In reality, Steve Scalise does not wear a big oval badge with his name on it.

Panel 3: None of the Representatives who supported the insurrection have been prosecuted and/or removed from office. Big mistake!

Panel 4: The cartoonist willingly chose a life which requires him to pay close, constant attention to the worst people in the country. Whoopsie!

TOM TOMORROW © 2023-01-16... JOIN SPARKY'S LIST: thismodernworld.com/subscriptions

Affordable housing a problem as demand continues to outstrip supply

Lansing-area prices stay up despite higher interest rates; too few new homes in pipeline

Kathy Birchen, an associate broker with Berkshire Hathaway Tomie Raines Realtors in East Lansing, has been selling houses for three decades. And the pandemic — which was marked by a widespread surge in demand and cheap credit — was a high-water mark for her career.

“Two years ago, we were crescendoing into a real high, with lack of inventory and prices rising,” she said. “That year, two years ago, was, I thought, one of my best years in real estate.”

But what was once a roaring market has started to cool. One major American home price index peaked in June, and by October — the latest figures available — it was off by 3.1 percent. That’s no big surprise: with the average 30-year mortgage up by more than 3.75 percent since its pandemic low, home loans are getting markedly more expensive.

Birchen is quick to point out that the market is still strong; she still felt like she had a good year last year. But the

market is in a “flux” right now, she said.

“You’ll hear both sides of the coin from the economists ... are we going to have a recession? How is that going to look? And nobody’s been able to really pinpoint exactly what’s going to happen.”

That hasn’t stopped observers from trying. One analysis, from Construction Coverage — a news website covering the construction and remodeling industry — shows that Lansing and East Lansing homes were more likely than many other mid-size metro dwellings to experience a 5 percent price drop in recent decades.

As the housing market cools, as interest rates rise and as a recession looms, does that mean Lansing’s housing market might be uniquely unstable?

Numbers for Lansing don’t appear to have slowed significantly. According to data from the Federal Housing Finance Agency, Lansing and East Lansing homes prices were still on a yearslong trek upwards almost uninterrupted since bottoming out in 2012. Since the beginning of 2020, prices have increased 33 percent through the third



Shutterstock

Prices have come down some since last year, but it remains a sellers’ market.

prices for the foreseeable future. The swoops and dives so common in the market after 2008 are almost entirely out of the question, they say.

“You’re not going to see substantial price drops,” said Mark McDaniel, president and CEO of Cinnaire, who also leads the Michigan Housing Council and serves on the board of the Lansing Economic Area Partnership. He said that work to attract employers is going very, very well in Lansing — so well that demand far outstrips availability.

If there is a recession, McDaniel said, it would most likely resemble an early 2000s-style downturn, which he described as relatively shallow.

“There’s a need for about 5,000 units of housing in this market in the next three to five years,” he said. “Only about 1,400 units are in a pipeline to be built. And a lot of those are not targeted to an

quarter of 2022 (the most recent data available).

It’s possible Lansing’s home market could see a price wobble — in fact, that’s already happening in communities around the country, and data crunched by Zillow shows a mild moderation in local prices. But most housing experts see high demand, a tight labor market and inflated building costs buoying

See Housing, Page 6

NOTICE OF PUBLIC HEARINGS EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearings to be held by the East Lansing City Council on **Tuesday, February 7, 2023 at 7:00 p.m.** at the East Lansing Hannah Community Center, 819 Abbot Road, East Lansing, MI, 48823.

1. Consideration of Site Plan application to construct 6,800 square foot building addition to facilitate new tenant at 3410 West Road (Parcel ID #33-20-01-02-226-022). The 2.4-acre site is zoned M-1 (Manufacturing).
2. Consideration of Site Plan application to construct a pavilion and other site amenities within Valley Court Park located at 300 Valley Court (Parcel ID #33-20-01-13-225-012). The 4.5-acre parcel is zoned C (Community Facilities).

The public may attend and participate at all meetings in person. Members of the public may also participate virtually via Zoom. Please contact City Clerk Jennifer Shuster at 517.319.6914, jshuster@cityofeastlansing.com, (410 Abbot Road, East Lansing, MI 48823) for additional information. Visit the City’s public meeting portal at <https://cityofeastlansing.civicweb.net/Portal/> for electronic access information.

Materials related to the request are available for viewing at the Department of Planning, Building, and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, MI, 48823 between the hours of 8:00 am and 5:00 pm or on the City’s website located at www.cityofeastlansing.com/currentapplications. Written comments may be sent prior to the public hearing to City Council, City of East Lansing, 410 Abbot Road, East Lansing, Michigan, 48823, or by email to council@cityofeastlansing.com

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services must contact the City Manager’s Office, 410 Abbot Road, East Lansing, MI, 48823, (517) 319-6920 (TDD Number: 1-800-649-3777) or via email at nmostel@cityofeastlansing.com.

This notice is posted in compliance with P.A. 267 of 1976 as amended (Open Meetings Act) and the Americans with Disabilities Act (ADA) and published in compliance with the Michigan Zoning Enabling Act, 2006 P.A. 110.

Jennifer Shuster
City Clerk

CP#23-014

NOTICE OF PUBLIC HEARINGS EAST LANSING PLANNING COMMISSION

Notice is hereby given of the following public hearings to be held by the East Lansing Planning Commission on **Wednesday, February 8, 2023 at 7:00 p.m.** at the East Lansing Hannah Community Center, 819 Abbot Road, East Lansing, MI, 48823.

1. Consideration of a Site Plan application from FP Investors, LLC for the property commonly known as Falcon Pointe (Parcel ID #19-20-50-36-200-029), to construct four, three-unit dwellings on the east side of Thoroughbred Lane, west of Halter Lane. The subject property is zoned R-2 (Medium Density Single-family Residential).
2. Consideration of a Site Plan application from Gentilozzi Real Estate to construct a 23,040 square foot building at 3400 West Road (Parcel ID #33-20-01-02-226-021). The property is zoned M (Manufacturing).

The public may attend and participate at all meetings in person or electronically. Please contact the Planning and Zoning Administrator or visit the City’s public meeting portal for electronic meeting access information:

Peter Menser – Planning and Zoning Administrator
410 Abbot Road
East Lansing, MI 48823
517.319.6861 or pmenser@cityofeastlansing.com
<https://cityofeastlansing.civicweb.net/Portal/>

For more information on the request please contact Planning and Zoning Administrator Peter Menser at the contact info above. Materials related to the request are available for viewing at the Department of Planning, Building, and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, MI, 48823 between the hours of 8:00 am and 5:00 pm or on the City’s website located at www.cityofeastlansing.com/currentapplications. Written comments may be sent prior to the public hearing to the Planning Commission, City of East Lansing, 410 Abbot Road, East Lansing, Michigan, 48823, or by email to coelplanningcommission@cityofeastlansing.com.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services must contact the City Manager’s Office, 410 Abbot Road, East Lansing, MI, 48823, (517) 319-6920 (TDD Number: 1-800-649-3777) or via email at nmostel@cityofeastlansing.com.

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Jennifer Shuster
City Clerk

CP#23-013

Housing

from page 5

affordable market. When you look at that, that's a serious problem."

Many affordable housing experts echo McDaniel's concerns. Especially with so many banner headlines in recent years — capped by news of a massive new area battery plant — it looks most likely that affordable housing will remain out of reach for the most vulnerable.

Douglas Fleming, executive director of the Lansing Housing Commission, has concerns well beyond the primary home market. The region's most vulnerable are typically encouraged to access subsidized housing — but that housing is often in short supply, with significant waitlists.

Renters especially, Fleming said, can be caught between that lack of affordable opportunity and the realization that rising interest rates might price

them out of a home. As they face rising rents, they're often pinched with nowhere to go — as he puts it, "you can't go up and you can't go down."

"I do know, just anecdotally, the number of phone calls, the number of emails that we're getting versus what we normally get, it's up dramatically over the last six months of people seeking subsidized housing," Fleming said.

McDaniel said that the community has done a good job "attracting" new talent. But, he said, that's only part of what makes for healthy economic growth. Soon, potential newcomers will be asking harder questions: what about public transit? What about childcare options? What about more homes?

"We've got a lot of jobs coming here," McDaniel said. "We've got a lot of people who are locating for other reasons here. And they can't find a place to live."

Jitters about housing still fall in the shadow of the late 2000s financial cri-

sis, which saw significant market upheaval in the wake of overeager mortgage lending and widespread defaults. In Michigan, scars from that downturn were evident long after the recession ended.

But experts say that today's landscape is far different, with scarcity and inflation both keeping prices relatively high.

Jim Anhut spent 35 years in commercial real estate and now directs the real estate minor at Michigan State University. He said there are already signs that inflation in building materials has significantly cooled, and even feels optimistic about the housing market's future in 2023 and 2024.

Any price fluctuations in today's housing market, Anhut said, will be much more mild than in the housing crisis of yesteryear.

"Are people going to see depleted value in their real estate? My knee-jerk response to that is no — unless they sell," he said.

Denya Macaluso, the vice president of residential lending at MSU Federal Credit Union, said 2022 brought moments of high appreciation, quickly changing interest rates and a spike in inflation. Things are calming now — if transitioning from a seller's market into something more balanced.

"I think the other probably big variable is the whole story of supply," she said. "We still have more buyers out there than we have houses for sale."

In fact, for affordable housing experts, that's where the real problem lies: many people can't afford homes, and a small market adjustment won't do much to help them — the problem runs too deep, said Rawley Van Fossen, who leads the Capital Area Housing Partnership.

"I don't know that that (market drop) is going to be big enough for low to moderate income families to then take advantage of that," he said.

— SAM EASTER



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NOTICE OF PUBLIC HEARING EAST LANSING HISTORIC DISTRICT COMMISSION

Notice is hereby given of the following public hearing to be held by the East Lansing Historic District Commission on **Thursday, February 9, 2023 at 7:00 p.m.**, at the East Lansing Public Library, 950 Abbot Road, East Lansing, Michigan 48823:

- A public hearing will be held to consider a request from Mara Leichtman and Bengt Jansson for the property at 407 Marshall Street to replace a front door, a window, window and door trim, and siding trim.

For more information on the request please contact Darcy Schmitt at (517) 319-6941 or dschmitt@cityofeastlansing.com. Materials related to the request are available for viewing at the Department of Planning, Building, and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, MI, 48823 between the hours of 8:00 am and 5:00 pm or on the City's website located at www.cityofeastlansing.com/currentapplications. Written comments may be sent prior to the public hearing to the Historic District Commission, City of East Lansing, 410 Abbot Road, East Lansing, Michigan, 48823, or by email to coelhistoricdistricts@cityofeastlansing.com.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services must contact the City Manager's Office, 410 Abbot Road, East Lansing, MI, 48823, (517) 319-6920 (TDD Number: 1-800-649-3777) or via email at nmostel@cityofeastlansing.com.

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Jennifer Shuster
City Clerk

CP#23-015

NOTICE TO CREDITORS. Decedent's Estate. Estate of Diane Kaye Schafer. Date of birth: 11/11/1949. **TO ALL CREDITORS: NOTICE TO CREDITORS:** The decedent, Diane Kaye Schafer, died 09/14/2022. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to James Schafer, personal representative, within 4 months after the date of publication of this notice. 01/18/2023 James Schafer 1673 Walline Rd Mason, MI 48854.

CP#23-011



CHARTER TOWNSHIP OF MERIDIAN, INGHAM COUNTY
LEGAL AD NOTICE: Zoning Amendment #2022-15
(Planning Commission)

CHARTER TOWNSHIP OF MERIDIAN LEGAL NOTICE Zoning Amendment #2022-15 (Planning Commission) Public Hearing

The Township Board at its regular meeting on January 10, 2023 approved for introduction and subsequent adoption Ordinance 2022-15 to update the number of children permitted in home daycares, based on a recent change to the State law.

A complete copy of the amendment may be viewed at the Community Planning and Development office, 5151 Marsh Road, Okemos, Michigan 48864-1198 (phone 517-853-4560), between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday.

City Pulse
January 18, 2023

Deborah Guthrie
Township Clerk

CP#23-012

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Michigan winters are super cloudy and getting worse.

Here's how to deal.

BY KELLY HOUSE
Bridge Magazine

Five minutes. That's how much sunshine Grand Rapids experienced over the first eight days of the year, before the glowing orb finally broke through the clouds.

And the city was no anomaly: For nearly two weeks, clouds blanketed large swaths of Michigan, occasionally accompanied by rainfall that transformed our winter wonderland into a muddy mess.

Cloudy days are the norm in Michigan this time of year, but the recent string "definitely is extreme, even for this time of year," said Brandon Hoving, a National Weather Service meteorologist in Grand Rapids.

The good news is Michigan has seen worse. The bad news is gloomy, muddy winters could become increasingly normal in Michigan as climate change chips away at Great Lakes ice cover, strengthening the forces that drive lake

effect clouds, rain and snow.

"An educated guess would be that with more open water there would be more clouds," said State Climatologist Jeffrey Andresen.

If that bums you out, it may be time to invest in a light therapy lamp, stock up on Vitamin D supplements and consider adopting a morning exercise regimen to combat winter blues.

Notoriously dreary winters

Cloudy winters are nothing new in Michigan.

The weather and science website Current Results says that Lansing has 175 sunny or partly sunny days — a lighter way of saying it has more cloudy days (190) than sunny ones.

Detroit consistently ranks among the cloudiest major cities in the U.S., and Michigan counties burn bright red on the federal government map depicting average annual hours of sunlight.

Gray skies so define Michigan winter, Andresen keeps a pre-written response on hand for the calls and emails that come like clockwork each winter



Bridge photo by Kelly House

Does this look familiar? The National Weather Service's instruments measured just five minutes of sunlight in Grand Rapids over the first eight days of 2023.

from discouraged recent transplants from sunnier states.

As a general rule, the further northward you move in the Northern Hemisphere, the greater the chance of cloudy days. But Michigan winters can be abnormally dreary even compared to places on a similar latitude.

Blame the Great Lakes

When an icy wind sweeps over the vast lakes' warmer open waters, it picks

up moisture to form the clouds that cause Michigan's trademark lake effect snow and rain.

"We're downwind of Lake Michigan, so we bear the brunt of cloudiness," Hoving said.

As winter wears on, the Great Lakes begin to freeze, trapping more of their surface area beneath a sheet of ice and weakening the lake effect, said Richard Rood, a University of Michigan professor who is an expert in weather modeling and co-principal investigator at the Great Lakes Integrated Sciences and Assessments.

But Great Lakes ice cover has been waning over time. This year so far has been a dud, with ice covering just 3.4 percent of the lakes' surface. That's well below the average of about 20 percent for early January.

Less ice means more opportunities for moisture to evaporate into the atmosphere, he said, "which means we will see more lake effect, whether it's snow or rain."

See Clouds, Page 10

Sheriff

from page 3

restricted from Dec.14, 2018, through March 13, 2019. It was reinstated on March 15. Court records show Chapman's restrictions allowed him to "drive to and from residence, place of and during employment, treatment and support group meetings, regularly scheduled treatment for serious medical conditions, probation, community service, and school, must carry proof of destinations and hours."

In a similar case three years later, then-Assistant Shiawassee County

Prosecutor Chris Brown was charged with operating while intoxicated and two counts of possession of a firearm while impaired. The charges arose when Brown arrived at work two hours late and admitted to drinking. His blood test revealed an alcohol content of .14, nearly twice the legal limit, but not "super drunk."

The case was brought by Michigan Attorney General Dana Nessel's team. It resulted in a guilty plea on one count each of operating while impaired and possession of a firearm while impaired. He was ordered by 66th District Judge Ward Clarkson (the other Shiawassee County judge who recused himself in

the Chapman case) to pay a \$1,500 fine. Brown had already moved out of the state and licensing officials in Michigan had intervened with "intensive probation" to keep his law license.

City Pulse sought comment from Dewane about the two cases.

"You have compared this case to another — one prosecuted by another agency — where there were both similar and unique characteristics," Dewane wrote in an email. "While each case has its own circumstances, I believe the

sanctions were equivalent relative to the conduct and the evidence. Also, the plea and sentence were consistent with charging and sentencing policies under Prosecutor Carol Siemon."

"Police are subject to the same laws as the rest of us," Dewane said. "When a conflict of interest exists, the best practice is to provide for an outside agency to review and prosecute these cases. I believe that each of these principles were handled satisfactorily on this case."

— TODD HEYWOOD

B/23/036 POOL LINER & INSTALLATION as per the specifications provided by the City of Lansing. The City of Lansing will accept bids at The City of Lansing, Purchasing Office, 124 W. Michigan Ave. 3rd Floor, Lansing, Michigan 48933 or electronically submitted thru MITN Site (www.mitn.info) until 2PM local time in effect on JAN. 24, 2023. Complete specifications and forms required to submit bids are available by contacting Marilyn Chick at (517) 483-4282, or Marilyn.chick@lansingmi.gov or go to www.mitn.info. The City of Lansing encourages bids from All Vendors Including MBE/WBE Vendors and Lansing-Based Businesses.

CP#23-016

B/23/075 DEMO OF 1 PROPERTY MALONEY RD as per the specifications provided by the City of Lansing. The City of Lansing will accept sealed bids electronically online at www.mitn.info or at the City Of Lansing Purchasing Office, at 124 W. Michigan Ave 3RD Flr, Lansing, MI 48933 until 2:00 PM local time in effect on JAN. 24, 2023 at which time bids will be opened and read. Complete specifications and forms required to submit bids are available by contacting Stephanie Robinson at (517) 483-4128, or Stephanie.robinson@lansingmi.gov go to www.mitn.info. The City of Lansing encourages bids from all vendors including MBE/WBE vendors and Lansing-based businesses.

CP#23-010

CITY OF LANSING NOTICE OF PUBLIC HEARING

**340 E. Edgewood Blvd.
SLU-2-2022, Special Land Use Permit – Self-Storage Facility**

The Lansing City Council will hold a public hearing on Monday, February 13, 2023 at 7:00 p.m. in the Tony Benavides Lansing City Council Chambers, 10th Floor, Lansing City Hall, 124 W. Michigan Avenue, Lansing, Michigan to consider SLU-2-2022. This is a request by Juniper II, LLC for a special land use permit to utilize the existing building at 340 E. Edgewood Blvd. for a self-storage facility. The subject property is zoned "S-C" Suburban Commercial, which zoning district allows self-storage facilities subject to approval of a special land use permit by the Lansing City Council.

For more information, please call Lansing City Council at 517-483-4177. If you are interested in this matter, please attend the public hearing or send a representative. Written comments will be accepted between 8 a.m. and 5 p.m. on City business days if received before 5 p.m., Monday, February 13, 2023 at the City Clerk's Office, Ninth Floor, City Hall, 124 West Michigan Ave., Lansing, MI 48933 or email city.clerk@lansingmi.gov.

Chris Swope, Lansing City Clerk
www.lansingmi.gov/Clerk
www.facebook.com/LansingClerkSwope

CP#23-009

REWIND

NEWS HIGHLIGHTS FROM THE LAST 7 DAYS

BY NICOLE NOECHEL



East Lansing City Council added a proposed separation agreement with City Manager George Lahanas and a proposed interim city manager employment contract for retired East Lansing Fire Chief Randy Talifarro to its Tuesday night agenda. City Attorney Anthony Chubb negotiated the proposed agreement with Lahanas at the request of East Lansing Mayor Ron Bacon. No reason for the proposed separation was given other than “The East Lansing City Council has determined that it is in the best interests of the city to separate Lahanas’ employment in order to go in a different direction in the management of the city.” If approved as is, Lahanas would receive a severance package including a one-year base salary of \$172,896 to be paid in a lump sum by Feb. 28, \$46,035.80 for unused paid time off and his current health, dental and life insurance benefits through February 2024 for him and his family. Additionally, the city would continue to provide health insurance for him and his family for the next five years, until he turns 65 and becomes eligible for Medicare.



staff to the board. Fletcher’s appointment is effective Jan. 30, and the board will make a formal approval on Feb. 10.

Lansing native Taylor Dudley, a Navy veteran, was released from his nine-month detainment in Kaliningrad, Russia. He entered U.S. custody in Poland. When he was imprisoned in April, he had been backpacking in Europe and was attending a music festival in Poland. It is unknown how he ended up in Russia. “The negotiations and work to secure Taylor’s safe return were done discreetly and with



engagement on the ground in both Moscow and Kaliningrad and with full support from Taylor’s family back in the United States,” The Richardson Center, a nonprofit led by former New Mexico Gov. Bill Richardson that helped free Dudley from detainment, said on Twitter.

Michigan State University settled its Title IX lawsuit with 11 former members of the women’s swimming and diving teams. The athletes filed the suit in 2021. U.S. District Judge Hala Jarbou originally ruled that the elimination of the programs did not create a large enough gap between women’s and men’s sports opportunities to violate the law. However, the 6th Circuit Court of Appeals overturned her decision, returning the case to the district court. The U.S. Supreme Court declined to hear the case in December. Now, MSU will be required to conduct a third-party gender equity review by Sept. 1. If the review determines

there are issues, the school must rectify them by the 2026-2027 school year. The settlement will not reinstate the programs, according to the Lansing State Journal, though the athletes have been working with interim President Teresa Woodruff’s office to consider fundraising options that could make bringing them back more feasible.



The Lansing School District Board of Education elected Rachel Willis as its 2023 president.

Willis was president from 2017 to 2019. Eight of nine board members, with one absent, voted for the slate of officers, which also includes Robin Moore as vice president, Missy Lilje as treasurer and Nino Rodriguez as secretary. “There will be many challenges ahead in 2023 in public education,” Willis said, “but we feel we are headed in the

right direction. Voters passed a more than \$129 million bond last year. The school district is continuing work on an equity audit, and we recently finalized a five-year strategic plan that gives us a blueprint to move the district forward.”

In its first meeting of 2023, the Michigan State University Board of Trustees elected Rema Vassar as board chair.

She is the first Black woman to serve in the position. She quoted Shirley Chisholm, the first Black woman elected to the U.S. Congress, saying, “You don’t make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas.” She said she looks “forward to the transformative leadership of this board and the bright, green year ahead of us.” Trustee Dan Kelly was reelected as vice chair and Stefan J. Fletcher, the current chair-elect of the Association of College and University Policy Administrators, was selected as secretary and chief of



East Lansing is now a “sanctuary city” following a 3-1 vote by the City Council. East Lansing has been a “safe haven” for immigrants since 2017, meaning it does not assist federal agencies in enforcing immigration laws. The sanctuary city designation codifies this non-compliance. Council member George Brookover was the dissenting vote, stating it would be

“no different” from the city’s safe haven status and would place an unnecessary target on the city. East Lansing is now the only sanctuary city in the state, though Ingham, Kalamazoo, Kent and Wayne counties all have sanctuary policies in place.



City Pulse needs a new person to write Eye Candy of the Week and Eye for Design.

Email publisher@lansingcitypulse.com if interested.

READ JOAN NELSON

on the first Wednesday of every month.



CityPULSE

Jack Kevorkian made headlines and inspired policy in the 1990s when he aided the deaths of over 130 terminally ill patients. Kevorkian, a medical doctor, created a machine that allowed patients to administer a lethal dose of drugs to themselves. Three times he was taken to court and acquitted. The fourth time, he represented himself and was sentenced to 10 to 25 years, of which he served eight. The world knew his name. “Assisted suicide,” “euthanasia” and “death with dignity” were discussed at dinner tables. The conversation was so common that by the end of the decade, the Michigan Legislature had banned assisted suicide.

It is time to reconsider Public Act 296.

Then-Gov. John Engler signed it into law in 1998. It prohibits anyone from providing “the means by which the individual attempts to kill himself or herself,” from participating “in an act by which the individual attempts to kill himself or herself” or from helping “the individual plan to attempt to kill himself or herself or kills him or herself.” It does not apply to withholding or withdrawing treatment. It does not negate advance directives (living wills) that describe the personal wishes concerning medical treatment that should be honored at a time when an individual is no longer able to express them.

Technology, culture and opinions have changed since 1998. If you look up “death with dignity,” you will come up with over 100 million hits. The conversation is again a common one for a multitude of reasons. Baby boomers are concerned about the suffering of loved ones and themselves. Technology can prolong certain imminent death at great emotional and financial expense. Several popular books have been written on the subject, such as “In Love: A Memoir of Love and Loss,” by Amy Bloom, and the novel “Lone Wolf Americans,” by Jodi Picoult. Americans are talking about dying.

The physician-assisted death movement is growing worldwide. In Canada, where it has been legal since 2016, it accounted for more than 3% of deaths in 2021. Austria, Belgium, Germany, Luxembourg, the Netherlands, New Zealand, Spain, Switzerland and all six states of Australia are among the places it has become legal.

Oregon became the first state to approve it, back in 1997, while Michigan was going in the opposite direction. Since then, seven other states (Colorado, Hawaii, Maine, New Jersey, New Mexico, Vermont and Washington) and the District of Columbia have legalized it by statute, and courts have made it legal in Montana and California. In those states and D.C., physicians may provide medications to cause death to patients with a prognosis of up to six months to live. Doctors are obliged to inform patients that they have the option of assisted death, but they are not required to participate.

It’s important to differentiate euthanasia from “physician-assisted dying.” Euthanasia is the deliberate act of taking a life, what you may refer to as a mercy killing. It

is illegal in every state and most countries. “Physician-assisted dying” allows doctors to prescribe a prescription to terminal patients for self-administration that will end their life.

Much has changed since 1998. Back then, the nation was caught up in the Florida battle between the husband and parents of Terri Shiavo, who had no living will and had been on life support since 1990. In 1998, her husband sought to have her feeding tube removed and allow her to die. Her parents fought in court for seven years until finally he was granted permission in 2005.

Now, providing high doses of morphine to reduce pain that also acts to hasten a patient’s death is common practice in every state and not considered euthanasia. This acceptance is based on the “Double Effect” theory established by Thom-

as Aquinas. Basically, it means that if a drug was given to address undue pain, and it also hastens death, it is morally acceptable. There is a distinction made between the intention of providing a drug that comforts, even with the knowledge that it will hasten death.

Living wills or patient directives are common. They allow removal of life-sustaining treatment when it appears death is imminent. This includes dialysis, and ventilators, as well as feeding tubes and hydration. All states have laws regarding ad-

vanced directives and appointments of a health care proxy.

Assisted suicide is a logical next step. Some opponents to assisted-death statutes are concerned that vulnerable groups will be abused by the law; it’s part of a “slippery slope” argument. Research in Oregon and the Netherlands showed no evidence of this in the elderly, women, the uninsured, the poor, racial and ethnic minorities, people with chronic pain, and more. People with AIDS did have a heightened risk, although in nine years a total of six persons with AIDS died with an assisted death in Oregon.

Proponents of death with dignity place great value on autonomy — that is, an individual’s values and beliefs should determine when to end life. Opponents value life above all, just like opponents to abortion rights. But the difference with assisted suicide is that the person who will die is making the choice of ending his or her own existence, not that of a fetus.

Michigan has not looked seriously at its ban on assisted suicide since it was made permanent 25 years ago. Former state Rep. Tom Cochran, D-Mason, introduced a death-with-dignity law in 2017, but Republicans did not allow it out of committee. Now, Democrats control both chambers and the Governor’s Office. This is precisely the time for a legislator to pick up where Cochran left off and introduce a bill. It is also time to organize behind a ballot proposal for the next general election in 2024.

Michigan should have this discussion. It’s a complicated one, as complicated as abortion, with well-intended people holding strong feelings on both sides, but with most people somewhere in the middle. Let’s enter into a statewide conversation and see where Michigan wants to be.

Let’s talk about assisted suicide

The CP Edit Opinion



Have something to say about a local issue or an item that appeared in our pages?

Now you have two ways to sound off:

- 1 **Write a letter to the editor.**
 - E-mail: letters@lansingcitypulse.com
 - Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912
 - At lansingcitypulse.com
- 2 **Write a guest column.**

Contact Berl Schwartz for more information: publisher@lansingcitypulse.com or (517) 999-5061. (Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)

For the remainder of January, we'll honor
MLK Jr by donating 10% of the cost
of installing a new furnace to One Love Global,
a non profit organization focused on
racial equity and youth organizing.
And The Firecracker Foundation, who's mission
is to advocate for children survivors
of sexual trauma. Together we can build the
future by centering voices that have been
systemically silenced, and healing those
who've suffered trauma. Silence is apathy,
apathy is lethal and Black Lives Matter

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Clouds

from page 7

Arm yourself with lights and vitamins

If the endless cloud cover has you feeling a little blue, you're in good company.

As much as 20 percent of the state's population suffers from a condition called seasonal affective disorder (SAD), which is linked to insufficient light exposure, said Hanne Hoffmann, a Michigan State University professor who studies how our brains respond to light exposure.

Symptoms of the disorder include low mood, lack of energy and increased sleeping and eating, often beginning in the fall and easing up in springtime.

"Most of us can relate to how good it feels when the sun comes out," Hoffmann said. "There's actually a biological reason for that."

Our eyes capture sunlight, activating brain neurons that stimulate what Hoffmann calls the "feel-well centers" of the brain while boosting serotonin.

Those effects plummet in winter, when Michigan sees fewer hours of daylight, more clouds and dimmer

sunshine even on clear days. The summer sun's intensity can be five times greater than even the sunniest winter days, Hoffmann said.

A lack of winter sunlight also cuts into our body's ability to generate Vitamin D, which helps regulate mood and other body functions.

To counteract those effects, Hoffmann recommended taking vitamin D supplements and investing in a therapy light to combat seasonal affective disorder. Look for a lamp that doesn't emit UV light, that emits 10,000 lux (a measure of light intensity), and is at least as big as a sheet of printer paper.

The lights help alleviate SAD symptoms in 80 percent of people, Hoffmann said. But they can have unintended consequences for some, including those with clinical depression or diabetes. If you're concerned about risks, talk to your doctor.

Exercise can counteract seasonal blues too, she said. So can social interaction with friends or family.

Lansing's 10-day forecast is cloudy or mostly cloudy.

If it's any consolation, it could be worse. One winter in the late-2000s, Hoving said, the sun didn't shine for 21 days.

Democrats acting like Republicans by ignoring fiscal responsibility

Democrats in Lansing have been in control for two weeks and they're already acting like Republicans with the state's wallet.

They're promoting tax cuts with no hint how they're raising the money to plug the holes they're punching into the state budget. It's certainly a switch in roles.

We're used to seeing Republicans (read Kevin Rinke or Tudor Dixon) throw around monster tax cuts that would bankrupt the state in time. We've almost been conditioned to think such big talk is normal.

So, here come the Democrats. They're not suggesting the income tax be killed, although if nothing is done to a certain law, that will happen. (More on that later.)

The Democrats are looking at giving money back to working-class families and seniors.

One proposal raises the Earned Income Tax Credit for roughly 800,000 working-class families at an annual cost of \$336.4 million based on one estimate.

The other allows seniors to write off certain retirement income off their income taxes. That's another \$442.8 million.

All the while, the D's are staying mum on the prospect of an income tax cut that will happen unless the law is changed. Back in 2015, the Republicans — desperately looking for political cover after raising the gas tax — created a complicated legal trigger that automatically lowers the state's 4.25% to a lower amount if X, Y and Z happened, starting in 2023.

Well, X, Y and Z have happened. And it's 2023.

The House and Senate fiscal agencies are projecting the rate is going to fall to 4.05%. That's another \$600 million hole in the bucket if the Dems don't do anything about it.

Add all of these numbers up and we're talking about \$1.4 billion in revenue going *poof* in tax cuts with nothing on the table to make that money up.

Sure, Michigan has an unprecedented \$9.2 billion surplus. That's an enormous life preserver. That'll keep the ship from sinking for a few years.

When that's gone? It's still early, but for now ... who knows?

Risk political backlash and freeze this

income tax trigger? Senate Democrats lost the majority in 1984 when they voted to raise income taxes.

Raise the corporate income tax? Seems the most likely answer.

Nothing? That's possible, too.

It's a huge shift from the party that prided itself on fiscal responsibility over the last several years.

Remember when Gov. Gretchen Whitmer proposed her 45-cent gas-tax increase? Four years ago, Whitmer said to fix the damn roads from here on out, we'd all need to find another \$5-\$9 per fill-up somewhere in our wallets.

She pitched the idea on the argument that it was fiscally responsible.

Let's go back to a year ago to when Whitmer vetoed two large tax-cut packages from Republicans on the idea that neither was negotiated, and both were fiscally irresponsible.

In her veto letter to HB 4568, a monster \$2.6 billion permanent tax, Whitmer said she had a plan that balanced the state's budget while protecting the investments of "shared priorities like getting our kids back on track, funding local police and fixing our crumbling roads and bridges."

She can put more money into K-12 education, police funding and infrastructure with \$9.2 billion sitting on the balance sheet.

Meanwhile, the Democrats can tactically cut off the Republicans at their own game. The Democrats are forcing the R's to either swallow their tax cut ideas or claim the tax cuts are not fiscally irresponsible. That would be a rich role reversal.

Force the Republicans to act like Democrats!

Sticking with unfunded tax cuts comes with a lot of political advantages. Whitmer and the Democrats can blow through \$9.2 billion to pay for the tax cuts.

By that time all the money is gone, Whitmer will be out of office. She'll be able to claim on the national stage that she cut taxes and increased spending for kids, cops and roads. Kinda like John Engler did.

Then, the Democratic governor will leave future Legislatures and governor to balance the budgets ... again, kinda like Engler, a Republican, did.

(Email Kyle Melinn of the Capitol news service MIRS at melinnky@gmail.com.)



KYLE MELINN

Opinion

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Vitamin D for the soul

The 2023 City Pulse People Issue

Just when sunshine, chlorophyll and the juices of life are in shortest supply, feast your eyes on City Pulse's 2023 People Issue, an inspiring and diverse bouquet of humanity to warm gray January days.

This is not a "most influential" or a "most anything" list. We hear plenty from personalities, influencers and spotlight hoggers.

Commit a crime, have an accident, get sucked into a scandal, and the phone will ring. Announce a major project, cut a ribbon in front of a shiny new building, and cameras will click.

That's all a part of life, but not the meat of it. Treat another sick patient, hem another pair of pants, help another troubled young person, weave another thread into our community — live your life the best you can — and who notices?

This particular group emerged from a collective impulse to find several interesting people who soldier on quietly, more or less, in various sections of life's orchestra, and to shine a light on their lives and faces. A brief Q&A in City Pulse isn't exactly the royal treatment they — and so many others — truly deserve, but it gets pretty close, especially when you factor in the portrait artistry of our longtime People Issue collaborator, master photographer Khalid Ibrahim of Eat Pomegranate Photography.

Sein Paul Benavides talks about the diver-

sity of Lansing's Latino and Hispanic communities and the multifarious activities of the Cafecito Caliente Group, including its most recent project, buying and running the Arctic Corner ice cream shop in Old Town. **Farhan Bhatti** traces his path from young medical student to still-young medical director of a Lansing clinic with thousands of patients. **Barbara Roberts Mason** hits some highlights of a long and distinguished career as a civic leader, from her work as a speech therapist to founding the Black Child and Family Institute (now the Building Child and Family Initiatives) and becoming a member of the state's Board of Education in 1974, the first Black woman to be elected to statewide office. **Sonny Truong**, a tailor who came to Lansing from Vietnam in 1995, tells us about the quiet rewards of sewing clothing, and the occasional sofa, for his diverse clientele. **Elizabeth Homer** looks back on the not-so-distant, bruising era when women's rights were hooted down at the state Democratic Convention (in 1968, not 1868) and the fight to establish Title IX was just getting started. **Eugene Cain**, the great-grandson of a former slave, gives a long view on social progress (and regress) going back to his early years, growing up in Alabama, to his years as deputy superintendent of the state Board of Education and first administrator of the Shabazz Academy. **Octavio Mäs-Arocas**, Span-

ish-born director of orchestras at Michigan State and music director of the Marquette Symphony, tells us what it's like to bring music to the Upper Peninsula and soak up appreciation in unlikely places like the top of Sugarloaf Mountain near Marquette. **Christine Terpening** talks about coming out as a lesbian, as an adult woman in a straight marriage with three adult kids, in rural Vermontville and starting a support group for rural LGBTQ youth. **Hope Lovell**, chair of the Ingham County Health Centers Board, talks how her religious faith helped her take on rehabilitation cases she never thought she could handle. They all have stories, and they all look positively smashing in the creative hands of Khalid Ibrahim.

— LAWRENCE COSENTINO

Editor's note: Khalid Ibrahim's photos have brought out the warmth and beauty of all of the 64 individuals featured in the first seven annual People issues, as listed below, and those nine we add this year. For the first time, Ibrahim has also laid out the following pages. For more on Ibrahim, see www.eat-pomegranate.com.

If you have a suggestion for next year's People Issue, please email me at publisher@lansingcitypulse.com or drop me a note at 1905 E. Michigan Ave., Lansing, MI 48912.

— BERL SCHWARTZ

7 years of City Pulse People Issue Highlights • 2016-2022

Farha Abbasi, Psychiatrist (2017)

Abolarin Agnora, Veterinarian (2017)

Haimen Al-Sumaidee, Refugee Job Development Coordinator (2019)

Jose Aste, Head Chef/Owner of Tantay (2021)

Guadalupe Ayala, City of Lansing Diversity Officer (2021)

Ligia Romero Balcarcel, Military Veteran (2016)

Ryan Basore, Cannabis Activist and Entrepreneur (2020)

Amy Bigman, Rabbi at Congregation Shaarey Zedek (2021)

Twyla Birdsong, Blues/Soul Singer (2016)

Melina Brann, Executive Director of the Women's Center of Greater Lansing (2021)

Debbie Carlos, Artist (2017)

Oscar Castaneda, Advocate for Immigrants (2019)

Etienne Charles, Musician and Teacher (2018)

Ryan Claytor, Comic Book Artist (2016)

Suban Nur Cooley, Writer and Editor (2017)

Guillermo Delgado, Painter, Teaching Specialist at MSU (2020)

Morgan Doherty, LGBT Resource Center Coordinator at MSU (2020)

Aarin Dokum, Nokomis Center Interim President (2019)

Tana Fedewa, Advocate for Survivors (2019)

Steve Flaster, Salesman and Educator (2018)

Krista Fuerst, Director of Expectant Parents Organization (2020)

Chana Kraus-Friedberg, Poet (2021)

Nic Gareiss, Dancer and Musician (2017)

Deborah Guthrie, Meridian Township Clerk (2021)

Muhammad Hamdan, Oncologist & Hematologist (2016)

Lucas Holiday, Vocalist (2018)

Twesigye "Jackson" Kaguri, Founder of Nyaka AIDS Orphan Project (2020)

Todd Karinen, Metal Guru (2020)

Ezra & Marshall Kelly, Trans Twins (2019)

Cameo King, Founder of Grit, Glam & Guts (2021)

Tiesha King, Dark Artist (2019)

Sarah Kovan, Rhodes Scholar (2016)

Henry Kwok, owner of Henry's Place Restaurant (2022)

The Rev. Phiwa Langeni, Salus Center Director (2019)

Bill Lett, Retired Owner of Lett's Bridal (2019)

Tammara McCollom, owner of Smoothie Queen (2022)

Liz McDaniel, Musician (2016)

Liz McMurray, owner of Liz's Alterations, (2022)

Mark Meadows, East Lansing Mayor (2016)

Ashley Medina, Hair Stylist (2022)

Thierry Nana, Student, Designer and Artist (2018)

Jennifer Nagel, Fitness Expert, Business Owner (2020)

Jerry Norris, Owner of The Fledge (2021)

Julie Pington, President/CEO of the Greater

Lansing Convention & Visitors Bureau (2022)

Marilyn Plummer, Public Servant (2018)

Bernie Porn, Owner of EPIC MRA survey research firm (2022)

Amy Rickett, Actor and Director (2018)

Jeana-Dee Allen & Dylan Rogers, Owners of the Robin Theatre (2017)

Theresa Rosado, Journalist, Artist, Activist (2019)

Bob Rose, Artist (2021)

Robin Schneider, Medical Marijuana Advocate (2017, 2019)

Alice Sessions, Preservationist (2018)

Jeff Shoup, Musician (2017)

Robert Song, President & CEO of Maru Hospitality Group (2017)

Whitney Spotts, Vocalist (2018)

Nick Stachurski, Executive Producer of Eightfold Creative (2016)

Joseph Steinhardt, Record Producer and Educator (2018)

Altaye Tadessi, Owner of Altu's Ethiopian Cuisine Restaurant (2022)

Tashmica Torok, Founder of the Firecracker Foundation (2016)

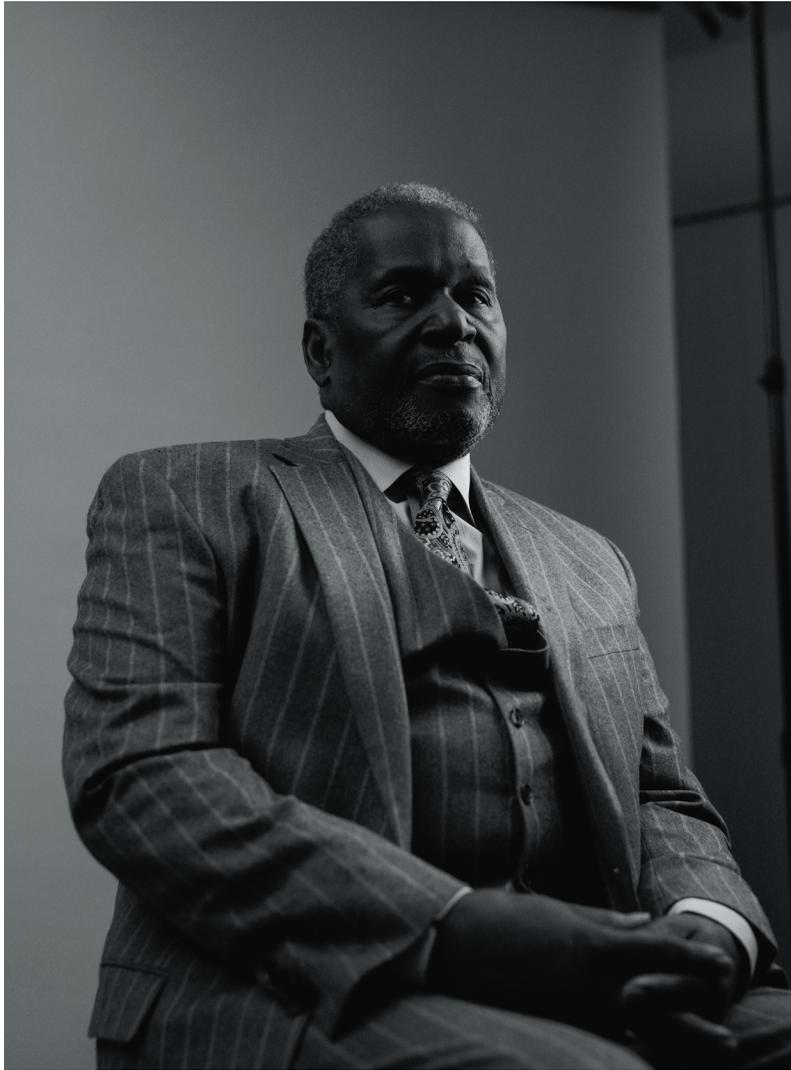
Willard Walker, Public Servant (2021)

Jared Waltrip (aka Bentley James), drag queen (2022)

Eugene Wanger, Death Penalty Opponent (2020)

Elaine Womboldt, Neighborhood Activist (2018)

Geri Alunit Zeldes, Director of Journalism Graduate Studies at MSU (2017)



EUGENE CAIN

say, 'Yes, sir' and 'No, sir.'"

I guess I was about 7 or 7 at the time and I was at the meat counter and I was trying to pronounce this word: bow-log-nah. Then old man Hegler, the store owner, said to my grandmother, "Kizzi, can that boy read?"

She grab my hand and said, "No, sir, no, sir. He can't read."

He said, "Good, because you know we don't allow niggers to read down here."

That was very powerful because I knew I had to learn how to read and I knew how I had to be good.

How did you end up in Michigan?

It was the summer of 1965. I applied for a job sweeping floors at Kress (a five-and-dime department store). I went in and they had, I think, four openings. There was a lady and two segregated lines. There must have been about seven Blacks. We were to the left of her, and she had about four whites. She would talk to each one, she'd write down information, they would leave. Then when the last one left, we're standing there in line and she said, "Boys, application period is over."

I moved to Detroit with my aunt and uncle. It was a multiracial community, although the white community was leaving and Blacks were moving in and my aunt and uncle were purchasing their home. That was a good experience for me. For the first time, I lived among white folks.

Help me understand what you have learned over nearly 80 years from having a great-grandmother who was a slave, through to where we are today, where we've had a Black president, then we had Trump.

W.E.B DuBois, one of my heroes, has said, I tend to judge progress and my reflection and what have you on where I am, where I've been, on the progress of people who look like me. I think that there has been some progress, no question about it.

I lived through (Alabama Gov. George) Wallace standing in the doorway to see the night Obama was elected. As I got feedback from my classmates in terms of what their children were doing, I knew that we were going in the right direction.

— TODD HEYWOOD

Eugene Cain, 79, a descendant of slaves, is a retired deputy superintendent of the Michigan Education Department. He was also the first administrator of the Shabazz Academy. Originally from Alabama, Cain migrated to Michigan to attend Wayne State University, where he discovered his passion for education. He is also a collector of art from communities of color around the world.

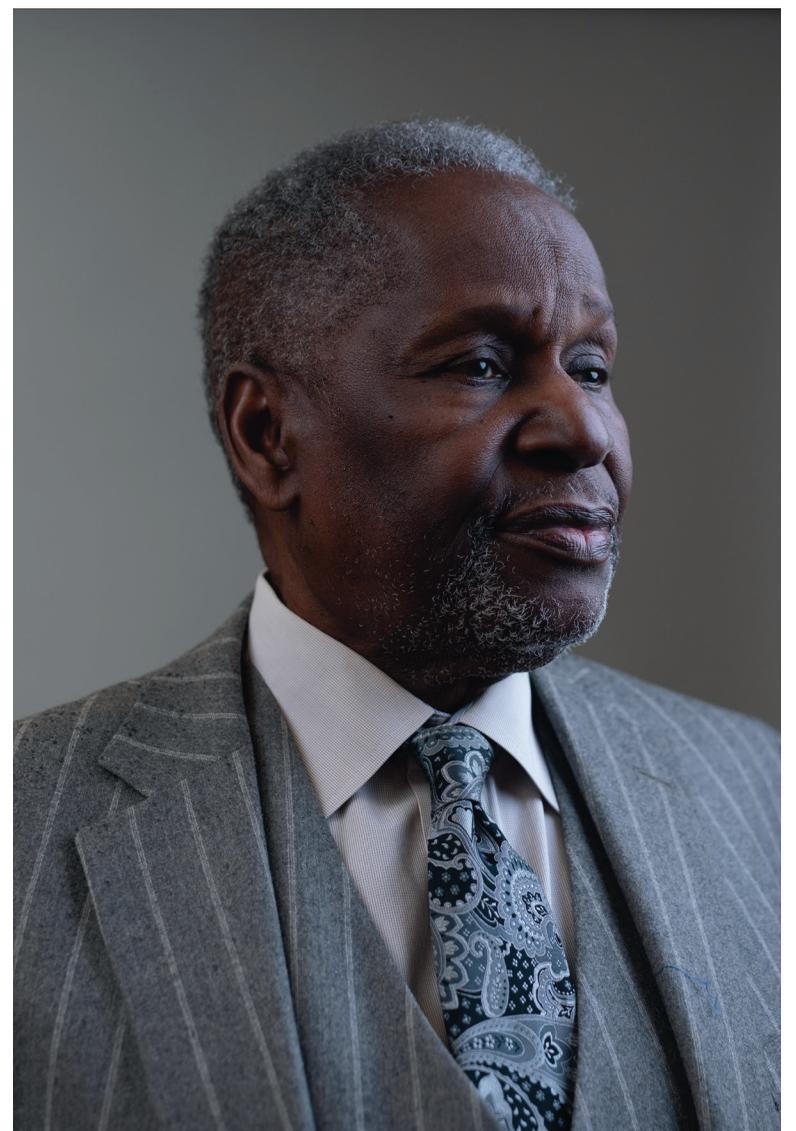
You grew up in the South. Please tell me about that.

At about 3 or 4 months, I was sent to live with my grandparents, who were sharecroppers, and that basically served as the foundation for me about life. About the need to learn — especially how to read and how to write and how to do, as they said at the time, arithmetic.

Papa Mama was my great-grandmother, who was a former slave. Occasionally her contemporaries, two or three ladies, would be dropped off. They were always sitting on the shady side of the shack; and it was a shack: bed made of straw and the walls papered with newspapers. I didn't realize the importance of my great-grandmother and my development until one day, she and, I think, two of her contemporaries who were former slaves — she called me boy — said, "Boy, come here. Grand boy, come here I got something to tell you. You see the creek down there? That's where we used to wash the Bluecoats' (Union soldiers) clothes and cook for them." Later on, when I became very involved in history, I realized that I was learning a piece of history from a person who actually lived that history. My parents came and sort of picked me up when I was about 4 years. Actually, I thought my grandparents were my mother and father. I call them Mama and Papa. My mother would come from Birmingham occasionally, and she would always bring not gifts, but toys and stuff, so I just knew her as a toy lady. When I reconnected with my family, it was my older sister who was like, "Hey, that's you're a real mother and father." She was the one who thought it was important for me to learn my ABCs. When I went to school in first grade, I could read, write and what have you. It was something that my big sister taught me.

We would go back [to the shack] during the summer. I liked going to the store with Mama. We had walked. It was a hot — she had her parasol — and we walked. She's holding my hand, and so we get outside of Hegler's store in Hope Hull, Alabama, and she would squeeze my hand, and she said, "Boy,

EDUCATOR



ELIZABETH HOMER

Elizabeth Homer, 80, of Lansing, was born in Flint and raised in Imlay City. She graduated from the University of Michigan in 1964 and shortly after began teaching. She soon became involved in Democratic politics and dedicated her career to working for equality for women, including the implementation of Title IX legislation. Later she was the education director of the Women's Hall of Fame and director and curator of the historic Turner Dodge House in Lansing. She wrote a book on the Turner family called "Pioneers, Reformers and Millionaires."

You've been fighting for equality and a voice for women since you graduated from the University of Michigan. How did you first get involved how did that set your trajectory for your entire career?

After I graduated from college in 1964, I was a teacher for three years in California and one year in Alma before moving to Milford, Michigan. There I became involved in the local Human Relations Council and began working with Erma Henderson of Detroit (a member of the Detroit Common Council) on red-lining issues. I also became involved in grassroots Democratic politics. That led to becoming a Democratic precinct delegate and a member of the Democratic State Central Committee.

In 1968, my sister, who was a student at Wayne State, came to visit. I told her about the work I was doing in Milford and with the Red Lining Coalition. She said, "What about women?" I looked at her with the sensation of a slot machine when all the items rolled into place. That was what Gloria Steinem, editor of Ms., called the "Big Click." We went to a meeting to hear Betty Friedan speak and joined the National Organization of Women. In about 1968, I went to the state Democratic convention in Grand Rapids. When a woman nominated a woman for the position of Democratic chair, the men went crazy and stood up on chairs booing the motion and yelling, "Never!" That was when we decided to form a Women's Caucus, and I became the spokesperson and began working to open the Party to women and minorities.

When Title IX passed, were you involved in its implementation?

I went to work for NOW and its National Legal Defense and Education Fund for six years, where I did organizing and consulting with local groups. It was there I learned the power of research and the need to educate-educate-educate. That was



from 1972 to 1978, and I also consulted with State Council for Vocational Education about opening opportunities for women in the trades. One of our slogans was: "Don't Train Girls to Be Poor."

Where did your newfound skills take you next?

I began working with the Michigan Department of Labor and the Private Industry Councils (which oversaw local job training programs) to put women into higher-paying jobs.

In 1987, you became the education director for the new Women's Hall of Fame in Lansing. How did that fit in with your activism for women's rights?

It was the first-time women were recognized for their accomplishments, and I did all kinds of exhibits at the Cooley Haze House (Hall of Fame's then-home) on women in Michigan history and feminist issues. I stayed at that job until 1996. We had annual celebrations for women inducted into the Women's Hall of Fame. I basically became the curator for the Hall of Fame, and that led me to my next job as manager of the city's historic Turner Dodge Home. During that time, I learned how active the Turners, who were pioneers in the city, were in the national political issues like the abolitionist movement, the Women's Christian Temperance Union and the women's right to vote, which were all tied together.

You wrote a book on the Turners.

It was a natural outgrowth of my time at the Turner Dodge home. I deeply researched the family history, which had never been told, and after six years of researching and writing I published "Pioneers, Reformers and Millionaires," which was a history of the mid-Michigan pioneers.

Of all your accomplishments, what are you most proud of and what is your advice for young women today?

It would have to be the implementation of Title IX. It dramatically changed the life of young women and has improved their political, social and economic state. The most dangerous issue facing women today is violence against women. We only have to look at sexual harassment, pedophilia and human trafficking scandals to know that women are still never safe. If women want to make changes, today, it's important for them to join organizations supportive of women's rights. I learned the only way to have a voice is working together and to think of systemic long-term change. Another piece of advice is young women should take assertiveness training.

— BILL CASTANIER

**WOMEN'S RIGHTS
ADVOCATE**

OCTAVIO MÁS-AROCAS

Born and raised in the small town of Buñol, Spain, Octavio Más-Arocas is starting his third year as the director of orchestras at MSU. He brings a fierce energy, bold programming and soulful charisma to the podium and relishes his other job as music director of the Marquette Symphony in Michigan's Upper Peninsula.

It's a big jump from sunny Spain to Lansing, let alone the Upper Peninsula, yet you have quickly taken root in the state's musical life. You seem to have a special place in your heart for Marquette.

Marquette is very unique. Think of where it's located. It's so much easier to have an orchestra down here. You kick a stone and find a musician. That's not always the case in the U.P. But the support of the community is incredible. I have another orchestra, the Mansfield Symphony in Ohio, and it's really good, but the support of the community is not as good. Almost every concert in Marquette is sold out. They are so proud and so in love with that orchestra.

How are you received up there?

I love going to Marquette. Not only because it's a beautiful place. We touch the life of the community in a broader way than orchestras do here. I love going to the food co-op there. The person putting my groceries away says, "I know you!" I go to a coffee place and someone says, "Oh my God, that piece you played, I loved it so much." I climb to the top of Sugarloaf Mountain and this guy comes up to me with his friends who are visiting from California and says, "I need to tell you, last night's concert was unbelievable. My mother came, and she was in tears." They tell me stories about why it was so meaningful to them. That, I love.

What is your favorite part of conducting?

You're with an audience of 1,000 people, 1,000 separate lives leading to this moment. They could be doing other things. They might be having a fight with their spouse, a death in the family, losing a job. They might be hating their neighbor, and their neighbor is there too! They might be mad about the situation in the world, politics. But there is something that brought them together. That's you. The music, the concert. That's really human. All of us coming together to listen to music.

What does it feel like to be in the middle of all that energy?

When you are really connected to what you are doing, if you give your soul to what you are doing, the orchestra gets it from you. All of a sudden, there is this communion between you, the music, the orchestra and the audience. Not all the time, but there are moments when I feel we are all together. I don't know how to explain the feeling, whether it is tension or relaxation, but there is something in the hall, a feeling that comes to me, even if I don't see the audience. That is something really special.

All of your orchestras are bringing new and exciting music to listeners. At the Feb. 12 MSU Symphony concert, you're performing two major works by female composers, Stacy Garrop's "Krakatoa" and Jessie Montgomery's "Soul Force." You're doing a new marimba concerto by Ney Rosauro in Marquette Feb. 25. When you say that new music has to be "done right," what do you mean?

You can't just put it there. It's how you perform it, how you give yourself to the music. I pick music I really think deserves to be heard because I connect with it. The audience will never enjoy new music if the conductor or the orchestra is doing it because they have to. The musicians have to believe in the music: "Hey, this is wonderful. I love it, and you're going to love it."

You've already got a long resume of conducting jobs. Where does MSU fit in?

I came to this country as a student, to do my master's degree. I worked both here and in Spain for a few years, and then I went to Interlochen for four years. I didn't know how good it was. I should have been more terrified! Then we moved to Wisconsin — Lawrence University — then to Ohio, then Ithaca College, then here. All those experiences led me to this position, and now it's time for me to dig in and build.

I do miss Buñol. I miss Spain. My family and friends are there. It's been three years since I've gone back, because of the pandemic. But this is like my second home. We bought a house in Haslett, and that is very meaningful. We are rooting here, making friends, and we love Michigan.

— LAWRENCE COSENTINO

CONDUCTOR





CHRISTINE TURPENING

Growing up in rural Vermontville, Christine Turpening, 52, was a rodeo queen and athlete. After coming out as a lesbian, she realized that kids like her needed a space where their identity was affirmed, so she started I'll Be Your Rock, a support organization for rural LGBTQ youth. She also owns a small printing business, Happy Suz & Co. In her free time, she paints.

You only recently came out as lesbian, but you're 52. Tell us about that process.

I grew up knowing that I had something that was a little different about me, but I grew up in the '70s, and I really couldn't put my finger on what it was. What I knew about gay people around here was they were picked on, and it was just not the thing to be. So, I grew up thinking 'what if this is me?' and I remember having some very dark feelings. As I got older and I finally figured out exactly what it was, I was married to a wonderful man.

I had extremely wonderful children, and by then I had built this big, wonderful, beautiful life, and I tried to bury this for a long time. The more you try to bury it, the more it tries to dig its way out. At 44, my life just fell apart all of a sudden, and I just couldn't bear it anymore. It was a difficult, long road.

But when I got to the other side of it, I realized a lot of things I thought in life were wrong. I had to turn around and help other people not feel that way, especially kids in this community, and that's kind of what led me to I'll Be Your Rock.

Vermontville is not well known for being LGBTQ-friendly, yet you chose not only to come out there, but to remain there. Why?

Over the years, I've known lots of people that have had to move away or felt they had to move away from Vermontville to be who they are. That's one thing I want to change: Nobody has to leave their home. I trusted the people that I was raised around. I trusted the people that my kids have gone to school with. And it turns out I was right. Not that there haven't been some bad apples, but support from this town has been overwhelming. It was the perfect place to start a rural revolution, and I'm making these kids know that their hometown is a place where they can be who they are.

As you came out, you were in a straight marriage, with three kids — Josey, 20; Dillon, 23 and Marcum, 24.

The father to my children is and always will be one of my very best friends. We will always be these kids' parents together. We will be seen in pictures together. He's truly one of the best men you'll ever find. I've got the three best kids. I do. My daughter has been my rock. She has known for many, many years. I couldn't sing Josey's praises enough for that. It was scariest to tell my boys, though I don't know why. I think it's because mothers and daughters are very close. I'm close with my boys, but we talk about Future Farmers of America and raising hogs and airplanes. I was scared, not because I didn't trust them, but because those are the ones that are the hardest to lose. They took it beautifully. They're good boys.

How has coming out changed your perspective of Vermontville? There are stereotypes of rural communities being anti-LGBTQ.

It strengthened it. I would definitely agree with that, because when I first made a social media post about starting I'll Be Your Rock, that meant coming out publicly. It was me saying it for these kids — if they need a rock, if they need to know one openly gay person, I am that person. I was overwhelmingly received with love. There's a lot of silence. It's such a small community that I know everybody, and sometimes silence speaks louder than words.

I'm trying to reach everybody and let them know that even if you don't like gay people or you think they're sinners, when you're ready to see the light, when you're ready to listen to my message and and keep these kids alive and give them a home — Vermontville, Nashville, Maple Valley — then we're ready to have you as a rock. These kids need all of us. I've known so many gay people over the years who have died from circumstances surrounding a life that is lived in secret.

— TODD HEYWOOD



LGBTQ+ ACTIVIST



Barbara Roberts Mason, 82, was born in Detroit and graduated from Michigan State University in 1963 as a speech therapist. She was the first African American woman elected to a statewide post as a member of the state Board of Education. Active in local and national politics, she seconded the nomination of Geraldine Ferraro for vice president at the 1984 Democratic National Convention. She directed Lansing's Sister Cities program for many years and was a founder of the Black Child Family Institute. She lives in Dimondale.

What motivated you to join all the professional and political groups listed in your bio?

Being involved started with family. Growing up in Detroit, my family didn't have a lot, but we were into sharing. We shared everything, including food, but I also believe sharing goes beyond just bread. You have share your emotions, your feelings, your goals and ideas to make the world better.

How did you do that?

While at MSU, I took on a project where I communicated with people across the country. This was before the internet, so I made phone calls and wrote letters. I knew what was happening across the country and found out what other people were doing, especially relating to programs serving children and families.

Why did you decide to be a speech therapist?

When I was a little girl, I had a lisp, so I was put in speech therapy. The speech therapist gave candy bars as prizes, and I loved her. As I reflect back, I know speech therapy made a difference. Without it, I wouldn't have been able to stand in front of thousands of Democratic delegates and nominate Geraldine Ferraro for vice president in 1984.

I began work with the Lansing School District as a speech therapist at 30 different schools. I came to believe that mainstreaming and inclusion was the best path and began working with (special education director) Marvin Beekman, who believed mentally impaired students should not be served separately. I also learned there was a disparity between educational opportunities when it came to poor, African American and Hispanic neighborhoods

You then transitioned to your career with the teachers' union.

When I began working, I wouldn't join the Michigan Education Association. They had very few minorities on staff. We really had to fight to get on the radar. But I discovered I couldn't address the MEA board unless I was a member, so I joined. In 1971, I was

**EDUCATOR,
POLITICAL
ACTIVIST**

BARBARA ROBERTS MASON

hired as the Lansing Schools Education Association executive director, and we saw some real changes in getting a more diverse staff and better education for minority children.

Was that a catalyst to be a candidate for the state Board of Education in 1974?

I didn't even think about being a first. I thought what was important was being in a position to make changes in school policy. When I decided to run, I wasn't well known, and I traveled to all parts of the state to find out how people felt about education. I served for 24 years, and the position got me deeply involved in state Democratic politics. I tell people you never know where life is going to take you. I ended up on the National Democratic Committee and the Platform Committee, where I got to present the education platform at the National Convention and later nominated Geraldine Ferraro.

You pivoted, becoming involved in international education.

When I was a little girl, I would lie on my parents' bed and stare at the linoleum, which had little sailboats on it. I dreamed I was on those little sailboats, going all over the world. It stuck with me. That's where I attribute my interest in exposing children to international travel, and it would lead me in a whole new direction. International travel changes your life, and I believe that children have to know that the world is larger than the street they live on. The value of international travel and languages is how we learn to understand different cultures. I was able to take that love and become the director of the Sister Cities Program for the city of Lansing.

Of all your accomplishments, what are you most proud of?

The establishment of the Black Child Family Institute. It still exists after 35 years (now called Building Child and Family Initiatives), and its impact remains for hundreds and hundreds of kids. I still run into adults who come up and say, "I'm a BCFT kid." I still remember a slogan from speech therapy: "Good, better, best. Never let it rest. 'Til your good is better and your better is best." That's my advice to the next generation.

— BILL CASTANIER



FARHAN BHATTI

Farhan Bhatti is medical director and CEO at Care Free Medical, a nonprofit clinic on West Saginaw Street in Lansing that serves over 13,000 uninsured and underinsured people each year. Since the clinic's founder, Barry Saltman, designated Bhatti as his successor in 2015, Bhatti is credited with tripling the size of the clinic and broadening its services. He is on the board of the Committee to Protect Medicare, an advocacy group.

How did you end up in Lansing?

My government teacher at Rochester High School, Dale Clevenger, invited me to a program where high school students from across Michigan come to Lansing and use all the facilities used by the real legislators. We write bills, see the committee rooms and go to the House or Senate floor and debate there. It's called Michigan Youth in Government. I did it for three years, and it was a lot of fun. That program was my first taste of Lansing. My big sister went to U of M, so I thought I might end up following her to Ann Arbor, but I just felt more comfortable in East Lansing. Everybody had a thousand reasons I should go there and ways they could help contribute to my success. When I went to Ann Arbor, the attitude was like, 'If you don't want to come here, we'll find somebody that does.' So, I ended up at MSU, and I'm glad I did.

How did you become involved with Care Free Medical?

I was a little frustrated with the first two years of medical school, basically just reading books. At the end of my first year in medical school, I took an elective class, Leadership in Medicine. Dr. Barry Saltman gave a guest lecture in that class. He had started Care Free Medical about four years earlier. I volunteered right away. It was a good outlet for me to interact with people, practice my physical exam skills and feel like I was actually on my way to becoming a doctor. I had a minimum of six years left of training, but Dr. Saltman said, "I see a lot of myself in you. How would you like to have this place someday?" It was very touching, a great honor. He was like the grandpa that I never had. My mom's dad passed away before I was born, and my dad's dad was in Pakistan most of



his life and didn't even speak English.

You testified in October 2020 at the Senate confirmation hearings for then-Supreme Court Justice nominee Amy Coney Barrett, telling senators about the harm that would result if the Supreme Court repealed the Affordable Care Act.

After the ACA passed and Gov. Snyder worked in a bipartisan way for Michigan to adopt Medicaid expansion, that was a game changer. About 80 to 85% of Care Free's patients have Medicaid. Before Medicaid expansion, over half of Care Free's patients had no insurance at all. For many of them, it was the first time in their adult lives that they were going to get health insurance.

What would have happened to Care Free Medical if the ACA had been repealed?

Over half of our budget would have had to be on the giving side. We would have had to completely restructure and probably would have had to close our doors. It would have been almost impossible to raise that much money reliably on an annual basis. So I'm very, very grateful that the Supreme Court didn't end up overturning the ACA.

In addition to being a doctor and running Care Free Medical, you're an elected member of the Lansing School District Board of Education, you serve on the city planning board and you're an elected spokesman for the Islamic Center in East Lansing. How do you keep your energy up for all this?

Somewhere along the way, I ended up meeting my wife, Roohi Kahlon, who is also a family doctor. She was a great sounding board and a support during COVID, because she was experiencing all of the same stuff — the misinformation and the other challenges. We now have a 10-month-old baby daughter, Zainab, so a lot of my free time is spent enjoying that age. It's a great age, crawling and babbling and so on. I'm a Muslim, so finding comfort and solace in my faith is one way that I can recharge. Also, I'm a huge Spartan, and I find a lot of enjoyment and distraction in Spartan football and basketball. Even in the off-season, following who they're recruiting and all of that is a great outlet for me.

— LAWRENCE COSENTINO



**PUBLIC HEALTH
ACTIVIST**

SONNY TRUONG

Sonny Truong, 51, is the owner of Unique Tailor and Cleaners, located inside the Okemos Meijer. Originally from Vietnam, he has been handling Lansing residents' alteration and dry-cleaning needs for almost 22 years. He enjoys every project he is given, from small fixes to designing full outfits.

When did you come to the United States?

I came here in 1995. My uncle served in the military for South Vietnam. He was sent to prison and a re-education camp by the Communist government, so he qualified for the Orderly Departure Program between the U.S. and Vietnamese governments, and I was able to come with him. I ended up in Lansing through the sponsorship of St. Vincent Catholic Charities Refugee Services and my uncle's friend.

Why did you decide to start your tailoring business?

In 2001, I was taking classes at Lansing Community College to learn computer-aided design and computer-aided manufacturing and was planning on going into automobile manufacturing. However, when the time came for me to find an internship, the program that I was enrolled in was discontinued. I was working as a tailor at that time. I decided I wanted to pursue this full time and open my own business. My wife and I found our current location in the Okemos Meijer and opened our shop in 2001. From there, we worked together to develop and promote Unique Tailor and Cleaners.

How did you get your location in Meijer?

Before we started business, we tried to find a location. At the time, we walked around, and we saw Meijer had a good space for rent. We started calling the leasing office, and we went from there. I built the fitting rooms myself. All the tables, I did myself. My wife and I built it from scratch.

Do you do most of your grocery shopping there?

(Laughs) Yes, but we're on the second floor.

What is the best part of running your shop?

My favorite part is the ability to talk to and interact with people every day. Many regular customers have come back to us for alterations since we first opened. It's nice to see them and catch up with them when they come in again. Many customers have known my kids since they were just infants, and now they come in and ask about how they are doing. It's a really heartwarming feeling to know that we are able to connect with our customers and help them. When customers are happy, we're happy.

How long have you been sewing for?

About 30 years. I started sewing in Vietnam. My best friend ran a tailor shop. He trained me how to make shirts and pants and do alterations.

I enjoy it very much. I can turn a piece of fabric into something that people can wear and/or use daily. Or I can alter something that doesn't fit into a better fit.

What's the craziest piece you've ever worked on?

A custom-made sofa. That one was very challenging. I do all kinds of alterations here. We custom-make drapes, curtains, repair and replace couches — upholstery.

What do you like to do when you're not at the shop?

I have a lot of things to do at home besides work. Mainly, I play music in my free time. I also do handyman work a lot. Repairs, small remodeling jobs. I'm a very active man. I don't stop working, at the shop or outside of the shop.

What kind of music?

I play the piano. I started playing for fun when I came here. It was interesting, so I learned more. I began piano lessons in the year 2001 or something. Just for a few years, and then I stopped. I learned the rest online by myself. We also participate in a choir at church, and I started to play the organ there.

Is religion a big part of your life?

Yes, religion has always been a big part of my life. I joined a choir back in Vietnam. Since I moved to the U.S., I have always participated in my church, and now I play piano and organ for the choir there. Outside of church, I joined the Lansing Brother Band, and I play for the community and for church events.

— NICOLE NOECHEL



TAILOR



HOPE LOVELL

Hope Lovell, 44, chairs Ingham Community Health Centers. She lives with her husband of 18 years and four kids in Grand Ledge. She also runs Lovejoy Community Services, a home care program. She attended elementary and high school in the Detroit area before earning a bachelor's degree from Michigan State University and a master's degree from the University of Michigan.

How did you arrive at chairing the health centers?

I had been programmed to be a doctor by my parents since probably 6 or 7. I was told, "You know, Hope, you're gonna be a doctor, and you can help people. Be a neurologist or a cardiovascular surgeon." I went to Michigan State with the full intention of being a doctor. I started off pre-med and got to my second year. I did this neurobiology class, and there was a needle going into a bunny's eye. Blood spurted everywhere, and nauseousness took over my body. Needless to say, I ran out the room. I still remember the phone call that I had to make to my mom to say, "Yeah, I'm not gonna make it. I'm not gonna be a doctor if it means that blood's involved." I had an interest in numbers. I graduated with a degree in finance. That was in 2000, one of the only years that an investment firm actually came to Michigan State, because they needed more people. So, I kicked off my career in investment banking working in real estate. I worked in banking for eight years.

But you left banking and finance. Why was that?

I started getting very interested in starting my own business. Even while working in banking, I was trying to start a business. I was trying to do some real estate development stuff on the side that really didn't go anywhere. My mom, who has worked with individuals with special needs in the school system, bought a group home and was caring for individuals with mental illness. I left Chicago to get married and moved to Lansing, where my husband had a house. We wanted to find a house together, so that left his empty. My mom said, "Well, I'm gonna help you start a group home with it." At the time, I was a business banker, and one Friday, I got called in and was released from my job while four months pregnant. I was devastated, because I had a business that had only one client and was not making money, and my husband himself was an entrepreneur, so I laid in bed for about a week or so. I had to get real quiet. God helped me through this nine months, and we built the business while pregnant and filled it up so I could start making a salary.

Talk a little bit about how your spirituality informs the work that you do.

Many of us kind of start off by thinking, "Oh, these are my gifts, and this is what I want to do." But we recognize that it's bigger than us and let God use us for the purposes that he has called us to serve. It's been a true honor to see how God has allowed his work to shine through my life.

I remember my first client. I got a call with a referral for a woman who was at the hospital. I went over there, and she was a little lady, about 4-foot-10. She only had one good eye, and she was not verbal. They were like, "She needs a place to stay." I looked at this lady, and she looked at me, and she did a little-girl grunt. I was like, "Oh, snap!" I called my mom. I was like, "They want me to put this lady in my car. We're supposed to take care of her." I had on my little suit and my heels. I was ready to turn on my heels walk back out of that hospital. My mom talked me off the ledge and was like, "You can do this, girl!"

We took care of her for about five years. We kept her safe. We kept her happy, and we kept her out the hospital and stabilized her. There were some ups and downs. She was a difficult case. I was like, "Wow! To God be the glory!" because I didn't realize I had it in me. Sometimes, it's other people seeing your skills and pushing you to step up to the plate.

— TODD HEYWOOD



**HOME CARE
BUSINESS
OWNER**



Born and raised in the Lansing area, Sein Paul Benavides, 57, founded the Cafecito Caliente Group in 2012 to create community and unity within the city's Hispanic population. As the organization's leader, he hosts events such as Latino Day with the Lugnuts, the Running La Vida Loca 5K race series and the upcoming first Cafecito Caliente Awards ceremony to honor community leaders. He also helped start the Mid-Michigan Latino Leadership Network and writes all of the articles for Cafecito Caliente's website.

What do you do for a living? Is Cafecito Caliente your full-time job?

I guess going forward, most people know it by Tasty Freeze, but it's called Arctic Corner ice cream shop in Old Town. Cafecito Caliente Group purchased the ice cream shop probably about a month ago, so this will be our first year. We usually operate between April and October, and this will be the 70th year of operation.

What made you decide to purchase the ice cream shop?

Me and the previous owner have been friends since we were about 20 years old. We started in the Domino's Pizza management program together. I just retired from 36 years at the post office and needed a landing spot. We've joked about it for years, me buying it from him, and he couldn't find a buyer. The big thing, to him, was finding a buyer who would keep it as is, and he trusted that I would. I thought it would be kind of fun. A way to do something different.

When I say "different," here's a great example of what we're going to try: Most of the employees are kids. As we speak, we have 10 employees. I think, as of today, only two are 18. The others are 15, 16, 17. So, we're going to offer life skills workshops — purely optional, they don't have to take it if they don't want to, it'll be on the clock. I'm going to work with MSU Federal Credit Union to do a banking workshop. Feldman Chevrolet is going to offer how to buy a car — that way you're not so scared when you walk into a dealership. I think the third one might be credit score, the fourth one is career choices. They're going to be in April, May, June and July. If they attend both the April and May workshops, on May 31, we'll cut them a check for \$200. If they attend the June and July workshops, we'll cut them another check, on July 31, for \$200. We're helping them out with life skills, better career jobs, so I know they'll move on, but it's also kind of our way of giving back a little bit. I used to run youth programs for years, so for me, that was kind of important.

**HISPANIC
COMMUNITY LEADER**

SEIN PAUL BENAVIDES

What are your goals for the future of Cafecito Caliente?

If we had one goal, it would be to provide services. Workshops. There's a model down in Lubbock, Texas, I've been following closely. The way to look at it is almost like a virtual community center. I don't think we need the building to do it. But I do believe we need the workshops, and we have the people — we have the talent — to run workshops on finances and financial education, health and wellness, computer literacy, literacy itself. We tried a pilot in 2020 for teaching Spanish with a Spanish teacher. I'm following a model down in Tennessee in which people are teaching people how to teach Spanish. Very unique.

How can non-Latinos help support the community?

I think just meeting us where we're at. I get a lot of hits on my website from companies and organizations in Ingham County and out of state that want access to the Latino community. If they want to get involved, they want to support us, show up to some of the things that we do. Not just the Cristo Rey Fiesta once a year and hope that you build a relationship in one weekend because you buy our food.

Do you have any goals, in general, for the future of the Hispanic community in Lansing?

For future goals, I would say it would be that we learn that the differences make us stronger. We're not monolithic. We have a small-sized Cuban community, Puerto Rican, a growing Guatemalan community, and, of course, Mexican-American, then we have the community from Mexico, and none of these groups overlap. The funny thing is that many of us in these communities are friends. We all work together anyway. You can talk about world peace and unity and all that, but they need to show up. 2024 is going to be key, because we have an election coming, and we should have been ready for that this year. We need to get our people registered and voting. Too many people look after the fact, and you have to start looking down the road

— NICOLE NOEHEL



ARTS & CULTURE

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'It goes right to the gut'

Cellist Alisa Weilerstein digs into Bach at Wharton

By LAWRENCE COSENTINO

The great thing about the six Bach solo Cello Suites is that you can resort to the most outrageous hyperbole to describe them and still fall short. It's music to be born to, to live to and to die to. It's the balm you play for Socrates after giving him the fatal hemlock, the signal you send to Galactus to dissuade him from eating Earth. Whether Greek philosophers or Marvel Comics formed your view of life, whether your ear is nourished by Mahler or Metallica, Bach's Cello Suites are likely to touch your innermost strings.

"It's visceral music," cellist Alisa Weilerstein said.

"It goes right to the gut. You don't have to understand why. It just does. People strip away the need to categorize, make a judgment, and they just listen. I wish listening to all music could be that way, but luckily, there is some music where that naturally happens."

The privilege of seeing and hearing one of the world's greatest and gutsiest cellists dig into three of the Bach Suites (1, 3 and 5) at the Wharton Center on Jan. 26 is destined to become one of the highlights of Greater Lansing's musical year.

Googling "that famous cello song" will take you to a YouTube video where Weilerstein shows how Bach spun a self-renewing masterpiece out of two pages of music (the prelude to Suite No. 1), written for an instrument that has only four strings.

Four strings are enough for Weilerstein to produce any insight or outcry needed to express the inexpressible, from the hull of the Titanic scraping the silt of the North Atlantic to bat-winged notes that rush through your skull at the speed of thought.

Critics call it "mastery," but Weilerstein doesn't think that way.

"It's like your relationship with your oldest friend," she said of the Bach Suites. "It only deepens. I've had my



Courtesy photo

In 1982, when Alisa Weilerstein had chickenpox at 2 1/2 years old, her grandmother made her a cello out of a Rice Krispies box. She graduated to the real deal at age 4.

frustrations with them. There are times where I feel completely on top of the world with them and other times where I feel completely not worthy of them and just want to throw the score against the wall because I'm so frustrated with my own self."

It's a big mistake to assume that if you have a CD or a sound file, you "have" the Bach suites. There's no such thing as a definitive recording, especially if you're Weilerstein.

"I made the decision to record all of them three years ago, at 37 years old," she said. "I thought I would do it when I was much older, because we cellists never feel totally worthy of them."

It helped her to think of the 2020 recording as a "snapshot" of an ever-changing relationship.

"That gave me the courage to put them down onto a disc, and it gives me the courage to play them in public and feel confident about them," she said. "I'm sure there

were things I would not like now that I did then, but that was a moment in time. I did my best, and I am proud of it."

Right now, she reports being "in a reasonably good place with them."

"It's a few years later, and a lot has happened in the world, and in my own

life, so of course I'm going to play them differently now, and that's something I accept and embrace."

Much like her instrument, Weilerstein doesn't go for frivolity. In post-pandemic concerts around the world, she has tackled thorny concertos by György Ligeti, Dmitri Shostakovich and Sergei Prokofiev and recently premiered a passionate new concerto by Joan Tower. In the midst of big productions like those, coming back to Bach is a like a chiropractic crack.

"You really can't hide anything with Bach," she said. "You see everything. So, in a way, it's a great reset, and a great education, to come back to Bach, especially after playing some of the great 20th-century and 21st-century music. You just have to strip all of it bare again and really take a hard look at yourself."

In recent years, Weilerstein has performed all six Bach Cello Suites in major halls throughout the world, including Barcelona, Spain; Guangzhou, China; Tokyo; Paris; and coast to coast in the United States, but that's only part of her current level of engagement with them.

She will go to Toronto on Jan. 28 to premiere Chapters 1 and 2 of "Frag-



Courtesy of Harald Hoffmann/Decca

Weilerstein calls her 2020 recording of Bach's Cello Suites a "snapshot": "I thought I would do it when I was much older, because we cellists never feel totally worthy of them."

ments," an ambitious multimedia project weaving Bach's Suites with the work of 27 living composers.

The roster of composers is a vibrant bouquet of races, nationalities, genders and ages, from 26 to 83. Bach is listed, alphabetically, between New York City steel pan specialist Andy Akiho and Courtney Bryan, an African-American female composer steeped in jazz and gospel music, and that just gets you to the "B's."

Weilerstein conceived of the project just over two years ago, when she began to envision a fresh way for people to come together and experience music after the pandemic.

She enlisted former Lincoln Center producer Hanako Yamaguchi, costume designer Carlos Soto and lighting and set designer Seth Reiser to build a fresh experience for a 21st-century audience.

"Playing Bach, woven in with new music, is really fascinating," she said. "You listen absolutely differently, and I play them differently next to each other, because I'm exploring how they relate to each other. It would be great to bring it to you someday."

Alisa Weilerstein

Bach Cello Suites 1, 3 and 5
Thursday, Jan. 26
7:30 p.m.
Wharton Center Cobb Great Hall
750 E. Shaw Lane, East Lansing
Tickets: 517-432-2000 or whartoncenter.com



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Warm up with chilling tales at Schuler Books

By **BILL CASTANIER**

Winter is the time to get cozy and warm up in front of a fireplace, which is what mystery readers will be able to do at Schuler Books 7 p.m. Thursday (Jan. 19), when three Michigan “cozy” mystery authors will visit the store to talk about their new novels.

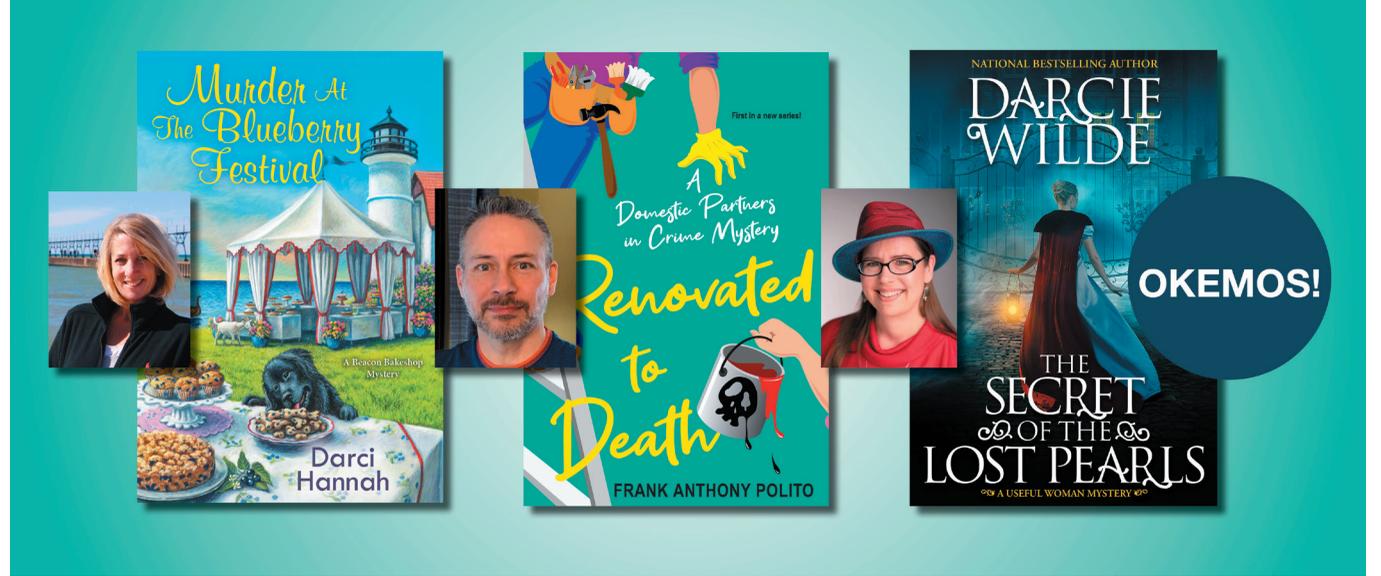
It has been quite some time since author visits were a norm. Just as we were beginning to get squirrely, Schuler decided to shut off Zoom for an in-person event featuring Darcie Wilde from Ypsilanti, Darci Hannah from Howell and Frank Anthony Polito from Pleasant Ridge.

For the uninitiated, a “cozy” mystery is a more light-hearted, fun and less violent approach to the murder mystery genre — and one of its fastest-growing segments.

Darcie Wilde has been writing historical mysteries and romances for seven years. In her new Rosalind Thorne book, “The Secret of the Lost Pearls,” Thorne, a “fixer” (or, as she is called in the books, a “useful woman”), finds herself once again entangled in solving a problem for the social elite. There appears to be a lost set of valuable pearls, and she is called in to discreetly find them. Of course, a murder intervenes. The story, inspired by Jane Austen novels, takes readers along to the glittering ballrooms and elegant parties of Regency London.

Under the pseudonym Sarah Zettel, Wilde has also written Locus and Philip K. Dick award-winning novels, including “Fools War,” a New York Times Book of the Year selection.

Wilde describes “The Secret of the Lost Pearls” as “if Jane Aus-



Courtesy of Schuler Books

Michigan authors Darci Hannah, Frank Anthony Polito and Darcie Wilde will discuss their new “cozy” mystery novels at Schuler Books in Okemos on Thursday evening (Jan. 19).

ten and Arthur Conan Doyle sat down to write a mystery.” She describes her protagonist as a “gently bred lady who helps the aristocracy manage their lives.”

“What makes writing about the Regency period so exciting is everybody wrote letters and had a diary, and it was the golden age of magazines and novels,” she said.

Darci Hannah has tied together some of her most precious memories for her new book, “Murder at the Blueberry Festival,” which is set in the fictional Lake Michigan beach town of Beacon Harbor. The protagonist, Lindsey Bakewell, lives in the historic Beacon Lighthouse and has opened her Beacon Bakeshop inside.

During the city’s premier tourist event, someone turns up dead, and Bakewell steps in to solve the murder.

“The lighthouse is an important character in the book. They are part of the mystique of the Great Lakes,”

Hannah said.

Hannah, who grew up in Chicago, loves the Great Lakes, and her new book ties that love with her penchant for baking and big dogs. She lives in small-town Howell, which is known for its festivals.

“I love small towns. Everything is so connected and everyone knows everybody,” she said.

Frank Anthony Polito is new to cozy mysteries. His first book in the genre, “Renovated to Death,” is a wild romp set against the backdrop of a reality TV series, “Domestic Partners,” featuring home renovation and house flipping in suburban Detroit. The book follows a gay couple whose new vocation has taken off. That is, until a dead body shows up at the bottom of the stairs in one of the episodes. To get back on track, they must solve the murders.

Polito, who attended Michigan State University and graduated from Wayne State University with a bachelor’s degree in theater, is an actor, playwright and author of “teen books for adults,” including “Drama Queens!”, “Band

Fags!” and “The Spirit of Detroit.”

He and his partner lived in New York City for 18 years before moving into a nearly 100-year-old home in Pleasant Ridge. They purchased the 1924 Craftsman colonial on HGTV’s “House Hunters” and have been renovating it for nine years. Much of the experiences in the book are drawn from their hands-on home improvement.

“I hadn’t written a book in 10 years when my publisher convinced me to write a mystery,” Polito said.

The book is set in the fictional city of Pleasant Woods, which is based off of Pleasant Ridge.

“I got to make up a little town, and that’s part of the fun,” he said. “There’s a zoo nearby, and I kept Woodward Avenue the same.”

Readers, especially ones working on older homes, will enjoy the book’s quirkiness and get some inside winks at home renovation, which Polito says “always takes longer, costs more money, and there is never enough time.”

Cozy Mystery Hour

With Darcie Wilde, Darci Hannah and Frank Anthony Polito
Jan. 19
7 p.m.
Schuler Books
1982 W. Grand River Ave., Okemos
517-349-8840
Free, RSVP at schulerbooks.com

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A second chance: MSU Expungement Fair

By LUCAS HENKEL

In 2020, Michigan passed a series of expungement laws, appropriately named “Clean Slate for Michigan,” that permit individuals with certain offenses the ability to have their records cleared and remove themselves from the collateral consequences of a conviction. The laws expanded eligibility for those seeking to petition for expungement in several ways and created a new process that automatically seals certain nonviolent conviction records, like crimes involving cannabis, if a person has remained conviction-free for seven years for misdemeanors or 10 years for felonies. When the Clean Slate laws took effect on April 11, 2021, about 1 million people became eligible. Since then, tens of thousands of Michiganders have applied, and a majority have had their records cleared.

By having their criminal record expunged, folks with previous cannabis convictions may have an easier time applying for jobs. A 2019 study from the University of Michigan found that within a year of expungement, people saw their wages climb by an average of 23%. Moreover, a clean record could help them find safer and more affordable housing.

However, the road to expungement can still be rocky: The application process can easily become burdensome and costly, with multiple steps that require specific detail and understanding. Those who are looking to offset

the cost may benefit from events like the upcoming Expungement Fair at Michigan State University, 10 a.m. to 3 p.m. Saturday (Jan. 21) at the Breslin Student Events Center.

The fair is a partnership between MSU Law’s Criminal Defense Association and International Cannabis Bar Association. Thanks to an online fundraiser, it is free. It will not only walk each individual through the process of expungement but will also provide them with tools to successfully submit an application. Eligible individuals will meet with pro-bono Michigan attorneys who will walk them through the expungement process. MSU Law students will also work alongside attorneys to gain real-world experience.

A little background on the organizations hosting the event: The Criminal Defense Association is “committed to building a just society where exceptional legal representation is provided to all those accused of or convicted of a crime,” according to its page on the College of Law’s website. To do so,



Courtesy photo

MSU Law’s Expungement Fair, taking place this Saturday (Jan. 21) from 10 a.m. to 3 p.m. at the Breslin Student Events Center, will allow attendees to apply to have certain nonviolent convictions, like those involving cannabis, permanently cleared from their records with pro-bono help from attorneys and MSU Law students.

it provides members the opportunity to become familiar with all aspects of criminal defense work through events, skill seminars and other networking opportunities that offer perspectives from people throughout the criminal justice system. This includes criminal defense attorneys (from both the trial and appellate level), formerly incarcerated individuals, members of advocacy organizations and judges.

The International Cannabis Bar Association, formerly known as the Seven Point Society, is a group of students dedicated to the study and practice of cannabis and hemp law issues. The

organization seeks to encourage and facilitate members of MSU’s College of Law community who have an interest in cannabis law to pursue positions where they can work with professional mentors. Along with its own social and networking events and mentorship program, the association provides opportunities for students to have written work published and receive national recognition in the field of cannabis law through the International Cannabis Bar Association website, news blog and other outlets.

Those interested in attending the fair are encouraged to pre-register at the Breslin Center’s website, breslincenter.com/event/sjmmsu-expungement-fair. All expungement application forms can be found in the “Applications & Checklists” section of the Michigan Attorney General’s website. Once the documentation has been received by the Michigan State Police, it takes about two months to be handled. Once processed, The Office of Attorney General will respond within three months and an expungement hearing will be set for the individual. The entire process can take up to eight months.

Fury and tranquility

LSO, Nakamatsu paint a big, Brahmsian picture

By LAWRENCE COSENTINO

Note: This review is based on Thursday’s dress rehearsal. The concert took place Friday (Jan. 13).

Why are there piano concertos? One reason is to act out deliciously dramatic, borderline S&M scenarios, going by the Lansing Symphony Orchestra’s epic engagement with guest pianist Jon Nakamatsu last week. Early in the performance, Nakamatsu played an ascending series of intervals: “oh no, oh no, OH NO, OH NO,” accelerating and building to the dreaded (but not really dreaded), thunderous

reply from the orchestra: “OH. YES.”

The interesting thing about Nakamatsu, a celebrated artist and winner of the 1997 Van Cliburn International Piano Competition, is the contrast between his apparent solidity — make that stolidity — on stage and the expressiveness of his playing. Close your eyes, and

those gorgeous Brahms melodies surge and tumble in a headlong cataract. Open them, and all you see is a man at work, two shoulders hunched over the keyboard in the concentrated attitude of a jewel appraiser — no grand gestures, no ecstatic head swaying, no nothing. The oomph was all



Courtesy of Olivia Beebe

Guest pianist Jon Nakamatsu refrained from showboating and put all the oomph into the music at last week’s Lansing Symphony Orchestra concert.

in the sound.

Nakamatsu and LSO maestro Timothy Muffitt are both big-picture artists. Despite the epic length of the concerto,

they always came through with clear GPS coordinates.

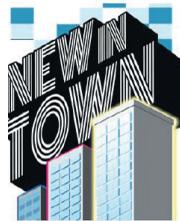
There’s a surprising episode in the

See Tranquility, Page 24

Find lovingly made, late-night eats at Capo's

By LIZY FERGUSON

Scott Rolen and Harry Saites, co-owners of East Lansing institution Lou & Harry's Grill, have set out to install their new eatery (which is just two doors down) as another college town favorite. They used their unique perspective as long-standing East Lansing restaurant owners and residents to



Capo's Cheesesteak Hoagies and Grill

219 E. Grand River Ave., East Lansing
Monday-Wednesday: noon-10 p.m.
Thursday-Saturday: noon-2:30 a.m.
517-574-5835

create Capo's Cheesesteak Hoagies and Grill, which opened at the end of 2021 but wasn't able to get fully up and running until recently due to the COVID-19 pandemic.

"We were noticing that late-night food options were dwindling in downtown East Lansing, and we wanted to help fill the void with something that works great at night as well as a perfect sandwich for lunch. East Coast-style cheesesteak hoagies and smash burgers seemed to be the

perfect fit," Rolen said.

Filled with ideal after-the-bar foods,

the menu also offers vegetarian options and unique desserts like funnel cake fries, raspberry cheesecake chimichangas and cinnamon sugar pretzel bites. Regardless of how many drinks you've had before tucking into a meal at Capo's, the owners are confident you'll be able to taste the care that's cooked in.

"All of our ingredients are fresh and made from scratch every day, and anything we can't make ourselves we try to get from local vendors," Rolen said. "Our bread is made in Lansing, and Capo's secret steak marinade and all other sauces are made in-house."

Caring for and catering to the customer is a major inspiration for both Rolen and Saites, who like to participate as much as possible in their operations.

"Scott has worked in every position of the restaurant over the years, from dishwasher to general manager/owner and everything in between," Saites said.

"And Harry, always being such a hands-on owner, has had a touch on every position as well. Harry will be found cooking on the grill one day and greeting customers the next," Rolen said.

They feel it's this degree of connection to all inner workings of their businesses that sets them apart from other locally owned restaurants.



Courtesy photo

Capo's Cheesesteak Hoagies and Grill offers loaded sandwiches, burgers, various fried foods (such as pickle chips, mac and cheese bites and chicken fingers) and desserts, perfect for students looking for a hearty meal after a late night at the bar.

"We are very involved and really care about the customers and staff that help support our dream," Saites said.

Capo's also offers catering and prides

itself on its ability to put orders together with little notice. Follow the business on Instagram or Facebook, @caposcheesesteak.

Tranquility

from page 23

first movement where the piano and orchestra take the mighty melodies and chords from the beginning, shrink them down to palm-print size and lovingly pore over them as if cherishing distant memories. (Ah, those bygone times of a few minutes ago!)

Nakamatsu swept down like a bird of prey in the hyper-dramatic second movement, sending low-end bongs reverberating all the way to Okemos. In a triple-goosebump moment, the orchestra seemed to be riding the grand, melodic waves to a climax when a brand-new melody suddenly surged upward from the string section like an up-thrusting mountain range.

Then Nakamatsu and the orchestra changed roles, generating a musical moment that is impossible to convey with words. Well, OK, I'll try: Something cosmic seemed to take place, like reversing the polarity of the Earth's magnetic

field, when the orchestra took up the urgent opening theme formerly stated by the piano, and Nakamatsu banged out a neutron-star-heavy reply, riveting a great circle shut. There is no escape!

The furious perfection of the second movement is a hard act to follow, but the profound tranquility of the third movement was a welcome balm. Nakamatsu took his time, massaging maximum resonance from every note, and the heartfelt, candle-dark tones of principal cellist Jinhyun Kim infused the entire movement with deep humanity, whether she was soloing or delicately shadowing Nakamatsu's ruminations.

And now for a morsel of heresy: is that last movement really necessary? Everything that needed saying had really been said, but it's churlish to refuse dessert. It was nice to have a moment to sit back, unclench your sphincter and enjoy hearing Nakamatsu and the orchestra finish each other's phrases like an old married couple chatting over pastry and cream.

The perfect table-setter for the Brahms piece was a brisk and bustling

symphony by distinguished American composer Adolphus Cunningham Hailstork III, who earned his doctorate in music at Michigan State University under legendary professor H. Owen Reed.

Hailstork has declared himself to be a lonely proponent of tuneful, enjoyable music. In interviews, he describes himself as a "blue-collar composer," the man who ran away from the circus of modernist trends that have alienated many listeners. He's not so lonely anymore, as younger composers embrace poly-stylistic palettes and melodies, but the LSO made a strong case for him as a pioneer of salt-and-pepper post-modernism.

Hailstork's First Symphony has a strong narrative arc, told in compact-yet-comprehensive musical language. Bang! Surging chords wriggled out of the box like puppies, stepping on each other from an excess of energy. Sure, Hailstork can write a tune, but he's got some cutting-edge tools in his garage. The first movement chopped away with a bold edge, skirting dissonance and going Art Deco on us with its colliding and in-

tersecting wedges of color and texture. It could have lapsed quickly into a chaotic jumble, but the section work in the orchestra was so crisp and precise that you could delight in the painless knife edge at every unexpected cutoff.

In the tender second movement, the orchestra proved its mastery of the opposite skill — the fine art of diffusion. Strings and woodwinds painted the air with noble, reflective melodies in semi-opaque watercolors. The third movement brought back the cavorting puppies, yet even here, the music was freighted with a looming excess of energy. The illusory threat that things are about to get out of hand is a specialty for Muffitt, who sometimes puts on his crash helmet and veers, banks and swerves just enough to for you consider reaching for the paper bag. Of course, he righted the plane in the end. In a few quick minutes, the finale delivered on every hint, promise and implied obligation in the first three sections, freshening the tiresome wrapping-up ritual with mercifully quick and effective flourishes.

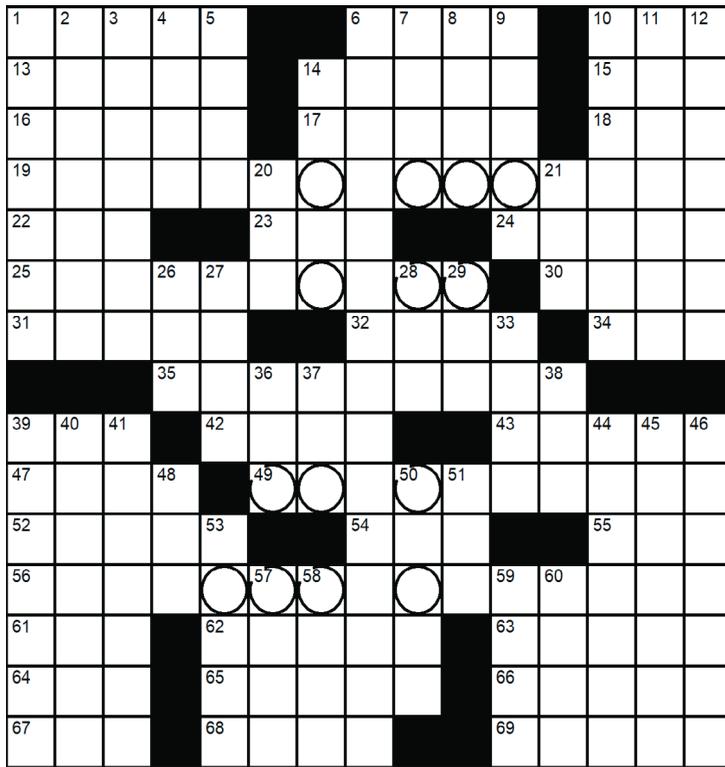
Jonesin' Crossword

By Matt Jones

"Pay Cut" -- my interest is divided.
by Matt Jones
© 2022 Matt Jones

ACROSS

- 1. Hazy conditions
- 6. "The X-Files" gp.
- 10. Greek letter that looks like a pitchfork
- 13. Count up
- 14. Marking under the C?
- 15. Pursued an office
- 16. Ehrenreich who played Han Solo
- 17. Daily Planet reporter Jimmy
- 18. Singer Rita
- 19. Used a burner, perhaps
- 22. Bass ____ Shops
- 23. Abbr. after a former military leader's name
- 24. Advertising connection



- 25. Common photo portrait dimensions
- 30. Lucy Lawless TV role
- 31. Reggae culture
- 32. Broke ground
- 34. Bank acct. transaction
- 35. Some TSA employees
- 39. "Drank too fast" noise
- 42. Press down tightly
- 43. Choir section
- 47. "A Hard Road to Glory" author Arthur
- 49. Eroded, like round river rocks
- 52. Carrying out
- 54. "Hollywood Squares" win
- 55. Take care of the bill
- 56. Recreational soccer, in the U.K.
- 61. Mo. with 30 days
- 62. Wedding gown part

- 63. Half of Danny Elfman's band name
- 64. Enmity
- 65. Miniature pies
- 66. Pertaining to a Hindu philosophy
- 67. Seattle winter hrs.
- 68. Fiesta cheers
- 69. Hanging loosely

DOWN

- 1. Mail room tool
- 2. Mosquito-borne illness
- 3. You can't teach them new tricks, it's said
- 4. "As they shouted out with ____ ..."
- 5. "N ____" (boy band that I heard some TikTok'er tried to say with all the capital letters individually -- now I feel old)
- 6. What this answer does

- to the words in the circles?
- 7. Other than this
- 8. U.S. election day
- 9. "This ____ a drill"
- 10. Carry on
- 11. Cramped fish
- 12. Almost immediately
- 14. Bashful's partner
- 20. Spheroid
- 21. Mend
- 26. Abbr. after Cleveland or Shaker
- 27. People person's skill
- 28. 1 billion years
- 29. Society column word
- 33. Fraction of a fluid ounce
- 36. Served like sashimi
- 37. Fall Out Boy genre
- 38. ____-mo replay
- 39. Taste-tested some tea

- 40. Chemically related compounds
- 41. Figurine that gets watered
- 44. "Boy Meets World" girl
- 45. Earache-related
- 46. Shakespeare character who says "If you prick us, do we not bleed?"
- 48. "The Two Towers" creature
- 50. High times?
- 51. Phillipa who originated the role of Eliza in "Hamilton"
- 53. Reach
- 57. Russian mountain range
- 58. Like blue moons, black sheep, or red steak
- 59. Chest contents
- 60. Branch of sci.

Free Will Astrology

By Rob Breznsky

January 18-24, 2023

ARIES (March 21-April 19): Noah Webster (1758-1843) worked for years to create the first definitive American dictionary. It became a cornucopia of revelation for poet Emily Dickinson (1830-1886). She said that for many years, it was her "only companion." One biographer wrote, "The dictionary was no mere reference book to her; she read it as a priest his breviary — over and over, page by page, with utter absorption." Now would be a favorable time for you to get intimate with a comparable mother lode, Aries. I would love to see you find or identify a resource that will continually inspire you for the rest of 2023.

TAURUS (April 20-May 20): "The aspects of things that are most important for us are hidden because of their simplicity and familiarity." So declared Taurus philosopher Ludwig Wittgenstein in his book "Philosophical Investigations." Luckily for you Tauruses, you have a natural knack for making sure that important things don't get buried or neglected, no matter how simple and familiar they are. And you'll be exceptionally skilled at this superpower during the next four weeks. I hope you will be gracious as you wield it to enhance the lives of everyone you care about. All of us non-bulls will benefit from the nudges you offer as we make our course corrections.

GEMINI (May 21-June 20): Poet Carolyn Kizer said the main subject of her work was this: "You cannot meet someone for a moment, or even cast eyes on someone in the street, without changing." I agree with her. The people we encounter and the influences they exert make it hard to stay fixed in our attitudes and behavior. And the people we know well have even more profound transformative effects. I encourage you to celebrate this truth in the coming weeks. Thrive on it. Be extra hungry for and appreciative of all the prods you get to transcend who you used to be and become who you need to be.

CANCER (June 21-July 22): If you have any interest in temporarily impersonating a Scorpio, the coming weeks will be a favorable time to play around. Encounters with good, spooky magic will be available. More easily than usual, you could enjoy altered states that tickle your soul with provocative insights. Are you curious about the mysteries of intense, almost obsessive passion? Have you wondered if there might be ways to deal creatively and constructively with your personal darkness? All these perks could be yours — and more. Here's another exotic pleasure you may want to explore: that half-forbidden zone where dazzling heights overlap with churning depths. You are hereby invited to tap into the erotic pleasures of spiritual experiments and the spiritual pleasures of erotic experiments.

LEO (July 23-Aug. 22): The circle can and will be complete — if you're willing to let it find its own way of completing itself. But I'm a bit worried that an outdated part of you may cling to the hope of a perfection that's neither desirable nor possible. To that outdated part of you, I say this: Trust that in the future you will thrive on the seeming imperfections that arise. Trust that the imperfections will be like the lead that the future you will alchemically transmute into gold. The completed circle can't be and shouldn't be immaculate and flawless.

VIRGO (Aug. 23-Sept. 22): Shakespeare's work has been translated from his native English into many languages. But the books of Virgo detective novelist Agatha Christie have been translated far more than the bard's. (More info: tinyurl.com/ChristieTranslations.) Let's make Christie your inspirational role model for the next four weeks. In my astrological estimation, you will have an extraordinary capacity to communicate with a wide variety of people. Your ability to serve as a mediator and go-between and translator will be at a peak. Use your superpower wisely and with glee!

LIBRA (Sept. 23-Oct. 22): Libran musician Franz Liszt (1811-1886) was a prolific and influential

genius who created and played music with deep feeling. He was also physically attractive and charismatic. When he performed, some people in the audience swooned and sighed loudly as they threw their clothes and jewelry on stage. But there was another side of Liszt. He was a generous and attentive teacher to hundreds of piano students and always offered his lessons free of charge. He also served as a mentor and benefactor for many renowned composers, including Wagner, Chopin and Berlioz. I propose we make Liszt your inspirational role model for the next 11 months. May he rouse you to express yourself with flair and excellence, even as you shower your blessings on worthy recipients.

SCORPIO (Oct. 23-Nov. 21): This may risk being controversial, but in the coming weeks, I'm giving you cosmic authorization to engage in what might appear to be cultural appropriation. Blame it on the planets! They are telling me that, to expand your mind and heart in just the right ways, you should seek inspiration and teaching from an array of cultures and traditions. So, I encourage you to listen to West African music and read Chinese poetry in translation and gaze at the art of Indigenous Australians. Sing Kabbalistic songs and say Lakota prayers and intone Buddhist chants. These are just suggestions. I will leave it to your imagination as you absorb a host of fascinating influences that amaze and delight and educate a you.

SAGITTARIUS (Nov. 22-Dec. 21): "All the world's a stage," Shakespeare wrote, "and all the men and women merely players." That's always true, but it will be even more intensely accurate for you in the coming weeks. High-level pretending and performing will be happening. The plot twists may revolve around clandestine machinations and secret agendas. It will be vital for you to listen for what people are NOT saying as well as the hidden and symbolic meanings behind what they are saying. But beyond all those cautionary reminders, I predict the stories you witness and are part of will often be interesting and fun.

CAPRICORN (Dec. 22-Jan. 19): In this horoscope, I offer you wisdom from Capricorn storyteller Michael Meade. It's a rousing meditation for you in the coming months. Here's Meade: "The genius inside a person wants activity. It's connected to the stars; it wants to burn, and it wants to create, and it has gifts to give. That is the nature of inner genius." For your homework, Capricorn, write a page of ideas about what your genius consists of. Throughout 2023, I believe you will express your unique talents and blessings and gifts more than you ever have before.

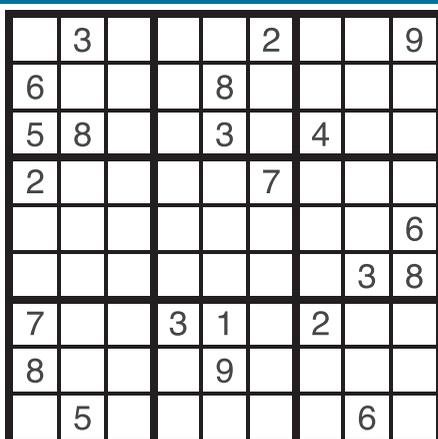
AQUARIUS (Jan. 20-Feb. 18): Greek writer Nikos Kazantzakis (1883-1957) was nominated nine times for the prestigious Nobel Prize in literature but never won. He almost broke through in the last year of his life, but French author Albert Camus beat him by one vote. Camus said Kazantzakis was "a hundred times more" deserving of the award than himself. I will make a wild prediction about you in the coming months, Aquarius. If there has been anything about your destiny that resembles Kazantzakis', chances are good that it will finally shift. Are you ready to embrace the gratification and responsibility of prime appreciation?

PISCES (Feb. 19-March 20): Piscean educator Parker Palmer has a crucial message for you to meditate on in the coming weeks. Read it tenderly, please. Make it your homing signal. He said, "Solitude does not necessarily mean living apart from others; rather, it means never living apart from one's self. It is not about the absence of other people — it is about being fully present to ourselves, whether or not we are with others. Community does not necessarily mean living face-to-face with others; rather, it means never losing the awareness that we are connected to each other."

Go to RealAstrology.com to check out Rob Breznsky's EXPANDED WEEKLY AUDIO HOROSCOPES and DAILY TEXT MESSAGE HOROSCOPES. The audio horoscopes are also available by phone at 1-877-873-4888 or 1-900-950-7700.

SUDOKU

Advanced



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

OUT on the TOWN

Events & Happenings in Lansing This Week

Events must be entered through the calendar at lansingcitypulse.com.
Deadline is 4 p.m. Wednesday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Nicole at (517) 999-5066.

Wednesday, Jan. 18

"A Course of Love" with Lucille Olson - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Auditions: "I Knock at the Door" and "Tartuffe" - Joint auditions for our two final season shows. Cold readings from the script. All are welcome. 6 p.m. Lansing Community College Black Box Theatre, 411 N. Grand Ave., Lansing. 517-483-1122. lcc.edu.

Bath Community Conversation - Focusing on senior services, programs, activities and facilities in Bath Township. Looking for voices of those 55+. All voices welcome. 1 p.m. Bath Senior Center, 14480 Webster Road, Bath. 517-641-6728.

Diabetes Support Group - 6:30-7:30 p.m. Delta Township District Library, 5130 Davenport Drive, Lansing. 517-220-4944.

Emergency Services - 6 p.m. LSW Emergency Services, 7425 Woodbury Road, Laingsburg. laingsburg.us.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

How Steam Engines Work: STEAM Science! - Learn the history of steam power, visit our N-gauge steam locomotive display and see demonstrations with steam-powered devices. Registration req. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. lamc.info.

MSU Women's Basketball vs. Iowa - 7 p.m. Breslin Student Events Center, 534 Birch Road, East Lansing. 517-432-1989. breslincenter.com.

Music at the Monk: Chad Benson - 7 p.m. EagleMonk Pub and Brewery, 4906 Mt. Hope Hwy., Lansing. 517-708-7350. eaglemonkbrewing.com.

Snowy Movie Marathon at Charlotte Community Library - Screening "Eight Below" and "The Day After Tomorrow." Come warm up with some popcorn and hot chocolate! 5:30 p.m. 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

Toward Freedom: MLK film series - Showcasing

films that unveil stories of perseverance through adversity due to systemic oppression because of race, gender and socio-economic standings. Registration req. 7 p.m. Virtual. 517-884-0901. lib.msu.edu.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Thursday, Jan. 19

"A Course in Miracles," a Group Discussion on ZOOM - 7 p.m. Meeting ID: 177 417 886 Passcode: 601744. unitylansing.org.

Bath Community Conversation - Focusing on senior services, programs, activities and facilities in Bath Township. Looking for voices of those 55+. This conversation is a repeat of the one on 1/18, you need only come to one. All voices welcome. 6 p.m. Bath Senior Center, 14480 Webster Road, Bath. 517-641-6728.

Chipmunk Story Time - Stories are followed by nature activities and a guided walk. 10 a.m. Harris Nature Center, 3998 Van Atta Road, Okemos. 517-349-3866.

Cozy Mystery Hour with Darcie Wilde, Darcie Hannah and Frank Anthony Polito - Three Michigan authors join us to share their cozy mysteries. Registration req. 7 p.m. Schuler Books, 1982 W. Grand River Ave., Okemos. 517-349-8840. schulerbooks.com.

Harmonious Walk - 7 p.m. Elderly Instruments, 1100 N. Washington Ave., Lansing. 517-372-7880. elderly.com.

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:20 a.m. Suburban Ice, 2810 Hannah Blvd., East Lansing. ladiesilverblades.org. East Lansing, MI

LIBRARY BOARD - 7 p.m. City Hall, 114 S. Woodhull Road, Laingsburg. laingsburg.us.

LSO at the Robin Theatre: "Made in Michigan" - A rich variety of musical styles from composers who have called Michigan home. 7:30 p.m. 1105 S. Washington Ave., Lansing. lansingsymphony.org.

MSU Men's Basketball vs. Rutgers - 6:30 p.m. Breslin Student Events Center, 534 Birch Road, East Lansing. 517-432-1989. breslincenter.com.

Sheryl Lott and E. Brysien Beer — "Songs of Winter" - Doors 5 p.m., show at 7:30. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeat-events.com.

Snowflake Salt Painting - Intended for kids in grades K-3. 5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

Toward Freedom: MLK film series - Showcasing films that unveil stories of perseverance through adversity due to systemic oppression because

Song of Welcome A Refugee Development Center fundraiser

Tuesday, Jan. 24

7 p.m.

Haslett Community Church
1427 Haslett Road, Haslett

"Song of Welcome," a fundraiser hosted by Haslett Community Church, will feature music, photography and poetry from local artists in support of refugees who have settled in the Lansing area. Though the event is free, optional donations will be collected for the Refugee Development Center of Lansing.

Judy Kabodian, Richard Illman, Barbara Freeman and Sally Potter will provide the songs and poets Ana Cardona, Cheryl Caesar and Ruelaine Stokes will perform original works. Ulyana Maystrenko, a first-generation Ukrainian American, will present her thoughts on the Russian invasion of Ukraine and read poems in both Ukrainian and English.

Erika Brown Binion, director of the center, will also provide information about the organization's work and an update on the current refugee situation.

In addition, "Refuge Lansing," a photo/story exhibit with narratives from refugees who now call Lansing home, will be on display in the lobby. A book version of the exhibit will be on sale, with all proceeds supporting the center.



of race, gender and socio-economic standings. Registration req. 7 p.m. Virtual. 517-884-0901. lib.msu.edu.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Wine about Winter - 4:30-6:30 p.m. Lansing Brewing Co., 518 E. Shiawassee St., Lansing. 517-487-3322. downtownlansing.org.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Friday, Jan. 20

Alex Mendenall - 3 p.m. The Willows at East Lansing, 3500 Coolidge Road, East Lansing. 517-336-3424.

Blue Man Group - 8 p.m. Cobb Great Hall, 750 E. Shaw Lane, East Lansing. 517-432-2000. wharton-center.com.

CADL Adventurer's Club — Tabletop Games - Play a new role-playing game led by library staff and meet players from your community! 6:15 p.m. CADL - Mason Library, 145 W. Ash St., Mason. 517-676-9088. cadl.org.

Even Friday Music Night — The Rotations - 7-10 p.m. Red Cedar Spirits, 2000 Merritt Road, East Lansing. 517-908-9950.

Family Fun: A Night in Italy - Make chicken Parmesan with fresh tomato sauce, homemade

alfredo sauce over fettuccine and an apple crostata. 5:30-8:30 p.m. Sweet Encounter Bakery & Café, 300 S. Washington Square, Lansing. 517-730-5005. sweetencounterbakery.com

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

The Insiders: A Tribute to Tom Petty - 8 p.m. The Green Door Bar & Grill, 2005 E. Michigan Ave., Lansing. 517-325-9897. greendoorlive.com.

Monster Energy Up & Up Tour - Featuring Pioneer Drive, Simio and more. 8 p.m. The Junction, 410 S. Clippert St., Lansing. 517-574-4214.

The Real Ingredients - 7 p.m. Lansing Brewing Co., 518 E. Shiawassee St., Lansing. 517-371-2600. lansingbrewingcompany.com.

Starfarm 80's Party - 9 p.m. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeat-events.com.

The Swift Brothers at The Peanut Barrel - 8 p.m. 521 E. Grand River Ave., East Lansing. 517-351-0608. peanutbarrel.com.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

The Wilson Brothers feat. Elden Kelly - 7:30 p.m. University United Methodist Church, 1120 S. Harrison Road, East Lansing. 517-337-7744. tenpoundfiddle.org.

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Live & Local **CityPULSE**

The Avenue

2021 E. Michigan Ave., Lansing
Vincie D, Mystic Mountian, Lucas Powell
 Sat., Jan. 21, 9 p.m.

Eaton Rapids Craft Co.

204 N. Main St., Eaton Rapids
Jake VanRavenswaay
 Fri., Jan. 20, 7 p.m.
DJ E-Nyce
 Sat., Jan. 21, 7 p.m.

The Green Door

2005 E. Michigan Ave., Lansing
The Insiders: A Tribute to Tom Petty
 Fri., Jan. 20, and Sat., Jan. 21, 8 p.m.

The Junction

410 S. Clippert St., Lansing
Monster Energy Up & Up Tour feat. Simio and Pioneer Drive
 Fri., Jan. 20, 8 p.m.

Lansing Brewing Co.

518 E. Shiawassee St., Lansing
The Real Ingredients
 Fri., Jan. 20, 7 p.m.

Mac's Bar

2700 E. Michigan Ave., Lansing
Ancient Mermaids, Jay Arthur, Moon Disco, Dr. Jes
 Fri., Jan. 20, 8 p.m.

The Peanut Barrel

521 E. Grand River Ave., East Lansing
The Swift Brothers
 Fri., Jan. 20, 8 p.m.

Red Cedar Spirits

2000 Merritt Road, East Lansing
The Rotations
 Fri., Jan. 20, 7 p.m.
Hugh Downs Trio
 Sun., Jan. 22, 7 p.m.

University United Methodist Church

1120 S. Harrison Road, East Lansing
The Wilson Brothers feat. Elden Kelly
 Fri., Jan. 20, 7:30 p.m.

UrbanBeat

1213 Turner Road, Lansing
Sheryl Lott and E. Brysien Beer – "Songs in Winter"
 Thurs., Jan. 19, 7:30 p.m.
Starfarm '80s Party
 Fri., Jan. 20, 9 p.m.
Orquesta Ritmo
 Sat., Jan. 21, 8 p.m.

Williamston Roadhouse

3700 E. Grand River Ave., Williamston
Lit Up
 Sat., Jan. 21, 7 p.m.



TURN IT DOWN!

Loud dispatches from Lansing's music scene

BY RICH TUPICA

NO NEED TO REMINISCE



Courtesy of Jessica D. Cowles



Courtesy photo

The Insiders: A Tribute to Tom Petty will deliver a top-shelf evening of covers both Friday at Saturday at The Green Door. Tickets are available at theinsidertribute.com.

Get your Tom Petty fix at The Green Door

In 1979, Neil Young famously belted out, "Hey hey, my my ... Rock and roll can never die." While that might be true in the grand scheme of things, sometimes rock 'n' roll losses sting pretty hard. One of those is certainly the loss of Tom Petty, who launched into rock superstardom in 1976 thanks to trailblazing hits like "American Girl" and "Breakdown." After that, he didn't stop penning hits and thoughtful ballads until his death in 2017. Left behind is a vast range of classics often referred to as "heartland rock" or "Southern rock" — but really, it's just brilliant songwriting.

For Petty fans who long for the days when he would fill the Palace of Auburn Hills or Pine Knob with his unforgettable voice and guitar riffs, The Insiders: A Tribute to Tom Petty might be the ticket. The mostly Grand Rapids-based outfit, which plays both Friday (Jan. 20) and Saturday (Jan. 21) at The Green Door, is made up of six veteran musicians, including Lansing's own powerhouse keyboardist Mike Lynch, who's worked with everyone from Jack White to Bob Seger.

That rock 'n' roll knowledge, combined with attention to sonic details, makes for an unforgettable night of cover tunes. Need proof? Check out the band's "Runnin' Down a Dream" video on YouTube. It's damn near a carbon copy of the original 1989 recording.

"I grew up listening to Tom Petty," said frontman Max Lockwood, who nails Petty's distinct Gainesville, Florida, drawl. "My mom would play the 'Greatest Hits' record while she worked out. I'd sit at the top of the stairs and listen to those songs — it was my most requested CD as a young kid."

Later, during his high school years, Lockwood's "psychedelic country grunge" band Big Dudee Roo covered a few Petty songs at gigs across West Michigan.

"Tom Petty was part of the great American landscape to me. A legend by the time I was musically conscious," he said. "We got a great crowd reaction with Petty tunes, and people frequently commented that I sounded a lot like him."

Lockwood never stopped loving Petty, and after the rock legend's sudden death, the idea was sparked to form a tribute band. He quickly pulled together some of his favorite musicians for a benefit concert. After a sold-out show raised thousands for a local domestic violence shelter, The Insiders decided they wouldn't back down and would continue performing into the great wide open — from West Michigan to venues across the Midwest and beyond.

"We try to honor what Mr. Petty and the Heartbreakers have done for rock 'n' roll each night," Lockwood said.

"We're fans of the music first and foremost. These songs are woven into the fabric of the American identity."

The Insiders: A Tribute to Tom Petty

Friday, Jan. 20, and Saturday, Jan. 21
 The Green Door
 2005 E. Michigan Ave., Lansing
 8 p.m. - midnight
 \$20, tickets at theinsidertribute.com



Tom Petty (Oct. 20, 1950 – Oct. 2, 2017)

Events

from page 26

Travelogue – Top to Bottom in Germany with the Wangelin family - Highlighting faith, family and fun, explore Berlin, Munich and Frankfurt, fairytale castles and cities, Switzerland, Liechtenstein and even a day trip to Italy! 7 p.m. Foster Community Center room 213, 200 N. Foster Ave., Lansing.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-6 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Saturday, Jan. 21

American Shoes: A Refugee's Story Book Reading and Signing - Registration req. 11 a.m. Schuler Books, 1982 W. Grand River Ave., Okemos. 517-349-8840. schulerbooks.com.

Blue Man Group - 2 and 8 p.m. Cobb Great Hall, 750 E. Shaw Lane, East Lansing. 517-432-2000. whartoncenter.com.

Board Game Saturdays - Free fun for the whole family! 10 a.m.-3 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

Contra and Square Dance - All dances taught – no partner needed. Come at 6:30 for a quick workshop on easy contra dance moves. 7 p.m. Central United Methodist Church, 215 N. Capitol Ave., Lansing. 517-614-5858. tenpoundfiddle.org.

Game Making - 10 a.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

The Insiders: A Tribute to Tom Petty - 8 p.m. The Green Door Bar & Grill, 2005 E. Michigan Ave., Lansing. 517-325-9897. greendoorlive.com.

Lunar New Year Celebration Concert - Violin and viola faculty member Yvonne Lam assembles a stellar cast of MSU artists and guests to perform works by composers of Asian descent. 3 p.m. MSU College of Music, 333 W. Circle Drive, East Lansing. 517-353-5340. music.msu.edu.

More Cheese Please Kid's Class - Making mac and cheese, homemade chicken tenders and roasted broccoli with a creamy cheese sauce. 10 a.m. Sweet Encounter Bakery & Café, 300 S. Washington Square, Lansing. 517-730-5005. sweetencounterbakery.com.

Old Town Silver Gala - Join us for a night of celebrating Old Town and raising money for our newly established Old Town Match Reimbursement Grant Program. 6 p.m. R.E. Olds Transportation

Museum, 240 Museum Drive, Lansing. 517-485-4283. iloveoldtown.org.

Orquesta Ritmo Project - 8 p.m. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeatevents.com.

Song for a New World - Enjoy some feel-good entertainment that will shut out the cold winter world for a couple hours. 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Ugly Duckling - 1:30 and 4 p.m. Pasant Theatre, 750 E. Shaw Lane, East Lansing. 517-432-2000. whartoncenter.com.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Winter Birding in the Eastern U.P. Tour - Michigan Audubon birding tour of the eastern Upper Peninsula. Limited to 12 participants. 2310 Science Parkway #200, Okemos. 517-580-7364. michigan-audubon.org.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Sunday, Jan. 22

Blue Man Group - 1 and 6:30 p.m. Cobb Great Hall, 750 E. Shaw Lane, East Lansing. 517-432-2000. whartoncenter.com.

Celebration of the Beautiful Voice, Opera Theatre - MSU Vocal Arts performances of scenes from operatic masterworks. 3 p.m. Fairchild Theatre, 542 Auditorium Road, East Lansing. 517-353-5340. music.msu.edu.

Drum Circle with Greater Lansing Area Drummers (GLAD) - 1 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.

EFT, Emotional Freedom Technique, with Amy Molitor - All are invited to learn about "tapping." 9:30 a.m. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

JUGGLERS AND WOULD-BE JUGGLERS - Jugglers meet at the Orchard Street Pump House at 2 p.m. Sundays. 368 Orchard St., East Lansing. mikemarahanka@gmail.com.

Parent/Child Cornhole League - 4 p.m. Sam Corey Senior Center, 2108 Cedar St., Holt. delhi-townshipmi.gov.

Sunday Jazz – Hugh Downs Trio - 7-9 p.m. Red Cedar Spirits, 2000 Merritt Road, East Lansing. 517-908-9950.

MSU Lunar New Year Celebration Concert

Saturday, Jan. 21
3 p.m.

Cook Recital Hall

333 W. Circle Drive, East Lansing

To mark the Lunar New Year on Sunday (Jan. 22), Michigan State University's College of Music is hosting a celebratory concert the day before. Violin and viola faculty member Yvonne Lam has assembled a group of MSU artists and guests to perform works by composers of Asian descent, including "Sarahal" by Mari Kimura, "Full Moon" by Mari Takano, "Homage to Anonymous Ancient Fiddlers" by Texu Kim, "The True Story of Ah Q" by Chen Yi, "And Then I Knew 'Twas Wind" by Toru Takemitsu and "New Stories" by Dorothy Chang.

Performers include Lam and Sarah Plum on violin, Mike Chen on viola, Chen-Yu Huang on harp, Ivo Shin on flute, Mingzhe Wang on clarinet, Joseph Lulloff on saxophone and Yu-Lien The and Zhihua Tang on piano.

There will be a reception in the Billman Music Pavilion outside of the building immediately following the concert.

Tickets are free for students and children, \$10 for seniors and \$12 for adults (18 and up). A link to tickets can be found on the College of Music's event page, music.msu.edu/event-listing.



Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Monday, Jan. 23

Clay Play - making creations out of PlayDoh and clay. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Fiber Circle at Charlotte Community Library - Social gathering for knitters, crocheters and stitchers of all ages and skill levels. 6 p.m. 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian-50plus.com.

Tubing with Crime Stoppers of Mid-Michigan Fundraiser - All riders must be able to exit snow tubes on their own after reaching the bottom of the hill. 3:30-5:30 p.m. Hawk Island Park, 1601 E. Cavanaugh Road, Lansing. crimestoppersofmid-michigan.com.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m.

Tuesday, Jan. 24

Basic Computer Skills Drop-In - Our technology coordinator will be available for questions and to help improve your computer skills. 2-4 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

The Human-Animal Bond - View items from the historical veterinary medicine collection and learn more about the veterinary profession. Noon. MSU Main Library Special Collections Seminar Room, 366 W. Circle Drive, East Lansing. 517-884-0901. lib.msu.edu.

One More Chapter Book Club - Come ready to chat, eat snacks and have book-related fun. Grades 2-4. Registration req. 6 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

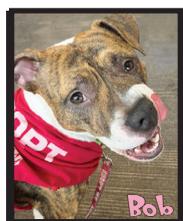
Preschool Family Storytime - Stories and literacy-enhancing activities for ages 1-6. 11 a.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

See Events, Page 31

Ingham County Animal Shelter

To adopt one of these pets, visit the ICAS at 600 Buhl St., Mason, call (517) 676-8370 to make an appt. or go to ac.ingham.org.

Adopt a pet on this page and Soldan's will thank you with a \$10 gift certificate. Contact (517) 999-5061 after you adopt.

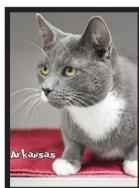


Bob Cratchit is a sweet, wiggly teenage pibble. He should be fine with dog-savvy kids and will need a family with the time and patience to exercise and train a 10-month-old puppy!



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Arkansas is a handsome and talkative gray male. He enjoys contact and will stand quietly while having his back stroked. Affectionate and engaging, he'll be a really nice companion for someone lucky enough to take him home.

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Rhea is a sweet, goofy senior looking for a special person. She has the typical old-lady skin tags, lumps and bumps and is developing a bit of a heart murmur. Otherwise, she's doing great for 11. She's looking for a quieter home with gentle people and other easygoing animals.

In Memory of Mimi
Sponsored by City Pulse



Nebraska is a sweet, easygoing pibble who takes life as it comes. He is a well-mannered guy with decent leash etiquette and seems to get along with other dogs. He loves people and should fit well into just about any home.

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Margo is a petite black and white girl with an adorable freckle on her nose. Quiet and a little shy, she can be bribed with a treat and will accept gentle cheek rubs. She's looking for a patient adopter who will give her time to feel safe in her new home.

In Memory of Rodica's cats.

FOOD & DRINK

DINING OUT IN GREATER LANSING



Lawrence

By **GABRIELLE LAWRENCE**

Although it isn't particularly convenient for me, I believe Joe's on Jolly has been able to find itself a perfect location. It's close to the highway, within spitting distance of several subdivisions where I'd wager there's a fair amount of dispos-

able income but also close enough to campus to draw students on their own as well as parents who come to visit. That area was hungry for something a little sports bar-esque, but with good food, and Joe's is stepping beautifully into that role.

My most recent visit to Joe's was under difficult circumstances. I met my mother-in-law and my two children, and we ordered appetizers and kid's meals and eventually ordered our own entrées as we waited for the rest of the party, who were taking their sweet time leaving the Breslin Center after a basketball game. I was mortified, but our server could not have been more gracious, and I appreciated it. My children gobbled up the chicken fingers and cheese pizza, no surprise there, but also ate the seasoned fries, which was new territory for them and something that put a bit of luster back on the penny.

For appetizers, we chose the Na-Joes (\$11) and the giant pretzel (\$14). Mr. She Ate and I had tried the pretzel on a trip to Joe's a few months prior, so we knew everyone was in for a treat. To be honest, pretzels generally don't do anything to turn my head. I find them to be dry to the point of being nearly inedible. This version is totally different, though. I fear that calling it "greasy" gives the wrong impression when it is the greasiness that imparts flavor and moisture. Please don't be dissuaded by my use of the word, because the giant pretzel is one of the best things I've tried on the menu.

The actual best thing I've tried is the Na-Joes. The menu description claims a base of house-made tortilla chips, which are fantastic. They're super thin, super crunchy and covered with the perfect amount of salt. They're topped with typical nacho ingredients — cheese, shredded lettuce, tomato, scallions, cilantro, sliced jalapeno, black beans, sour cream and salsa, all of which are fresh and flavorful. If you're looking for a filling, fun, meatless meal, check this out. You can also add a protein if you're so inclined.

I completed my meal with the kale and quinoa salad (\$14), which was so large that, after taking bites of the appetizers and sampling my children's food (you know, for safety), I could barely make a dent. I love a massaged kale salad, and this version is no exception. Yes, I said massaged. Kale can be tough and chewy, but if you throw a bit of oil or lemon juice onto the leaves after stripping them from the stems and massage them with your fingertips for a few moments, they become more vibrant in color and much easier to eat.

Mr. She Ate, fresh off a Melting Moments ice cream sandwich at the game, chose the poke bowl (\$16). He developed a love for poke during our trip to Hawaii last summer; if you're unfamiliar with what it is, the Joe's version is a classic introduction. A bed of rice is heaped with arugula, edamame, avocado, sliced cherry tomatoes, scallions, cucumber and tuna tartare, drizzled with soy and chili oil and sprinkled with sesame seeds.

Joe's on Jolly offers a fresh take on bar food classics

By **BRYAN BEVERLY**

Sometimes, you want to go where everybody knows your name. I'm sure you're now singing the theme song of America's favorite sitcom dive bar, with visions of regulars seated along the rail and friendly staff having as much fun as the clientele.

What likely doesn't come to mind when considering the bar scenes from "Cheers" is the food, which was rarely a focus outside of popcorn. Over time, dive bars have taken food far more seriously. Locally, burger baskets, cheese curds and fried pickles are popular items on bar menus, but recently, some dives have attempted to step up the quality of their gastronomic offerings.

Such is the case with the newly opened Joe's on Jolly in Okemos, a self-described "elevated" dive bar. Joe's has a modern, open feel, with a sunken bar and plenty of outdoor seating that looks like an ideal summer watering hole. There's also a private dining and reception space that was hosting an office party. Our server was pleasant, and service was expedient, but the star of the show was the house-made and locally sourced ingredients.

What's OK

As a true olive burger aficionado, the version at Joe's (\$18) just didn't do it for me. Traditionalists typically prefer the olives and mayo to be mixed into a delectable sauce, but this mixed-olive tapenade sat atop the melted cheese, and the mayo and lettuce sat below the burger. The grilled brioche bun was a nice touch, and the burger was cooked to perfection, but overall, it was a tad too bougie for me.

The smoked tomato-basil soup (\$8) was highly acidic, peppery and a bit too chunky for my better half's taste. I went searching for a smoky infusion of flavor or a sweet hint of basil but found neither in any spoonful she ate. She did enjoy dipping the Adult Grilled Cheese into the soup, but more so for the additional flavor it added to the sandwich — not so much on its own merits.

What's good

Joe's has a solid happy hour with discounted appetizers and drinks. My dining companions enjoyed the crispy Brussels sprouts (\$10), which had a nice char and a lovely presentation. The bright green orbs were topped with sliced red chiles, and the accompanying garlic aioli had a mild, vinegary tang. Joe Mama's Bang-Bang Shrimp (\$12) were smaller than I anticipated, more like rock shrimp, but were lightly battered and paired nicely with Sriracha mayo. The shrimp were firm but not overcooked and were served on a bed of Asian slaw drizzled with sesame oil, rice vinegar and a dash of heat. The kid's pizza (\$8) was a pleasant surprise. A slightly charcoaled bottom was evidence of house-made dough. The pie had a solid layer of cheese and sauce, and my littles were pleased.

What's great

Joe's has really good fries, and we tried three different varieties. Crispy and firm, the regular fries were lightly seasoned with salt and pepper. The Parmesan-truffle fries (\$4 upgrade) were a big hit with the 2-year-old, who ate them all. Unfortunately, she's also the only one who can't speak in full sentences. But take it from the mouth (and stomach) of babes — she devoured those fries



Beverly



Joe's on Jolly

2360 Jolly Road, Okemos
Monday-Sunday: 11:30 a.m.-
10 p.m.
517-246-5637
joesonjolly.com



Courtesy photo

Joe's on Jolly, from Capital Prime owners Joe and Kerry Goodsir, offers sandwiches, burgers, tacos, pizza, soups, salads and a host of appetizers with house-made and locally sourced ingredients.

See She ate, Page 30

See He ate, Page 30

Cabbage season

By ARI LEVAUX

Most traditional winter crops are root vegetables, such as potatoes, beets, onions, carrots, turnips and garlic. Cabbage, a green, leafy vegetable, is a unique exception to this rule. It is also more versatile than pretty much any other vegetable — you can serve it cooked, raw or fermented.

Back in pre-supermarket days, when people lived off of their root cellars and fresh, local chlorophyll was in short supply for many months of the year, cabbage was a vitamin-rich lifeline. Today, even though we have many other options this time of year, winter is still the best time to eat cabbage, because now is when it is the sweetest. I have some farmer friends who grow literal tons of it, and they say the period after the holidays is when they sell the most. So now, at the height of its season, it's time to have a cabbage session.

The crunchiness and durability of raw cabbage make it useful in many ways. It can provide texture to fish tacos, a floating garnish on soup or bedding for a sandwich. But in a salad, it isn't



Courtesy of Ari LeVaux

Raw cabbage can be tough to chew, but when it is massaged with salt and lemon juice, it provides a silky, vitamin-rich base for salads.

for everyone, because we don't all want to give our jaws a workout when we eat our vegetables.

Cooking is one way to bring out the soft side of cabbage, and I have a recipe for cabbage Parmesan to give you. But first, I'm going to borrow a trick often used for kale salad

and tell you how to tenderize raw cabbage by massaging it.



Cabbage Parmesan

Like eggplant or chicken Parmesan, or pizza, for that matter, the core of this dish is the interaction among the tomato, bread and cheese. One could say the cabbage happens to be in the right place at the right time, but it adds body and sweetness while melting right in and quietly carries the dish. As with other Parmesan-esque dishes, this one is even better the next day.

Serves 6-8

2 tablespoons olive oil
3 cups chopped onion
1 28-ounce can crushed tomatoes or other tomato product (I use my frozen sauce)
1 2-pound cabbage
1 tablespoon fresh thyme (half that amount if dried)
1 tablespoon oregano (ditto)
3 cloves of garlic, cut crudely
 $\frac{1}{2}$ teaspoon salt
 $\frac{1}{2}$ teaspoon garlic powder
 $\frac{1}{2}$ teaspoon ground pepper
8-inch section of baguette, preferably sourdough, or that amount of another white bread, cut into 1-inch cubes
 $1\frac{1}{2}$ cups Parmesan, grated

Heat the olive oil in a heavy-bottomed or deep skillet with a tight-fitting lid and sauté the onions, along

with any meat and/or mushrooms you may wish to add, on medium heat. While that's happening, toast the bread chunks under the broiler on a cookie sheet. Watch them carefully and don't let them burn!

Once the onions cook down (about 10 minutes), add the tomatoes, oregano, thyme, garlic, salt, pepper and garlic powder. Fill the tomato can with a cup of water, swirl it around to catch the remains and add it to the pot.

While the onions and tomatoes simmer, cut the cabbage into "noodles." Slice off the amount of cabbage you need and lay it face down on the cutting board. Cut it into pie-like wedges, slicing toward the center from various angles on the outside of the hemisphere. The cuts should be about $\frac{1}{2}$ inch apart.

Add the cabbage to the pot and cook on medium heat for about 30 minutes with the lid on until it is tender. Add the bread cubes and cheese and stir everything together as gently and briefly as possible. Toss a final sprinkle of cheese on top, cook for another 5 minutes and turn off the heat. Let sit, covered, for about 10 minutes, then serve.

See Cabbage, Page 31

He ate

from page 29

and didn't save a speck for anyone else.

The Adult Grilled Cheese (\$12) was amazing. The Texas toast was buttery goodness — crispy on the outside, soft on the inside. The handheld was packed with tomatoes, bacon and cheese. Speaking of bacon, it was thick, flavorful and just well-done enough to sit comfortably between chewy and crispy. This cheese sammy was served with sweet potato

fries that were firm and sugary, with a pleasant sprinkle of large sea salt crystals.

Best bite

I rarely order dessert with dinner, because I like to satiate my sweet tooth at bakeries where the sole focus is confections. However, that may change if I encounter more options like the sticky toffee bread pudding (\$10) at Joe's. The bread is clearly soaked in a bath of yumminess, with candied pecans and deep, rich dark chocolate folded in. It's then covered with rum-caramel sauce and cozied up with a scoop of rich vanilla bean ice cream. Go get yourself some.

She ate

from page 29

While he claimed that it was "no North Shore poke," I told him to leave his snobbery at the door and give me a bite of his food.

My dad loved the elevated mushroom burger (\$18), especially the umami-packed addition of caramelized onions and the creaminess of the brie. His

wife chose the fried chicken sandwich (\$15), which was approximately the size of my daughter's entire body and just as tasty as the beef. We ate early because all later reservations were taken, but I'm thrilled that Joe's actually takes reservations (and needs them) because business appears to be booming.

Here's hoping that Joe's keeps providing excellent service; innovative, fresh, tasty food and available early-bird-special time slots for my family to fill.

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Events

from page 28

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Wednesday, Jan. 25

"A Course of Love" with Lucille Olson - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Cluttered Lives: Understanding & Treating Hoarding Disorder - Registration req. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

Hour of Code: Mario - Build your own 3D Mario game while learning the basics of programming! No coding experience necessary. Grades 4-8. 5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradi.org.

Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. lamc.info.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Thursday, Jan. 26

"A Course in Miracles," a Group Discussion on ZOOM - 7 p.m. Meeting ID: 177 417 886 Passcode: 601744. unitylansing.org.

Absolute Music Chamber Series — Eric Zuber - 7 p.m. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeatevents.com.

Alisa Weilerstein - Hear three of Bach's beloved Cello Suites — Nos. 1, 3 and 5. 7:30

p.m. Cobb Great Hall, 750 E. Shaw Lane, East Lansing. 517-432-2000. whartoncenter.com.

Foster Parent / Adoption Information Session - 5-7 p.m. Virtual. For more information, contact Christina Redmond at 517-775-2693 or redmondc2@michigan.gov.

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:20 a.m. Suburban Ice, 2810 Hannah Blvd., East Lansing. ladiesilverblades.org.

Succulent Snow Globes - Intended for adults 18+. Registration req. 5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradi.org.

William Hays Color Linocuts - View four dozen multi-color linoleum block prints. 10 a.m.-6 p.m. Saper Galleries and Custom Framing, 433 Albert Ave., East Lansing. 517-351-0815. sapergalleries.com.

Wine about Winter - 4:30-6:30 p.m. American Fifth Spirits Tasting Room, 112 N. Larch St., Lansing. 517-487-3322. downtownlansing.org.

Winter Science - 10 a.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Working Hands | Jessica Considine, Angela Larson, & Kelly O'Neill - 11 a.m.-5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

'Working Hands' Opening Reception - 5 p.m. Lansing Art Gallery, 300 S. Washington Square #100, Lansing. 517-574-4521. lansingartgallery.org.

Zaha Hadid Design: Untold - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. broadmuseum.msu.edu.

Friday, Jan. 27

Craft Club - This month we will be making mini piñatas! Grades 4 to 12. Registration req. 4 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

Damn Tall Buildings - 7:30 p.m. University United Methodist Church, 1120 S. Harrison Road, East Lansing. 517-337-7744. tenpoundfiddle.org.

DJ John Beltran - 8 p.m. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeatevents.com.

Ensemble Decipher - Modular, experimental music group that performs with vintage, contemporary and emerging technologies. 8 p.m. MSU College of Music, 333 W. Circle Drive, East Lansing. 517-353-5340. music.msu.edu.

Fitness Over 50 - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Meridian Mall Food Court.

Cabbage

from page 30

Massaged cabbage salad

Kneading tough cabbage leaves with salt helps break down their fibrous structure and turns them silky. Roasted walnuts add texture, sun-dried tomatoes add tartness and grated Parmesan or Romano cheese adds boldness.

Serves 4 (That being said, I can eat an entire batch myself.)

1 2-pound cabbage

1 teaspoon salt

Juice of one lemon (about 3 tablespoons)

½ cup walnuts

6 tablespoons olive oil

1 clove garlic, pressed or minced

½ cup sundried tomatoes

½ cup grated Parmesan or Romano cheese

½ teaspoon ground black pepper

Remove the tough outer leaves and cut out the core. Slice the cabbage in half, lay the flat sides on the cutting board and chop into ½-inch strips.

Place the cut cabbage in a large bowl. Add the salt and lemon juice. Toss and squeeze the cabbage, working the salt and juice into the leaves, until they are soft and limp and the volume has reduced considerably.

Allow the massaged cabbage to marinate in the salt and lemon juice while you lightly toast the walnuts on medium heat until they are lightly browned and fragrant but not burnt. Allow them to cool.

While the nuts cool, add the oil, garlic, sundried tomatoes and cheese to the cabbage and toss it all together. Add the nuts, toss, taste and season with more salt if needed. Serve garnished with black pepper and more grated cheese.

9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

North of Five at The Peanut Barrel - 8 p.m. 521 E. Grand River Ave., East Lansing. 517-351-0608. peanutbarrel.com.

The Pairs - Donations welcome. 7 p.m. UrbanBeat, 1213 Turner Road, Lansing. 517-331-8440. urbanbeatevents.com.

TGIF Dinner & Dance - 7 p.m.-midnight. Eagle Eye Golf Club & Banquet Center, 15500 Chandler Road, Bath. 734-604-5095. tgifdance.com/calendar.

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FEB 21, 7:30PM

An all-star band journeys through the first 50 years of vocal jazz, with a nod to Billie Holiday, Ella Fitzgerald, Frank Sinatra, Ma Rainey and so much more.



ALONZO KING LINES BALLET: DEEP RIVER
FEB 23, 7:30PM

Featuring *Deep River*, enjoy a soulful new work fused with Black spirituals for the company's 40th anniversary.



NATIONAL GEOGRAPHIC LIVE: SECRETS OF THE WHALES
FEB 26, 4PM

Discover the extraordinary communication skills and intricate social structures of whales with explorer and photographer Brian Skerry, and learn what these majestic creatures can teach us about ourselves and our planet.



IMANI WINDS
MAR 25, 8PM

Featuring *Azul Verde*, a Wharton Center commission by Artist in Residence Damien Sneed, joining the acclaimed Imani Winds with strings, a jazz rhythm section, and soprano soloist.